



Fairfax County, Virginia

LINES OF BUSINESS
March 2017

**PRIVATIZATION OPTIONS FOR THE
ADULT DAY HEALTH CARE PROGRAM**

*County Lines of Business (LOBs)- Phase 2
Presentation to the Board of Supervisors*





OVERVIEW

- **Project:**

- Review privatization options for the Adult Day Health Care program.

- **Workgroup:**

- Workgroup includes County staff from the Health Department, Department of Neighborhood and Community Services, Department of Family Services, and Department of Management and Budget.

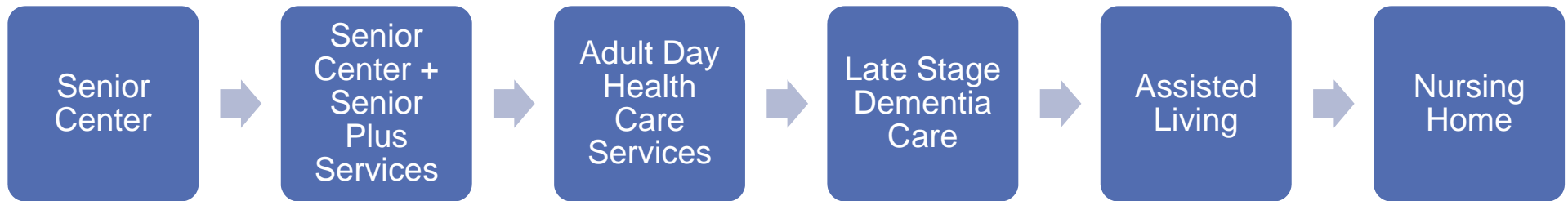
- **Timeline:**

- Completion target date Summer 2017.





LONG TERM CARE (LTC) CONTINUUM OF SERVICES



Continuum of LTC



"The staff members in this program are like 'umbrellas' of protection. Overseeing, feeding, listening ... showing patience and stimulating our loved ones to keep their minds and bodies as fit as possible."
—Caregiver quote



ADULT DAY HEALTH CARE PROGRAM (ADHC)

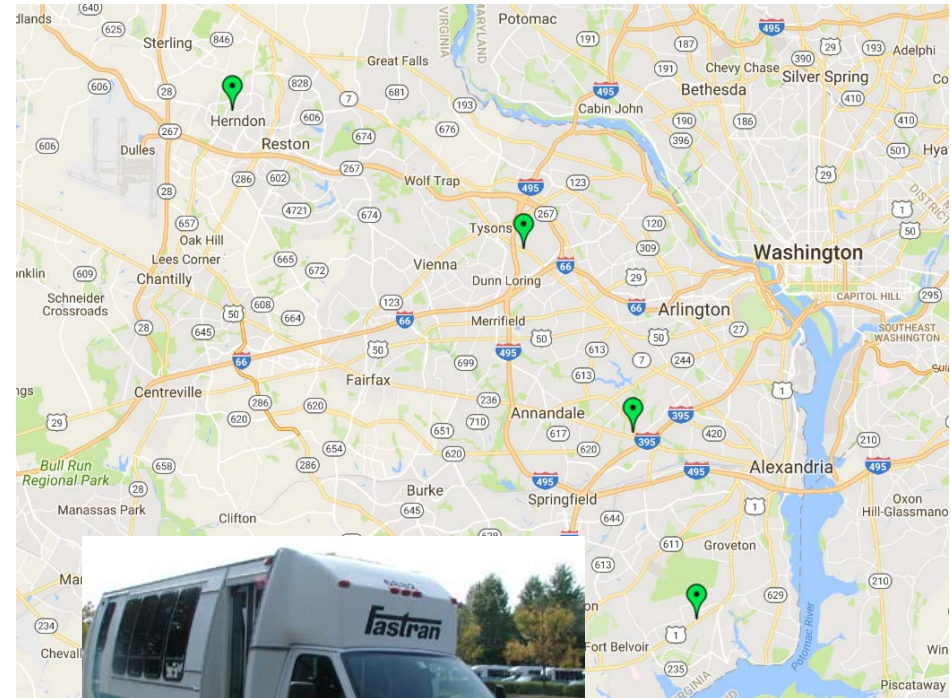
- Promotes the health and independence of the frail elderly and adults with disabilities
- Provides a safe and secure environment
- Is part of the continuum of Long Term Care (LTC) services
- Offers participants a vibrant, stimulating, and nurturing alternative to more restrictive and costly long term care options
- Provides caregiver support and respite





