



Fairfax County Park Authority Rules



Effective July 1, 2004

INTRODUCTION

The Fairfax County Park Authority is committed to serving park visitors with integrity, fairness and respect. These rules are intended to provide for the safe enjoyment of our parks by Fairfax County's parks by County residents and guests while fostering a stewardship ethic and encouraging the protection of natural resources.

The following rules apply to conduct within all areas owned or maintained by the Fairfax County Park Authority. Park visitors shall follow the rules and Park Authority Regulations at all times. The Park Authority Regulations are posted in the Park Authority Policy Manual, Appendix 7. Park Authority employees and authorized volunteer staff have been trained and are obligated to enforce these rules and regulations. Failure to abide by these rules may also result in violators being ejected from the park immediately and prohibited from future use of park property, facilities or services.

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ATHLETIC FIELD RULES

1. Hitting, throwing or kicking balls into fences is not allowed.
2. Golfing, pets or motorized vehicles are not allowed on fields.
3. Play on fields is prohibited during wet or inclement weather.
4. Field maintenance is prohibited without prior approval from the FCPA.
5. Deposit trash in trash receptacles.
6. Climbing on the fences, backstops and goals is not allowed.
7. Competitive recreation – golf, baseball, softball, basketball, football, lacrosse, hockey, tennis and other active competitive sports -- is allowed only on the Park Authority’s designated athletic facilities during regular park operating hours.
8. The scheduling of organized sport groups and the issuance of permits to those groups shall be in accord with guidelines provided by the Park Authority and the Fairfax County Board of Supervisors. Permit holders shall have first rights for the use of the fields to which they have been assigned. A field not being utilized by a permit holder may be used by others, including the “walk-on” public.
9. Field closings for maintenance, safety or other reasons deemed appropriate for the management and protection of property shall be at the discretion of the Park Authority.
10. Use periods of Park Authority fields shall be limited as follows:
Level 1 Fields: The second Saturday in April to the first Sunday in November.
Level 2 and 3 Fields: The last Saturday in March to the third Sunday in November.
The single-season sport of football is not subject to the closing dates.
11. For patron safety, only players, coaches, umpires and referees are allowed on athletic fields. All spectators, pets and others are to remain at least 15 feet from the boundary of the field, or outside a perimeter fence.

CAMPING RULES

1. Campgrounds are restricted to use by campers for recreational, non-residential overnight accommodations. Campers must be 18 years or older to register for a campsite.
2. All campers must register with park personnel, show valid identification, and pay the appropriate fee, or must register and pay according to posted drop box procedures prior to occupying campsite.
3. Organized group camping is permitted only in designated areas.
4. Only registered campers may use the camping facilities.
5. A single camping stay may not exceed 14 consecutive days during prime season. All campers must vacate a campsite for a minimum period of 4 consecutive days between single camping stays.
6. Campsites are limited to 1 camping vehicle or travel trailer, 1 non-camping vehicle, and 2 tents or canopies. Camping or sleeping in the cab or bed of a truck, in an automobile, or on the ground without a tent is prohibited.
7. All motorized vehicles and trailers must be parked in designated parking areas.
8. Campsites are limited to 7 campers per site per night.
9. Service and commercial vehicles, tractors and construction equipment are not permitted in the campground.
10. Campers must check out by noon on the date of their departure.
11. Use of campground dumping stations is included in the fee for registered campers. Non-registered campers can use the dump station for a nominal fee.
12. Campers under 18 years of age must be supervised by an adult.
13. Visitors to the campground must pay appropriate park entrance fees and vacate the park by 10 PM – quiet hours.
 1. Campers must observe quiet hours between 10:00 P.M. and 7:00 A.M.
15. Pets may not be left unattended in the campground.
16. Alcoholic beverages of any kind are prohibited.
17. Campfires are permitted only within existing steel fire rings. Grills are for charcoal use only.
18. Cutting of trees and collecting of downed trees or tree limbs is prohibited.

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19. Campfires must not be left unattended. Fires must be extinguished before retiring for the night or departing the campsite.
20. Campers are responsible for maintaining campsites in clean and orderly condition. All trash must be bagged and placed in designated location.

