



GEORGE WASHINGTON REC CENTER POOL CALENDAR

8426 Old Mt. Vernon Road Alexandria, VA 22309 703-780-8894

SUNDAY 9AM-6PM	MONDAY 6:30AM-9:00PM	TUESDAY 6:30AM-9:00PM	WEDNESDAY 6:30AM-9:00PM	THURSDAY 6:30AM-9:00PM	FRIDAY 6:30AM-9:00PM	SATURDAY 9AM-6PM
			1 Open and lap swim 6:30am –4:00pm	2 OPEN AND LAP SWIM 6:30AM –4:00PM	3 OPEN AND LAP SWIM 6:30AM –4:00PM	4 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>
5 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>	6 Open and Lap swim 6:30am – 4:00pm	7 Open and lap swim 6:30am – 4:00pm 1:00p-8:00pm LIMITED			10 Open and lap swim 6:30am –4:00pm	11 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>
		SWING	CLASSES AND RENT.	ALS		
12 CLASSES & LAP SWIM ONLY 9:00AM-12:00PM	13 Open and lap swim 6:30am –4:00pm	14 Open and lap swim 6:30am –4:00pm	15 Open and lap swim 6:30am –4:00pm	16 Open and lap swim 6:30am –4:00pm	17 Open and lap swim 6:30am –4:00pm	18 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u>
OPEN SWIM 12P-6P	4	<mark>:00P-8:00PM</mark> LIMITED SWIM (LANES AVAILABLE CLASSES AND RENT.			OPEN SWIM 12P-6P
19 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u>	20 OPEN AND LAP SWIM 6:30AM –4:00PM	21 Open and lap swim 6:30am –4:00pm	22OPEN AND LAP SWIM 6:30AM –4:00PM OPEN HOUSE 4-7P	23 Open and lap swim 6:30am –4:00pm	24 OPEN AND LAP SWIM 6:30AM –4:00PM	25 NO SWIM CLASSES
OPEN SWIM <u>12P-6P</u>	4	1:00P-8:00PM LIMITED SWIM (LANES AVAILABLE CLASSES AND RENT.			<u>OPEN SWIM</u> <u>9AM-6PM</u>
26 NO SWIM CLASSES <u>OPEN SWIM</u>	27 MEMORIAL DAY POOL HOURS 6:30AM-6:00PM	28 Open and lap swim 6:30am –4:00pm	29 Open and lap swim 6:30am –4:00pm	30 OPEN AND LAP SWIM 6:30AM –4:00PM	31 Open and lap swim 6:30am –4:00pm	
<u>9AM -6PM</u>	Open and lap swim 6:30am –6:00pm	<u>4:00P-8:00P</u>	1 P <u>M</u> LIMITED LANES 2	AVAILABLE LANES C	DPEN DUE	

Know Before You Go!

- · Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our lap lane availability information is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open AT LEAST 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- Keep an eye on your child! In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.





SATURDAY

LEG	END	Recreation	onal Play/Sv	vim/Dive	Lap	Swim / Wate	er Walking C	ONLY		FCPA schedu	lled program	IS		
	Ramp	S	hallow En	ıd		Lap L	anes			Lap Lanes	/Dive We	11		
	катр	0.5	Full	1	2	3	4	5	6	7	8	0.5		
9:00 AM													9:00 AM	
9:30 AM													9:30 AM	
10:00 AM		Swim I	essons										10:00 AM	
10:30 AM			12pm							Swim Lesso			10:30 AM	
11:00 AM		Jum	12011						Ģ	9am-12:45p	m		11:00 AM	
11:30 AM													11:30 AM	
12:00 PM													12:00 PM	
12:30 PM									_	_			12:30 PM	
1:00 PM													1:00 PM	
1:30 PM													1:30 PM	
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2:30 PM													2:30 PM	
3:00 PM													3:00 PM	
3:30 PM													3:30 PM	
4:00 PM													4:00 PM	
4:30 PM										Highland	Park Dive		4:30 PM	
5:00 PM										<u> </u>	15pm-6pm		5:00 PM	
5:30 PM														
6:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	6:00 PM	
	капр	S	hallow En	ıd		Lap L	anes			Lap Lanes	/Dive We	11		

