



The Reston Reliance

Reston District Station

"Providing Our Community a Solid Foundation Through Excellence"

March/ April 2010

Parcher Avenue Community Police Academy a Success

Highlights in this issue:

- Use your HEAD Aggressive Driving Campaign results
- Kids and Cars Safety tips
- Turning Right on Red
- Reston District Station Services

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By PFC Katy Fernbacher,
Crime Prevention Specialist

Through the cooperative efforts of the Reston District Station and the Citizens Police Academy (CPA), a five-week community police academy was conducted for the residents of the Parcher Avenue community from January 14 through February 11, 2010, on consecutive Thursday nights. This community-based CPA provided an opportunity for local citizens to learn more about the Fairfax County Police Department, Fairfax County resources available to them and how to become an active member of the community.

The CPA is designed to provide members of the public a unique "glimpse behind the badge." The 45 attendees had an opportunity to learn about the Fairfax County Police Department and its resources, programs, and most importantly, the men and women who comprise an organization nationally recognized as a leader in the law enforcement community.

Attendees learned about the new 9-1-1 dispatch center, what happens when one calls 9-1-1, Crime Solvers, Victim Services, Crime Prevention, Fairfax County Human Services and Community and Recreation Services in the Herndon-Reston area of Fairfax County, and much more. Chief of Police, Col. Dave Rohrer,

addressed the CPA, attended graduation and handed everyone their CPA "diploma."

The Citizens Police Academy is a countywide program; if you would like more information about when the next countywide CPA will be held, please call 703-280-0713 or you can e-mail CPA@fairfaxcounty.gov.



Civilian Employees Participate in Events at the Track and Range



Pam Kelly and Jennifer Godown preparing to drive a police cruiser

Two Reston Station civilian employees were among the 30 men and women that participated in the first civilian track and range day event held at the Fairfax County Police Department's shooting range and driving track. Pam Kelly, our Victim Services coordinator, and Jennifer Godown, our Crime Analyst, got the opportunity to drive a police car through a cone course similar to one used to train officers that included backing up and stopping quickly. They also got a chance to use the outdoor shooting range. They were able to shoot the type of pistols that all FCPD officers carry every day.

This event was open to all civilian employees that work for the police department. Jen and Pam were very excited to have the opportunity to "be in an officer's shoes" and cannot wait to get to do it all over again.

This event was made possible by Captain Mike Dittmer, Captain Joe Hill, Lt. Kellam and his range staff, and Sgt. Kuhar and his track staff. They took time out of their busy schedules to provide a safe and fun day for the civilian employees.

Under Investigation

Police Make Arrest in Homicide

On March 27, police arrested Ronald Robertson, 45, of 11900 Winterthur Lane #PH-3, and charged him with murder. Police believe Robertson and Deck were acquaintances.

The Virginia Office of the Chief Medical Examiner ruled Deck's death as a homicide in January

Police Investigate Suspicious Death

Police are investigating the death of a 42-year-old woman. On Saturday, October 24, 2009, officers were called to an apartment in the 11900 block of Winterthur Lane around 3:40 p.m. to check on the welfare of an adult man. They located a man sitting inside. The body of a woman was also found inside the apartment. An investigation determined the victim, Karen Deck, of 1599 Inlet Court in Reston, suffered a gunshot wound to the upper body.

UPDATE

Police have identified the deceased individual involved in the fatal crash Sunday, March 7 as Shaun Farokhzad, 19, of 9817 Mill Run Drive, Great Falls. The driver, 18, remains in life-threatening condition at Inova Fairfax Hospital. The investigation is continuing.

Fatal Crash in Great Falls area

A passenger in a Toyota minivan died Sunday, March 7, and the driver is in life-threatening condition, after a crash that occurred around 4:25 a.m. Two men were traveling westbound on Walker Road, near Akhtamar Drive, when the driver apparently ran off the road to the right, overcorrected, drove off the road to the left

As always, report any suspicious activity to the

*Fairfax County Police at
703-691-2131*

and struck a tree. Police have tentatively identified the deceased as between 18 and 20-years-old, and the driver as an 18-year-old Great Falls area resident.