GENERAL RULES

1. Saws, Shovels and Other Tools – No person shall carry or use hand saws, chain saws, axes, shovels, drills, wheelbarrows, or other tools which may cause damage to or aid in the removal of park property without the express written permission of the Park Authority.
2. Playgrounds – Patrons must use age-appropriate playground equipment.
3. Deposit trash in trash receptacles.
4. Alcoholic beverages are not permitted on park grounds or in Park Authority buildings without a pre-approved permit in accordance with Virginia state law.
5. In the interest of preservation and patron safety, only with the express written permission can patrons abandon or place personal objects on Park Authority property.
6. Organized athletic activities must be played on designated athletic fields only.

GOLF COURSE RULES

1. Only players who have registered at the clubhouse, their accompanying spectators, and staff members of the Fairfax County Park Authority are permitted on the golf courses.
2. A maximum of four players are permitted in a group. Management reserves the right to combine individuals and smaller groups into playing foursomes at its discretion.
3. At regulation courses, children 8-11 years of age must be accompanied by a paying adult. At Par 3 and executive courses, children 5-8 years of age must be accompanied by a paying adult. Children under the age of 5 are not permitted on any FCPA course.
4. No pets of any kind, except dogs assisting individuals with disabilities or those working with park staff, are permitted on the golf course.
5. Players and spectators must wear shirts and shoes at all times.
6. The possession and consumption of alcoholic beverages, except beer served under the control and supervision of Park Authority staff, are prohibited. The possession of beer is to be strictly confined to the areas approved by the Virginia A.B.C. Board, and is not allowed in parking lots and other areas of the park.
7. In the event of an electrical storm, the golf course will be vacated immediately.
8. Each player must have a bag with at least six clubs.
9. Climbing the face of a bunker is prohibited.
10. The minimum age to rent or operate a golf cart is 18.
11. Golf carts are not permitted in restricted areas.
12. A maximum of 2 passengers may ride on a golf cart at a time.
13. Driving the golf carts in a reckless manner is prohibited.
14. Players are requested to repair ball marks, divots and trap areas after each shot.
15. Players are requested to refrain from profanity and/or abusive language.
16. Players must maintain pace of play as directed by staff.

ICE SKATING RINK RULES

1. Directions of the skateguard on duty must be obeyed at all times.
2. Skaters may not enter the ice until the ice resurfacer doors are closed. Skaters must leave the ice promptly at the end of a session before resurfacing begins.
3. Skates must be worn to enter the ice surface.
4. Children 10 and under must be accompanied by someone 16 years or older.
5. Announcements must be adhered to at all times by skaters.
6. No racing or speed skating is allowed during public sessions.
7. Skating across traffic or cutting in front of other skaters is prohibited.
8. Eating or drinking is not permitted on the ice surface.
9. Jumps and spins will be confined to center ice. Jumps are not permitted during busy public sessions.
10. Beginner skaters should skate along the sideboards.
11. Skaters should avoid stopping on ice next to sideboards as beginners need to use this area for support.
12. No more than two skaters may join hands while skating. Chain skating is not permitted.
13. Carrying people or articles on the ice is not allowed.
14. Do not sit on, lean over, or leave articles on the sideboards.
15. Lock all personal belongings in a locker provided in the rink area. The ice rink is not responsible for lost or stolen items.

