

September 7, 2017



Burke Center VRE

The BRADDOCK BEACON

A Monthly Newsletter from Braddock
District Supervisor John C. Cook

Volume 9 | Issue 9

Parent Resources Town Hall Meeting: Raising Teens in the 21st Century

I would like to invite you to my Parent Resources Town Hall Meeting: Raising Teens in the 21st Century on Saturday, October 14 starting at 9:00 am until 12:30 at the Junior Achievement Finance Park, 4099 Pickett Road, Fairfax, VA 22032 (next to Frost Middle School).

The teenage years are difficult to navigate for any parents. Nowadays we face ever growing challenges to keeping our teenagers safe and on the way to a successful life. That is why I wanted to gather the county's leading experts on teen psychology and development for you to consult in a town hall session.

Below is a list of speakers and breakout sessions we will have along with our Keynote address and schedule. I hope you will join me in this enlightening event. It is my hope that all attendees will leave feeling more prepared to tackle the issues that arise with adolescence in today's society.

Town Hall Agenda

9:00 am – 9:30 am: Registration/Open House

9:30 – 9:45 am: **Opening Remarks by Supervisor Cook**

9:45 – 10:05 am **Youth Survey Results presented by Victoria Kairys** from Prevention Unit Neighborhood Community Services

10:05 – 10:30 am: **Keynote Speaker George Young**, LCSW Envision Counseling, on the Warning Signs of Teens in Trouble/Keep Them on Good Side of the Road

10:30-10:45 am: Break

10:45 – 11:25 am Breakout Session #1

11:30 – 12:10 pm Breakout Session #2

12:15 – 12:30 pm Closing

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Supervisor Cook has served on the Fairfax County Board of Supervisors since 2009 and lives in Kings Park with his wife and six children.

Town Hall Breakout Sessions:

Stress & Anxiety:

Jesse Ellis, Prevention Manager for Neighborhood & Community Services, and Donna D. Douglas, Program Manager of School Psychology Services, FCPS

Positive Family Time – Successful Parenting Models:

Stephanie Ryan, Family Counselor Supervisor III for Fairfax County Juvenile & Domestic Court, and George Young, LCSW from Envision Counseling, a subset of National Counseling Group

Substance Use:

Nick Liappis, Senior Clinician from Fairfax-Falls Church Community Service Board, and Shelly Young, Family Recovery Guide/Recovery Advocate/Writer/Speaker and Board Member of The Chris Atwood Foundation

Learning Disabilities:

Diane Cooper-Gould, President of Fairfax County Special Education PTA

Sign Up Information:

Please send your RSVP's to Braddock@fairfaxcounty.gov

This is a free event open to the public. Seating will be on a first come, first serve basis.

For reasonable ADA accommodations call the Braddock District Supervisor's Office (703) 425-9300 or TTY 711

This Month in the Braddock Beacon...

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Cook in the Community



Vietnamese Heritage Festival: Supervisor Cook delivered a speech and enjoyed the great food and entertainment at this year's Vietnamese Heritage Festival on August 12. The festivities showed the unique and valuable contributions the Vietnamese community provides to the Braddock District and Fairfax County.

Shop With a Sheriff: Every year the Fairfax County Sheriff's office brings under privileged children to Target for Back to School shopping. Supervisor Cook helped kick off the event with Sheriff Stacey Kincaid and Delegate Eileen Filler-Corn on August 15.



Fire Truck Ride-A-Long: As chairman of the Public Safety Committee, Supervisor Cook had a great time riding along with the Fairfax County firefighters on Engine 427 on August 22. In addition to learning about the firefighters' daily duties and challenges, the supervisor was treated to a real firehouse dinner of spaghetti and meatballs.

Relax in Fairfax: Back to School also marks the return of the annual Relax in Fairfax event to welcome back George Mason students. This year's event was held outside of Oh George! Tables and Taphouse on August 29. The Mason students took home this year's cornhole championship trophy after defeating the Fairfax City Council, Supervisor Cook, and Delegate David Bulova for the first time in the supervisor's tenure.



