

Health, Vision and Dental Insurance Premiums for Retirees	
January 1, 2013 - December 31, 2013	
CIGNA OAP High + Vision	Total Monthly Premium Cost (without subsidy)
Individual	\$671.25
Individual with Medicare	\$458.60
2 Individuals	\$1,308.96
2 Individuals - 1 with Medicare; 1 without	\$1,120.86
2 Individuals with Medicare	\$908.20
Family	\$1,953.27
Family - 1 Medicare	\$1,828.31
Family - 2 Medicare	\$1,703.35
Family - 3 Medicare	\$1,578.39
CareFirst POS + Vision	
Individual	\$574.53
Individual with Medicare	\$401.24
2 Individuals	\$1,129.07
2 Individuals - 1 with Medicare; 1 without	\$975.77
2 Individuals with Medicare	\$802.46
Family	\$1,660.51
Family - 1 Medicare	\$1,548.06
Family - 2 Medicare	\$1,435.61
Family - 3 Medicare	\$1,323.17
Kaiser Permanente HMO + Vision	
Individual	\$532.10
Individual with Medicare	\$334.49
2 Individuals	\$1,036.95
2 Individuals - 1 with Medicare; 1 without	\$844.34
2 Individuals with Medicare	\$668.15
Family	\$1,542.75
CIGNA OAP Low + Vision	
Individual	\$439.37
Individual with Medicare	\$300.18
2 Individuals	\$856.78
2 Individuals - 1 with Medicare; 1 without	\$733.66
2 Individuals with Medicare	\$594.46
Family	\$1,278.59
Family - 1 Medicare	\$1,184.07
Family - 2 Medicare	\$1,089.55
Family - 3 Medicare	\$995.03
Delta Dental PPO	
Individual	\$38.24
2 Individuals	\$72.26
Family	\$119.10