MARINA RULES

1. Swimming is prohibited in all ponds, lakes, rivers, streams and bays or from shoreline of water bodies owned or maintained by the Fairfax County Park Authority without the express written permission of the Park Authority.
2. No person shall intentionally cause boats to collide or capsize.
3. No person shall stand in rental boats, except when loading or unloading.
4. No person shall behave recklessly or in a manner that may pose a threat to other persons using the marina or on the water.
5. All boats must have at least 1 Coast Guard-approved Type III or better Personal Floatation Device (PFD) for each occupant of the boat and 1 type IV throwable PFD for each occupant of the boat.
6. Boats must load or unload passengers in designated areas.
7. Boats must be returned to the marina before dusk or by the designated time.
8. Minimum age for boat rental is 16 years. Each boat must have at least 1 occupant 16 years or older.
9. Private boats and motors must comply with restrictions posted at the individual marinas.
10. No person shall operate a type of boat in an area designated specifically for a different type of boat.
11. Inflatable boats must have 3 or more chambers to be used on Park Authority waters.
12. All occupants of rental canoes and pedal boats must wear a Coast Guard approved Class I, II, or III PFD.
13. All children less than 50 pounds in weight must wear a PFD at all times when in a rental boat.
14. Pets are not permitted in rental boats on Park Authority waters unless participating in a park sponsored activity and under direct supervision.
15. Fishing piers are closed in the event of electrical storms and must be vacated immediately.
16. The maximum number of people allowed in canoes, rowboats and paddleboats is posted at each site; exceeding the maximum is prohibited.
17. Launching ramps or shorelines of the park may not be used for racer hydroplanes, airplanes or other craft causing excessive noise.

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18. All state of Virginia boating and fishing laws apply.
19. Conduct that may endanger the welfare of any person is strictly prohibited.

MINIATURE GOLF COURSE RULES

1. Only paying customers or persons accompanying paying players are permitted on the miniature golf course.
2. All players must start on the first hole and progress in order; skipping holes or going back is prohibited.
3. Groups are limited to a maximum of 4 players unless group size is adjusted by site staff.
4. Strokes are limited to 6 per hole.
5. Slower groups must allow faster groups to play through.
6. Climbing or sitting on rock structures, trees, light poles, signs, handrails, waterfalls, and other landscape features is prohibited.
7. Use only short putting strokes. Full swings are unnecessary and may be dangerous.
8. Smoking, food and beverages are prohibited on the course.
9. Shoes and shirts must be worn at all times.
10. Profanity, abusive language or behavior that adversely affects guest safety and comfort are prohibited.
11. In the event of an electrical storm, the miniature golf course must be vacated immediately.
12. Conduct that may endanger the welfare of any person is strictly prohibited.

OFF-LEASH DOG AREA RULES

1. The off-leash dog area is for dogs, their handlers and those accompanying them. No other use is allowed.
2. All dogs must be legally licensed and vaccinated, and shall wear a visible dog license.
3. Dogs under 4 months of age and female dogs in heat are not allowed.
4. Dogs must be on leash when entering and exiting the off-leash dog area.
5. Dogs must be under control of their handler and in view of their handler at all times.
6. Spiked collars are prohibited.
7. Children 8 years and under are not allowed in the off-leash dog area; children ages 9 – 15 years must be accompanied by an adult.
8. Handlers must be 16 years of age or older.
9. Handlers must have possession of the dog leash at all times.
10. Handler is limited to a maximum of two dogs.
11. Handlers must "scoop the poop" and fill any holes dug by dogs under their control.
12. Food and drinks in glass containers are prohibited; training treats are allowed.
13. Dogs must be removed from the off-leash dog area at the first sign of aggression.
14. No animals other than dogs shall be permitted in the area.
15. Handlers are responsible for any injuries caused by the dogs under their control.
16. Users of the facility do so at their own risk. Neither Fairfax County nor the Fairfax County Park Authority shall be liable for any injury or damage caused by any dog in the off-leash area.

