



COUNTY OF FAIRFAX  
4110 CHAIN BRIDGE ROAD, ROOM 114  
FAIRFAX, VIRGINIA 22030-4047

STEVE DESCANO  
COMMONWEALTH'S ATTORNEY

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Contact: Laura Birnbaum, PIO, 571-396-1179

**COMMONWEALTH'S ATTORNEY STEVE DESCANO  
ANNOUNCES CONVICTIONS IN 2 SEPARATE KILLINGS**

Fairfax County, VA — Commonwealth's Attorney Steve Descano announces two manslaughter convictions that occurred in the Fairfax County Courthouse yesterday. Ismael Cruz Delcid pled guilty to voluntary manslaughter for the killing of MM, a teenage acquaintance, in March 2024. In a separate case, Douglas Sommer also pled guilty to voluntary manslaughter and unlawful discharge of a firearm for killing his wife, Marilyn Sommer, in February 2025.

**CW v. Ismael Cruz Delcid**

On March 20, 2024, Cruz Delcid, 20, of Herndon, was sitting in his car in a parking lot on Coppermine Road when he saw two teenage acquaintances, one of them MM, 14, and gestured them over. As MM approached the vehicle, Cruz Delcid put a loaded firearm in his waistband and exited his vehicle. The three had a conversation, which escalated, and after separating himself from the two teens, Cruz Delcid fired three shots, two of which struck MM in the neck and chest. Cruz Delcid immediately fled into the nearby woods, where he disposed of the firearm and his clothing, before taking the Metro and an Uber to his girlfriend's residence and smashing his phone to avoid being tracked. He turned himself into FCPD the next day.

In June 2025, the case resulted in a mistrial due a hung jury.

"My heart breaks for the victim's family," said CA Descano. "His parents deserved the chance to see him graduate high school and pursue his dreams. He had his whole life ahead of him, and I hope that this conviction allows everyone who knew him to continue healing from this terrible loss."

Cruz Delcid's sentencing date is January 9, 2026. He faces up to 10 years in prison for the manslaughter charge.

**CW v. Douglas Sommer**

On February 28, 2025, Douglas Sommer, 89, of Chantilly, took his .32 caliber FN Herstal 1922 pistol and went into the den area of his home where his wife, Marilyn Sommer, 87, was sleeping in their recliner chair. Sommer pointed the firearm at close range where Mrs. Sommer

was sleeping and pulled the trigger five times, hitting Mrs. Sommer multiple times in her head and chest. Both Sommer and their daughter, who was in a different room of the house, called 911. When Fairfax County first responders arrived, Sommer calmly stated that he killed his wife and showed them where the gun was located on their couch, before he was taken into custody. Their daughter had been at the family home that day to help her parents move into an assisted-living facility; she later told police that her father did not want to move.

“Marilyn Sommer’s long life ended in her own home, at the hands of her own husband,” said CA Descano. “This is a tragic outcome for the whole Sommer family.”

Sommer’s sentencing date is January 9, 2026. He faces up to 10 years in prison for the manslaughter charge, and up to 5 years for the firearm charge.

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