

Fairfax-Falls Church Community Services Board  
February 28, 2018

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Daria Akers; Gary Ambrose; Thomas Burger; Basilio ‘Sonny’ Cachuela Jr.; Ken Garnes; Sheila Coplan Jonas; Bettina Lawton; Molly Long; Edward Rose; Nancy Scott; Diane Tuininga; and Jane Woods

The following CSB members were absent: Paul Luisada; and Adrienne Walters

The following CSB staff was present: Daryl Washington, Michael Lane, Jean Hartman, Evan Jones; Victor Mealy; Lisa Potter; and Lyn Tomlinson

1. Meeting Called to Order

Suzette Kern called the meeting to order at 5:00 p.m.

2. Recognition

Melissa Osborne was honored for her years of service and exceptional contributions to the CSB as she moves to a new position providing administrative support to the Deputy County Executive of Health and Human Services for Fairfax County. Suzette Kern read aloud from the plaque presented to Ms. Osborne, adding her own gratitude and sentiments. Gary Ambrose, previous CSB Board Chair, added his thanks noting Ms. Osborne raised the bar for Executive Administrators, eliciting laughter with his description of her as a combination of Wonder Woman and Radar O’Reilly. Ken Garnes, also a previous CSB Board Chair, added his thoughts noting the exceptional support and wise counsel provided by Ms. Osborne during her tenure as CSB Clerk to the Board. Ms. Osborne thanked the Board for their kind words, noting the many valuable contributions of CSB staff and Board members.

3. Matters of the Public

Lynn MacDonald, Chief of Staff, Community Residences, Inc. (CR) distributed literature highlighting the substance abuse services offered via the CARE Regional Crisis Stabilization Program, a CR peer program, and encouraged the information be further distributed.

4. Amendments to the Meeting Agenda

The agenda was provided for review and accepted as presented.

5. Approval of the Minutes

The January 24, 2018 minutes of the Fairfax-Falls Church Community Services Board were presented for review. Daria Akers requested revision to her participation in the Leadership Fairfax meeting. No vote was taken, the minutes will be re-presented at the March CSB Board meeting for approval.

## 6. Matters of the Board.

Edward Rose announced recent contact with a local addiction facility, the Unity Club accompanied by Lyn Tomlinson, efforts are underway to work in partnership for delivery of Substance Abuse (SA) services to benefit a wider community.

Jane Woods reported on the WIN (Welcoming Inclusion Network) meeting held Monday, February 26, 2018, noting very successful attendance, attributing this to the hard work of Jean Hartman, Evan Jones, and involved CSB staff for so effectively publicizing the meeting. Suzette Kern echoed Ms. Woods comments, further noting the attendance of Supervisor Cook.

Molly Long, offering a reminder of her recent employment in a federal position, provided a disclaimer prior to her remarks *“The views I express, in writing or orally, are my own and do not represent the views of the Centers for Medicare & Medicaid Services, the US Department of Health & Human Services, or the United States.”* Ms. Long reported that Health and Human Services (HHS) Secretary Alex Azar has acknowledged the opioid epidemic as one of his top four priorities. The Centers for Medicare & Medicaid Services is also fighting the opioid crisis by working with states on Medicaid substance use disorder waivers as well as proposing Medicare Advantage and Part D drug coverage payment and policies to reduce opioid over utilization.

Dane Tuininga reported progress by the Wellness and Recovery Committee in scheduling of the Annual Wellness and Recovery Conference, including the date, speakers, and catering. The event is anticipated to be held at the Fairfax County Government Center again this year.

Suzette Kern, referencing a request to appoint a volunteer CSB Board member to serve on the Long Term Care Coordinating Council (LTCCC) announced that new CSB Board member Nancy Scott agreed to serve in this capacity.

Ms. Kern also announced that CSB Board Member Gary Ambrose was selected as Fairfax Federation Citizen of the Year. The awards dinner is scheduled for Sunday evening, April 15<sup>th</sup> beginning at 5:30 p.m., at the Waterford Reception Center Springfield. An invitation is forthcoming and will be shared once received.

## 7. Committee Reports

### A. *Behavioral Health Oversight Committee (BHOC):*

Gary Ambrose, reported on two presentations provided at the February meeting including that Communications Director Lucy Caldwell provided information on the many and varied ways that the CSB communicates with the community and Lyn Tomlinson, Assistant Deputy Director Acute and Therapeutic Treatment Services, provided an update on efforts to combat the opioid epidemic noting an increase of 22% in individuals with an opioid use disorder from 2011-2017.

