FAIRFAX COUNTY BOARD OF SUPERVISORS

OLDER ADULTS COMMITTEE MEETING

June 2, 2026 at 9:30 a.m.
Government Center Conference Room 10/11

Board of Supervisors Members Present:
Chairman Jeffrey C. McKay, At-Large
Supervisor Walter L. Alcorn, Hunter Mill District (Committee Chairman)
Supervisor James N. Bierman, Jr., Dranesville District
Supervisor Pat Herrity, Springfield District
Supervisor Andres F. Jimenez, Mason District
Supervisor Rodney L. Lusk, Franconia District
Supervisor Dalia A. Palchik, Providence District (Committee Vice-Chairman)
Supervisor Kathy L. Smith, Sully District
Supervisor Rachna Sizemore Heizer, Braddock District
Supervisor Daniel G. Storck, Mount Vernon District

Link to agenda and meeting materials: https://www.fairfaxcounty.gov/boardofsupervisors/board-supervisors-older-adults-committee-meeting-june-2-2026

The meeting was called to order at 9:30 a.m.

Item I: Opening Remarks – Supervisor Alcorn

Supervisor Alcorn opened the meeting with brief comments highlighting the importance of addressing issues facing older adults in Fairfax County, with a particular focus on safety and well-being.

Item II: Presentation SHAPE the Future of Aging Annual Update.

- **Beth Ann Margetta, Assistant Program Manager, Department of Family Services, Fairfax Area Agency on Aging**, shared updates on the third year of the SHAPE the Future of Aging Plan, which aligns with OneFairfax and the Countywide Strategic Plan and supports older adults, adults with disabilities and caregivers. She highlighted new initiatives, such as the effort to assess and grow the Community Ambassador Program for community outreach and engagement, an Affordable Housing Case Brief for older adults, caregivers, and adults with disabilities, and the Siler Shield Anti-Scam Information text alert channel. Beth Ann also discussed completed initiatives, including the Fairfax Culture of Connection pilot, the Consumer Resource Guide to Home Repair and Renovation, and financial planning workshops in senior centers.
- Beth Ann shared the Community Assessment Survey for Older Adults (CASOA) Survey will be launched on 6/2/26. The nationally benchmarked survey will inform the work of

the next strategic plan and there will be use of multiple formats to reach older adults and their caregivers. Supervisor Alcorn encouraged the Board of Supervisors to amplify the initiatives and survey opportunity.

Item III: Presentation: SHAPE Initiative Highlight of StrongerMemory.

- **Jessica Fredericksen, Brain Health Director with Goodwin Living**, shared about the partnership Goodwin Living has with the SHAPE the Future of Aging Plan and the Senior Centers. George Mason University research on the participants has highlighted the value and credibility of StrongerMemory exercises. The social component of StrongerMemory adds benefit to the brain health. StrongerMemory is available at all senior centers.
- Jessica highlighted aspects of the partnership with the county including the translation of materials to 8 top languages spoken in Fairfax County and needed at the senior centers. Targeted languages based on needs of senior centers. Materials have been made available for free download on the StrongerMemory website.
- Moving ahead, StrongerMemory will work with libraries to host learning sessions, add StrongerMemory kits into circulation and create StrongerMemory stations at a pilot library.

Item IV: Presentation: Pause. Question. Protect. Update on Efforts to Create a Regional Anti-Scam Initiative.

- **Jason Kratovil, Chairperson, Fairfax County Consumer Protection Commission** provided an update on the "Pause. Question. Protect." campaign which will work with regional counties and federal agencies to ensure they have a shared message on scam prevention with approaches differing depending on local needs.

Item V: Discussion

- Chairman McKay asked Jason to submit specifics on how requested funding would be used as partners may look to support the work.
- Supervisor Alcorn highlighted the breadth of work that has been done at the county to address scams.
- Supervisor Lusk encouraged continued regional partnerships.
- Supervisor Sizemore Heizer encouraged continued engagement with groups such as older adults and people with disabilities to ensure people with lived experience can benefit from the campaign.

Item VI: Adjournment

The meeting was adjourned at 10:53 A.M