

## Learn more about getting involved in the BeWell project!

Tuesday, October 23, 2018

11 a.m. to 2 p.m.

**Gartlan Center** 

8119 Holland Road, Alexandria, VA 22306

- Light refreshments will be provided.
- Get health smart! Find out about:
  - Diabetes
  - Heart disease
  - Hypertension
  - Smoking cessation
- Check your height, weight and Body Mass Index (BMI)
- CO2 testing for smokers

- Screenings available:
  - HIV testing
  - Blood pressure
  - Cholesterol
  - Glucose
  - Vision
- Learn how to get connected to:
  - Primary care
  - Pharmacy services
  - Dental care



