PICNIC, SHELTER, AND AMPHITHEATER

1. An approved rental permit must be available during the event. Permits are issued upon completion, payment and approval of a rental contract.
2. An approved rental permit reserves only that portion of the park indicated on the “*Specific Area Requested*” section of the permit.
3. Non-reserved facilities are available on a first-come, first-serve basis. The non-reserved areas of the park remain open for use by the general public.
4. The reserved facility is subject to inspection at any time by authorized Park Authority representative to assure compliance with applicable Park Authority Regulations and Rules.
5. Amplified sound systems and DJ’s are prohibited without written permission of the Park Authority.
6. Possession or consumption of alcoholic beverages is prohibited.
7. All trash must be bagged and removed from the park or bagged and placed in trash receptacles.
8. The removal of tables and grills from rental areas is prohibited.
9. Site must be vacated by time specified on permit but not later than dusk unless otherwise stated on the permit.
10. All decorations and signage must receive prior approval by the site or area manager.
11. The use of tape, glue, nails, tacks, screws, staples, or other fasteners that may scratch or otherwise damage surfaces of picnic shelters are prohibited. Paint, tacks, screws, nails, or other fasteners are not allowed on trees. Paint and chalk marks are not allowed on sidewalks.
12. Patrons should leave rental areas in clean and orderly condition. Failure to comply may result in the permit holder being billed for any additional cost for repairs or replacement of damaged items or cleanup required.
13. Rental cancellation and rental change fees:
 - A cancellation request received within 10 to 29 working days of the rental date shall be granted a refund of the rental fee, less a cancellation fee. There is no charge if the cancellation request is received 30 or more working days in advance. A reservation that is cancelled with less than 10 working days notice will not receive a refund.

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- A change fee will be charged for requests that result in changes to the location or date of the rental if the change request is received less than 30 working days prior to the rental date. There is no charge for changes made more than 30 working days in advance of the rental date.
14. Picnic shelter reservations are not refundable due to inclement weather.
 15. Picnic Area (not shelters) cancellations due to inclement weather will be considered on a case by case basis. To request a weather-related cancellation call the picnic line the day of the event and leave a message (see permit for phone number).
 16. (Burke Lake Park Only) An entrance fee will be charged for each “non-county” car that enters Burke Lake Park on weekends from the beginning of April through the end of October.
 17. The size of the rental group may not exceed the maximum capacity for the rental area(s) as stated on the rental permit. If the capacity is exceeded, the group may face immediate revocation of the permit, forfeiture of fees paid for the permit and/or additional fees for other rental areas that are impacted.
 18. The following activities require the express written approval of the Park Authority:
 - a. Operation of special amusements such as carnival rides, pony rides, dunk tanks, etc.
 - b. Conduct of camps, fairs, exhibitions, rallies, races, walks, athletic league games or practices, and other organized events.
 - c. Construction of tents, canopies, inflatable amusements, or other temporary structures
 - d. Sale of food, beverages, other goods or services.
 - e. Charging of fees for any activities or services.
 19. Vehicles must park in designated paved and gravel parking areas only, and are prohibited on the grass.
 20. Permits will only be issued to an adult who will be responsible for both the supervision of the entire event and damage to park property or injury to any party, which results from inadequate supervision or carelessness.
 21. Violation of any rule or condition of the permit is cause for immediate revocation of the permit, loss of permit privileges, and forfeitures of any fees paid for the permit.
 22. If there is someone occupying your rental space, present the contract to them and ask them to vacate. If you need further assistance at staffed sites, please contact the site staff. At sites that not have staff, please contact the non-emergency phone number for the Police.

RECenter

BUILDING RULES

1. The RECenter's designated operating hours may vary from time to time due to scheduled programs.
2. General admission fees entitle the customer to use the following areas when and where they are available: pool, gymnasium, fitness room, locker rooms and indoor courts (indoor courts may require additional fees).
3. Food and drinks are allowed only in designated areas.
4. Shoes and shirts must be worn at all times outside of the locker rooms and pool area.
5. Customers must conduct themselves in an orderly manner.
6. No running or disruptive behavior in hallways or in the main floor area.
7. While in the RECenter, children under 10 must be accompanied by a parent or guardian (16 years or older) at all times.
8. All youth groups must have 1 chaperone for every 8 children. Chaperones must be 16 years or older and must pay to enter fee areas.
9. Children 7 years of age and older must use the locker room/restroom of their gender. Use of family changing room is highly recommended.
10. Alcoholic beverages are not permitted on park grounds or in the RECenter without a pre-approved permit in accordance with Virginia state law.
11. All RECenter center visitors must enter and leave through the designated public entrance /exit.
12. Anyone 5 years of age or older must pay an admission fee, use a pass, or check-in under a contract to enter fee areas.
13. No pets are permitted in the building unless enrolled in a pet class.
14. Customers may not store personal property at the front desk. Customers are encouraged to leave valuables at home and to secure belongings in the RECenter lockers.
15. Only Fairfax County Park Authority staff and personal trainers performing within the scope of their duties may train or instruct clients or customers. No unauthorized personal trainers, instructors, coaches or physical therapists are allowed to use Fairfax County Park Authority facilities to train or instruct clients or customers.

