



Jeffrey C. McKay

Chairman, Board of Supervisors

fairfaxcounty.gov/chairman/covid-19 | chairman@fairfaxcounty.gov | 703-324-2321

Fairfax County Resident Resource Guide

Health Department: Contact *the Fairfax County Health Department* with questions. Email: ffxcovid@fairfaxcounty.gov; Call: 703-267-3511 M-Fr 9am-7pm and Sat-Sun 9:30am-5pm. For text alerts: Text FFXCOVID to 888777.

Healthcare Options: For uninsured individuals, Fairfax County has assembled a list of options: <https://www.fairfaxcounty.gov/strategymanagementhhs/other-safety-net-providers>.

Language Resources: Fairfax County offers COVID-19 information translated into, Spanish/ Español; Vietnamese/ Tiếng Việt; Korean/ 한국어; Chinese/ 中文; Arabic/ العربية; Urdu/ اردو; Farsi / فارسی. It can be found here: <https://www.fairfaxcounty.gov/covid19/language-portal>.

General Assistance: *Fairfax County's Coordinated Services Planning (CSP)* is a multilingual call center that connects residents to resources including, but not limited to: food, shelter, employment, financial assistance, and healthcare. Call: 703-222-0880, TTY 711, M-Fr 8am-4:30pm. More resources are below as well.

Child Care Services: *The Fairfax County Office for Children COVID-19 Updates for Early Childhood Programs and Families* can be found here: <https://www.fairfaxcounty.gov/office-for-children/ofc-covid-19-updates>. This site has updated information for child care programs as well as for families needing child care. In addition, families searching for child care can go online to <https://www.fairfaxcounty.gov/ofcsearch> or call the *Child Care Assistance and Referral line* at 703-449-8484.

Food Assistance: *FCPS* has a number of food distribution sites across the County for students and their parents, for all times and locations: <https://www.fcps.edu/news/coronavirus-update-food-resources>. *Fairfax County's Meals on Wheels* program is delivering meals once a week, see *CSP* phone number above. For a map with all known FCPS sites, pantries, and nonprofit food providers: <http://fairfaxcountygis.maps.arcgis.com/apps/webappviewer/index.html?id=4dbbe9b950e14017938fd77ee0d973a4>.

Family Assistance: *Fairfax County's Department of Family Services* has a phone line that will be staffed with members of the child abuse prevention team who will assist parents and caregivers looking for resources or who have parenting questions. Call: 703-324-7720 M-Fr 8am-4:30pm. Email: buildingstrongerfamilies@fairfaxcounty.gov. If you are concerned about the well-being of a child, contact the *Child Protective Services Hotlines*. Call: 703-324-7400. To report Abuse, Exploitation, or Neglect of an adult who is 60 years or older or is 18 years and older and incapacitated, contact the *Adult Protective Services Hotline*: 703-324-7450.

Financial Assistance: To apply for unemployment insurance visit the *Virginia Employment Commission*: <https://www.vec.virginia.gov/> or call: 1-866-832-2362 for initial claims or 866-897-5630 for continuing claims, M-Fr 8:15am-4:30pm., To apply for benefits like SNAP TANF, or Medicaid, go to the *Virginia Department of Social Services* at <https://www.commonhelp.virginia.gov/>. Call: 855-635-4370. To renew Medicaid by phone call: 855-242-8282. Here is an FAQ for workers: <https://www.governor.virginia.gov/media/governorvirginiagov/governor-of-virginia/pdf/Frequently-Asked-Questions-from-Workers-Regarding-COVID-19.pdf>.



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Domestic Violence: If you or someone you know is experiencing abuse, call the *County's 24-Hour Domestic Violence Hotline*. Call: 703-360-7273.

Mental Health: *The Fairfax-Falls Church Community Services Board* offers mental health services. For the suicide prevention text line, text CONNECT to 855-11. You can also call: 703-527-4077, 24/7. For non-emergencies, call: 703-383-8500 M-Fr 9am-5pm. *The Fairfax County Spiritual Support Team* is offering spiritual support for adults age 60 and over. Call: 703-324-5185 M-Fr 10am-6pm.

Legal Assistance: *Legal Services of Northern Virginia* is providing free legal counsel to low-income, elderly, and disabled individuals and families. Call: 703-778-6800 M-Th 9:30am-12:30pm & 1:30pm-3:30pm. Contact your *local legal aid*, call: 1-866-LEGL-AID. Contact *the Eviction Legal Helpline*, call: 1-833-NoEvict.

Businesses: Fairfax County has a webpage devoted to businesses that covers counseling, policy changes, and loan opportunities: <https://www.fairfaxcounty.gov/covid19/information-businesses-impacted-coronavirus/>. The County also has a microloan program for businesses not qualified for Small Business Administration loans: <https://www.fairfaxcounty.gov/economic-success/county-small-business-covid-19-recovery-fund>.

CDC Guidance: People with COVID-19 have reported a wide range of symptoms –from mild symptoms to severe illness. These symptoms may appear 2-14 days after exposure to the virus:

- Fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell.

Everyone should wash hands often, put distance between yourself and others, cover coughs and sneezes, clean and disinfect frequently touched surfaces daily, and consider wearing a non-medical mask. If you are sick:

- Stay at home except to get medical care, separate yourself from others, monitor your symptoms. If you experience trouble breathing, you should seek medical attention.

Read more: www.cdc.gov.