



FAIRFAX COUNTY PARK AUTHORITY



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For Immediate Release

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March 12, 2014

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PSA-021

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Volunteers Sought for Adapted Aquatics Classes This Spring

The Fairfax County Park Authority is seeking volunteers to help during Adapted Aquatics classes this spring. Besides the fulfillment that teaching swimming skills to people with disabilities brings, volunteers who maintain a commitment of two hours per week are eligible for free RECenter facility use.

The Adapted Aquatics program offers weekly classes aimed at developing basic swim skills in a structured setting with support from volunteers. Classes serve both adults and children with physical and developmental disabilities. There is no experience necessary. The only requirements for volunteering are a willing heart, a commitment to a class series of eight or ten weeks, and volunteers must be at least 13 years of age.

Classes are offered on weekends at RECenters across the county. Locations include:

- Providence RECenter (Falls Church, Va.)
- Lee District RECenter (Alexandria, Va.)
- South Run RECenter (Springfield, Va.)
- Cub Run RECenter (Chantilly, Va.)
- Spring Hill RECenter (McLean, Va.)
- Oak Marr RECenter (Oakton, Va.)
- Audrey Moore RECenter (Annandale, Va.)

To become a volunteer, please apply online at www.fairfaxcounty.gov/parks/volunteer/adapted-vols.htm or contact Adapted Aquatics Volunteer Coordinator Nicole Woodward at nicole.woodward@fairfaxcounty.gov.

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If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354.