RECenter
FITNESS ROOM RULES

1. Children age 12 and under are not permitted in the fitness room at any time. This includes strollers, baby carriers and children sitting inside the fitness room area while a parent/guardian is exercising.
2. Teens between the ages of 13-15 may use the fitness room equipment when accompanied by a paying adult who is responsible for direct supervision. An adult is defined as someone 18 years or older, and direct supervision is defined as being immediately adjacent to the machine that the teen is using. The adult may be using an adjacent machine or standing next to the machine that the teen is using.
3. Teens 13 - 15 years of age may become certified to use the fitness room equipment without direct supervision by completing the Teen Fitness Room Training class. Once completed, teens between 13 and 15 will be given a card to present upon entry to the fitness room and may exercise without direct adult supervision.
4. Rubber soled shoes that cover the entire foot must be worn at all times. For health and safety reasons, sandals, spiked shoes, work boots and flip-flops are not permitted.
5. Proper fitness attire is required. Shirts must be worn at all times. Bathing suits and clothing with exposed metal rivets or parts are not permitted in the fitness room.
6. Food is not permitted in the fitness room. Closed plastic beverage containers are allowed.
7. Customers are responsible for wiping down equipment after each use and returning the weight plates and dumbbells to the racks provided.
8. Fairfax County Park Authority personal trainers conducting circuit training have priority. Please allow others to "work in" (share) the circuit equipment between sets.
9. Cardiovascular equipment use is limited to 30 minutes when people are waiting.
10. Use of a spotter when lifting free weights is recommended.

RECenter
GYMNASIUM RULES

1. In order to protect the gym floor, only non-marking athletic shoes are permitted. Sandals and street shoes are not allowed.
2. Shoes and shirts must be worn at all times.
3. Food, drink, gum, and radios are prohibited. Spitting, profanity, dunking and hanging on the basketball rims are prohibited and could result in removal from the facility.
4. Disagreements, disputes and arguments not settled in a timely manner (30 seconds) will result in the participants being asked to leave the floor. Disputes must be settled politely without violence or intimidation.
5. No person shall engage in conduct infringing upon the rights of other participants.
6. No person shall use words or actions that could provoke a violent response from the individual(s) to whom the words or actions are being directed.
7. No person shall intimidate or threaten another person.
8. No person shall use the gym for any activity other than its intended purposes, unless approved by the manager on duty.
9. Games may be curtailed at management's discretion.
10. The track and outer area of the gym must be clear for runners and other designated activities, unless approved by the manager on duty (Lee District Park only).
11. Basketball games will be limited to 12 minutes or until the first team scores 11 baskets, whichever comes first. Teams are responsible for keeping score.
12. Winning teams are limited to a maximum of 3 consecutive games.
13. Half of the gym will be designated as full court use. The other half of the gym will be designated for half- court games of 3-on-3 or 4-on-4 on the glass backboard. The remaining two side baskets will be reserved for open shooting.
14. Gym doors and hallway exits are alarmed. These doors are to be opened only during a building emergency.
15. Customers are responsible for the cost of any damages resulting from disorderly conduct or misuse of equipment.
16. Rules and regulations will be enforced at all times by the RECenter's gym guards and management staff. Violators of the above rules will be required to leave the park immediately. Repeat violators will be banned from the park.