George Washington Rec Center

Fairfax Cou Park

Lap Lane Calendar



SUNDAY

LEG	END		ecreation y/Swim/I		Lap Sw	<u> </u>	er Walkin	g ONLY	FCF	PA schedu	led progra	ams	
	Domn	Sh	allow E	nd		Lap I	Lanes		La	p Lanes	/Dive W	/ell	
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
9:00 AM													9:00 AM
9:30 AM													9:30 AM
10:00 AM													10:00 AM
10:30 AM	Swim L	essons ar	nd Scuba	Rental					SCI	IBA 0.45	am-12:4	5nm	10:30 AM
11:00 AM		9am-12	:45pm						300	JDA 7.43	alli-12.4	Shin	11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM													3:00 PM
3:30 PM													3:30 PM
4:00 PM										Riverside	<u>د</u>		4:00 PM
4:30 PM													4:30 PM
5:00 PM									Mount	Vernon			5:00 PM
5:30 PM													5:30 PM
6:00 PM	HOURS		Hollin Me		4.5 lanes)				ynewoo	-	-		6:00 PM
7:00 PM		MVP		Mansio	n House ((4.5 lane		7:00 PM
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	.
	Mamp	Sh	allow E	nd		Lap I	Lanes		La	p Lanes	/Dive W	/ell	



MONDAY

LEG	END	Recreati	onal Play/Sv	wim/Dive	Lap	Swim / Wate	er Walking (DNLY	F	FCPA schedu	lled program	15	
	Damm	S	Shallow Er	ıd		Lap l	Lanes		J	Lap Lanes	s/Dive We	11	
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before			NCAP (4.	5 lanes) 5:0	0-6:00 am			Marli	ns (5.5 lane	es) 4:55 - 6	:25 am		Before
Hours						1							Hours
6:30 AM													6:30 AM
7:00 AM							Trie	dent					7:00 AM
7:30 AM										D	eep Water	Ex	7:30 AM
8:00 AM											P		8:00 AM
8:30 AM		Sh	allow Wate	r Ex									8:30 AM
9:00 AM													9:00 AM
9:30 AM													9:30 AM
10:00 AM	Swim	Shared Sp	ace with sv	vim classes						Deep V	Vater Ex		10:00 AM
10:30 AM	Lessons	- · · · · ·											10:30 AM
11:00 AM											-	11:00 AM	
11:30 AM		Art	hritis Wate	er Ex								11:30 AM	
12:00 PM											12:00 PM		
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM			-			-		Marlins 3	3:00-4:00				3:00 PM
3:30 PM			-			-							3:30 PM
4:00 PM							-		Marlins 4	4:15 - 5:15			4:00 PM
4:30 PM													4:30 PM
5:00 PM						-			N	CAP 5:15-6	:15		5:00 PM
5:30 PM	-					Trident 5	:15 - 7:00						5:30 PM
6:00 PM	Swim I	Lessons				-				NCAP 6	6:00 PM		
6:30 PM 7:00 PM						Tri 7-715					6:30 PM 7:00 PM		
7:00 PM 7:30 PM						ITT /-/15		Mar	lins 7:00 - 3	0.20	7:00 PM 7:30 PM		
7:30 PM 8:00 PM								Mar	mis 7:00 -	0:30			7:30 PM 8:00 PM
8:00 PM 8:30 PM													8:00 PM 8:30 PM
		05	Full	1	2	2	4	-	-	7	0	05	
9:00 PM	Ramp	0.5		1	2	3		5	6	-	8	0.5	9:00 PM
		5	Shallow Er	iu		Lap I	Lanes		ļ	Lap Lanes	s/Dive We	11	



