

Response to Questions on the FY 2010 County's Line of Business & Schools Program Review Processes Fall 2008

Request By: Supervisor Gross

Question: Provide a list of all the programs provided at senior centers by agency, including both those proposed for reduction and those not. Response needs to be coordinated with Department of Family Services (DFS), Health, Housing, and others as needed.

Response: Senior Centers provide opportunities for recreation participation, skill development, health and wellness programs, and leisure and educational enrichment through a variety of programs and activities. Senior Center programs and activities serve as a vehicle for helping senior adults maintain their self-sufficiency and for reducing the isolation of senior adults in the community who lack mobility or interaction with others.

Core components of each Senior Center include:

Programs	Agency	Proposed Reduction
Classes in fitness and nutrition; various health and wellness programs; classes in art and crafts, drama, music, dance, and other special interest areas; computer/internet access; special events with professional guest entertainers; discussion groups and hobby groups; referral services; and, health and education workshops.	CRS (Department of Community and Recreation Services)	Closing the Wakefield Senior Center Reduction of hours at the Herndon Senior Center
Countywide events are held at various times throughout the year such as the annual senior recognition ceremony, holiday dance and other special event luncheons.	CRS	None
Congregate Meal Program	AAA (Area Agency on Aging)	Reduce the number of meals offered from 5 days per week to 4 days per week.
FASTRAN transportation to/from the center	AAA	

FASTRAN transportation - shopping trips	AAA	Reduce the number of trips provided for grocery and clothing items from 4 trips per month to 1 trip per month.
FASTRAN transportation - leisure trips	CRS	Reduce the number of leisure trip offerings at Senior Centers from 20 trips per year to 10 trips per year.

As part of continuing efforts to ensure senior adults have the opportunity to stay engaged in their communities, the Senior+ program is implemented at seven senior centers (Groveton, Herndon, James Lee, Lincolnia, Little River Glen, Lorton, and Sully). This program is a collaborative effort between Easter Seals of the Greater Washington-Baltimore Region and Fairfax County and is designed to assist seniors in sustaining involvement in social activities in the least restrictive environment, prevent further decline in their health and well being, and serve as a transition service to the Adult Day Health Care Program. Fairfax County agencies involved in the collaboration include the Departments of Community and Recreation Services, Health Department, Department of Family Services, and Fairfax-Falls Church Community Services Board

Programs	Agency	Proposed Reduction
Senior+	CRS, Health, Fairfax-Falls Church Community Services Board, Department of Family Services, AAA	Close three out of the seven Senior+ sites (Lorton, Lincolnia, and Sully)