

★ 8 Rules for My Safety ★

1. Before I leave the house, I always tell my parents who I am with and where I am going.

2. I never talk to strangers, and I will never be tricked into going anywhere with someone my parents don't know.

3. I can say no, even to an adult, if they try to touch me in a way I don't like.

4. I will quickly get away from someone who tries to touch me or take me away. I will yell, "This is not my Daddy or Mommy," and "Help."

5. I will tell my parents if someone tries to touch me in a way I don't like.

6. I don't have to keep a secret from my parents, I will tell them about things or people that scare me.

7. My parents love me, they will listen and help me if I feel troubled.

8. If someone tries to touch me or threatens me,
My Rules Are:



SAY NO!
GET AWAY!
TELL SOMEONE!