The wreck was found by a passerby.

Crash Reconstruction Detectives are still investigating the scene and preliminarily believe that speed may have been a factor in the crash. Police have not yet notified family members of the injured or the deceased.

Motorcyclist Dies in Crash

Police are investigating a fatal crash that occurred around 7 p.m. on Sunday, March 21 in the Reston area. Corey Tarpley, 37, of 11702 Hoover Lane, Fredericksburg, Virginia was pronounced dead at the scene.

Tarpley was driving a 2000 Honda motorcycle northbound on Fairfax County Parkway near Walnut Branch Road when he failed to negotiate a curve in the roadway and ran off the roadway. Tarpley was ejected from the motorcycle and struck a metal pole off the roadway.

Crash Reconstruction detectives responded to the scene and believe speed to be a factor in the crash. It is unknown if alcohol was a factor.

**FIGHTING CRIME
ONE CALL
AT A TIME**



1-866-411-TIPS (8477)

<p>CRIME SOLVERS</p>	<p>REPORT A CRIME REMAIN ANONYMOUS RECEIVE A REWARD</p>
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To subscribe to the Reston Reliance newsletter, sign up at www.fairfaxcounty.gov/police/newsletter to receive notifications to download current newsletters.

Reston District Hot Sheet From the Crime Analysis Unit

Suspicious Person Reported on the Reston Trails:

On Saturday, March 13 between 7a.m. and 9 a.m. two separate incidents of a suspicious person were reported. The incidents occurred on the Reston Association trails along Glade Drive between Soapstone Drive and Twin Branches Road. The man was allegedly walking in close proximity to the complainants for a short period of time. No physical contact was made and no criminal activity was reported. The man was described as black, in his 20's, wearing a dark hooded sweatshirt with the hood up and dark pants. Officers will be patrolling the Reston Association trails in this area.

Suspicious fires around Runnymede Park:

Since February there have been six fires set in the area of Walnut Branch Road and Creekbend Drive. Residents are asked to report any type of suspicious activity to police immediately.

License Plate Thefts

License plate thefts continue to be an issue in the Reston District. Residents are reminded to report any suspicious activity to the non-emergency number.

Rise of Stolen Autos:

Recently, Reston has seen spikes in thefts of motorcycles. Residents are urged to report any type of suspicious activity to the non-emergency number.

Bicycle Larcenies:

Bicycle thefts are on the rise now that spring is here. Remember to secure your bicycles that are stored in outdoor areas.

Arrest Made-Large Scale Larcenies:

Two subjects were arrested after the vehicle they were driving was stopped during a routine traffic stop. Inside the vehicle officers found several bags of items that had recently been stolen from CVS stores across the county. The subjects were taken into custody and the subjects were identified as the individuals responsible for several large scale larcenies of beauty products around the county. The subjects arrested were Yambar Moore, 37 of 6000 block of Livingston Rd, Oxon Hill, Md and Ricardo McDowell, 54 of 2000 Block of Ode Rd, Forestville, Md



Arrest Made-Burglary of Two Homes:

An arrest was made after a suspect broke into two homes in Reston. He was apprehended shortly after the crimes were committed and all of the property was recovered. Tucker Clarke, 25 of 11900 Barrel Cooper Ct, Reston, Va was taken into custody regarding these cases.



Bank Robbery Suspects Arrested:

Two suspects were taken into custody on March 16 after Around noon, Detectives conducting surveillance on several banks in the Chantilly area observed a woman enter the Apple Federal Credit Union and then exit the bank shortly thereafter. Detectives then learned that the bank had been robbed and quickly took her into custody for questioning. During this time her accomplice fled the area leading police on a pursuit that ended at Lees Corner Road and Lee Jackson Memorial Highway. The suspect fled on foot and was apprehended by officers. The suspects have been identified as Joshua Campbell, 26, no fixed address and Shona Jones, 21 of 8200 block of Locust Dale Rd., Rapidan, Va. The two have each been charged with four counts of armed robbery.



