

Volume 15 | Issue 5 05.05.2023

Dear Neighbor,

I'm excited to see you at the 2nd Annual **<u>Braddock Bark</u>** festival on **Sunday, May 21** from 1:00 - 4:00 p.m. at Lake Accotink Park!

The event will include adoption info, activities for pets, tables and booths featuring local businesses and non-profits, food vendors, and more! We've also added a children's pavilion this year with games, story time, and arts and crafts.

Leashed dogs are welcome. I hope to see you and your canine companions there, it's sure to be a *paws*-itively good time! You can get more info from Celebrate Fairfax's **website** or on my **Facebook page.**

County Budget and Third Quarter Review

Earlier this week, the Board of Supervisors marked up the Fiscal Year 2024 budget. The next step will be to adopt the budget at our May 9 meeting. I want to thank all of you who weighed in during this year's budget process by calling or emailing, participating in our



budget townhall, or providing testimony at a public hearing.

You can review the budget mark-up here.

The budget reduces the real estate tax rate from \$1.11 to \$1.095 per \$100 of assessed value, mitigating the impact of rising assessments and keeping the average real estate tax bill increase lower than the rate of inflation over the previous year. At the same time, we were able to fully fund the 5.44% Market Rate Adjustment for County employees, resulting in an average increase of 7.50% for non-uniformed employees and 12.83% for Police Officers.

It also applies a 90% assessment ratio on personal vehicles to prevent large personal property tax increases based on inflated used car values, and continues to fund the expanded tax relief program for seniors and people with disabilities approved by the Board in 2021.

Finally, the budget includes funds to increase support for our domestic violence hotlines. As



Board Markup of the County Executive's FY 2024 Advertised Budget Plan and the FY 2024 Add-On Package

Chair of the Council to End Domestic Violence, this was a priority for me. With this funding, we'll be able to better support those looking for support and safety from domestic or sexual violence.

At the May 2 meeting, the Board also approved our Third Quarter Review package. Working with Chairman McKay and Supervisor Lusk, I was able to secure \$300,000 in funding for the Fairfax County Park Authority to replace the playground at Lake Accotink Park.



Due to safety concerns, the old playground equipment has been removed. While installation of the new playground will depend on the availability of the equipment and supply chain challenges, the Park Authority will be presenting the community with a concept design in the coming weeks.

As the parent of a toddler, I know how important our playgrounds are to the community.

Accelerating the replacement of the playground at Lake Accotink Park will ensure that families can once again enjoy all that the park has to offer!

Early Primary Voting and Election Officer Info

Early, in-person voting for the June 20 Democratic Primary Election began today, and continues until Saturday, June 17.

May 5 - June 9, voting is available at three locations:

- Fairfax County Government Center | Conference Rooms 2/3 - 12000 Government Center Parkway, Fairfax

 Weekday hours: 8:00 a.m. - 4:30
 - p.m. Mt. Vernon Governmental Center - 2511
 - Parkers Lane, Alexandria, *and* North County Governmental Center -1801 Cameron Glen Drive, Reston
 - Weekday hours: 1:00 p.m. 7:00 p.m.



Beginning Saturday, June 10, an additional 13 early voting locations will open across the County, including at Burke Centre Library (5935 Freds Oak Road, Burke).

You can find all the locations, operating hours, and detailed information on Saturday voting on the Office of Elections' **website**.

- Find a list of qualified candidates <u>here.</u>
- You can verify your new districts <u>here.</u>

The Republican Party has opted not to nominate candidates by primary in Fairfax County

The Fairfax County Office of Elections is also seeking new officers who can serve for a full day (5:00 a.m. to approximately 9:00 p.m., when all work is complete after polls close), on Tuesday, June 20 for the primary election.

Prospective officers who speak fluent Korean and/or Vietnamese are strongly encouraged to apply. Compensation is \$250.00, and reasonable accommodations are available to persons with disabilities per the Americans with Disabilities Act.

The deadline to apply to be considered for the June primaries is May 23. Any applications received after that date will be considered for future elections.

You can apply to be an **<u>officer here</u>** or contact the Office of Elections at <u>elect@fairfaxcounty.gov</u>.

Yours in service,

amn

Supervisor James R. Walkinshaw

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Upcoming Events

Details on these events and more can be found in this edition of the Beacon or by contacting **<u>braddock@fairfaxcounty.gov.</u>**

May 9	Board of Supervisors Meeting and final Budget adoption
May 13	Skate the Wake
May 17	Braddock District Council's Annual Legislative Review Meeting
May 21	
-	Board of Supervisors Meeting
May 28	Fairfax County Animal Shelter Vaccination & Microchip Clinic

Walkinshaw in the Community



Supervisor Walkinshaw met with leadership of the Roberts Square Homeowners Association on April 15.



Supervisor Walkinshaw spoke at the AARP's 6th Annual Scam Jam at the Osher Lifelong Learning Institute on April 29.



Supervisor Walkinshaw kicked off the opening of the Burke Farmers Market on April 22 (pictured with Sen. George Barker and Park Authority Board Chair Kiel Stone)



Supervisor Walkinshaw, Mary Wiggins (left), and Rebuilding Together Executive Director Patti Klein (right), after performing repairs to Ms. Wiggins' home on National Rebuilding Day on April 29

In April, Supervisor Walkinshaw also:

- Attended the Woodlynne HOA Meeting on April 13
- Hosted the Community Pools Meeting on April 24

May Citizen of the Month

James "Jim" Melone

Submitted by Carolyn Schnare

James "Jim" Melone is a top-notch soccer coach and has been leading a local team for more than eight years.

Jim has been more than just an integral part of the team, but also for the entire Burke Athletic Club soccer program.