RECenter
LOCKER ROOM RULES

1. Children 7 years of age and older are required to use the locker room/restroom of their gender. A family/accessible dressing room is available to anyone who may need assistance changing. Please limit use to 20 minutes.
2. A soap shower is required before entering the pool or spa.
3. Food, drinks, glass containers or breakable objects are not permitted in the locker rooms.
4. No loitering.
5. Do not leave personal belongings on benches or in the changing stalls. Use of lockers is highly recommended.
6. The locker room will remain open 15 minutes after posted building hours for showering and dressing.
7. Fairfax County Park Authority is not responsible for lost or stolen articles.
8. In order to maintain a safe and sanitary facility, patrons are encouraged to shave at home. If your schedule does not permit this, please be careful and considerate of other users and dispose of razors in the trash container.

RECenter
SWIMMING POOL RULES

1. Shoes worn outdoors may not be worn on the pool deck within five feet of the pool edge.
2. All swimmers are required to take soap showers before entering the pool or spa.
3. Children under the age of 10 must be directly supervised by a paying guardian 16 years or older in the water or from the deck at all times.
4. Persons unable to swim 25 yards without stopping and handle themselves well in the water are not permitted in water above their shoulders.
5. Flotation devices are permitted, but their use by non-swimmers requires direct supervision in the water by a paying guardian 16 years or older.
6. Other swimming aids or inflatable toys are permitted at the aquatic supervisor's discretion.
7. Running, pushing or other conduct that adversely affects guest safety and comfort is prohibited.
8. No diving in water less than 5 feet deep.
9. Back dives, flips, back jumps or other dangerous actions from the side of the pool are prohibited.
10. Persons with skin infections, open wounds, nasal or ear discharge, diarrhea or any communicable disease are not permitted in the pool.
11. Infants/children not toilet trained and incontinent adults must wear swim suit diapers or snug plastic pants under their swim suits. Diapers (cloth and disposable) are prohibited.
12. Spitting and nose blowing into the pool or onto the deck is prohibited.
13. Food, drinks, glass containers or breakable objects of any kind are not permitted in the pool area or locker rooms.
14. Only bathing suits or alternatives approved by the aquatic supervisor may be worn in the pool or spa.
15. Ball playing is prohibited on the pool deck. Inflatable beach balls and sponge balls are allowed in the pool during uncrowded periods and at the discretion of the aquatic supervisor or manager on duty.
16. Masks, snorkels and fins may be used at the guard's discretion based upon swimming proficiency.
17. Socializing with or distracting the lifeguard on duty is prohibited.
18. Injuries occurring within the pool area or locker rooms must be reported to the lifeguard or manager on duty immediately.

RECenter/SWIMMING POOL RULES

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19. Lap lanes are to be used only by persons swimming laps or water walking.
20. Use of starting blocks is restricted to approved swim meets and practices only. Unauthorized individuals are not permitted on the starting blocks.
21. In the event that it is required to evacuate the pool area, customers will follow the direction of the lifeguards.
22. No person shall use the pool unless it is officially open and a lifeguard is in the stand.
23. Only authorized staff members are allowed in the filter rooms, chemical storage rooms, guard room, first aid station and manager's office.
24. The actions and conduct of an organized group are the responsibility of the group leader. Misconduct of individuals may result in dismissal of the group.
25. Fairfax County Park Authority is not responsible for lost or stolen articles.

RECenter
DIVING BOARD RULES

1. Only 1 person on the diving board and ladder at a time.
2. Each person must wait until the proceeding diver has cleared the area before diving.
3. Divers must swim directly to the nearest ladder and leave the pool.
4. All divers must dive straight off the end of the board.
5. Only 1 bounce is permitted on the diving board.
6. Cartwheels and handstands are prohibited.
7. Goggles and flotation devices may not be worn going off the board.
8. Running, pushing, causing undue disturbance, or other dangerous conduct is prohibited at all times in the diving board area.

RECenter
WADING/TOT POOL RULES

1. Only children ages 6 and under are permitted in the Tot Pool.
2. A guardian 16 years or older must accompany children at all times.
3. Infants/children not toilet trained must wear swim suit diapers or tight fitting plastic pants beneath their swim suit. Diapers (cloth or disposable) are prohibited.