Arrest made-Robbery/Larceny:

Thomas Perry, 21 of no fixed address was arrested for a Robbery that occurred in Reston in February 2010. Mr. Perry was charged along with Rachael Harris, 24 of 10900 block of Knights Bridge Ct, Reston, VA with several counts of Larceny after investigation revealed that they had committed several larcenies around the Reston District.



Operation Use your HEAD Help Eliminate Aggressive Driving

From March 15th to the 26th, officers from the Reston District Station conducted an education and enforcement campaign aimed at promoting highway safety. During Operation "Use your HEAD", officers provided high visibility enforcement efforts aimed at identifying and ticketing aggressive drivers. Officer focused on four main roadways; the Fairfax County Parkway, Reston Parkway, Leesburg Pike and Baron Cameron Avenue. These area are the main arteries in the Reston District and have been the sights of numerous accidents and other traffic related complaints. This stepped up effort included both on duty and a dedicated complement of officers from the Reston District.

The Fairfax County Police continue to make roadway safety a priority. Accordingly, officers from the Reston District Station want to remind you to drive safely and "Use your HEAD" as we work together to reduce aggressive driving.

Officers from the Reston District that were deployed issued a total of 548 citations for violations during this two-week campaign . Violations included:

Improper passing/passing on shoulder	179
Speeding	129
Disregard a highway sign	93
Reckless Driving	11
Other moving violations	85
Non moving violations	51

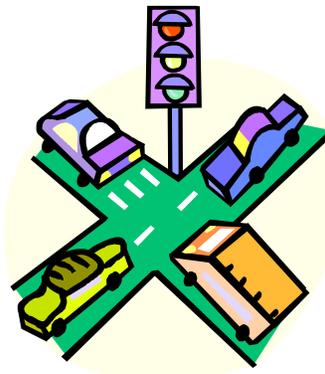


Turning Right on Red, a Driver's Responsibility to Stop

Police officers see a lot of things as they are on patrol in the Reston District and throughout Fairfax County. One of the more prevalent traffic infractions is turning right on red without coming to a complete stop before turning.

intersection. Then they can, as long as there is no "no turn on red" sign, cautiously enter the intersection to make that right turn.

Pursuant to the Commonwealth of Virginia's traffic code § 46.2-835. Right turn on steady red light after stopping. A driver may, except where signs are placed prohibiting turns on steady red, after coming to a full stop, may cautiously enter the intersection and make a right turn. Such turning traffic shall yield the right-of-way to pedestrians lawfully within an adjacent crosswalk and to other traffic using the intersection.



Let's not forget about our bicyclists and pedestrians. If a bicyclist is riding in the street, he or she must follow traffic laws. Yes, they could get pulled over by a police officer for not coming to a complete stop just like a driver can. Pedestrians and bicyclist that are using paths or sidewalks have to obey the crosswalk signals and stop signs that are directed at them from the path or sidewalk.

A driver must yield to pedestrians in a crosswalk when turning right on red, as the pedestrian will have the right of way in the cross walk.

Have you ever wondered what those very large solid white lines are for at a traffic light? Those lines indicate where the intersection begins. When stopping for a red light, the driver should stop at or before that white line. Which means if making a right turn on red, a driver must stop behind that white line before entering into the

Remember, everyone wants to arrive at their destination safely and on time.

Is Your Community Interested in Neighborhood Watch?

Some neighborhoods may be more susceptible to crime than others; however, everyone should consider establishing a Neighborhood Watch Program. No matter what type of neighborhood: condominium, garden apartment, townhome, or single family home, the benefits are numerous. They include:

PREVENTION OF CRIME

Fairfax County Neighborhood Watch Programs have aided the police department in reducing residential burglaries, thefts of property, vandalism, fraud, sexual assaults and even traffic-related offenses. Watch Programs have impact upon crimes in commercial areas of their communities as well as in churches and schools. Crime is rarely stationary and often moves from one neighborhood to another. The establishment of a Neighborhood Watch Program in a low-crime area is added assurance it will remain safe.