Coach Melone, at left

As early as 2011, Coach Jim

was involved with BAC's youth soccer program, though I know he coached for his eldest daughter and son's teams long before that, likely back into the late 1990s.

Since at least 2011, Coach Jim led the club-wide age group soccer practices and summer camps, teaching "the beautiful game" of soccer as he calls it. He worked with hundreds of young boys and girls in the U4-U16 age groups on weekly programs, creating and running spring break and summer camps.

Speaking strictly from my own family's experience, Coach Jim has been the head coach of my daughter's recreational and now travel soccer team since 2013 and this will be his final year as our kids graduate high school.

In addition to devoting countless hours and years to soccer under BAC, Jim is a veteran of the US Navy, currently working full-time as a civilian for the Department of the Navy.

He is pursuing is PhD at George Mason in his spare time. Jim has 4 children and a wonderfully patient wife, Terri.

At the end of this school year, our team (BAC Flash U19 Girls!) will toast Jim and all his hard work, time, patience and kindness.

Know a Braddock District resident who should be recognized as a Citizen of the Month? Nominate them here.

Community News



Fairfax County 2023 Volunteer Service Awards

Hosted by Volunteer Fairfax, each year we come together as a community to celebrate volunteers across the County. As part of the annual Volunteer Service Awards, the Fairfax County Board of Supervisors selects an individual to be recognized for their commitment to promoting volunteerism within their community while addressing specific needs. Read about Braddock District Community Champion **Charlotte Hannagan** and others at the **Volunteer Fairfax website**. Congratulations Charlotte and thank you for all that you do!

Update from Braddock District Council Chair

Mark your calendars for the Braddock District Council's Annual Legislative Review meeting on **Wednesday, May 17** at 7:00 p.m. in Braddock Hall (9002 Burke Lake Road, Burke) with Delegate Vivian Watts, Senator Dave Marsden, Board of Supervisors Chairman Jeff McKay, Braddock District Supervisor James Walkinshaw, At-Large Fairfax County School Board Member



Rachna Sizemore Heizer, and Braddock District School Board Member Megan McLaughlin.

The meeting provides an informal setting to meet elected officials, learn about new laws passed during

the 2023 legislative session, and find out how redistricting affects you in the November elections, when all 140 General Assembly seats come up for election – previous state election district boundaries and numbers have changed. This event can be a first step in preparing for the upcoming primary and the general election.

The revitalized Braddock District Council is nearing the end of its first year which will wrap up on June 21 with 2023-2024 Officer Elections. All currently paid-up member associations of the Council are eligible to vote in this election.

Council Chair Bob Cosgriff (Hickory Farms) and Secretary Susan DiMaina (Canterbury Woods) have agreed to stay on for another year. The offices of vice-chair and treasurer are open. If you or someone in your community who would be interested in building a stronger community in the Braddock District by serving, please email Bob Cosgriff (<u>bdxfcchair@gmail.com</u>) or vice-chair Sarah Lennon (<u>bdcfxvicechair@gmail.com</u>) no later than Saturday, June 10.

Per the Council's Bylaws, candidates must be advertised no later than 10 days before the scheduled elections. To learn more about what BDC does, check out the **Council's website**.

Skate the Wake

On Saturday, May 13, come to Wakefield Skate Park (8100 Braddock Road, Annandale) for Skate the Wake from 10:00 a.m. – 2:00 p.m. Enjoy a day filled with skating, music and all-around fun! Meet <u>Mimi Knoop</u>, five-time X-Games medalist and coach of the USA Skateboarding team.

The event features a <u>Skateboard Trick</u> <u>Clinic</u> and skateboard <u>Best Trick Contest</u> that will be judged by professionals from the local Fairfax Surf Shop as well as celebrity judges Mimi Knoop and <u>Spike Mendelsohn</u> (Top Chef competitor and local restaurateur). <u>Derran</u> <u>Eaddy</u>, founder of Solstik Music, will DJ this event. Visit local vendors and try your hand at graffiti art on the Wakefield skate shack.



Check out more details here.

Shredding Events

Area non-profit Marian Homes will be hosting several shredding events in the Braddock District:

- <u>Saturday, May 6</u> from 10:00 a.m. 12:00 p.m. at Holy Spirit Roman Catholic Church (5121 Woodland Way, Annandale)
- <u>Saturday, May 13</u> from 10:00 a.m. 1:00 p.m. at Lake Braddock Secondary School (9200 Burke Lake Road, Burke)
- <u>Saturday, June 10</u> from 10:00 a.m. 1:00 p.m. at Lake Braddock Secondary School (9200 Burke Lake Road, Burke)



Information about these events can be found **here**. Donations are accepted and benefit Marian Homes'

mission to purchase and maintain affordable homes for individuals with intellectual disabilities, allowing independence and personal growth in a group home setting.



ECHO (Ecumenical Community Helping Others) helps people in need who live in Burke, Springfield, and part of Alexandria.

There will be a Shred and Share Event to benefit ECHO on Saturday, May 6, from 9:00 a.m. - 12:00 p.m. at 6045 Burke Centre Parkway (Giant Shopping Center parking lot).

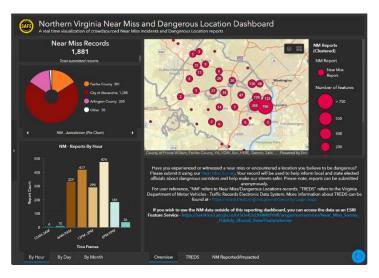
The shredding is free, but the organizers encourage participants to bring non-perishable food items or personal hygiene items to donate to ECHO. You can find out more about this event **on ECHO's website**.

Fairfax Families for Safe Streets Location Survey

Have you almost been hit by a driver when walking or cycling? Do you know of a dangerous location that needs a crosswalk, signal, sidewalk, or other safety improvements?

