

# **WOMEN'S SELF DEFENSE CLASS**

**SATURDAY MARCH 23      8 AM– 3 PM**

**CRESTWOOD ELEMENTARY SCHOOL  
6010 HANOVER AVE  
SPRINGFIELD, VA 22150**

**TO REGISTER FOR THE CLASS  
CONTACT MPO JIM REID  
FRANCONIA DISTRICT STATION  
(703) 922-8263**

**EMAIL [JAMES.REID@FAIRFAXCOUNTY.GOV](mailto:JAMES.REID@FAIRFAXCOUNTY.GOV)**

**WEB: [WWW.FAIRFAXCOUNTY.GOV/POLICE/STATIONS/FRANCONIA/](http://WWW.FAIRFAXCOUNTY.GOV/POLICE/STATIONS/FRANCONIA/)**

**FAIRFAX COUNTY POLICE DEPARTMENT, FRANCONIA DISTRICT STATION**

**6121 FRANCONIA ROAD, ALEXANDRIA, VA 22310 , 703-922-0889**

Fairfax County is committed to non-discrimination on the basis of disability in all county programs, services and activities.

Reasonable accommodations will be provided upon request.

