



# Mount Vernon RECenter

SATURDAY

January 21 - January 27, 2017

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

<b>LEGEND</b>		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)			
<b>Dive Well</b>		<b>Lap Lanes</b>								<b>Shallow End</b>		<b>Beach</b>	
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
8:00 AM													8:00 AM
8:30 AM													8:30 AM
9:00 AM													9:00 AM
9:30 AM													9:30 AM
10:00 AM	Swim Lessons									Swim Lessons			10:00 AM
10:30 AM												10:30 AM	
11:00 AM												11:00 AM	
11:30 AM												11:30 AM	
12:00 PM		Pool Closed for Swim Meets 12 pm - 7pm										12:00 PM	
12:30 PM												12:30 PM	
1:00 PM												1:00 PM	
1:30 PM												1:30 PM	
2:00 PM												2:00 PM	
2:30 PM												2:30 PM	
3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM												4:30 PM	
5:00 PM		5:00 PM											
5:30 PM		5:30 PM											
6:00 PM		6:00 PM											
6:30 PM		6:30 PM											
		8	7	6	5	4	3	2	1	Full lane	.5 lane		
<b>Dive Well</b>		<b>Lap Lanes</b>						<b>Shallow End</b>		<b>Beach</b>			



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SUNDAY

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LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Dive Well		Lap Lanes							Shallow End		Beach	
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane		
9:00 AM	Swim Lessons And Scuba									Swim Lessons			9:00 AM
9:30 AM													9:30 AM
10:00 AM													10:00 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM	Pool Closed for Swim Meet 12 pm - 6pm											12:00 PM	
12:30 PM												12:30 PM	
1:00 PM												1:00 PM	
1:30 PM												1:30 PM	
2:00 PM												2:00 PM	
2:30 PM												2:30 PM	
3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM												4:30 PM	
5:00 PM	5:00 PM												
5:30 PM	5:30 PM												
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
	Dive Well		Lap Lanes							Shallow End		Beach	







# Mount Vernon RECenter

WEDNESDAY

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<b>LEGEND</b>		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)												
		Dive Well		Lap Lanes						Shallow End		Beach										
		.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane									
6:00 AM							Alexandria Masters									6:00 AM						
6:30 AM							Alexandria Masters										6:30 AM					
7:00 AM																	7:00 AM					
7:30 AM		Water Ex															7:30 AM					
8:00 AM																	8:00 AM					
8:30 AM										Water Ex							8:30 AM					
9:00 AM										Water Ex							9:00 AM					
9:30 AM		Water Ex															9:30 AM					
10:00 AM														Swim Lessons			10:00 AM					
10:30 AM									Water Ex								10:30 AM					
11:00 AM																		11:00 AM				
11:30 AM																	11:30 AM					
12:00 PM																	12:00 PM					
12:30 PM																	12:30 PM					
1:00 PM												Swim Lessons					1:00 PM					
1:30 PM																	1:30 PM					
2:00 PM																	2:00 PM					
2:30 PM																	2:30 PM					
3:00 PM																	3:00 PM					
3:30 PM				High School Swim													3:30 PM					
4:00 PM				High School Swim													4:00 PM					
4:30 PM																	4:30 PM					
5:00 PM		Swim Lessons		FBST						Swim Lessons		Swim Lessons					5:00 PM					
5:30 PM																						5:30 PM
6:00 PM																						
6:30 PM																	6:30 PM					
7:00 PM											Water Ex						7:00 PM					
7:30 PM																	7:30 PM					
8:00 PM																	8:00 PM					
8:30 PM																	8:30 PM					
		.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane									
		Dive Well		Lap Lanes						Shallow End		Beach										



# Mount Vernon RECenter

THURSDAY

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LEGEND		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)					
Dive Well		Lap Lanes								Shallow End		Beach			
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane				
6:00 AM														6:00 AM	
6:30 AM														6:30 AM	
7:00 AM			FBST											7:00 AM	
7:30 AM			FBST											7:30 AM	
8:00 AM			FBST											8:00 AM	
8:30 AM										Water Ex				8:30 AM	
9:00 AM										Water Ex				9:00 AM	
9:30 AM										Water Ex				9:30 AM	
10:00 AM												Swim Lessons		10:00 AM	
10:30 AM												Swim Lessons		10:30 AM	
11:00 AM												Swim Lessons		11:00 AM	
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2:30 PM												Swim Lessons		2:30 PM	
3:00 PM												Swim Lessons		3:00 PM	
3:30 PM			High School Swim										Swim Lessons		3:30 PM
4:00 PM			High School Swim										Swim Lessons		4:00 PM
4:30 PM												Swim Lessons		4:30 PM	
5:00 PM			FBST								Swim Lessons			5:00 PM	
5:30 PM			FBST								Swim Lessons			5:30 PM	
6:00 PM			FBST			NCAP					Swim Lessons			6:00 PM	
6:30 PM			FBST			NCAP					Swim Lessons			6:30 PM	
7:00 PM	Water Ex		NCAP										Swim Lessons		7:00 PM
7:30 PM	Water Ex		NCAP										Swim Lessons		7:30 PM
8:00 PM												Swim Lessons		8:00 PM	
8:30 PM												Swim Lessons		8:30 PM	
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane				
Dive Well		Lap Lanes								Shallow End		Beach			



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FRIDAY

January 21-27, 2017

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6:00 AM					Alexandria Masters									6:00 AM
6:30 AM					Alexandria Masters									6:30 AM
7:00 AM														7:00 AM
7:30 AM	Water Ex													7:30 AM
8:00 AM	Water Ex													8:00 AM
8:30 AM										Water Ex				8:30 AM
9:00 AM										Water Ex				9:00 AM
9:30 AM	Water Ex									Water Ex				9:30 AM
10:00 AM	Water Ex									Water Ex				10:00 AM
10:30 AM										Water Ex				10:30 AM
11:00 AM										Water Ex				11:00 AM
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6:00 PM														6:00 PM
6:30 PM														6:30 PM
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
	Dive Well		Lap Lanes						Shallow End		Beach			