Use the Northern Virginia Families for Safe Streets (NoVA FSS) Near Miss / Dangerous **Location Survey** and report what, where, and when it happened. Reports can be submitted in English, Spanish, Vietnamese, and all languages spoken by Fairfax County residents based on your browser's language settings. NoVA FSS use these crowdsourced reports to inform VDOT, FCDOT, and elected officials of high-risk locations requiring attention. Ideally, informing authorities before people are killed or injured.

The newly upgraded Near Miss/Dangerous Location **dashboard** is easy to use. It



enables you to view neighborhood streets and see high risk areas identified by the NM entries. You can also see where pedestrian fatalities and serious injuries have occurred.

W.T. Woodson Drama Alumnus Scholarship

On May 20 at 7:00 p.m., a celebration of life will take place in the Joan Bedinger Auditorium at W.T. Woodson High School (9525 Main Street, Fairfax) for fans, friends and family of Denise "Denny" Dowse, a well-known actor, director and drama coach who passed away on August 12, 2022. The event will kick off a fundraising campaign for college scholarships for students participating in Woodson's drama program and will include tributes, live performances, video clips from Dowse's career, and more.

Dowse, a Woodson Class of 1976 graduate, received numerous awards throughout her notable career that spanned the theater, television, movies and more (**Wikipedia** and **IMDb**). She was also the long-time Resident Director at the Amazing Grace Conservatory in Los Angeles where she influenced hundreds of students with a passion for acting and theater.

While at Woodson, Dowse acted, served in student government, and played sports. During her first year after high school, Dowse received a scholarship that helped her travel the world and launched her post-Woodson career in the performing arts. In her honor, all proceeds from the May 20 event will fund annual college scholarships for current Woodson graduates who are participating in the same drama program that Dowse did.

Scholarships will be funded via a 501(c)(3) charitable trust established in Dowse's honor based on her love of Winnie the Pooh. Donations can be made directly to "Poohzly's Dream" (click <u>here</u>).

For more information, contact Sam Roth at **WTWDennyProject@gmail.com** or (916) 501-8456.

Low-Cost Animal Vaccinations & Microchips

The Fairfax County Animal Shelter will hold the next low-cost vaccination and microchip clinic for dogs and cats on Sunday, May 28.

2023 Low Cost Vaccination

& Microchip Clinics

All clinics are first come, first served, and limited to 150 pets. Clinics will be held at 4500 West Ox Road, Fairfax, VA 22030

• September 10th

October 22nd

December 3rd

100

₫

• February 19th

April 23rd

• May 28th

(TH)

All clinics will be from 9:00 a.m. - 12:00 p.m. at the Fairfax County Animal Shelter (4500 West Ox Road, Fairfax, VA).

Space is limited to the first 150 people in line. Get there early to take advantage of these services!

There is no pre-registration or appointment required, and all paperwork will be completed at each clinic.

For more information about vaccines available and additional dates, **visit the Animal Shelter's website.**

Seasonal Items

Graduations at EagleBank Arena



George Mason University will be hosting graduation ceremonies on campus at the EagleBank Arena and the Center for the Arts from Thursday, May 18 - Tuesday, June 13 at various times of the day. Traffic impacts will vary depending on the day but be sure to subscribe to <u>Mason alerts</u> for upto-date details on high impact areas and alternative routes. You can view a full list of high school graduations <u>here</u>.

Farmers Markets

Farmers Markets are now open at the Burke VRE Station (Saturdays 8:00 a.m. – 12:00 p.m.) and Wakefield Park (Wednesdays 2:00 - 6:00 p.m.).

Almost 40 vendors will be at the markets, some offering online ordering as well. Please note that

for health and safety reasons, markets are not able to accommodate pets, except service animals. Consider leaving pets at home as the temperature on market days can increase rapidly and cause pet safety issues.

View all of Fairfax's Farmers Markets here.



Select Fairfax County Farmers Markets offer a Supplemental Nutritional Assistance Program (SNAP) matching program to eligible shoppers. Customers can charge their EBT cards at the SNAP Information Table and receive DOUBLE the amount to purchase extra fruits and vegetables. Fairfax County has SNAP programs at its McCutcheon/Mount Vernon, Annandale, Reston and Lorton locations, and will be offering SNAP at the Wakefield market in the 2023 season. Volunteers run the SNAP booths where customers swipe their EBT cards to redeem tokens to spend at the market. More information on redeeming SNAP at the participating markets, including flyers in several languages, is available <u>here.</u>

GMU Asian American Native Hawaiian Pacific Islander Heritage Month celebration Saturday, May 6th



George Mason University Celebrates AANHPI Heritage Month Saturday, May 6th at 3 p.m. (Asian Cultural Exhibition will open at 3:00 p.m & Performance at 4:00 p.m.)

At the Center for the Arts

Free Admission, Free Parking at Lot K

Featuring: Alice Guzheng Society, Gift of Education Myanmar, Filipino Cultural presentation, Japanese Play, China (Taiwan) folk song, India Dance,

Indonesia Kids Performing Arts, Nanta Korean Performing Arts B-Washington JUBCC, Mongolia, Turkmenistan, and Uzbekistan culture, Tibetan Language School, Wek Hwa Chinese School.

Sponsored by: Asian American Music Society, Coalition of Asian Pacific Americans of Virginia, Fairfax County, Fairfax City, Moms Demand Action (Burke-Fairfax Chapter) **Click here for the event page**.

Environment & Parks News

Difficult Run Stream and Trail Restoration to Begin this Summer

Beginning this July, the County Stormwater Planning Division (SWPD) will begin restoration work on approximately 1,600 linear feet of the Difficult Run Stream and water basins around the Fairfax County Government Center. Residents who utilize the walking trails behind Government Center will need to find alternative routes as the closure of walking trails is phased in. Trail and pond closures are expected to last through October 2024.