ADHC PROGRAM FEATURES

- Open 5 days a week from 7:00 am to 5:30 pm
- Offer therapeutic activities, nutritious meals, social engagement
- Offers ongoing health care management
- Transportation via Fastran
- Fees based on sliding income scale and range from \$16 – \$109 per day





ADULT DAY HEALTH CARE PROGRAM (ADHC)

- **Scope of Work:**

- Staff are exploring the feasibility of privatizing Adult Day Health Care Centers operated by the Health Department. There are currently four County operated Adult Day Health Care Centers.

They are:

- Lewinsville Center
 - Lincolnia Center
 - Mount Vernon Center
 - Herndon Harbor Center
- It is important to stress the Health Department is not proposing to eliminate ADHC services, but rather a new model will be developed with community providers to ensure sustainability, quality and accessibility of ADHC services.





ADULT DAY HEALTH CARE PROGRAM (ADHC)

- **In addition to the privatization of the Adult Day Health Care Centers, staff will explore whether any opportunity exists to offer other County services at the co-located sites more efficiently. Services/programs currently being reviewed include:**
 - Meals – administered by the Department of Family Services
 - Transportation – administered by the Department of Neighborhood and Community Services (NCS)
 - Senior Centers – operated by NCS. Currently, there are four senior centers which are co-located with ADHCs. They include:
 - Herndon Senior Center
 - Lincolnia Senior Center
 - Lewinsville Senior Center
 - South County Senior Center



ADULT DAY HEALTH CARE PROGRAM (ADHC)

- **Core tenets of the program will continue.**
 - Individuals will continue to receive services regardless of income
 - Transportation services to/from the program(s) will continue regardless of who is providing the services
 - Participants will continue to receive meals
 - Programs will continue to operate Monday through Friday
 - Adult Day Health Care centers will continue to be licensed by the Virginia Department of Social Services





ADULT DAY HEALTH CARE PROGRAM (ADHC)

- **Why now?**

- In spite of the aging population over the last six years there has been a steady decline in ADHC enrollment.
 - Average daily attendance (ADA) has dropped from 134 in FY 2011 (6 centers) to 90 in FY 2017 (4 centers).
 - Decrease in enrollment was not associated to the reduction in centers.
- The decreased enrollment is in part due to the proliferation in long term care service options available in the County.
 - While the increase in options is a positive trend, many of these options are not affordable for individuals with limited income.
 - However, it is also the proliferation of providers that enables the County to explore privatizing the services.



ADULT DAY HEALTH CARE PROGRAM (ADHC)

- **Potential Benefits:**

- Opportunity to identify a more innovative, cost effective and sustainable model of care.
- Build senior service capacity by leveraging available community resources.
- Among persons 85 years and older there is a net in-migration to Fairfax County; therefore, savings realized could be reinvested into programs designed to serve this aging population.





NEXT STEPS

- **Next Steps:**
 - Develop a comprehensive communication to inform key stakeholders to include caregivers, participants, county employees, community partners and advisory/advocacy groups.
 - Engage a consultant to determine the feasibility of privatizing ADHCs. It is anticipated that the consultant will guide staff on a realistic implementation schedule (timeline) and scope of services (should changes be phased-in over a period of years).
 - Research alternative service delivery models utilized by other jurisdictions.
 - Present privatization options to the Board at an upcoming LOBs committee meeting.



DISCUSSION

