

REGIONAL MANAGEMENT GROUP MEETING

Date: April 28, 2017

Time: 9:00 a.m.

Attendees: Alan Wooten, Carol Layer, Jean Post, Lyanne Trumbull, Tammy Peacock, Kathleen Culbertson, Jackie Turner, Kate Garvey (by phone), Tisha Deeghan, Margaret Graham, Ollie Russell

Guests: Daniel Herr, Christine Plummer, Caleb Johnson, Brittany Jones, Judith Korf

Absent: None

Recorder: Julie Parkhurst

Call to Order: Alan Wooten called the meeting to order at 9:00 a.m. The group was welcomed and introductions were made.

Notes: Notes from the February 24, 2017 meeting were approved. There was no meeting held in March 2017.

Handouts: Agenda, RMG Meeting Notes (February 24, 2017), Regional Utilization Management Report, Budget

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
Budget	<ul style="list-style-type: none">• \$250k in additional ongoing funds has been granted to DBHDS Region 2 by DBHDS for LIPOS. An approximate total of \$650k in retained earnings from all five DBHDS Region 2 CSBs will be used to meet the continued LIPOS needs for FY17.• Money is still available for flexible funding.• Adult REACH funds will be fully utilized.			
UM Report	<ul style="list-style-type: none">• The UM report was reviewed and discussed.• The average LOS for LIPOS has decreased since implementing the 3 day versus 5 day authorization.• It was noted that number of insureds being hospitalized at NVMHI is high due to the rate of TDOs being served at NVMHI.			
DAP Scrubbing Standards	<ul style="list-style-type: none">• DAP Manual requires all IDAPs be scrubbed at least quarterly. Aftercare is currently scrubbing plans within each CSB monthly, but only those that had changes. Per a request from OIG, all plans need to be brought forth regionally for transparency. The absence of this will likely lead to increased audits from DBHDS. The group agreed to have further dialogue about this.	Further discussion needed among RMG	J. Post	

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DBHDS CSU Meeting	<ul style="list-style-type: none"> An Anthem pilot has been taking place in Region 10 for the past 1½ years and has just started at Sunshine Lady House. By becoming a preferred provide for Anthem, they are recapturing \$300-\$400k per year. CSUs will likely be approached. Our CSUs don't currently bill insurance except for Medicaid. Kaiser utilizes our CSUs but does not pay for them. DBHDS expectations including 24/7 admissions and continuous psychiatric coverage. Lack of psychiatry cannot be a barrier to admission. A statewide workgroup, driven by VHA, is meeting regarding medical clearance. Many tests are costly and unnecessary and are too time consuming for law enforcement personnel. 	Outcomes are not expected to change. Dr. to Dr. communication is required.		
Virginia Veteran and Family Support	<ul style="list-style-type: none"> A presentation was given to the RMG by C. Johnson and B. Jones and an update was given on programs and services. The program is transitioning to a 100% State model. Northern Virginia is expanding west to Front Royal and south to Stafford. The program will utilize peer specialists (combat veterans) and resource specialists, who will do case management for housing, employment, disability claims, etc.). Clients will be connected to behavioral health needs. A caregiver coach is available with a six-month curriculum to take care of caregivers. Referrals come from many places and the program is currently working to strengthening relationships with CSBs. The programs is available to serve vets with honorable discharges, less than honorable or dishonorable discharges as well their families. VACSB is working on a training for the conference discussion next week. Substance abuse services is a huge need in Northern Virginia. ARTS has just begun and Medicaid will cover more. Integration with federal services would be helpful and all departments in Virginia. 	All CSB's provided contact information.		

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Virginia Veteran and Family Support (cont.)	<ul style="list-style-type: none"> • Money is available for mediate intervention for homeless vets. "Homeless" utilizes the HUD definition. 			
Round Robin	<ul style="list-style-type: none"> • J. Turner (PWCSB) is inviting leadership of agencies to May meeting for contract issues, etc. She is working on the May RMG agenda. • T. Peacock (NVMHI) said they are done with the RFP process and negotiating Statewide to find nursing home beds, beds for TBI need clients, etc. • T. Deeghan (Fairfax-FC CSB) said Fairfax will be looking to get MTM contract for same day access and they hope to find another CBS with a contract to piggy back on. D. Herr said a CSB in Region one has offered to do this for CSBs and Sandy O'Dell is the contact person. One time funds are being provided for everyone to get started. 			

Adjournment: The meeting was adjourned at **11:00** p.m. The next meeting will be on May 26, 2017, at 9:00 a.m. at the Fairfax County Government Center, Conference Rooms 4/5.

Julie M. Parkhurst
Recorder

5/26/17
Date

Margaret Baram
Chair

5/26/17
Date