The project will involve grading, excavation and filling of soil, stream alignment, installation of in-stream and log structures, riparian corridor improvement, native species landscaping, and trail restoration. Before contractors dredge the ponds, County staff will relocate fish and other aquatic life to the Herrity Building Pond. Upon completion, SWPD will restock the two Government Center ponds.

For exact trail closure locations, refer to the map at right. Further information can be



found at the Difficult Run Tributaries and Basins Restoration at Government Center's **project page.**

2023 Environmental Excellence Awards Nominations



The call for nominations for the 2023 **Environmental Excellence Awards** is now open! If you know of an individual, business, organization or county employee who deserves recognition for their accomplishments in the past year, consider submitting a nomination.

The awards celebrate those who advance or support the County's environmental goals and policies, those who dedicate personal time or expertise beyond their normal fiscal or civic responsibilities, and those who demonstrate leadership as a role model for others.

Submit a nomination by June 1 on the **<u>online submission form</u>**.

FLAP Events

The Friends of Lake Accotink Park (FLAP) host several events each month and invite the community to join. In April you can join FLAP for:

Monthly Clean-Up on May 14 at 9:00 a.m.

Exploring the Pollinator Garden on May 14 at 10:30 a.m.
You can view all volunteer opportunities for FLAP on their event page or by checking out their website.



Transportation Updates

Night Road Work at George Mason University

Road striping crews will be on the Fairfax Campus May 1-16 to re-mark directional striping, crosswalks and other road markings. The work will be done overnight, from 6:00 p.m. to 6:00 a.m., to minimize impact to traffic and pedestrians. Temporary closures may be necessary; please follow crew member instructions.

Please review the **<u>campus map</u>** for specific details. The schedule may change, depending on weather.

Contact Facilities Customer Service at (703) 993-2525 with questions.



Bike to Work Day, May 19

Join Commuter Connections for **<u>Bike to Work Day</u>** at more than 100 pit stops throughout DC, MD, and VA. The first 15,000 who register and attend this free event will receive a T-shirt. Free giveaways and refreshments are available at most pit stops, while supplies last. Register and you'll be entered into a raffle for a chance at winning a free bike!

For assistance with registration, please call Commuter Connections at (800) 745-7433. For general questions regarding the event, please visit Bike To Work Day's **FAQ** page.

495 NEXT Project Lane Closures and Traffic Changes

Construction-related lane closures and traffic changes are planned to occur in the I-495 Express Lanes Northern Extension (495 NEXT) project corridor. Travelers should expect potential delays when traveling in this area, and are encouraged to visit **511virginia.org** for a full list, and for current information on travel conditions and work zones in Virginia. All construction-related work and closures are subject to change based on weather and other factors.



I-495 North

Monday, May 8, through Thursday, May 11, 10 a.m. to 3 p.m. Single right lane closures on northbound I-495 between Lewinsville Road and George Washington Memorial Parkway for sound wall demolition, excavation work, and clearing.

Sunday, May 7, through Saturday, May 13, 11 p.m. to 5 a.m. Triple left lane closures on northbound I-495 between Dulles Toll Road and George Washington Memorial Parkway for joint repair work. Note: this work is scheduled to take place nightly through the spring as weather conditions allow.

Monday, May 8, through Wednesday, May 10, 9:30 a.m. to 3 p.m. Mobile single lane closures on the 495 North Express Lanes exit to Dulles Toll Road (Route 267 West) for traffic management.

Monday, May 8, through Friday, May 12, 9:30 p.m. to 5 a.m. Alternating mobile single lane closures on northbound I-495 throughout the project corridor as needed for traffic management.

I-495 South

Monday, May 8, through Friday, May 12, 10 p.m. to 5 a.m. Double right lane closures on southbound I-495 from George Washington Memorial Parkway to Old Dominion Drive for barrier setting and equipment removal work.

Monday, May 8, through Thursday, May 11, 9:30 a.m. to 2:30 p.m. Single right lane closures on southbound I-495 between Live Oak Drive and Old Dominion Drive for construction access to Old Dominion Drive work.

Monday, May 8, through Friday, May 12, 9:30 p.m. to 5 a.m. Alternating mobile single lane closures on southbound I-495 throughout the project corridor as needed for traffic management.

Public Safety

Near-Fatal Crash Involving FCPD Officer

On May 1 around 11:38 a.m., a patrol officer was on a routine traffic stop with a gray 2012 BMW 750 Series on southbound Fairfax County Parkway prior to Braddock Rd. The 17-year-old driver of a black 2018 BMW M3 was traveling northbound on Fairfax County Parkway at a high rate of speed and lost control. The BMW spun around, crossed the median, striking the community member's vehicle then officer's vehicle. The officer was nearly struck and killed.

The adult driver in the BMW 750 Series on the traffic stop was taken to the hospital with minor



injuries not considered to be life-threatening and has since been released from the hospital. The officer sustained minor injuries. The juvenile driver of the BMW M3 and the two passengers sustained minor injuries. The juvenile was charged with reckless driving.

The Fairfax County Police Department is relieved that this crash did not result in a tragedy. This is an important reminder that life

can change in an instant. It is the driver's responsibility to drive safely and arrive safely.

Parents and guardians should consider using this video as an opportunity to have a conversation with their teen drivers about how their driving behavior can affect the lives of others. The Fairfax County Police Department is committed to traffic safety and will continue to enforce traffic laws and educate drivers to curb the senseless loss of life that occurs during preventable fatal crashes. View the dashcam footage <u>here.</u>

Civilian Response to Active Shooter Events/STOP THE BLEED Training

Because an active violence event can take place anywhere in the world, the community needs to be prepared with how to respond. This lecture, on Saturday, May 6, from 10:00 a.m. - 1:00 p.m., will help participants learn about attackers, disaster response, and how to prepare for and respond to being trapped in a building during an active violence event.



