



# FAIRFAX COUNTY PARK AUTHORITY



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## Information Release

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## Friends of Royal Lake Receive Mastenbrook Grant Funds

The Fairfax County Park Authority Board approved a Mastenbrook Volunteer Matching Fund Grant for the Friends of Royal Lake (FORL) at its meeting on April 27, 2016.

The grant of \$16,343 will be used by the non-profit friends group to purchase and install replacement outdoor fitness equipment at Royal Lake Park, which is located at 5344 Gainsborough Drive in Fairfax, Virginia. This equipment is designed to promote community health and wellness by offering park visitors an opportunity to work on core and muscle strengthening along an outdoor fitness trail. Upgrades will include a climbing wall, push-up station, vault bar station, body curl station and chin-up bar.

FORL has been working with the Park Authority to draw up plans for updating the fitness trail and replacing broken equipment, some of which dates back to 1979. An Eagle Scout will coordinate removal of the existing outdoor fitness equipment in May or June. A ribbon-cutting ceremony following installation of the new equipment is expected in late July.

Mastenbrook bond-funded grants provide limited matching funds for projects in Fairfax County parks. In 1998, John Mastenbrook, a 21-year veteran of the Fairfax County Park Authority Board, suggested the creation of a grant program to encourage public and private ventures that would improve Fairfax County parks and park facilities. The program was designed to fill a gap between limited bond funding and the community's desire for new neighborhood park facilities.

Since 1999, there have been more than 140 Mastenbrook Grant projects. Awards in excess of \$1.1 million have been made, resulting in projects throughout Fairfax County valued at more than \$7.5 million.

For more information, or to apply for a matching grant, visit online at <http://www.fairfaxcounty.gov/parks/mastenbrookgrant.htm> or call 703-324-8591.

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