**The next meeting is Wednesday, March 14, 5:00 p.m. at the Merrifield Center, Level 1 -Room 308 A/B, West.**

### B. *Fiscal Oversight Committee:*

Captain Cachuela provided an overview of the January committee meeting, some highlights of which are listed below:

- The Pay Period Metrics report was provided in draft form with proposed revisions. Recommendations for further revisions included retaining some of the prior data for comparison to current data.
  - It was determined that the Modified Fund Statement (MFS) will be provided on a quarterly basis for the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> quarters. 4<sup>th</sup> quarter data for April will be provided in May. The MFS Year-End report, provided in July, will include the May and June data. Staff will alert the committee to key issues identified.
  - Michael Lane provided an update to the CSB FY 2019 Budget submission noting the final amounts provided were included in the FY 2019 Advertised Budget submission.
  - Daryl Washington provided an update to the transition of the Infant & Toddler Connection (ITC) program to Department of Family Services/Office of Children (DFS/OFC), that will be finalized July 1, 2018.
  - Marta Cruz provided copies of the HR update report in both current and proposed formats. Recommendations for additional revisions included retaining the position titles and adding comparative data related to critical position recruitment. It was further reported that opioid treatment staff recruitment will be added to the report in July 2018.
  - Highlights of the Diversion First update includes;
    - An update to recent positions filled at the Adult Detention Center (ADC) and the Jail Diversion program.
    - The second Mobile Crisis Unit (MCU) has begun operating seven days/week
    - Efforts to implement Medical Clearance in the Merrifield Crisis Response Center continue.
  - In the Time to Treatment update, lengthy wait times at some sites was acknowledged, Mr. Washington confirmed this is primarily attributed to staff turnover and site preference by the individual.
  - The FY 2018 Third Quarter Review included the following highlights:
    - A positive FY 2018 Year End balance was projected, noting this includes the positive balances accumulated in the past few fiscal years. This is primarily attributed to staff vacancies and operating cost savings. A sustained positive balance is welcome as it is anticipated to provide budgetary flexibility in future fiscal years that are expected to include budget reductions.
    - It was reported that CSB Executive Leadership meets monthly with the County Chief Financial Officer and the Deputy County Executive of Health and Human Services to review the budget in collaboration with
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the Department of Management and Budget (DMB) to monitor the current financial status and plan for future projections.

- A reminder was offered that the Fiscal Oversight Committee meets monthly to review staff critical shortages, personnel and operating costs, and programmatic issues to ensure efficient fiscal practices.

**The next meeting is Friday, March 16, 9:00 a.m. at the Pennino Building, Room 836A.**

C. *Developmental Disabilities (DD) Committee:*

Sheila Coplan Jonas good meeting

- Dennis Brown and Barbara Wadley-Young both offered statements on the increasing difficulty of managing staff coverage in clinical areas related to the burdensome demands of current regulatory state requirements.
- Housing presentations highlighted the services and supports available to individuals with Developmental Disabilities related to the DOJ settlement agreement.
- Information on the Welcoming Inclusion Network (WIN) kickoff meeting was provided.
- Jean Hartman reported that the Board of Supervisors (BOS) would proclaim March 2018 as Developmental Disabilities Inclusion month at the meeting on February 20, 2018. Ms. Jonas further reported attending the BOS meeting accompanied by Suzette Kern, noting the BOS meeting was well attended.

**The next meeting is Wednesday, April 4 at 5:30 p.m. at the Merrifield Center, Level 1-308A/B.**

D. *Other Matters*

Updates to Ad Hoc Committee Activities were provided as follows:

- *CSB Board Workforce Review Committee:* Jennifer Adeli referred to handouts located in the Board materials noting the data provided was reflective of four key areas including Recruitment, Retention, Compensation, and General Environment. Directing attention to the second section of the handout, Ms. Adeli highlighted the comparative data provided, which indicated changes in the Average General Merit Vacancy Count over a three-year period, clarifying the categories included in appointments and terminations. Gratitude in acknowledgement of the hard work of the staff who contributed to the data collection was extended.
- *CSB Board Member Orientation and Ongoing Education Committee:* Ed Rose, offering a reminder that Mental Health First Aid classes had been considered, reported that as the classes are not designed for modification, perhaps it would be preferable to schedule a presentation by an individual who has attended a training and can offer an overview. Mr. Rose also reported

working with Lucy Caldwell to schedule visits to CSB sites. Ms. Kern offered a reminder that there is some mandatory board member training listed in the CSB Board Member handbook, encouraging members to consult that resource.

- Ken Garnes reported on recent efforts to establish a legislative structure for scheduling visits with General Assembly members. It would be designed to ensure board familiarity with key topics, create a reporting mechanism, and provide a forum for review of visit feedback and member recommendations. To that end, Mr. Garnes distributed charts of the most recent legislative visits and provided a summary of the recommendations that resulted. Suggested preparations for future visits included familiarization with the County lobbying policy, involving county legislative staff, and consideration of CSB communications staff that may assist with tracking and support of legislative efforts.
- Suzette Kern reported on two opportunities to provide budget testimony including:
  - The Human Services Council Community Dialogue, March 8, 2018; Suzette Kern will provide the testimony.
  - Three speaking slots are reserved for the Board of Supervisors, FY 2019 Budget Public Hearings on Wednesday, April 11, 2018. Ms. Kern asked that Board members interested in speaking please contact her, noting the testimony is prepared by CSB staff in collaboration with the speakers.