The training will include a review of past events, the steps law enforcement will take to assist and limit casualties and be there to answer your questions. This training is open to anyone in the community, but some of the material may be disturbing.

STOP THE BLEED training will also be presented with this program. This training can be used anywhere to assist someone who has a severe bleeding emergency. Participants will be shown how to utilize direct pressure, wound packing, and tourniquets.

This training will be in person at the West Springfield District Station community room (6140 Rolling Road, Springfield, VA). Register for the class <u>here</u>. Contact MPO Tony Capizzi at (703) 277-2363 with further questions.

Neighborhood Watch Training

The West Springfield District Station will be hosting Neighborhood Watch training on Tuesday, May 16, at 6:30 p.m. This training is required before you may participate in the Neighborhood Watch Program. This training is only required once but can be retaken. The meeting will be held in person at the West Springfield District Station community room (6140 Rolling Road, Springfield, VA). Contact MPO Tony Capizzi at (703) 277-2363 or **anthony.capizzi@fairfaxcounty.gov** with further questions.



Scout Night

Officers from the West Springfield District Station will be hosting a Scout Night. Our next meeting will be on Wednesday, May 24. If dens or troops would like to visit the police station



and speak with officers, please contact the station for available times. Officers will give a presentation to the kids in our community room, a video tour of the station, and then a hands-on tour of the police car outside. Space is limited to one den/troop every half hour. Slots are:

- ∎ 5:30 p.m.
- 6:00 p.m.
- ı 6:30 p.m.
- 7:00 p.m.

If older scouts need specific requirements for a

badge, arrangements can be made. Please contact either PFC Liam May at (703) 277-2357 or MPO Tony Capizzi at (703) 277-2363 for scheduling or further questions.

Human Services Corner

Unpacking Gender Series

AWARENESS + Action Social Change	UNPACKING GENDER: bow to talk to kibs and teens and how they can affect our relationships with ourselves, loved ones, and community. We will discuss the impact gender roles and stereotypes have on everyone and how this knowledge can help us prevent violence. This workshop is aimed at parents, guardians, family members, and other caregivers interested in learning how to talk about gender with the children, teens, and young adults in their life. This workshop is free, but registration is required. THIS WORKSHOP WILL BE OFFERED FOURT IMES: MODAY, MAR 27, 2023 7–8 p.m. Lorton Library 9520 Richmond Highway			
Fairfax County Domestic and Sexual Violence 24-Hour Hotline 703-360-7273				
Where a TTY number is not indicated, use Virginia Relay, Reasonable accommodatic provided upon request, call 709-324-5730	A FAMEFAN COUNTY, VA. PUBLICATION			

Fairfax County Domestic & Sexual Violence Services will be providing multiple Unpacking Gender: How to Talk to Kids and Teens workshops at libraries around the County. The free workshop is aimed at parents, guardians, family members, and other caregivers interested in learning how to talk about gender with the children, teens, and young adults in their life.

The next workshop is on Thursday, May 25 from 7:00 - 8:30pm (doors open at 6:45pm) at the Tysons-Pimmit Regional Library (7584 Leesburg Pike, Falls Church). **Register here.**

REVIVE! Naloxone Training

The <u>Community Services Board</u> has partnered with the <u>Virginia Department of Behavioral</u> <u>Health and Developmental Services</u> to launch REVIVE!, a program that makes naloxone available to lay rescuers to reverse opioid overdoses.

REVIVE! trains individuals on what to do and not do in an overdose situation, how to administer naloxone, and what to do afterwards. Each attendee also receives a free REVIVE! kit that includes all the supplies needed to administer naloxone. The medication itself can be acquired at a pharmacy after completing the training. Attendees also receive <u>a safety plan</u> to help individuals prevent overdose if they relapse.

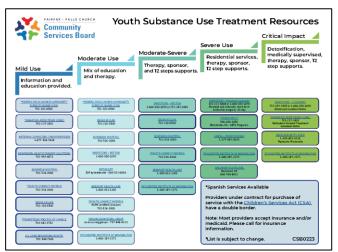


More details about these training sessions **<u>can be found here</u>**. The May schedule for virtual trainings is:

<u>May 11 at 6:30 p.m.</u> <u>May 16 at 10:00 a.m.</u> <u>May 20 at 9:00 a.m.</u>

<u>May 23 at 11:00 a.m. (Spanish)</u> <u>May 31 at 2:00 p.m.</u>

County Youth Substance Use Treatment Resources



The Substance Use Prevention program was developed to help more teens get behavioral health support more quickly. It is a partnership between the <u>Fairfax-Falls Church Community</u> <u>Services Board</u> (CSB), the <u>Fairfax County</u> <u>Public Schools</u> (FCPS), and the <u>Fairfax County</u> <u>Juvenile and Domestic Relations District</u> <u>Court</u> (JDRDC). Due to funds allocated by the Fairfax County Board of Supervisors in 2017, CSB and FCPS have been able to hire additional staff for the program.

Learn more about Youth Substance Use **Treatment Resources here.**

Summer Fun at Mason Camps

Summer days will soon be here! Keep your children engaged through academics, the arts, and sports/recreation camps at Mason. Programming covers a variety of interests including conflict resolution, conservation, game design and technology, podcasting, theater, music, and much more. Visit **camps.gmu.edu** for details.