RECenter
ROOM RULES

1. All RECenter rooms are fee-based areas and are not open to customers for use.
2. All RECenter room usage, regardless of the reason, requires prior management approval.
3. FCPA sanctioned classes are the only classes permitted to be held in RECenter rooms unless authorized by management.
4. Instructors may use rooms to practice routines for FCPA classes, subject to availability and management approval. Students are not allowed to attend instructor practice sessions.

RECenter
SAUNA RULES

1. Sauna users must be at least 16 years old.
2. Out of courtesy to others and for their own protection, users are required to wear a bathing suit, clothing or towel.
3. The sauna is an electrical appliance; therefore do not pour liquid on the rocks or place newspapers, towels or any combustible material on the heater or guard fence.

Guidelines - Sauna:

Temperature:	180 - 200° degrees
Humidity:	10 - 15% (dry heat)
Maximum use per sitting:	15 minutes
Maximum use per day:	30 minutes

1. Pregnant women should not enter the sauna without prior medical consultation. Use of sauna is not recommended for persons with high blood pressure, cardiovascular disorders or pulmonary diseases.
2. Do not use the sauna while under the influence of any type of alcohol, drugs, anticoagulants, antihistamines, vasoconstrictor, vasodilators, stimulants, hypnotics, narcotics or tranquilizers.
3. Users who feel faint or dizzy in the sauna should leave the room immediately.
4. All metal jewelry should be removed prior to entering the sauna.
5. To prevent dehydration, drink plenty of fluids before and after leaving the sauna.

RECenter
SPA RULES

1. The maximum customer load is not to exceed the site's posted bather load.
2. Spa users must be at least 16 years old.
3. A soap shower is required before entering the spa. It is also advised that a soap shower be taken after using the spa.
4. Persons with skin disease, open wounds, nasal or ear discharge, inflamed eyes, diarrhea or any communicable disease are not allowed in the spa.

Guidelines - Spa:

Temperature:	102-104° F.
Maximum use per sitting:	15 minutes
Maximum use per day:	30 minute

1. Observe time limit to avoid nausea, dizziness, fainting and heat stroke.
2. Pregnant women and persons suffering from heart disease, diabetes, high or low blood pressure should not enter the spa without prior medical consultation.
3. Do not use the whirlpool while under the influence of any type of alcohol, drugs, anticoagulants, antihistamines, vasoconstrictors, vasodilators, stimulants, hypnotics, narcotics or tranquilizers.
4. Submerging your head under water is not advised; doing so increases the danger of hyperthermia.
5. Enter and exit slowly at designated access areas only.
6. Use of the swimming pool immediately after exiting the whirlpool could cause symptoms of nausea or shock.

TENNIS COURT RULES

1. No street shoes allowed on courts. Tennis shoes only.
2. 1 hour time limit for singles; 1 1/2 hour limit for doubles.
3. Gates shall be closed at all times.
4. All tennis court rules, regulations and courtesies shall be observed.
5. Tennis courts are to be used for tennis only. No bicycles, skates, skateboards, in-line skates, hockey or other activities permitted.
6. No pets allowed on courts.
7. No private instructions and classes are allowed without written permission from the Fairfax County Park Authority.
8. Courts may be reserved for FCPA programs.

TRAIL RULES

1. Park trails are open to all forms of non-motorized transportation unless otherwise posted; except for horses, which may only be ridden or driven in designated areas.
2. Pedestrians have the right-of-way on trails unless otherwise posted.
3. Bicycles, in-line skaters and other “wheeled” travelers must yield to hikers.
4. Downhill traffic must yield to uphill traffic.
5. Assemblies of more than 25 persons and competitions on trails shall require the expressed written permission of the Park Authority.
6. Proper control must be maintained at all times. Speed should be restricted to safe levels appropriate for existing trail conditions.
7. Faster users should pass on left and announce before passing.
8. Trail users must stay on existing designated trails.
9. Avoid single-tracks when raining or muddy; traffic on wet trails causes damage.
10. Call 911 for emergencies.