TUESDAY

LEG	END	Recreati	onal Play/S	wim/Dive	Lap S	Swim / Wat	er Walking (ONLY	l	FCPA sched	uled progran	15	
	Ramp	S	hallow Ei	nd		Lap l	Lanes			Lap Lane:	s/Dive We	11	
	Kamp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours			Master	s (3 lanes) S	5am-6am		Mar	lins (6 lane	s) 4:55 - 6:2	25 am			Before Hours
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM													7:30 AM
8:00 AM													8:00 AM
8:30 AM													8:30 AM
9:00 AM													9:00 AM
9:30 AM	SL		Water	Ex Class									9:30 AM
10:00 AM			water	EX CIASS									10:00 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM	Swim I	Lessons											2:00 PM
2:30 PM											Courier 1	Lessons	2:30 PM
3:00 PM											Swim	Lessons	3:00 PM
3:30 PM													3:30 PM
4:00 PM													4:00 PM
4:30 PM													4:30 PM
5:00 PM										1	Water Exerc	ise	5:00 PM
5:30 PM							Maulina	l:30 - 7:30					5:30 PM
6:00 PM	Swi	m Lessons	and				Mariins 4	1:30 - 7:30					6:00 PM
6:30 PM	W	ater Exerci	ise								6:30 PM		
7:00 PM													7:00 PM
7:30 PM									NI	CAD 7.20	0.20		7:30 PM
8:00 PM									NCAP 7:30 - 8:30				8:00 PM
8:30 PM													
9:00 PM	D	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM
	Ramp	S	hallow E	nd		Lap l	Lanes			Lap Lane	s/Dive We		



WEDNESDAY

LEG	END	Recreati	onal Play/Sv	wim/Dive	Lap	Swim / Wate	er Walking (FCPA scheduled programsLap Lanes/Dive Well56780.5Marlins 3:00-4:00A and a	IS				
	Ramp	S	hallow Er	ıd		Lap I	Lanes		I	Lap Lanes	s/Dive We	11	
	катр	0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours			NCAP (4.	- 5 lanes) 5:0	0-6:00 am			Marli	ns (5.5 lane	es) 4:55 - 6:	25 am		Before Hours
6:30 AM													6:30 AM
7:00 AM							Tai	dont					7:00 AM
7:30 AM							111	lent		D	loon Waton	Exr	7:30 AM
8:00 AM											beep water	БХ	8:00 AM
8:30 AM		She	allow Wate	n Fw									8:30 AM
9:00 AM		5116	mow water										9:00 AM
9:30 AM													9:30 AM
10:00 AM	SL	Sharad Sn	aco with cu	vim classes						Doon V	Nator Ex		10:00 AM
10:30 AM		shareu sp	ale with sv	VIIII Classes						Deep v	valer Ex		10:30 AM
11:00 AM													11:00 AM
11:30 AM		Art	hritis Wate	or Ev								11:30 AM	
12:00 PM		AIT	mins wate	I LX								12:00 PM	
12:30 PM												12:30 PM	
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM	Swim I	Lessons											2:00 PM
2:30 PM											Swim I	accone	2:30 PM
3:00 PM								Marline	2.00-4.00		Swiin	26330113	3:00 PM
3:30 PM								Mai IIIIS .	5.00-4.00				3:30 PM
4:00 PM									Marling A	1.15.5.15			4:00 PM
4:30 PM										F.15 - 5.15			4:30 PM
5:00 PM									NO	CAP 5:15-6	.15		5:00 PM
5:30 PM						Trident 5	15 - 7.00		INC	LAI 3.13-0	.15		5:30 PM
6:00 PM						Thuent 5	.13-7.00			NCAD 6	.15-7.00		6:00 PM
6:30 PM													6:30 PM
7:00 PM						Tri 7-715							7:00 PM
7:30 PM								Mar	lins 7:00 - 8	8:30	7:30 PM		
8:00 PM													8:00 PM
8:30 PM													8:30 PM
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM
	латр	S	hallow Er	nd		Lap I	Lanes		I	Lap Lanes	5/Dive We	11	