Photo: Participants of the Females of Color and those Underrepresented in STEM Programs. Photo credit: Sierra Guard/George Mason University Creative Services





National Association of Letter Carriers' "Stamp Out Hunger" Food Drive, May 13

Mail Carriers have worked hard each year to "Stamp Out Hunger" in communities across the country. The NALC's local drive has been vital in helping ECHO keep its Food Pantry stocked through the lean summer months when donations traditionally diminish. This year, the drive will be held on May 13. Residents are asked to put out a bag of non-perishable food at their mailbox by 9:00 am so that their carrier can pick it up on their route and provide it to ECHO. Currently, ECHO's Food Pantry especially needs rice (white, Basmati or Jasmine), dried beans (black, pinto or red), instant potatoes, canned milk, spaghetti sauce, detergent (laundry and dish) and facial tissues. A complete list of needed items can be found on ECHO's website **www.echo-inc.org**. All non-perishable foods that are not past the dates marked on their packaging are welcome. Thank you for keeping the ECHO Food Pantry stocked.

Resources for Older Adults

Free Community Events at the Wellness Center for Older Adults, May 2023

4027B Olley Lane, Fairfax, VA Hours of Operation: Monday to Friday 9:00 a.m. - 3:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 10:00-2:00 'Brown Bag' Medication Safety Event	3 10:30 Creativity Leads to Wellness	4 1:00 Chair Yoga*	5 1:00 Movie Club: TBD
8	1:00 Chair Zumba* 9 1:00 Chair Zumba*	10	11 10:00-2:00 Blood Pressure Screenings 1:00 Chair Yoga*	12
15	16 1:00 Dementia 101	17 10:30 Creativity Leads to Wellness	18 1:00 Chair Yoga*	19 10:00 Brunch Reception 1:00 10 Warning Signs of Alzheimer's
22	23 1:00 Chair Zumba*	24 10:30 Creativity Leads to Wellness 1:00 6 Pillars of Brain Health	25 10:00-2:00 Blood Pressure Screenings 1:00 Chair Yoga*	26 1:00 Birthday Bingo Celebration
29 CLOSED	30	31 10:30 Creativity Leads to Wellness	May Serv a LEADIN	2023 /iceSource g community resource

Program Descriptions (listed alphabetically) 6 Pillars of Brain Health

Join a discussion by **AARP** to explore information on the pillars of ongoing exercise, restorative sleep, and eating right. Puzzle books will be provided!

10 Warning Signs of Alzheimer's

Am I getting old or getting Alzheimer's? Is forgetfulness a natural part of aging? When does memory difficulty signal a larger problem? This program by the <u>Alzheimer's Association</u> provides an understanding of the difference between normal aging and when symptoms reveal a larger problem.

Birthday Celebration

Happy Birthday May baby! Play Bingo at 1:00 p.m. Reserve your slice of cake!

Blood Pressure Screenings

American Health Care Professionals offer free Blood Pressure checks and nurse consultations. Appointments are in 30-minute increments. 10:00 a.m. – 2:00 p.m., and walk-ins are welcome. You can also call or email to reserve an appointment.

Brunch Reception

The WCOA is having an open house from 10:00 a.m. - 2:00 p.m. Breakfast food will be available at 10:00 a.m., and tours will be offered throughout the day.

Chair Zumba

Grab a chair at the wellness center! Move to music in this low-impact exercise. **This class is streamed with in-person adaptations**

Chair Yoga

Chair yoga is a beneficial form of yoga for any fitness level, from active seniors to those recovering from an injury. **This class is streamed with in-person adaptations**

Creativity Leads to Wellness

Join creative art sessions led by local artist, Sharon Fishel, from <u>McLean Project for the</u> <u>Arts.</u> This class will focus on individuals discovering their own creativity working in the mediums of drawings, paintings, and mixed-media collage. All materials will be provided.

Fraud Watch

This presentation by **AARP** includes information on how to spot and avoid scams, how to protect yourself and your family, and what you should do if you think you've become a victim of a scam.

Nutrition Demonstration

Aprons on, everybody! These simple recipes require no cooking and are delicious. Call or email to save a seat for the "cooking" demonstrations.

Memory Screenings

Insight Memory Care Center offers free, confidential memory screenings and educational materials to people with concerns about their memory or who want to check their memory now for future comparison. Call to reserve a 30-minute appointment at (703) 970-3601.

Movie Club

Join others for a movie club experience. This activity is centered around watching a quality movie and having a discussion after the showing.

Footloose is a 1984 film about a city teenager who moves to a small town where rock music and dancing have been banned. His rebellious spirit shakes up the populace.

Dementia 101

Learn the basics of dementia, including Alzheimer's disease and other dementias, with **Insight** <u>Memory Care Center</u>. Although not everyone travels the same path, come and learn about the general stages to help you anticipate future changes.

Virtual Center for Active Adults Programs

*These activities are streamed for in-person adaptations.

Understanding Alzheimer's and Dementia

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking, and behavior. Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available, and <u>Alzheimer's Association</u> resources.



Lifetime Learning Institute (LLI/NOVA) invites you to join their Summer Term

Lifetime Learning Institute (LLI/NOVA) invites you to be part of its exciting summer term 2023 and to participate in our other activities, including monthly forums, day trips, classes, special interest groups and social activities. Summer term is from May 30 – September 1, 2023, but your dues provide unlimited access to all activities for a full year. Registration begins May 15.

At \$110 per year, LLI/NOVA is one of the best bargains around- a full year of unlimited classes, access to travel at special rates, participation in forums, parties, field trips, and special interest groups, and an opportunity to learn new things and develop friendships with like-minded members.

The Lifetime Learning Institute of Northern Virginia, affiliated with Northern Virginia Community College's Annandale Campus, is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults age 50+.

Join LLI/NOVA and **register online on their website**. Contact LLI/NOVA at (703) 323-3746 or email **admin@llinova.org**.