GREATER AWARENESS OF CRIME

Home security and personal safety are enhanced as residents become more aware of the threat of crime. Exposure to crime prevention techniques improves a citizen's ability to remove and reduce opportunities for criminals to act.

ENHANCED REPORTING OF SUSPICIOUS ACTIVITIES

Residents are more aware of who belongs in the community and are more inclined to report suspicious persons and activities to the police. Typically, as the calls for suspicious activities increase, the actual numbers of crimes committed decrease.

SERVES AS A WARNING TO CRIMINALS

Neighborhood Watch signs alert criminals that residents are concerned about crime and will call the police when suspicious activity is observed. However, signs alone are of little deterrent value when not backed up by an actively participating Neighborhood Watch Program.

PROMOTES NEIGHBORLINESS

Neighborhood Watch encourages residents to interact with each other, sharing information about work schedules, vacation plans, types of vehicles belonging to their households, etc. It also encourages neighbors to observe the property of others and occasionally attend meetings to strengthen neighborhood safety and security.

ACCESS TO CRIME DATA

Crime often moves from one neighborhood to another. Obviously, it is important for neighborhoods to be informed about crime trends that may threaten them. Crime Prevention Officers can help identify trends and patterns through crime analysis and routinely notify Neighborhood Watch Coordinators of crime related problems.

INCREASES ARRESTS AND CONVICTIONS

The Neighborhood Watch Program serves as a network through which the police department can collect and disseminate information on crime. Although most Watch members should realistically expect to see little in the way of real crime, the benefits of Neighborhood Watch to both citizens and the criminal justice system are proven every day.

If you and your neighbors are interested in starting or restarting a Neighborhood Watch program in your community, please contact the Reston District Station Crime Prevention Office at 703-478-0799 or by e-mail at restoncpo@fairfaxcounty.gov

Volunteer Programs Save Millions

Every year since 1983, Fairfax County area residents contribute significant hours of their own time volunteering with the Fairfax County Police Department. Members of the department's Volunteers in Police Service (VIPS), Auxiliary Police Officers (APOs) and alumni from the Citizens Police Academy come from a variety of backgrounds and offer a plethora of skills and abilities to the agency while providing a great cost benefit to the county. In 2008, the VIPS and APOs saved the county close to \$2 million dollars.

Police volunteers are a vital part of the department and assist in various capacities ranging from administrative support, photographers, child safety seat inspections to helping patrol the streets. They also serve an important role in staffing the FCPD Canteen, which provides officers with snacks and hydrating drinks at major, hours- or days-long police scenes.



On Friday, April 16, almost 100 police volunteers received recognition for their dedication and contribution to the Fairfax County Police Department. "We award those enthusiastic volunteers that aid and support the police department's mission and more importantly the police officers who serve their communities" says Donna Spiewak, VIPS coordinator.

Awards presented at the ceremony include:

- Awards for 500 up to 10,000 committed hours to the department
- Lifetime Award (10,000 or more service hours)
- President's Call to Service Award (4,000 or more service hours)
- Joyce McDermott Award for Outstanding Auxiliary Police Officer
- 25 years or more of service to the department (Auxiliary Police Officers)
- VIPS/APOs of the Year for Patrol, Administration, Crime Prevention and Training
- Innovative Project Award for the FCPD Canteen Team



Hot Cars and Kids, a Deadly Combination

It happens once every 10 days, on average – more frequently in the warmer months. A parent unintentionally causes the death of their own child by leaving them in the back of the car where the child succumbs to Heat-related Vehicular Death (HRVD). Why is this unthinkable tragedy happening with such frequency? There are several factors, but paramount is the fact that our brains are not keeping up with the demands of our busy lives.