The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is **subject to change** and is only applicable to the day and date range provided. LEGEND **FCPA scheduled programs Recreational Play/Swim/Dive** Lap Swim / Water Walking ONLY **Shallow End** Lap Lanes Lap Lanes/Dive Well Ramp 0.5 Full 2 3 0.5 1 4 5 6 7 8 Before Masters (3 lanes) 5am-6am Marlins (6 lanes) 4:55 - 6:25 am Before Hours Hours 6:30 AM 6:30 AM 7:00 AM 7:00 AM 7:30 AM 7:30 AM 8:00 AM 8:00 AM 8:30 AM 8:30 AM 9:00 AM 9:00 AM 9:30 AM 9:30 AM Swim Water Ex Class 10:00 AM 10:00 AM Lessons **Power Finning** 10:30 AM 10:30 AM 11:00 AM 11:00 AM 11:30 AM 11:30 AM 12:00 PM 12:00 PM 12:30 PM 12:30 PM 1:00 PM 1:00 PM 1:30 PM 1:30 PM 2:00 PM **Swim Lessons** 2:00 PM 2:30 PM 2:30 PM 3:00 PM 3:00 PM 3:30 PM 3:30 PM 4:00 PM 4:00 PM 4:30 PM 4:30 PM 5:00 PM **Water Exercise** 5:00 PM 5:30 PM Water Exercise 5:30 PM Marlins 4:30 - 7:30 6:00 PM 6:00 PM 6:30 PM NCAP 6-7:30 6:30 PM 7:00 PM 7:00 PM 7:30 PM 7:30 PM Swim Lessons NCAP 7:30 - 8:30 8:00 PM 8:00 PM 8:30 PM 8:30 PM 9:00 PM Full 2 9:00 PM 0.5 1 3 4 5 6 7 8 0.5

Lap Lanes

Lap Lanes/Dive Well

Ramp

Shallow End



FRIDAY

LEG	END	Recreati	Recreational Play/Swim/Diversion Shallow End 0.5 Full 1 0.5 Full 1 NCAP (4.5 lanes) 1 Image: Straight of the strai			Swim / Wate	er Walking (ONLY]	FCPA schedu	iled program	S	
	Ramp	S	hallow Ei	nd		Lap I	Lanes]	Lap Lanes	/Dive Wel	1	
	катр	0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours			NCAP (4.	5 lanes) 5:0	0-6:00 am			Marlins (S	5.5 lanes) 4	:55 - 6:25 a	m No 3/29		Before Hours
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM										П	eep Water I	7.v	7:30 AM
8:00 AM											veep water i	27	8:00 AM
8:30 AM		Sh	allow Wate	r Fy									8:30 AM
9:00 AM		511		I LX									9:00 AM
9:30 AM													9:30 AM
10:00 AM		Sharad Sn	aco with su	wim classos						Г	eep Water I	ī.	10:00 AM
10:30 AM		Shareu Sp	ale with sv	viiii Classes							veep water i	28	10:30 AM
11:00 AM													11:00 AM
11:30 AM		Ant	huitic Wate	n Ev									11:30 AM
12:00 PM		AIL	III ILIS WALE	ET EX									12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM								Marlins 3	3:00-4:00				3:00 PM
3:30 PM													3:30 PM
4:00 PM													4:00 PM
4:30 PM													4:30 PM
5:00 PM									Marlins 4:3	30p-6:00pn	n		5:00 PM
5:30 PM													5:30 PM
6:00 PM													6:00 PM
6:30 PM													6:30 PM
7:00 PM													7:00 PM
7:30 PM													7:30 PM
8:00 PM													8:00 PM
8:30 PM													8:30 PM
9:00 PM	n	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM
	Ramp		hallow Er	nd		Lan I	Lanes			Lap Lanes	/Dive Wel		1

George Washington Rec Center Lap Lane Calendar May 18 - 31



LEG	END	Recreation	onal Play/Sw	vim/Dive	Lap	Swim / Wate	er Walking C	ONLY	I	FCPA schedu	led program	IS	
	Ramp	S	hallow En	d		Lap I	anes			Lap Lanes	/Dive We	11	
	катр	0.5	Full	1	2	3	4	5	6	7	8	0.5	
9:00 AM													9:00 AM
9:30 AM													9:30 AM
10:00 AM		Swim I	essons										10:00 AM
10:30 AM			12pm							wim Lesso			10:30 AM
11:00 AM		Jum	p						9	am-12:45p	m		11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM									-	1			12:30 PM
1:00 PM													1:00 PM
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4:00 PM													4:00 PM
4:30 PM													4:30 PM
5:00 PM													5:00 PM
5:30 PM													5:30 PM
6:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	6:00 PM
	Namp	S	hallow En	d		Lap L	anes			Lap Lanes	/Dive We	11	



