



FAIRFAX COUNTY PARK AUTHORITY



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For Immediate Release

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Women Unplugged Weekend Set For Riverbend Park

Explore your rugged side with the help of Riverbend Park naturalists during the Women Unplugged Weekend planned for June 6 and 7, 2015. Enjoy a kayak float trip, camp out, learn about edible plants and take in the natural world at every turn.

This is a weekend you will not forget. It's the perfect opportunity to join with girlfriends or daughters, nieces or perhaps your mother-in-law! Participants must be 16 years old. Advance registration is required. Participants must provide their own camping equipment. Indoor camping is also available.

Unplug and spend the weekend outdoors. Saturday you will kayak from Algonkian Park to Riverbend and have an outdoor dinner with a bonfire. Spend the night under the stars, in your tent or in the nature center if you prefer. Sunday explore birds, edible plants and learn to shoot a bow and arrow. Bring a bagged lunch and water bottle for Saturday's trip; all other meals are provided. Meet at Riverbend on Saturday morning at 8 a.m. Program ends at 2 p.m. on Sunday. This program is for women only.

The weekend costs \$200 per person and includes kayaking equipment, float trip transportation, dinner on Saturday and breakfast and lunch on Sunday. For more information or to register contact Julie Gurnee at 703-759-9018 or via email at Julie.Gurnee@fairfaxcounty.gov. You can register online as well via Parktakes Online using program code 3572024101.

Riverbend Park is located at 8700 Potomac Hills Street in Great Falls, VA. Riverbend features more than 400 acres of forest, meadows, and ponds. Trails include a 2.5 mile portion of the Potomac Heritage Trail linking national and regional parkland. Kayakers and canoeists can enjoy exploring many islands in the Potomac River. Serious anglers and families can bring a boat or fish from the shady riverbank. Nature highlights include spectacular river views, beautiful wildflowers and birds. Find out all the details of this wonderful Park Authority property at <http://www.fairfaxcounty.gov/parks/riverbend-park/>

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If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354.