The stories are similar and usually involve a loving, busy parent hustling off to work; but with a change in routine or even a minor distraction such as a cell phone call—or even a detour – people’s lives can be changed forever. Think it couldn’t happen to you? It’s happened to a dentist, scientist, professor, paralegal, assistant principal and even a clergyman. All were educated, caring parents.

On average, 37 children die in cars each year from heat-related deaths. This phenomenon has increased 10-fold since car seats were moved to the backseat. **This does not mean it is safe to place children in the front seat**, but it does mean that, out of sight, has sometimes meant “out of mind” – with tragic results. From 1998 - 2008, there have been more than 445 heat-related vehicular deaths for infants and children. The National Highway Traffic Safety Administration reports, according to new research, this is the leading cause of non-crash vehicle deaths.

Contributing factors in Heat-related Death

A child’s body temperature rises three to five times faster than an adult’s, making them more vulnerable to temperature changes. And even with the windows partially down, the temperature inside a parked car can reach 125 degrees in just minutes. In a process similar to that of a green house, vehicle interiors heat up rapidly, with the majority of the temperature rise occurring within the first 15 to 30 minutes. Leaving the windows opened slightly does not significantly slow the heating process or decrease the maximum temperature attained.

When memory fails

But how can a parent fail to remember something—*someone*—so important? A combination of a lack of sleep, stress, emotion, and change of routine are often contributing factors in memory failure that has led to HRVD. When children are left behind, researchers believe that competing interests are at play in three parts of the brain: the basal ganglia, hippocampus and prefrontal cortex. The basal ganglia is the part of the brain that remembers and enacts the familiar and routine, enabling you to do things as if on autopilot. The hippocampus holds our immediate memories and the prefrontal cortex is responsible for thinking and analyzing. When things run smoothly, the brain – and therefore the person – can multi-task fairly well. But add stress, sleep deprivation, change in routine, and/or distractions and the ability to multi-task is diminished. Then the basal ganglia dominates, meaning the person continues on autopilot, with less access to immediate memory. As parents know, life with newborns and small children is full of stress, sleep deprivation and distractions. And young children, especially babies, often fall asleep in their car seats; becoming quiet, unobtrusive little passengers. And sadly, for babies with rear-facing seats, the seat looks the same from the front – whether occupied or not.

Kids Playing in Cars

Thirty percent (30%) of HRVD cases involve children who have been playing unsupervised in or around cars or trucks and become trapped with deadly consequences. Some of these children are unable to use the lock system or door releases to open the doors of the automobile and others become trapped when hiding in the trunk.

What to do to prevent Heat-related Vehicular Deaths for children:

- Never leave a child unattended inside a motor vehicle – even if the air-conditioning is on or a window is cracked
- Never let children play in or around a parked car, keep it locked even in your garage
- Have a visual cue, you can keep a teddy bear in the car seat when it’s empty but place it upfront when your child is riding in their car seat.
- Make it a habit to open the back door and look in the backseat of your vehicle before locking the doors and walking away
- Make it routine to put your handbag, wallet, cell phone or laptop on the floor of the backseat
- Arrange to have your daycare provider call you if your child has not been dropped off within 30 minutes of your usual routine.
- If you normally bring your child to daycare, and your spouse happens to take the child instead, have your spouse or partner call you to verify the child arrived safely at daycare
- If you see a child left alone in a car, call the police or 911 immediately, if the baby is in distress, or it is hot outside, break the window farthest away from the baby
- Get active; go to KidsAndCars.org to find out how you can support manufacturers’ use of child warning systems

For more information on keeping children safe in and around motor vehicles, visit www.KidsAndCars.org.

CITIZENS ADVISORY COUNCIL

Would you like to become more involved in the Reston District? You can, by attending the Citizens' Advisory Council (CAC) meetings. The CAC was established in 1979 to enhance the Department's ability to communicate with and better serve the community.