George Washington Rec Center Fairfax Cou Lap Lane Calendar May 18 - 31 **SUNDAY** The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is **subject to change** and is only applicable to the day and date range provided. Recreational **LEGEND** Lap Swim / Water Walking ONLY **FCPA scheduled programs** Play/Swim/Dive **Shallow End** Lap Lanes/Dive Well Lap Lanes Ramp Full 0.5 1 2 3 4 5 6 7 8 0.5 9:00 AM 9:00 AM 9:30 AM 9:30 AM 10:00 AM 10:00 AM 10:30 AM Swim Lessons and Scuba Rental 10:30 AM SCUBA 9:45 am-12:45pm 9am-12:45pm 11:00 AM 11:00 AM 11:30 AM 11:30 AM 12:00 PM 12:00 PM 12:30 PM 12:30 PM 1:00 PM 1:00 PM 1:30 PM 1:30 PM 2:00 PM 2:00 PM 2:30 PM 2:30 PM 3:00 PM 3:00 PM 3:30 PM 3:30 PM 4:00 PM 4:00 PM **Riverside (No Swim 5/26)** 4:30 PM 4:30 PM 5:00 PM 5:00 PM Mount Vernon (No Swim 5/26) 5:30 PM 5:30 PM HOURS Hollin Meadows (4.5 lanes) Waynewood (5.5 lanes) 6:00 PM 6:00 PM MVP Mansion House (5 lanes) Mount Vernon Park (4.5 lanes) 7:00 PM 7:00 PM 3 0.5 0.5 Full 2 5 6 7 8 1 4 Ramp **Shallow End** Lap Lanes Lap Lanes/Dive Well

George Washington Rec Center Lap Lane Calendar May 18 - 31

TUESDAY

LEG	END	Recreation	onal Play/Sv	wim/Dive	Lap	Swim / Wate	er Walking (ONLY	l	FCPA schedu	led progran	ns	
	Damn	S	hallow Er	nd		Lap l	Lanes]	Lap Lanes	CPA scheduled programs ap Lanes/Dive Well 7 8 7 8 3) 4:55 - 6:25 am ap Lanes/Dive Water Sam ap Lanes/Dive Water Ex ap Lanes/Dive E		
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours			NCAP (4.5	5 lanes) 5:0	0-6:00 am			Marli	ns (5.5 lan	es) 4:55 - 6:	25 am		Before Hours
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM										D	oon Watan	E	7:30 AM
8:00 AM										ם ן	eep water	EX	8:00 AM
8:30 AM		Ch	allow Wate	n Ev									8:30 AM
9:00 AM		502	anow wate	Γ EX									9:00 AM
9:30 AM													9:30 AM
10:00 AM	Swim	Charad Cr	a ao with av	vim classes						Doon V	Voton Ex		10:00 AM
10:30 AM	Lessons	shared sp	ace with sv	viiii classes						Deep v	valerEx		10:30 AM
11:00 AM													11:00 AM
11:30 AM		A	hritis Wate	- E-								11:30 AM	
12:00 PM		Art	nritis wate	er ex								12:00 PM	
12:30 PM												12:30 PM	
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM								Marlins 3	3:00-4:00				3:00 PM
3:30 PM								(No swi	m 5/27)				3:30 PM
4:00 PM								Marlin	a 4.15 5.1		- F (27)		4:00 PM
4:30 PM								Mariin	\$ 4:15 - 5:1	L5 (NO SWII	n 5/2/J		4:30 PM
5:00 PM									NCAD F.1				5:00 PM
5:30 PM									NCAP 5:15	0-0:12 (NO S	swim 5/2/j		5:30 PM
6:00 PM	Couriero I	essons							NC	AD C.15 7-00		(27)	6:00 PM
6:30 PM	Swim	2550115							NC/	ar 0:15-7:00	6:30 PM		
7:00 PM											7:00 PM		
7:30 PM							Ι	Marlins 7:00	0 - 8:30 <mark>(No</mark>	swim 5/27	7:30 PM		
8:00 PM											8:00 PM		
8:30 PM													8:30 PM
9:00 PM	Damn	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM
	Ramp	S	hallow Er	nd		Lap l	Lanes]	Lap Lanes	/Dive We		



