



Lake Fairfax Park

Practice Orienteering Course

Course 1



This course consists of eight control points covering approximately 1.2 miles, with the start point being the brick wall bordering the stairway adjacent to the park manager's office. This course can be completed with only a compass or a compass app found on your smartphone. Each point is identified with a green control point marker that contains the point number and a two-letter verification code. When you visit a control point, write down the two letters found on that marker in the corresponding column. Markers can be located on painted posts, kiosks, fences, etc., located throughout the open spaces of the park. Participants do not need to navigate through the park's wooded areas. None of the points are located more than a few feet into the woods.

| Course 1: (1.2 Miles) | | | | | |
|-----------------------|---|-----------|-----------------------|-----------|--------------------------|
| From Point: | - | To Point: | Distance (in feet) | Direction | Two-Letter Point Code |
| Start | - | 15 | 538 | 163 | / |
| 15 | - | 11 | 440 | 237 | / |
| 11 | - | 9 | 528 | 130 | / |
| 9 | - | 22 | 912 | 330 | / |
| 22 | - | 14 | 863 | 108 | / |
| 14 | - | 16 | 456 | 332 | / |
| 16 | - | 13 | 1214 | 183 | / |
| 13 | - | End | 1398 | 348 | / |