



# FAIRFAX COUNTY PARK AUTHORITY



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## Information Release

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## Find Family-Friendly Games, Runs and Exhibits at SpringFest

SpringFest Fairfax returns for another year with a free day of family-friendly environmental and health-focused games, activities, exhibits and entertainment on Saturday, April 30, 2016, from 10 a.m. to 4 p.m. at the Workhouse Arts Center in Lorton.

This year, SpringFest will be hosting the Fairfax County Park Authority's Healthy Strides Expo for the first time. The Expo makes fitness fun for the whole family with fun runs for all ages, an obstacle course, fitness games and activities, a free-play zone, healthy lifestyle exhibitors and vendors, and more.

SpringFest is Fairfax County's official celebration of Earth Day and Arbor Day, and this year's theme is "Healthy People-Healthy Planet." The one-day event is presented by Clean Fairfax in partnership with the Fairfax County Park Authority, Fairfax County Park Foundation, and the Workhouse Arts Center, and it provides opportunities for residents of all ages to celebrate our natural environment and healthy lifestyles.

The Park Authority, county agencies and local organizations will have exhibit tents set up on the central lawn where visitors can create, learn and explore. Kids are encouraged to pick up an Environmental Passport at the Clean Fairfax tent (while supplies last) and earn stamps and stickers from exhibitors as they explore different tents. Those who return to Clean Fairfax on the way out and share what they learned will receive a prize.

In addition, there will be live animals to see, pony rides and a bounce house. Billy B., Team Green World, and Under the Sea will provide headline performances, and Fairfax County Restoration Project's Environmental Film Festival will run all day. Visitors can purchase native tree saplings, flowers and vegetables at the SpringFest plant sale, and popular local food trucks will be selling delicious healthy meals and tasty treats.

To mark Arbor Day, there will be the annual presentation of the Arbor Day Proclamation that ensures Fairfax County will continue to be a Tree City USA site. There will also be a morning tree planting at Occoquan Regional Park and Arbor Day volunteer opportunities throughout the day.

Last year, more than 5,000 residents attended SpringFest at the Workhouse, which is located at 9518 Workhouse Way in Lorton, VA. Admission and parking are free.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354.

For more information about the event, for sponsorship and volunteer opportunities, and to sign up to be a vendor or exhibitor, visit [www.springfestfairfax.org](http://www.springfestfairfax.org).

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