George Washington Rec Center Lap Lane Calendar



May 18 - 31

TUESDAY

LEG	END	Recreation Play/Swim/Dive Lap Swim / Water Walking ONLY FCPA scheduled programs Shallow End Lap Lanes Lap Lanes/Dive Well Lap Lanes/Dive Well 0.5 Full 1 2 3 4 5 6 7 8 0.5 0.5 Full 1 2 3 4 5 6 7 8 0.5 Masters (3 lanes) 5am-6am Martins (6 lanes) 4:55-6:25 am Masters (3 lanes) Masters (6 lanes) 4:55-6:25 am Masters (3 lanes) 1 0 <td< th=""><th></th></td<>												
	Ramp	S	hallow Er	nd		Lap I	Lanes]	Lap Lane:	s/Dive We	ell		
	Kamp	0.5	Full	1	2	3	4	5	6	7	8	0.5		
Before Hours			Masters	s (3 lanes) 5	5am-6am		Mar	lins (6 lane	s) 4:55 - 6:2	25 am			Before Hours	
6:30 AM													6:30 AM	
7:00 AM													7:00 AM	
7:30 AM													7:30 AM	
8:00 AM													8:00 AM	
8:30 AM													8:30 AM	
9:00 AM													9:00 AM	
9:30 AM	SL		Wator	Ex Close									9:30 AM	
10:00 AM			water	EX CIASS									10:00 AM	
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1:00 PM													1:00 PM	
1:30 PM													1:30 PM	
2:00 PM	Swim I	Lessons											2:00 PM	
2:30 PM											Courier 1	Lessons	2:30 PM	
3:00 PM											Swim	Lessons	3:00 PM	
3:30 PM													3:30 PM	
4:00 PM													4:00 PM	
4:30 PM													4:30 PM	
5:00 PM										1	Water Exerc	ise	5:00 PM	
5:30 PM			•			Maulius		(20.2.1	1- (7 20)				5:30 PM	
6:00 PM	Swi	m Lessons	and			Mariins 4	1:30 - 7:30 (5)	28 3 lanes on	lly 6-7:30J				6:00 PM	
6:30 PM	W	ater Exerci	se								6:30 PM			
7:00 PM														
7:30 PM									NCAD 7.20	0.20 (N	7:30 PM			
8:00 PM									NCAP 7:30	- 8:30 (NO	8:00 PM			
8:30 PM														
9:00 PM	Dame	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM	
	Ramp	S	hallow Er	nd		Lap	Lanes			Lap Lane	s/Dive We	ell		

George Washington Rec Center

Lap Lane Calendar

May 18 - 31

Fairfax County Authority

WEDNESDAY

LEG	END	Recreati	onal Play/Sv	wim/Dive	Lap	Swim / Wate	$ \begin{array}{ c c c c c } \hline \\ \hline $							
	Ramp	S	hallow Er	nd		Lap l	Lanes		J	Lap Lanes	ap Lanes/Dive Well 7 8 0.5 3 4:55 - 6:25 am			
	Kamp	0.5	Full	1	2	3	4	5	6	7	8	0.5		
Before Hours			NCAP (4.	5 lanes) 5:0	0-6:00 am			Marli	- ns (5.5 lane	- es) 4:55 - 6:	25 am	-	Before Hours	
6:30 AM													6:30 AM	
7:00 AM													7:00 AM	
7:30 AM										г	loon Waton	Ex	7:30 AM	
8:00 AM										ן י	beep water	EX	8:00 AM	
8:30 AM		Ch	allow Wate	n Fw									8:30 AM	
9:00 AM		5116	anow water										9:00 AM	
9:30 AM													9:30 AM	
10:00 AM	SL	Sharad S	pace with sw	im classos						Doon	Notor Ex		10:00 AM	
10:30 AM		Shareu Sj	pace with sw	IIII Classes						Deep	valer Ex		10:30 AM	
11:00 AM														
11:30 AM		A ret	hritis Wate	n Ev							11:30 AM			
12:00 PM		AIL	in itis wate	ILX							12:00 PM			
12:30 PM														
1:00 PM													1:00 PM	
1:30 PM													1:30 PM	
2:00 PM	Swim I	Lessons											2:00 PM	
2:30 PM											Swim	acconc	2:30 PM	
3:00 PM								Marlins 3	3:00-4:00		Swiii	Lessons	3:00 PM	
3:30 PM								(No swi	m 5/29)				3:30 PM	
4:00 PM								Morlin	a 4.15 5.1		m E /20)		4:00 PM	
4:30 PM								Maim	8 4:15 - 5:1		iii 5/29J		4:30 PM	
5:00 PM									NCAD 5.1	5-6-15 (No.	swim 5 /20)		5:00 PM	
5:30 PM									NCAF 5.1.	5-0.13 (NU	swiii 5/29j		5:30 PM	
6:00 PM									NC	AD 6.15 7.00) (No swim 5	/20)	6:00 PM	
6:30 PM									NC/	AF 0:15-7:00	6:30 PM			
7:00 PM											7:00 PM			
7:30 PM]	Marlins 7:0	0 - 8:30 <mark>(No</mark>	swim 5/2	7:30 PM			
8:00 PM											8:00 PM			
8:30 PM											8:30 PM			
9:00 PM	Domn	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM	
	Ramp	S	hallow Er	nd		Lap l	Lanes]	Lap Lanes	s/Dive We	11		

