

## REGIONAL MANAGEMENT GROUP MEETING

**Date:** October 27, 2017

**Time:** 9:00 a.m.

**Attendees:** Alan Wooten (PW CSB), Carol Layer (Alexandria CSB), Jean Post (NVRPO), Lyanne Trumbull (NVRPO), Kathleen Culbertson (NVRPO), Tisha Deeghan (FFC-CSB), Deborah Warren (Arlington CSB), Ruth Ann Bates (DBHDS), Amy Smiley (NVMHI), Lisa Madron (PW CSB), Jackie Turner (PW CSB), John Gyampoh (NVRPO Intern), Joe Razzano (Loudoun CSB), Claudia Arko, Sue Rowland, Louise Armitage, Tracy Gordon, Ellen Voya

**Absent:** Margaret Graham (Loudoun CSB), Kate Garvey (Alexandria CSB), Ollie Russell (Arlington CSB)

**Recorder:** Julie Parkhurst (NVRPO)

Call to Order: Alan Wooten (PW CSB) called the meeting to order at 9:10 a.m. The group was welcomed and introductions were made.

Notes: Notes from the September 29, 2017 meeting were approved with one change.

Handouts: Agenda, RMG Meeting Notes (September 29, 2017), Regional Utilization Management Report, TDO Graphs, 2018-2020 Budget Priorities, Fairfax Talking Points with Virginia legislators, VACSB Legislative Request Form, DAP Manual changes, Northern Region CCC+ Medicaid Revenue CSB Questions, MCO Parking Lot Questions, State Hospital Adult Bed Utilization Review, Regional Budget.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
Budget Priority Discussion with Legislative Liaisons	<ul style="list-style-type: none"> <li>Three budget priorities were discussed for 2018-2020. These include STEP-VA, increasing the reimbursement rate for Medicaid early intervention case management, and reducing the DD waiver waiting list.                             <ul style="list-style-type: none"> <li>STEP-VA, the product of SJ47 (the Deeds Commission), will be phased in through 2021, and does address the opioid epidemic. STEP-VA includes opioid prevention, treatment and follow up; however CSBs received funding for prevention only. \$9.3 million was given to some CSBs to develop same day access. \$250K was given to 17-18 CSBs to enhance outpatient capacity. \$26,500 was given to each CSB to contract with MTN. The cost estimate to fully implement STEP-VA is \$250 million annually statewide. Primary care component goes into effect in FY19. Everything else goes into effect in FY21.</li> <li>Medicaid rates do not cover the cost of early</li> </ul> </li> </ul>			

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TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
<b>Budget Priority Discussion with Legislative Liaisons (cont.)</b>	<p>intervention. \$176 is currently the rate being paid for case management. VACSB is requesting an increase to \$272 for Part C (early intervention).</p> <ul style="list-style-type: none"> <li>○ VACSB is requesting 800 FIS waivers and 250 CL waivers.</li> <li>○ DBHDS has some line items being requested in this year's budget, but the amount is unknown. Legislators would like to see this.</li> </ul> <ul style="list-style-type: none"> <li>• "Inflexible residency limits" in Fairfax Talking Points with Virginia legislators refers to group home size standards in which funding decreases as the size of the home increases.</li> <li>• Fairfax, Loudoun and Prince William CSBs' priorities are in line with VACSB. Arlington visits with boards in April to get recommendations.</li> <li>• The report for the fiscal realignment exercise requested by DBHDS for State Hospital census management is to come out on 12/1/17. The goal is to provide more capacity in the community.</li> <li>• To address community need, Inova is adding beds in spring 2018. M. Mullany is the Inova contact.</li> <li>• Claudia Arko asked whether Region 2 has problems obtaining licensing for facilities as delays have been reported across the state. Ruth Ann Bates reported that DBHDS has hired approximately 50 additional licensing specialists.</li> <li>• A legislative request regarding involuntary commitment of minors when both parents can't be served was discussed. This applies when a parent is in jail, in a custody situation, out of the country (military, etc.), when there is an unknown biological parent, in foster care, etc. Lawyers can look at the language. A GAL cannot be appointed in timeframe necessary.</li> </ul>			
<b>DAP Manual Draft</b>	<ul style="list-style-type: none"> <li>• Changes in the DAP manual were discussed.</li> <li>• Regarding DAP funds being transferred to the region in which the individual resides within six months of hospital discharge, it was strongly suggested that Region 2 explore what the secondary consequences could mean. This change disproportionately effects Northern Virginia because of cost of living and having only one facility that takes auxiliary grants.</li> </ul>	Ask DBHDS to revisit.	RMG	
<b>CCC+ Informational Session Follow-Up</b>	<ul style="list-style-type: none"> <li>• Question and answer handouts were discussed.</li> </ul>			

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<b>Regional Best Practices Addressing State Facility Bed Census Crisis</b>	<ul style="list-style-type: none"> <li>Best practices sheets created at the October RUG meeting were presented to RMG for review.</li> <li>A power point presentation will be drafted addressing regional best practices and utilized for the VACSB ED meeting presentation on November 30<sup>th</sup>. Components of the power point will include: <ul style="list-style-type: none"> <li>data driven successes</li> <li>funding sources and specifically local support</li> <li>population specific best practices (RAFT, ITC, etc.)</li> <li>relationship building and work process and</li> <li>creative problem-solving efforts (solution finder's list, ICRT and ICRT Stepdown)</li> </ul> </li> </ul>		J. Post A. Wooten D. Washington	
<b>Budget Report</b>	<ul style="list-style-type: none"> <li>An overview of the budget was given by K. Culbertson.</li> <li>DAP is currently \$129K in deficit. Transfers from other regions to Region 2 in DAP have been challenging as the funding does not consistently arrive in a timely fashion.</li> <li>New ongoing DAP requests will go to DBHDS as BH Funding Requests. This is because Region 2 has obligated funds at the maximum allowable amount.</li> </ul>			
<b>UM Report</b>	<ul style="list-style-type: none"> <li>The UM Report was distributed and discussed.</li> <li>Six clients have stayed on LIPOS &gt;21 days.</li> <li>There was one training center admission (SEVTC)</li> <li>MOT data reported by ES and MOT coordinators is not consistent and this will be discussed at the next ES meeting.</li> </ul>	A meeting will be set up in December to discuss CR2 capacity.	L. Trumbull	
<b>Round Robin</b>	<ul style="list-style-type: none"> <li>D. Warren (Arlington CSB) shared that they are having a one week CSB retreat. A new task they are studying is how to treat those with autism and co-occurring behavioral health issues in the community. This will be discussed with REACH and others. The Washington Post recently published an article regarding autistic clients being stuck in psychiatric hospitals.</li> <li>C. Layer (Alexandria CSB) said that Alexandria is discussing how to secure, store and provide Naloxone to at risk individual. A. Wooten shared that Prince William received 200 doses funded through a grant, but was challenges with storage. A. Wooten will link C. Layer with resources PW CSB utilized to address this challenge.</li> </ul>			

**Adjournment:** The meeting was adjourned at 12:10 p.m. The next meeting will be on November 17, 2017, at 9:00 a.m. at the Fairfax County Government Center, Rooms 4/5.

## REGIONAL MANAGEMENT GROUP MEETING

Julie M. Parkhurst

Recorder

11/17/17

Date

Alan W. Smith

Chair

11/17/17

Date