



September 2009

In this edition: National Seat Check

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Sully District e-Newsletter

**When: Saturday, September 12, 2009
10 a.m.—2 p.m.**

**Where: Fairfax County Government Center
12000 Government Center Parkway**

All parents & caregivers urged to attend.

**Learn more about child seat safety and have boosters/seats
inspected by a certified safety technician.**

Guidelines to help determine which restraint system is best suited to protect children based on age and size:

- For best possible protection keep infants in the back seat, in rear-facing child safety seats, as long as possible up to the height or weight limit of that particular seat. At a minimum, keep infants rear-facing until at least age 1 and at least 20 pounds.
- When children outgrow their rear-facing seats, they should ride in forward-facing child safety seats, in the back seat, until they reach the upper weight or height limit of the particular seat (usually around age 4 and 40 pounds).
- Once children outgrow their forward-facing seats, they must ride in booster seats, in the back seat, until the vehicle seat belt fits properly. Seat belts fit properly when the lap belt lays across the upper thighs and the shoulder belt fits across the chest (usually at age 8 or when they are 4 foot 9 inches tall).

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- When children outgrow their booster seats, they can use the adult seat belts in the back seat, if they fit properly (lap belt lays across the upper thighs and the shoulder belt fits across the chest).
 - All children younger than 13 should ride in the back seat.

For more information on Child Passenger Safety Week, September 12 - 18, 2009, a national effort to remind parents and caregivers of the importance of proper child passenger restraints, visit www.nhtsa.gov/cps.



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