# Fairfax Falls Church Community Services Board Developmental Disabilities Committee

The Merrifield Center
8221 Willow Oaks Corporate Drive, Level 1 Room 308A/B
Fairfax, VA 22031
5:00 p.m. – 7:00 p.m.

# \*\*\* Wednesday, December 5, 2018 \*\*\*

## **AGENDA**

1.	Legislative Talking Points Overview	CSB Staff (Room 1-408/1-509, East)	5:00 p.m.
2.	Meeting Called to Order	Chair	5:30 p.m.
3.	Welcome and Introductions	Chair	5:30 p.m.
4.	Approval of the Agenda	Chair & Members	5:35 p.m.
5.	Approval of October 2018 Draft Minutes	Chair & Members	5:35 p.m.
6.	Matters of the Public	Chair & Public	5:40 p.m.
7.	Matters of the Committee	Chair & Members	5:50 p.m.
8.	Staff and Agency Updates	CSB Staff	6:20 p.m.
	<ul><li>Agency Updates</li></ul>		
	<ul><li>Employment &amp; Day</li></ul>		
	<ul><li>Support Coordination</li></ul>		
	<ul><li>Residential</li></ul>		
	<ul> <li>Northern Virginia Projects Office</li> </ul>		
9.	<b>Associate Member Presentation Intro</b>	Chair	6:25 p.m.
	<ul><li>Community Concepts</li></ul>	Donalda Jones	
	CRi, Inc.	Julie Dwyer-Allen	
	■ ECHO	Zanelle Nichols	
	<ul><li>MVLE</li></ul>	April Pinch-Keeler	
	<ul> <li>Work Opportunities Unlimited</li> </ul>	Salsawit 'Salsi' Mane	
10. Announcements			6:55 p.m.
11. Meeting Adjourned			7:00 p.m.

Next Meeting Date: Wednesday, February 6, 2019\* at 5:30 P.M. at the Merrifield Center
\*2019 CSB Board Meeting Calendar approved at November 28, 2018 CSB Board Meeting

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# Fairfax-Falls Church Community Services Board Developmental Disabilities Committee

October 3, 2018

The Developmental Disabilities Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

Committee and Associate Members in Attendance: Sheila Coplan Jonas, Co-Chair; Jane Woods, Co-Chair; Daria Akers, CSB Board Member; Thomas Burger, CSB Board Member; Rachna Sizemore Heizer, CSB Board member; and Nancy Scott, CSB Board Member; Bethany Barr, Melwood (previously Linden Resources); Dennis Brown, ServiceSource; James Campbell, Community Systems, Inc. (CSI); Rikki Epstein, the Arc of No. VA; Susan Keenan, Community Living Alternatives (CLA); Andy Miller, Lutheran Family Service of Virginia, Inc. (LFSVA); Zanelle Nichols, ECHO; and April Pinch-Keeler, MVLE; Stephen Toth, ServiceSource, Family and Friends;

<u>Staff in Attendance</u>: Barbara Wadley-Young, Joseph Rajnic, Shelia Peters-Lee, Denise Sequeira, and Lyn Tomlinson

<u>Guests in Attendance</u>: Sharon Denisar, Fairfax County Public Schools (FCPS); Steven Carter, SD Carter Enterprises, LLC.; and Rebecca Keith, Compassionate Care

#### 1. Meeting Called to Order

Sheila Jonas called the meeting to order at 5:30 p.m.

#### 2. Welcome and Introductions

Attendees were welcomed following which, all attendees including staff and Committee and Associate Members announced name, position, and agency affiliation.

#### 3. Approval of the Agenda and Minutes

As no changes to the October 3, 2018 agenda were recommended, Jane Woods made a motion to accept the agenda as presented, which was unanimously endorsed.

The notes for the June 6, and the August 1, 2018 Developmental Disabilities Committee meetings were presented for Committee review. As no revisions were recommended, Daria Akers made a motion to accept the notes for both months as presented., which was unanimously endorsed.

#### 4. Matters of the Public

None were presented.

#### 5. Matters of the Committee

Associate members asked to present information during their respective presentations, scheduled for later in the meeting.

#### 6. Staff and Agency Updates

Lyn Tomlinson provided an update to recent activities, noting the following:

- A reminder of the VACSB (Virginia Association of Community Services Boards) Conference was offered, noting that several CSB staff are in attendance.
- Reporting on recent feedback from the organizational assessment survey regularly provided to CSB staff, it was noted that Executive Staff was asked to be more communicative and accessible. To address these results, some initiatives have been developed, one of which is 'A Day in the Life'. This initiative involves an Executive Staff member spending a day with staff in a single service area to observe and gain a broader understanding of daily staff labors and interactions with individuals receiving services. Ms. Tomlinson reported spending her first 'Day' at Detox, noting it was a powerful means of better understanding the work of front line staff and the individuals served. Subsequent 'Days' are planned with Support Coordination in November 2018 and Employment & Days Services in December 2018.
- Reminders of some recent personnel changes included a reminder that Barbara Wadley-Young is the new Assistant Deputy Director of Community Living & Treatment Supports. Additionally, it was noted that Mike Goodrich recently started as Deputy Director of Administrative Operations.