Community News

Braddock Road Community Workshops

To assist county engineers in the final Braddock Road design, and provide residents with the additional opportunity to provide input on the specifics of the intersection improvements, the county will hold six workshops this fall. Each workshop will focus on a specific stretch of the corridor and will allow residents to speak directly with the engineers working on the final design plans. The schedule of workshops is as follows:

Sep 18, Guinea to Dunleigh-King David, 7:30 pm in Braddock Hall

Oct 2, Wakefield Chapel-Danbury Forest, 7:30 pm in Braddock Hall

Oct 18, Beltway area, 7:30 pm in Braddock Hall

Oct 25, Burke Lake Intersection, 7:30 pm in Kings Park Library

Nov 16, Ravensworth, 7:30 pm at Ravensworth Baptist Church, 5100 Ravensworth Rd, Annandale, VA 22003, with Mason Supervisor, Penny Gross

Dec 11, Burke Lake Intersection 2nd meeting, 7:30 pm in Kings Park Library

Code Compliance: Displaying House Numbers

- Do you know about Fairfax County's rules for displaying addresses?
- The Virginia Maintenance Code regulates the display of addresses
- The address numbers must be clearly visible from the street, in front of a property
- The address may contain numbers or alphabetic letters
- The address must be a minimum of four inches tall
- To make sure the address is visible, it must be in a contrasting color from its background.

Fairfax County Vendor Forum

Join us at Fairfax County's highly acclaimed annual Vendor Forum and Reverse Tradeshow. Learn how you can be a part of the county's diverse and highly competitive annual \$700M procurement spend. Bring your entrepreneurial spirit and learn how to grow your business opportunities.

[Click here](#) to register for the Vendor Forum and Reverse Trade Show.

2017 Vendor Forum

Thursday, October 5, 2017, 8:30 a.m. – 2:30 p.m.
12000 Government Center Parkway, Fairfax, VA 22035

Vendor Forum Details

The Vendor Forum is an annual event hosted by Fairfax County created to provide a forum for small businesses to interact directly with county procurement representatives. Hosted in conjunction with the Fairfax County Small Business Commission, the Vendor Forum provides an intimate and interactive setting for suppliers to:

Network with Fairfax County agencies and their large contractors

Discover marketing and business fundamentals that can help grow your company

Explore alternative options for funding your business

Learn how to properly and effectively pursue work with Fairfax County

The Reverse Tradeshow is the heart of the Vendor Forum where Fairfax County agencies and selected contractors are ready to discuss suppliers' capabilities and their requirements face to face. This is a great opportunity to make Fairfax County decision makers aware of suppliers' offerings as they look to expand their network. View the [2016 List of Exhibitors](#).

Speakers and panel discussions are scheduled prior to the reverse trade show offering insights and professional advice from experts and business leaders from varied fields.

QUESTIONS? Call George Monge at 703-324-3104 or Email: to George.Monge@fairfaxcounty.gov

Human Services Corner

Community Services Board Recovery Resource Open House

The Fairfax-Falls Church Community Services Board (CSB) invites you to join them and their behavioral health partners, for a FREE open house to provide answers and information on issues that you, your family, and your community are facing. The Recovery Resource Open House will be held from 4 to 7 p.m. at the CSB's Merrifield Center on Wednesday, September 27, 2017.

In addition to CSB clinicians, representatives from a wide range of treatment providers will be available to answer questions and provide information on substance use disorder services available in Fairfax County and around the region. Providers include: Phoenix House, Inova CATS Program (Comprehensive Addiction Treatment Services), Inova Kellar Center, Sagebrush, Harrison House, Oxford House, the Chris Atwood Foundation, New Hope Church, Dominion Hospital, Encore Recovery Solutions, and others.

Addiction, or substance use disorder(s), are issues that affect tens of millions of people, and their families, in the United States. Addiction does not discriminate. It impacts children, teens, middle aged, and the elderly, as well as all ethnicities, genders, and economic sectors. You are not alone and there are resources that can help you or your loved ones here in Fairfax County. In addition to providers, there will be presentations to help attendees learn more about addiction, recovery, and how to live a full, safe life without drugs or alcohol. Presentations will be on the half hour; stop in to visit, learn, and engage with them.

- 4 p.m. – Curious about symptoms of mental illness, substance use disorders, or both? Learn about the CSB's Mental Health First Aid courses, which can help you identify someone who may need help and supply you with the tools and skills to support them with confidence.
- 4:30 p.m. – It's Not Just Pot: Today's cannabis contains at least 5-8 times more THC than the weed of 20 years ago; what harm is this causing our teens?
- 5 p.m. – Confronting Overdose Deaths in our Community: briefing of REVIVE! Overdose reversal training program which is available FREE to all.
- 5:30 p.m. – The hottest part of recovery: The Peer Support Movement is On Fire! Learn about the crucial role of people with lived experience and how to help others on their journey.

- 6 p.m. – Recovery: The New High. A person living a sober lifestyle shares his powerful story “from dope to hope.”
- 6:30 p.m. – No, It’s Not Your Fault: Family Role in Child’s Recovery. A local mom shares her family’s experience and what she’s learned.

