









**SPRING HILL RECENTER  
LAP LANE AVAILABILITY**

**DAY:**

**FRIDAY**

	BEACH	1/2 LANE	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	1/2 LANE
6:30 AM													
7:00 AM		7:15-8:10am Aerobic H2O Exercise											
7:30 AM		7:15-8:10am Aerobic H2O Exercise											
8:00 AM		8:15-9:10am Aerobic H2O Exercise											
8:30 AM		8:15-9:10am Aerobic H2O Exercise											
9:00 AM										9:20-10:20am Deep H2O Exercise			
9:30 AM	Class Usage									9:20-10:20am Deep H2O Exercise			
10:00 AM										9:20-10:20am Deep H2O Exercise			
10:30 AM		10:25 Arthritis Exercise											
11:00 AM	Class Usage	10:25 Arthritis Exercise											
11:30 AM		10:25 Arthritis Exercise											
12:00 PM													
12:30 PM													
1:00 PM	Class Usage												
1:30 PM													
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM				FISH 4 - 6pm									
4:30 PM	Class Usage		Class Usage	FISH 4 - 6pm							Class Usage		
5:00 PM				FISH 4 - 6pm									
5:30 PM				FISH 4 - 6pm									
6:00 PM	Class Usage									Class Usage			
6:30 PM										Class Usage			
7:00 PM										Class Usage			
7:30 PM										Class Usage			



**SPRING HILL RECENTER  
LAP LANE AVAILABILITY**

**DAY: SUNDAY**

	BEACH	1/2 LANE	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10	1/2 LANE
9:00 AM	CLOSED FOR CLASSES									CLOSED FOR CLASS			
9:30 AM													
10:00 AM													
10:30 AM													
11:00 AM													
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM			Class Usage								Lifeguard Class / Scouts		
1:30 PM								Class Usage					
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM		CLASSES FOR THE PHYSICALLY DISABLED											
4:30 PM													
5:00 PM													
5:30 PM													