New Family Caregiver Webinar

The Fairfax Area Agency on Aging's Caregiver & Supportive Services Unit invites you to join its upcoming webinar for family caregivers of older adults and/or adults with disabilities:

ADVANCES IN OUR UNDERSTANDING OF CHRONIC PAIN Wednesday, May 17 | 12:00 p.m. – 1:00 p.m. EDT| Virtual



Daniel J. Clauw, M.D. PainGuide-University of Michigan

In this presentation, Dr. Clauw will discuss advances in the diagnosis and treatment of chronic pain. He will emphasize that some pain is not a problem in the area of the body someone is experiencing pain but instead comes from the brain and nervous system. This type of pain is called centralized pain and does not respond to drug (e.g. opioids) or non-drug (surgery) that often work well for pain that is due to a problem in that area of the body. He will also discuss a number of self-management options, many of which are available on the homepage of the **PainGuide-University of Michigan**.

Dr. Daniel Clauw is a Professor of Anesthesiology, Internal Medicine specializing in Rheumatology, and Psychiatry at the University of Michigan. He is also the Director of the Chronic Pain and Fatigue Research Center, which was among the first research groups to show the prominent central nervous system contributions to pain and other somatic symptoms in individuals with conditions such as fibromyalgia, interstitial cystitis, idiopathic low back pain, vulvodynia, and endometriosis.

REGISTER HERE

- All webinars are free and open to family caregivers, older adults, adults with a disability, professionals, and the community-at-large.
- All webinars will be recorded, and registrants will receive a link to the recording of the live event.

• For questions, contact <u>Giuliana.ValenciaOrdonez@fairfaxcounty.gov</u> or call (703) 324-5484.

Land Use & Development

UPCOMING HEARINGS

Board of Supervisors Hearing on Modernized Zoning Ordinance

• May 9 at 4:30 p.m. – Board Auditorium

Planning Commission Hearing on Rezoning Proposal for Day Property

• May 24 at 7:30 p.m. – Board Auditorium

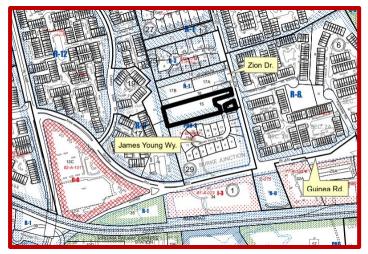
Board of Supervisors Hearing on Modernized Zoning Ordinance to be Held on May 9

On May 3, following a public hearing, the Fairfax County Planning Commission voted unanimously to recommend that the Board of Supervisors readopt the modernized Zoning Ordinance (zMOD) and its subsequent amendments. The need to readopt the ordinance is due to the March 23 Virginia Supreme Court decision that the adoption of zMOD in 2021 was void *ab initio* (void from the beginning) because the public hearings were held electronically. Additional information, including the Staff Report on readoption of the Zoning Ordinance as amended, is <u>posted online</u>. As part of its motion, the Planning Commission also recommended that some of the issues raised by residents, such as siting of data centers, be added to the Zoning Ordinance Work Program for further discussion.

The Board of Supervisors will hold a public hearing on readoption of zMOD on Tuesday, May 9, at 4:30 p.m. in the Board Auditorium. Anyone wishing to provide testimony may do so in person, in writing, by phone, or by video. You are encouraged to register in advance. The deadline for video submissions is 9:00 a.m. on Monday, May 8. Visit the <u>public hearing testimony webpage</u> for more details on how to testify.

Planning Commission Hearing on Proposal to Develop Day Property on Zion Drive Scheduled for May 24

A rezoning proposal was filed for 10121 Zion Drive, a wooded, undeveloped site known as the Day property. This 2.8-acre site is located on the west side of Zion Drive, just north of its intersection with Guinea Road and adjacent to the Burke Junction community. A Resource Protection Area (RPA) is located along the western boundary line.



The applicant has proposed rezoning the property from the R-1 District to the PDH-3 District to permit the development of six single-family detached homes. Access to the property would be provided through an extension of James Young Way, a private street that connects to Zion Drive opposite Hillard Lake Road and links to the Burke Junction neighborhood to the south. The applicant has stated that they intend to make this development compatible with Burke Junction. The proposal would complete the sidewalk network along Zion Drive.

The applicant has continued to make revisions to the details of the application in response to concerns from the community, staff, and the Braddock District Land Use and Environment Committee. In their most recent submission, the applicant has modified the proposed recreation amenity areas to include a pollinator garden with birdhouses and two benches, and an open flex-use lawn area replaces the previously proposed tot lot. The new private street has been shifted slightly to the north in order to add a small buffer area along the southern property line. This would provide more protection for off-site trees near the property line. The applicant has also proposed to add overstory trees, understory trees, and shrubs along the southern boundary.



A Staff Report analyzing the previous proposal was published on February 1. County staff are now analyzing the most recent revisions and we expect that a memo will be published a week before the Planning Commission hearing that reflects those changes. Reports and project plans are available on the **PLUS website**. Select the "Zoning" tab and enter the application number, RZ-2021-BR-

00018, in the search box on the right side. Click on the "Record Information" arrow on the left and then click on "Attachments" in the drop-down menu. The most recent documents should be at the end of the list. The PLUS website is updated in real time, so any updates will be available when submitted.

A Planning Commission hearing on this application is scheduled for May 24 at 7:30 p.m. in the Board Auditorium. If you are interested in offering testimony, you should sign up in advance to make sure you are on the speakers' list. You may also submit video testimony or written comments in advance of the hearing. Information on providing testimony is available on the <u>Planning Commission website</u>. A hearing before the Board of Supervisors has not yet been scheduled.

Braddock District Land Use & Environment Committee Meeting

The Braddock District Land Use and Environment Committee will not meet on May 16. Please watch upcoming editions of the Advisory for updated information. Braddock District Land Use and Environment Committee meetings are open to the public and interested residents are encouraged to participate.

