



# FAIRFAX COUNTY PARK AUTHORITY



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*For Immediate Release*

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## Volunteers Sought for Park Authority Adapted Aquatics Classes

The Fairfax County Park Authority is seeking volunteers for upcoming Adapted Aquatics classes this fall, and you can help! The Adapted Aquatics program offers weekly classes to develop basic swim skills for both adults and children with physical and developmental disabilities. Classes are held in a structured setting with support from volunteers. Experience is not necessary; the only requirements for volunteering are a willing heart, a commitment to a class series of eight or ten weeks, and volunteers must be at least 13 years of age. Volunteers who maintain a commitment of two hours per week are eligible for free RECenter facility use.

Classes are offered on weekends at RECenters across the county including:

- Providence RECenter (Falls Church)
- Lee District RECenter (Alexandria)
- South Run RECenter (Springfield)
- Cub Run RECenter (Chantilly)
- Spring Hill RECenter (McLean)
- Oak Marr RECenter (Oakton)
- Audrey Moore RECenter (Annandale)

Interested volunteers may apply online at [www.fairfaxcounty.gov/parks/volunteer/adapted-vols.htm](http://www.fairfaxcounty.gov/parks/volunteer/adapted-vols.htm) or contact Adapted Aquatics Volunteer Coordinator Nicole Woodward at [nicole.woodward@fairfaxcounty.gov](mailto:nicole.woodward@fairfaxcounty.gov). For more information, call 703-324-8519.

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If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354.