The first steps on a journey to a healthier lifestyle are to detect substance use dependency; followed by seeking help or treatment, then learning how to live a full, active life, without substances. Help to promote a community that believes in hope and recovery for all; help us increase understanding of the benefits of prevention, treatment, and recovery for mental and substance use disorders.

Join CSB as they celebrate people in recovery, and echo the message that treatment is available, it’s effective and people do recover. No advance registration is required – stop by any time!

Mental Health First Aid 2 Session Program

This 2 session program will take place on Tuesday, September 26 and October 3 from 10:00 am – 2:00 pm. Mental Health First Aid (MHFA) is an 8-hour training course designed to give community members key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves. The program expands mental health "literacy" and reduces the social distance created by negative attitudes and perceptions of individuals with mental illnesses. The standard course is based on the international MHFA Guidelines and adapted for the U.S. These guidelines were developed using consensus of mental health consumers and professionals. For additional information or to RSVP, email wallbdc@gmail.com.

Shepherd's Center of Fairfax-Burke Activities for Seniors

- Lunch N’ Life: Are You 50 or Better? Please join us for the next Lunch N’ Life sponsored by the Shepherd’s Center of Fairfax-Burke on Thursday, September 21, (12:00-2:00 p.m.) at Jubilee Christian Center, 4650 Shirley Gate Rd, Fairfax. The program will be entertainment by SPECIAL BLEND, a harmonic barbershop quartet. For reservations, call Bea Stephenson at 703-273-5730 by Sept 15th. The cost is \$10.00; checks payable to SCFB. If transportation is needed, call the SCFB office (703) 323-4788. See www.scfbva.org for more information.
- Family Fun Bingo: The Shepherd’s Center of Fairfax-Burke will hold its next annual bingo fundraising event on Saturday, September 30, 1:00-3:00 p.m. (doors open at 12:30 p.m.) at the Parish Center Gym, St. Leo the Great Catholic Church, 3700 Old Lee Highway, Fairfax. All proceeds benefit SCFB and its work for area seniors. Tickets, at \$10.00 each, include two bingo cards that can be played for the entire event, beverages and snacks. Additional cards may be purchased on-site at \$1.00 per card per game. To purchase tickets, please call Lisa Carroll at (703) 426-2824.
- Dementia Caregiver Support Groups: Shepherd’s Center of Fairfax-Burke sponsors a monthly meeting on the 2nd Tuesday of each month (Noon – 1:30 PM) for caregivers to learn and to share with others experiencing similar challenges. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or Eileen.thompson1@gmail.com
- NEW EXERCISE CLASS for people 50+: Shepherd Center of Fairfax-Burke is offering an additional exercise class on Wednesday mornings (9:00 – 10:00 am), September 6 – December 13 (no class on November 22). The 14-week session will be held at Abiding Presence Lutheran Church, 6304 Lee Chapel

Road, Burke. Registration fee for this session will be \$35.00; application form can be printed from our website, www.scfbva.org, or contact our office at (703) 323-4788.

- Adventures 'N Learning - Fall 2017: Join the Shepherd's Center of Fairfax every Monday for 6 weeks, October 2 – November 6 (9:30 AM – 2:45 PM) start with gentle exercise, followed by speakers on topics such as health, history, community, personal development, finance, and more. Afternoon breakouts are book club, and bridge or, canasta. Bring a brown bag lunch. Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax, VA 22032 is providing space and hosting this series of classes. The cost is \$30 for 6 weeks (Mondays). To register, please call the office at 703-426-2824, or go to our website and print the registration form and class schedule: www.scfbva.org.
- Volunteers needed as Drivers and Office Workers: The Shepherd's Center of Fairfax-Burke serves those 50+ and who no longer drive. Volunteer Drivers are needed for trips (Monday - Friday) to medical appointments and Companion Shopping within the Fairfax/Burke area. Office Workers are needed to answer calls (Monday - Friday) of individuals requesting rides and arrange for an available driver for each request. If you can volunteer your time, please contact the SCFB office at 703-323-4788.

Is it Normal Aging? Join Us to Learn About Memory

Have you been wondering if you or a loved one may have some of the warning signs of cognitive decline? Please join Shepherd Center of Annandale/Springfield and Ravensworth Baptist for a presentation by Jane Priest of the Alzheimer's Association to be held at Ravensworth Baptist Church on Saturday, September 30, from 10 a.m. - 12 noon. The church is located at 5100 Ravensworth Road in Annandale.

This presentation is jointly hosted by the Shepherd Center of Annandale/Springfield and Ravensworth Baptist. There is no charge for this event; just come - no registration necessary. Coffee and light refreshments will be served beginning at 9:30 a.m.