George Washington Rec Center Lap Lane Calendar May 18 - 31



THURSDAY

LEG	END	Recreation	onal Play/Sv	-	-	-	er Walking (-			lled program	S	
	Ramp	S	hallow Er	nd		Lap l	Lanes		Ι	Lap Lanes	Image: Section of the section of th		
_	Kamp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours			Masters	(3 lanes) 5	am-6am		Marl	ins (6 lanes	s) 4:55 - 6:2	25 am			Before Hours
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM													7:30 AM
8:00 AM													8:00 AM
8:30 AM													8:30 AM
9:00 AM													9:00 AM
9:30 AM	Carlan		TAZ - A										9:30 AM
10:00 AM	Swim		water	Ex Class									10:00 AM
10:30 AM	Lessons									P	ower Finni	ng	10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
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1:30 PM													1:30 PM
2:00 PM	Swim L	essons											2:00 PM
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3:30 PM													3:30 PM
4:00 PM													4:00 PM
4:30 PM													4:30 PM
5:00 PM										И	Vater Exerci	se	5:00 PM
5:30 PM		Water I	Exercise			Marlins 4		/30 3 lanes on	dv 6-7·30)				5:30 PM
6:00 PM						Mai IIII3 4		55 5 Julies Oli					6:00 PM
6:30 PM										NCAP 6-7:30 (No swim 5/30)			6:30 PM
7:00 PM													7:00 PM
7:30 PM		Swim I	essons						NCAP 7.30	- 8·30 (No	7:30 PM		
8:00 PM		5will I	10330113						1011 7.50	0.50 (10)	8:00 PM		
8:30 PM													8:30 PM
9:00 PM	Damp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM
	Ramp	Swim Lessons Image: Constraint of the second s											

George Washington Rec Center Lap Lane Calendar

May 18 - 31

Fairfax County Authority

FRIDAY

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours		NCAP (4.5 lanes) 5:00-6:00 am											Before Hours
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM										Deep Water Ex			7:30 AM
8:00 AM										Deep water Ex			8:00 AM
8:30 AM		Sh	allow Wate	r Fy									8:30 AM
9:00 AM		511											9:00 AM
9:30 AM										Deep Water Ex			9:30 AM
10:00 AM		Shared Sn	ace with su	wim classes									10:00 AM
10:30 AM		Sharcu Sp		viiii classes									10:30 AM
11:00 AM											11:00 AM		
11:30 AM		Art	hritis Wate	or Fy									11:30 AM
12:00 PM		AI UII ILIS WALEI EX											12:00 PM
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3:00 PM													3:00 PM
3:30 PM													3:30 PM
4:00 PM													4:00 PM
4:30 PM							Marlins 4:30p-6:00pm (Last day 5/24)						4:30 PM
5:00 PM													5:00 PM
5:30 PM													5:30 PM
6:00 PM													6:00 PM
6:30 PM													6:30 PM
7:00 PM													7:00 PM
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8:00 PM													8:00 PM
8:30 PM													8:30 PM
9:00 PM	Ramp	0.5 Full 1			2	3	4	5	6	7	8	0.5	9:00 PM
	nump	S	Shallow Er	nd	Lap Lanes				Lap Lanes/Dive Well				