## 8. Information Items

### *FY 18 – FY 20 Strategic Plan Mid-Year Highlights*

Lisa Potter, offered a reminder that the CSB had just completed the first six-months of a three-year Strategic Plan. Directing Board attention to a handout that provided highlights of accomplishments and strategies for key focus areas, a brief overview was provided. Encouraging further review, a link to the Strategic Plan, embedded in the handout, will be forwarded to the members.

### *FY 2019 Advertised Budget Submission*

Daryl Washington directed attention to the FY 2019 Proposed CSB Budget Highlights handout in the board packet and provided an overview of the proposed budget items, including key dates in the budget process. It was emphasized that the current budget is predicated on approval of the proposed 2.5¢ tax increase. Some discussion ensued.

## 9. Director's Report

Daryl Washington and Michael Lane provided updates to several topics, including the following:

- Mr. Lane provided an overview of the results of the services audit, conducted by contract audit firm MTM Services, that was prompted by the implementation of

- STEP-VA. Four areas were identified as in need of attention including, 1) Collaborative Documentation, 2) Same Day Access, 3) No Show Management, and 4) Utilization Review/Utilization Management. Mr. Lane highlighted each topic, providing some additional details to further explain planning efforts.
- Mr. Washington provided an overview of the identified priorities for FY 2018 and early FY 2019 including the following:
    - *Enhance Compliance*: efforts to strengthen the Compliance Program are anticipated to be long-term, the first stage of which is workforce planning.
    - *Clinical/Business Process Redesign*: increasing efficiencies of service delivery, primarily related to treatment wait times.
    - *Improve Communication*: the staff organizational assessment indicated a need for better communication with staff. Efforts include a new “Getting to Know...” blog article copies of which were provided in the Board materials and scheduled staff dialog meetings across the county.
    - *Opioids*: Mr. Washington commended the team efforts that have resulted in meaningful change to opioid treatment including contracting community treatment beds that has shortened residential time to treatment and Project REVIVE!
  - Referring to a handout describing the creation of the Office of Strategy Management (OSM), Mr. Washington provided further details including the purpose and origin of the Office and further noting the recent adoption of the pronunciation “awesome” for the program acronym.
  - Mr. Washington reported a recent trip to Chesterfield, VA accompanied by Lyn Tomlinson, Marissa Farina-Morse, Mark Blackwell, and Sheriff Stacy Kincaid. A tour of an adult detention facility was provided that included a model for the treatment of opioid abusers during incarceration. Possible replication is under discussion. It was noted that Supervisor McKay and Supervisor Herrity have also toured the facility.
  - CSB Board members who have not already subscribed to CSB News were encouraged to subscribe with subscription support provided by Erin Bloom upon request.
  - Mr. Washington, echoing earlier statements regarding the WIN stakeholders group acknowledged the anticipated success of community, CSB staff, and County Supervisor involvement to come up with creative and innovative ways to address continued Employment and Day service delivery in an equitable and financially responsible manner.
  - At several recent meetings including the Human Services Council and the joint meeting of the BOS and Fairfax County School Board, County Executive Officer, Bryan Hill reported anticipation that Fiscal Year 2020 will present some significant budget challenges. In support of this, Deputy County Executive for Health and
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Human Services, Tisha Deeghan has recommended that county agencies review Lines of Business (LOBs) II to plan for some significant fiscal challenges that Fiscal Year.

- Daryl Washington reported hosting a New Employee Orientation along with Michael Lane, Jean Hartman, and Lyn Tomlinson, noting many of the new staff were recently hired Support Coordinators.
- Mr. Washington provided an update to the current legislative session, including two bills currently being monitored due to the anticipated impact to the CSB and the County:
  - Board members were thanked for making calls to members of the House Courts Subcommittee requesting their support in passing *Senate Bill 392 (SB 392)*. This bill permits the court to proceed with a hearing for the involuntary commitment of a juvenile in instances where both parents cannot be notified if, at the hearing, the court determines that a **reasonable effort** was made to serve the petition and notice of the hearing on both parents. If this bill is not passed, this can result in juveniles not receiving the appropriate level of care. It was further reported that this bill passed in committee 8 – 0.
  - The second bill being monitored, was not supported. This bill mandated that the CSB would provide some jail services, but did not allow for adequate flexibility in the services to be provided. This bill was tabled and is unlikely to be seen this session. It was clarified that a bill is rarely readdressed in the same session in which it has been tabled.
- Mr. Washington read from a letter sent by the family of an individual who recently received attention from the Mobile Crisis Unit (MCU). The individual was in crisis and engaged in an escalating event. Fairfax County Police called in the MCU and due to the actions of the MCU staff, Steven Black, Chelsea Sargent and Jeanne Cowan, the situation was ultimately de-escalated and the individual agreed to voluntary commitment. The family expressed deep gratitude to the CSB and to the members of the responding MCU in particular.
- Lisa Potter distributed copies of the FY 2018 Q2 CSB Status Report and Data Definitions encouraging members to contact her with any questions.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 6:27 p.m.

Actions Taken--

- ♦ The January 24, 2018 meeting minutes were approved.

March 28, 2018

Date



Staff to Board