This is the first in a series on this very significant subject that touches many of us in one way or another.

For more information, please call Ravensworth Baptist Church, 703-941-4113, or check the website: ravensworthbaptist.org

Whole Foods Fundraiser for Special Education PTA

Wed, Sep 20, 10:00 AM - 8:00 PM

All Six Whole Foods in Fairfax County will donate 5% of the TOTAL sales for the day to the Special Education PTA in conjunction with the Fairfax County Council PTA (FCCPTA).

In addition, volunteers at Whole Foods will be collecting food donations for the Food for Others' Weekend Backpack Program. So come out and #ShopForACause!

Park Updates

Lake Accotink Canine Cruise

Canine Cruise (8-Adult) Click to Register with Parktakes Online (8-Adult) Treat your canine companion to a special cruise aboard Lake Accotink Park's pontoon tour boat. Watch for waterfowl such as ducks, geese and herons. Look up and you might spot one of the parks resident eagles. Limit one dog per person. Register under

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the person's name. All dogs must be leashed, wearing a visible legal dog license, vaccinated and well-socialized around other dogs and people.

Start Time/Day: 6pm Sat

Start Date: 9/9/2017

Register on [Fairfax County Park Authority Website](#).

Riverbend Hosts Indian Festival September 9

A little dancing and drumming will put you in a festive mood on September 9 at Riverbend Park. The annual [Virginia Indian Festival](#) begins at 10 a.m. that Saturday. One of the biggest events of the year at Riverbend includes hands-on activities, spear throwing, shooting bows and arrows, and building a dugout canoe. There also will be a marketplace of American Indian crafts, pottery and jewelry. [Tickets are an affordable \\$8 at the gate and \\$7 in advance online.](#)

Elly Doyle Awards Announced

The Fairfax County Park Authority Board has announced its 2017 Elly Doyle Award winners for outstanding volunteer service to parks. Online you'll find details about 2017 [Park Service Award winner](#) Norma Hoffman, [Partnership and Collaboration honorees](#) from the Fairfax County Athletic Council and the Department of Neighborhood and Community Services, and [Park Service Award Student Honoree](#) Jennifer Ochs.

Land Use Updates

Community Meeting Set for October 23 for Proposed New Child Care Center Daniel & Matthew Investments LP – 11909 & 11917 Lee Highway and 4613 Holly Avenue SE 2017-BR-023

The applicant has requested a Special Exception to permit development of four parcels of land located at the southeast corner of Lee Highway and Holly Avenue. This property is zoned R-1 and is currently developed with one single-family detached residence and associated outbuildings. The applicant intends to purchase the property and would like to develop it as a Goddard School private preschool and daycare facility. The facility would be one story, approximately 12,146 square feet, and would serve a maximum of 200 students with up to 26 full-time and six part-time employees. The site would have separate outdoor recreation areas for toddlers and for preschool-aged children. A surface parking lot would provide 42 parking spaces. Entry would be from Holly Avenue and vehicles may exit via either Holly or Lee Highway. Because the center would offer half-day, three-quarters-day, and full-day programs, drop-off and pick-up times would be staggered. More information may be found here: <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMain.aspx?cde=SE&seq=4235773>

Supervisor Cook will be holding a community information meeting to discuss the proposal on **Monday, October 23, in the cafeteria of Eagle View Elementary School, 4500 Dixie Hill Road, Fairfax, beginning at 7:30 p.m.** Any community member who is interested in this project is encouraged to attend and learn more, as well as to present your comments and suggestions. A public hearing before the Planning Commission is tentatively scheduled for December 7.

Update on Regulation of Short-Term Property Rentals

Fairfax County is considering new regulations on short-term rentals. A short-term rental is a home, condo, apartment, or portion of a home rented for fewer than 30 consecutive days. These rentals are typically listed on websites such as Airbnb, HomeAway, VRBO, FlipKey, and Roomarama. The Zoning Ordinance currently does not permit property owners to do short-term rentals unless they have received a Special Exception for a bed and breakfast use.

This summer, the county collected feedback on residents' attitudes toward short-term rentals through an online survey. Community meetings have now been scheduled in different parts of the county to talk about next steps. The first meeting was held in Reston on September 5. Two additional meetings have been scheduled:

- September 13 – 7:00 p.m. – South County Government Center, 8350 Richmond Highway, Alexandria
- September 25 – 7:00 p.m. – Dranesville District Community Room, 1437 Balls Hill Road, McLean

Participants will hear a summary of the results from the online survey, be asked to identify their areas of interest/concern, participate in a discussion of these areas, and have an opportunity to ask questions or make comments. Following the community meetings, the Zoning Administration Division will begin putting together ideas and recommendations for the Board of Supervisors to consider later in the year.