The CAC meeting can involve presentations by any aspect of the police department, and may cover the helicopter division, identity theft, the canine division and child safety. In addition, you will find out what is going on in your community and will have the opportunity to talk to the Commander and other officers of the Reston District Station and express your concerns directly.

The formal meeting starts at 7:30 p.m. and runs about 1½ hours. (The Neighborhood Watch precedes it at 7 p.m.) The meetings are held the 3rd Thursday of each month at the Reston District Station at 12000 Bowman Towne Drive, Reston. ***The next meeting is Thursday, May 20, 2010***

There are no dues or membership requirements and dress is casual. Late arrival/early departure is OK. This is time well-spent and we hope to see you there. For more information contact the Crime Prevention Office at 703-478-0799. Everyone is welcome—join us!

Seniors and Law Enforcement Together (SALT)

is reaching out to seniors in Reston and Herndon to get more involved. Seniors, law enforcement, community services and anyone who has an interest in reducing the victimization of seniors come together on a regular basis to discuss issues like ID theft, fraud, fire prevention, emergency management and other crime prevention topics. Meetings are held in the Reston/Herndon area and are open to anyone interested in attending. For more information about SALT, please e-mail Phyllis Smith or Margie Shapiro at trisalt40@aol.com or call the Crime Prevention Office at 703-478-0799

RESTON DISTRICT STATION SERVICES

For more information regarding the following services, please contact the Crime Prevention Office at (703) 478 - 0799 or e-mail the Crime Prevention Officer Katy Fernbacher at katy.fernbacher@fairfaxcounty.gov

Reston District Police Station Web Page: You will find links to on-line reporting, neighborhood news, station information, the Reston Reliance and other information at <http://www.fairfaxcounty.gov/police/stations/reston>

Reston Reliance Newsletter: If you would like to sign up to receive the Reston Reliance, please visit the Fairfax County Police webpage at <http://www.fairfaxcounty.gov/police/newsletter>

Home/Business Security Assessments: Are you concerned about the safety and security of your home or business? If so, call us to schedule a free security assessment. We will make recommendations and offer suggestions to better safeguard your home or business.

Neighborhood Watch Training: If your community is interested in receiving Neighborhood Watch training, please call us and we will schedule a time to come to your community to give the training.

Reston Business Crime Watch: This e-mail alert system is designed to give businesses up-to-date and specific crime information pertaining to the type or location of the business.

To learn more about our police volunteer programs, just visit the Fairfax County Police website (search by keyword: VIPS, APO, Citizens Police Academy); or go directly to:

VIPS: <http://www.fairfaxcounty.gov/oem/citizencorps/vips.htm>

APO: <http://www.fairfaxcounty.gov/police/jobs/auxiliarypoliceofficer.htm>

Citizens Police Academy: <http://www.fairfaxcounty.gov/police/services/citizens-police-academy.htm>

Community Resources

POLICE—Non-Emergency.....	703-691-2131
EMERGENCY	911
Reston District Police Station.....	703-478-0904
Alcohol and Drug Services (Youth Services).....	703-961-1080
Center for Multicultural Human Services.....	703-533-3302
CrisisLink Crisis Hotline (Suicide, trauma, life crises).....	703-527-4077
Community Services Board (Prevention services).....	703-324-7000
Emergency Mental Health Services (24 hour).....	703-573-5679
Department of Family Services.....	703-324-7938
Fairfax Area Agency on Aging.....	703-324-7948
Fairfax County Dept. of Community and Recreation Services—Teen Services...	703-324-8336
Fairfax County Gang Coordinator.....	703-246-2396
Fairfax County Health Dept.....	703-246-2411
Fairfax County Juvenile and Domestic Relations Court.....	703-246-2495
Fairfax County Public Schools—After school programs.....	703-246-6740
Northern Virginia Gang Task Force—Tip Line.....	1-866-664-2647



A Fairfax County, Va.,
publication



To request this information in an alternate format,
call the Fairfax County Police Department at
(703) 246-7562 and TTY (703) 204-2264.

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