Update on Construction at Erickson Living's Woodleigh Chase Project

Erickson Living is working to install retaining walls throughout the Woodleigh Chase site and is hoping to finish the walls along Braddock Road within the next week. At the community building, they have started to install elevators. They are continuing to install ceramic floor tile, cabinets and countertops, and are painting the common areas. Stone masonry and siding are being put in place on the residential buildings. Inside the buildings, mechanical-electrical-plumbing work continues, and drywall is being hung. Much of the work will soon be focused on the buildings' interiors. If community members have questions about the project, contact the Woodleigh Chase sales office at (703) 259-5300 or at <u>www.WoodleighChase.com</u>.



Update on Braddock Senior

Braddock Senior is being constructed by the Arlington Partnership for Affordable Housing at Braddock Road and Red Spruce Road. It will provide 80 units of age-restricted affordable housing to serve independent older adults ages 62 and above with household incomes at or below 60 percent of the Area Median Income.



Installation of the brick façade on the building is underway. The developer has been applying insulation and has begun installing mechanical equipment on the rooftop. This work, along with additional mechanical-electric-plumbing work, will continue during May.

Update on DMV's Braddock Road Customer Service Center

Work is underway at the Virginia Department of Motor Vehicles future Braddock Road Customer Service Center, located adjacent to the Erickson Living facility. Verizon completed removal of the lines from the old duct bank which ran through the property. DMV's contractor has started site work, including pouring footings. We will update the community when we receive information about the construction schedule.



Update on One University Affordable Housing Development

At the affordable housing buildings on the western portion of the One University site at University Drive and Ox Road, the senior building roofing is now complete and work started this week on installation of brick and siding. Roof framing and sheathing is ongoing on the northern portion of the family building, while framing is being completed on the third floor of the southern portion. The contractor anticipates they will complete framing and roofing at the family building by later this month. Construction on the community building should begin in late May.



Cases Filed with the Board of Zoning Appeals

The Fairfax County Board of Zoning Appeals (BZA) hears and makes decisions on requests for variances (relief from specific zoning regulations such as lot width, building height, or minimum yard requirements) and Special Use Permits. It meets on Wednesdays beginning at 9:00 a.m. BZA meetings are aired live on the county government's cable TV Channel 16. Residents who have concerns about an application are encouraged to submit a letter for the record or testify at the hearing on the case in person, by telephone, or by pre-submitted video. For information on how to submit comments or testify, please visit the **Board of Zoning Appeals website**. These matters will not come before the Board of Supervisors but will be decided by the BZA. Staff reports are normally available online a week before the scheduled hearing.

Access to information on BZA cases is available through the Planning and Land Use System, or PLUS. This system allows users to create and submit applications online, pay fees, track the status of applications, and receive electronic notifications. It also offers more information to the public than the previous system and does so in real time. Visit the **PLUS website** for more information on this land use platform.

Shringar Rana – 8113 Carrick Lane, Springfield SP-2021-BR-00145

The applicant requested approval to expand a home child care facility to care for 12 children. Arrival times would be between 7:30 and 9:00 a.m., and pick-up times would be from 12:30 to 5:30 p.m. The applicant currently has one employee. The applicant has stated that adequate parking is available. The BZA approved this application on April 26.

Information, including a map of the site and staff report, may be found on the **PLUS** website.

Tushar Bhardwaj – 4700 Ox Road, Fairfax VC-2021-BR-00010

The applicant is seeking a Variance to reduce the setback requirements to allow construction of a single family house 19.7 feet from the eastern front lot line (40-foot setback required) and 19.7 feet from the side lot line. The BZA hearing on this application has been administratively moved to May 10. Information, including a map of the site, may be found on the **PLUS website**.

Trustees of Saint Matthews United Methodist Church – 8617 Little River Turnpike, Annandale SPA-80-A-087-05

The applicants are seeking to amend their Special Permit to modify the Development Conditions to increase the number of students, increase the number of employees, and expand the hours of operation. The maximum weekday enrollment would be increased from 99 students to 230 students, including approximately 115 students ages 2.5 to 4 and approximately 115 students ages 5 to 12. In addition, the applicants are seeking to provide overflow capacity for before- and after-school childcare for up to 25 students from the nearby Wakefield Forest Elementary School's School Age Child Care (SACC) program. These students would be ages 5 to 12. The proposed number of employees is anticipated to be 25 to 30. The hours of operation would be extended from 9:00 a.m.-4:00 p.m. to 7:00 a.m.-6:00 p.m. The BZA hearing on this application has been deferred until May 17. Information, including a map of the site and staff report, when available, may be found on the **PLUS website**.

Mark E. Yohn – 5513 Ravenel Lane, Springfield SP-2022-BR-00185

The applicant is requesting a reduction in setback requirements to allow an addition (garage) to remain 9.2 feet from the side property line. The applicant is also requesting to raise the roof of the garage by 5 feet. In addition, the applicant is requesting a reduction in setback requirements to permit an accessory structure (shed) to remain 1 foot from the property line and with a height of 9.8 feet. A BZA hearing has been rescheduled for May 17. Information, including a map of the site and staff report, when available, may be found on the **PLUS website**.

Nandor Szuprics & Erika B. Szuprics – 4800 Treasure Court, Fairfax SP-2022-BR-00184

The applicants are seeking a reduction in setback requirements to permit an open deck to remain 4.8 feet from the rear lot line. The BZA hearing on this application has been deferred until June 14. Information, including a map of the site and staff report, when available, may be found on the **PLUS website**.

If you have questions regarding these land use cases or any other issues of concern to you, please email **braddock@fairfaxcounty.gov** or call the Braddock District office at 703-425-9300.