WATER MINE RULES

1. Failure to obey the rules or the directions of the lifeguards or behaving in a manner that adversely affects guest safety and comfort may result in removal from the park.
2. Running, pushing and other dangerous conduct are prohibited.
3. Profanity and abusive language, or behavior is prohibited.
4. All persons entering the Water Mine must pay the appropriate fee.
5. Wristbands must be worn at all times.
6. Food, drink, or chewing gum is prohibited on the pool deck, in the pool and locker rooms.
7. Smoking, glass containers, alcoholic beverages and pets are prohibited.
8. Street shoes may not be worn on the pool deck.
9. All swimmers are required to take soap showers before entering the pool.
10. Children under the age of 10 or using Personal Flotation Devices (PFD's) must be under the direct supervision of a paying guardian 16 years or older.
11. Some pool features require users to be at least 48" tall. Guests must comply with posted signs.
12. Only bathing suits or alternatives approved by the aquatic supervisor may be worn in the pool.
13. Clothing or bathing suits with exposed metal rivets or metal parts are prohibited.
14. Persons with skin infections, open wounds, ear or nasal discharge, diarrhea or communicable disease are not permitted in the pool.
15. Spitting and nose blowing in the pool or on the pool deck is prohibited.
16. In the event of bad weather the pool and deck area must be vacated immediately. In the event of an electrical storm the facility will be evacuated and customers should seek the safety of their cars.
17. Dives, flips, or back jumps from the side of the pool are prohibited.
18. Enter and exit the water at the designated areas only.
19. Climbing on rocks and climbing over or through rope fences is prohibited.

WATER MINE RULES

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20. Injuries occurring within the pool area or locker rooms must be reported to the lifeguard or manager on duty immediately.
21. All persons must stay out of the water during safety breaks.
22. Infants/children not toilet trained and incontinent adults must wear swim diapers or snug plastic pants under their bathing suits.
23. Cloth and disposable diapers are prohibited.
24. Personal floats, toys, masks, snorkels, and fins are prohibited. (Personal Floatation Devices/life vests are available upon request at the pool office.)
25. Inflatable beach balls and sponge balls are allowed in the pool during un-crowded periods and at the discretion of the aquatic supervisor or manager on duty.
26. Playing with or throwing discs, balls or other objects is prohibited on the pool deck and lawn areas.
27. The actions and conduct of organized groups are the responsibility of the group leaders. Misconduct of any group member may be considered action by the entire group, and may subject the entire group to removal from the park.
28. Talking to, visiting with, or in any way distracting the lifeguards is prohibited.

**WAKEFIELD SKATE PARK
WARNINGS AND SAFETY INFORMATION**

1. Directions of the Skate Park staff must be obeyed at all times.
2. All participants skate or bike at their own risk.
3. Children under the age of 10 must be accompanied by an adult.
4. Children less than 6 years are not permitted in the Skate Park, except during activities scheduled for that age group.
5. All participants are required to wear elbow pads, knee pads and a helmet at all times.
6. Personal music devices are prohibited.
7. Drugs, alcohol, and smoking are prohibited in or around the skate park.
8. Profanity is prohibited in the Skate Park.
9. Food is not allowed in the skating area; drinks in closable, unbreakable containers are permitted in designated areas.
10. No littering: deposit trash in provided receptacles.
11. Graffiti and stickers are not allowed in the Skate Park.
12. Outside obstacles and modifications to the elements are prohibited.
13. All participants must enter and exit through designated area.
14. No loitering after facility is closed.
15. One person per ramp at a time; take turns and leave space between riders.
16. Know your limits; do not use ramps or rails beyond your ability level.
17. Bicycle pegs are not permitted inside the Skate Park.
18. Fairfax County Park Authority is not responsible for lost or stolen articles.
19. Trespassers will be prosecuted.
20. Failure to comply with these rules may result in suspension.

**WAKEFIELD SKATE PARK
WARNINGS AND SAFETY INFORMATION
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Skate at Your Own Risk

There is an inherent risk in the participation of Skate Park activities. Users of Skate Parks, by participation, accept the risks inherent in such participation of which the ordinary prudent person is or should be aware. Users have a duty to exercise good judgment and act in a responsible manner while using the Skate Park element and obey all oral or written warnings, or both, prior to or during participation, or both.