For more information on short-term rentals and an updated schedule of community meetings and public hearings, please visit <http://www.fairfaxcounty.gov/dpz/short-term-rentals.htm>.

Update Proposed for Kings Park Shopping Center Sign Kings Park Shopping Center – 8962 Burke Lake Road, Springfield SE 2017-BR-007

Kings Park Shopping Center has filed a Special Exception Application to update the existing sign near the intersection of Braddock and Burke Lake Roads. This would allow the current pylon sign to be re-clad with materials that are consistent both in design and color to those used in the recent renovation of the shopping center. The current sign is internally lit and would remain so. The new sign would be approximately the same height and size. Information, including the staff report on the proposal, may be found here:

<http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SE&seq=4227012>

The Planning Commission will hold a hearing on this application on September 13 in the Board Auditorium of the Government Center at 12000 Government Center Parkway, Fairfax, beginning at 8:15 p.m. Individuals who wish to speak at the hearing are encouraged to register in advance at

<http://www.fairfaxcounty.gov/planning/speaker.htm>.

Application to Expand Home Child Care Hasnaa Ali Home Child Care – 10586 John Ayres Drive, Fairfax SE 2017-BR-013

Hasnaa Ali has requested a Special Exception to expand her home child care to permit 12 children with one full-time assistant. She currently cares for seven children. Hours of operation would be from 7:00 a.m. until 6:00 p.m., with staggered drop-off and pick-up times. Child care would continue to be provided on the first floor and basement levels, with the fully-fenced backyard used for outdoor play. Because this site is located in a PDH-3 District (Planned Development Housing), the application must be approved by the Planning Commission and Board of Supervisors. Information on the application may be found here:

<http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SE&seq=4232876>

A hearing in this case has been scheduled before the Planning Commission on October 12 in the Board Auditorium of the Government Center at 12000 Government Center Parkway, Fairfax, beginning at 8:15 p.m.

Individuals who wish to speak at the hearing are encouraged to register online at <http://www.fairfaxcounty.gov/planning/speaker.htm>. A hearing before the Board of Supervisors has not yet been scheduled.

Meeting on Proposed Stormwater/Wastewater Consolidated Facility

Stay tuned for the second community meeting to discuss a proposed consolidation of the county's Stormwater Planning Division, Maintenance and Stormwater Management Division, and Wastewater Collection Division operations on land located at Freds Oak Road and the Fairfax County Parkway. County staff is still gathering information and working with staff from the Virginia Department of Transportation to refine their traffic projections. We still plan to hold the meeting this fall. Look for an announcement in a future issue of the Braddock Beacon or a weekly Advisory.

Braddock District Land Use and Environment Committee Meeting on September 19

The next meeting will be held on Tuesday, September 19, beginning at 7:30 p.m. in Braddock Hall. On the agenda is a presentation on the application to build a Goddard School child care center at Lee Highway and Holly Avenue, followed by a presentation by the Fairfax County Zoning Administration on the Zoning Ordinance amendments currently under consideration. Braddock District Land Use and Environment Committee meetings are open to the public.

Cases Filed with the Board of Zoning Appeals

The Fairfax County Board of Zoning Appeals (BZA) meets on Wednesday's beginning at 9:00 a.m. in the Board Auditorium of the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. BZA meetings are also aired live on the county government's cable TV [Channel 16](#). Residents who have concerns about an application are encouraged to submit a letter for the record or testify at the hearing on the case. These matters will not come before the Board of Supervisors, but will be decided by the BZA.

John Williamson Chilcutt – 10198 Bessmer Lane, Fairfax SP 2017-BR-078

The applicant is seeking a Special Exception to waive yard setback requirements to permit construction of a 24-foot wide two-car garage 16.8 feet from the front lot line and to permit a fence greater than 4 feet in height to remain in a front yard of a corner lot. This application is scheduled to come before the BZA on October 25. Information, including a map of the site and staff report (when available), may be found here: <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SP&seq=4235718>

Lee W. Pendleton – 7905 Kalorama Road, Annandale SP 2017-BR-079

The applicant is seeking a Special Exception to waive yard requirements to permit conversion of a carport into a two-car garage 6 feet from the side lot line and to reduce minimum yard requirements based on an error in building location to permit an accessory storage structure to remain 3 feet from the other side lot line. This application is scheduled to come before the BZA on November 1. Information, including a map of the site and staff report (when available), may be found here: <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SP&seq=4230071>