



MAY 2012 POOL CALENDAR



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|---|---|
| <p>*NEW! SWIM WORKOUT* Warm up with a 50 yard swim. Then swim a ladder set which is sequence of ascending lengths followed by descending lengths. Swim 50, 75, 100, 100, 75, and 50 yard sets.</p> | | <u>1</u> *OPEN SWIM | <u>2</u> *OPEN SWIM | <u>3</u> *OPEN SWIM | <u>4</u> *OPEN SWIM <i>SWIM CLINICS BEGIN</i> | <u>5</u> *CLASSES /LAP SWIM 8:00AM—1:00PM <i>SATURDAY CLASSES START</i> <i>SWIM CLINICS BEGIN</i> DIVING: 4—5:50PM |
| 5:30-9:00PM LIMITED SPACE AVAILABLE | | | | | | |
| <u>6</u> *CLASSES /LAP SWIM 10:00AM—2:30PM <i>SUNDAY CLASSES START</i> DIVING: 2-5PM SLIDE: 2-4:45PM | <u>7</u> *OPEN SWIM <i>MONDAY ONLY & MON/WED CLASSES START</i> *NO OPEN 4 FT. SPACE 8AM-12PM | <u>8</u> *OPEN SWIM <i>TUES/THURS CLASSES START</i> *NO OPEN 4 FT. SPACE 8AM-1PM | <u>9</u> *OPEN SWIM- <i>WEDNESDAY ONLY CLASSES START</i> *NO OPEN 4 FT. SPACE 8AM-12PM | <u>10</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | <u>11</u> *OPEN SWIM <i>FRIDAY ONLY CLASSES START</i> *NO OPEN 4 FT. SPACE 8AM-12PM | <u>12</u> *CLASSES /LAP SWIM 8:00AM—1:00PM DIVING: 4—5:50PM SLIDE: 4—5:45PM |
| 5:30-9:00PM LIMITED SPACE AVAILABLE | | | | | | |
| <u>13</u> *CLASSES /LAP SWIM 10:00AM-2:30PM DIVING: 2-5PM SLIDE: 2-4:45PM | <u>14</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-12PM | <u>15</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | <u>16</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-12PM | <u>17</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | <u>18</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-12PM | <u>19</u> *CLASSES /LAP SWIM 8:00AM—1:00PM DIVING: 4—5:50PM SLIDE: 4—5:45PM |
| 5:30-9:00PM LIMITED SPACE AVAILABLE | | | | | | |
| <u>20</u> *CLASSES /LAP SWIM 10:00AM-2:30PM DIVING: 2-5PM SLIDE: 2-4:45PM | <u>21</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-12PM | <u>22</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | <u>23</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-12PM | <u>24</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | <u>25</u> POOL & SPA CLOSED AT NOON LONG COURSE MEET | <u>26</u> POOL & SPA CLOSED LONG COURSE MEET |
| 5:30-9:00PM LIMITED SPACE AVAILABLE | | | | | | |
| <u>27</u> POOL & SPA CLOSED LONG COURSE MEET | <u>28</u> Memorial Day <i>*Special Hours*</i> 6:30am-6:00pm *NO CLASSES* | <u>29</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | <u>30</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-12PM | <u>31</u> *OPEN SWIM *NO OPEN 4 FT. SPACE 8AM-1PM | 25 Yard Lane 2 lengths = 1 lap 9 laps = ¼ mile 18 laps = ½ mile 27 laps = ¾ mile 36 laps = 1 mile | |

Oak Mall REcenter

3200 Jermantown Road
Oakton, Virginia 22124
703-281-6501
703-281-7330 (TTY)

Visit our website for more information on our facility and classes we offer;
www.fairfaxcounty.gov/parks

FACILITY HOURS

Mon-Fri 5am—9:30pm
Saturday 6am—7:00pm
Sunday 9am—8:00pm

*OPEN SWIM HOURS

Mon-Fri 6:30am—9:30pm
Saturday 1:00pm—6:00pm
Sunday 2:00pm—6:00pm

*usage consists of **AT LEAST** 3 lap lanes, limited space maybe available if classes and rentals are scheduled

BEACH AREA HOURS

Mon-Fri 6:30am—9:30pm

*the beach area and any other areas not used by rentals or classes and are



Oak Marr REcenter Calendar Information

- **OPEN SWIM*** -- usage consists of AT LEAST 3 lap lanes, the beach area and any other areas not used by rentals or classes and are available for public swim and recreation. There may be classes and rentals scheduled during open swim time. Please call the RECenter Aquatic Supervisor to verify as times and dates are subject to change.
- **LAP SWIMMING** – Please be willing to swim split laps if there is only you and another person in the lane. Swim down and back near the same ropes. Swim circles if more than three people are using the lane. Stay to the right side of the lane as you make the trip down and back the length of the swimming pool. **Customers not consistently swimming laps are not permitted in the lap lanes.**
- **EQUIPMENT FOR PUBLIC USE** – Equipment for public use is available in a storage unit in our guard office. Goggles and lifejackets are available upon request in our lifeguard office.
- **10-MINUTE SAFETY BREAK** – Swim breaks are called on weekends and weeknights at 10 minutes to the hour, every hour. All children *12 and under* must break during this time. Please take your children to the restroom.
- **LOCKER ROOMS** – Remain open for 15 minutes after the pool closes. The short lockers are \$.25 and tall lockers are \$.50.
- **LOST & FOUND** – Please double check to ensure you are leaving with everything you brought to our site. We maintain lost and found articles up to 4 weeks. Stop by the front desk or give us a call to check on an item.
- **DIVING BOARDS & FUN SLIDE** – Please see the calendar on the front for our schedule. Schedule may change due to staffing levels and availability.

May 15th
Summer Registration
begins at 5am!
Sign up by May 22nd and receive \$8 OFF

| REGISTRATION INFORMATION | |
|--|---|
| PARK AUTHORITY HEADQUARTERS <i>*BEST OPTION FOR CLASS REGISTRATION</i> | PHONE: (703) 222-4664 <i>Mon-Fri; 9am-4pm</i> |
| | ONLINE: www.fairfaxcounty.gov/parks |
| | FAX: (703) 631-2004 |
| OAK MARR RECENTER | PHONE: (703) 281-6501 |
| | IN-PERSON: During normal business hours |
| | FAX: (703) 281-5274 |

Help Us Keep Our Pool Clean and Open! If you or your child has been sick or has had diarrhea within the past TWO WEEKS, please refrain from pool usage. Also, to avoid unnecessary closures due to “accidents”, please eat lightly and well before swimming, and use the bathroom during each swim break. For more Healthy Swimming tips, please visit the CDC website by clicking [here](#).

Please send aquatic questions or comments to **Eric Nielsen** at Eric.Nielsen@fairfaxcounty.gov



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354