Barbara Wadley-Young reported that she will be scheduling visits with community partners/contractors in Employment & Day and Support Coordination services, in echo of community partner visits being conducted by Daryl Washington.

Shelia Peters-Lee, in the absence of Victor Mealy provided an update to Support Coordination Services:

- There are 2,307 individuals on the current wait list. These include 605 Priority 1, 1,174 Priority 2 and 528 Priority 3 individuals. It was noted that individuals considered Priority 1 receive initial review for DD Waiver slots as they become available.
- In collaboration with FCPS and DARS (Department of Aging and Rehabilitative Services) the process to transition the 2019 Special Ed Graduates has begun. There are 98 students assigned to four current Support Coordinators, this includes 20 students with Developmental Disabilities and 78 students with Intellectual Disabilities, with six individuals still to be assigned. Projections for total 2019 graduates is 173 students not including 15 waiver slots already assigned. Noting smaller numbers in previous years, Ms. Peters-Lee clarified that some decrease is anticipated, attributed to individuals who move: out of the area, decline services, do not qualify in eligibility determination, etc.
- Current recruitment efforts include filling 14 Support Coordinator positions to meet increasing service demands and DBHDS regulatory requirements.

Denise Sequeira, noting Evan Jones attendance at the VACSB Conference, provided an update to Employment & Day Services:

• 97 of the June 2019 graduates have been placed in Employment & Day Services, most of whom were enrolled in the more intensive day program.

- There are 156 individuals enrolled in the Self-Directed Services Program, with eight individuals in consideration.
- Current hiring efforts include a part-time Data Management staff member for Self-Directed Services that will be shared equally, 20 hours each, with Residential Services.

Joseph Rajnic, Acting Service Director for Assisted & Community Residential Services provided an update on recent activities:

- Meetings with residential service contractors are ongoing.
- Results from the Department of Medical Assistance (DMAS) Home and Community Based Provider self-assessment survey are anticipated soon. Preliminary feedback indicated that 95%+ of Virginia providers did not meet compliance requirements for Part I of the survey, attributed to individual rights and freedoms, noting this refers to the HCBS Settings Rule.
- Current staff vacancies in Residential Services include two group home Program
  Managers, six direct support staff, one Program Coordinator; and the part-time data
  supports position shared to be shared with the Self-Directed team.

Barbara Wadley-Young noted Jean Post's attendance at VACSB. Ms. Wadley-Young distributed several handouts, providing an overview of each, to include:

- Welcoming Inclusion Network (WIN) Update, attendees were encouraged to visit
  the related websites, the links for which are provided on the back of the handout.
  The next meeting of the WIN Stakeholders Group is Tuesday, November 13, 2018 at
  the Herrity Building.
- Inclusion Drives Innovation Event; Monday, October 22, 2018 in observation of National Disability Employment Awareness Month, and also inspired by WIN events.
- Upcoming Events Announcement/Reminder:
  - Fairfax County Disability Employment Awareness Month Proclamation, to be received by Lori Stillman for WIN and the Disability Services Board
     Tuesday, October 16, 2018, Fairfax County Government Center,
  - Inclusion Drives Innovation Creating an Inclusive Workforce in Fairfax County Monday, October 22, 2018, Fairfax County Government Center,
  - Moving On to Life in the Community A Resource Fair for Students with Disabilities; Wednesday, October 17, 2108, Lake Braddock Secondary School.

Acknowledging that there appears to be a pervasive misunderstanding of the differences between Intellectual Disabilities and Developmental Disabilities, it was noted that some additional training may be helpful in educating the public including businesses and law enforcement.

Ms. Wadley-Young reported ongoing involvement with the County Long-Term Care Cross-Agency Planning group addressing integrated supports related to retirement of older adults with developmental disabilities. Acknowledging that this is one of the four options identified by the WIN Stakeholders Group, ongoing discussions involve various agencies including the

Health Department, Department of Family Services, and staff with Fairfax county Public Library, Therapeutic Recreation and Parks.

#### 7. Associate Member Presentations

Sheila Jonas introduced the assigned speakers, reporting that the plan to invite Associate Members to provide a brief overview of their agencies was developed as a means of familiarizing board and committee members with the various services available in the community. Highlights of each five-minute presentation is provided below:

- Susan Keenan, Executive Director with Community Living Alternatives provided some background information noting their residential facilities include one ICF (Intermediate Care Facility), 11 group homes with no more than four individuals in each, and six individuals through in-home supports. Efforts to develop community relationships include attendance at sporting events (Washington National games), contact with neighbors, etc. The recent re-convening of a family advisory committee in which family members are heavily involved in the care of the individuals was mentioned. Additionally, Ms. Keenan announced that CLA has recently implemented an Electronic Health Record. Lastly it was noted that the CLA team received a 2018 Spirit of Excellence Award.
- 2. James Campbell, Executive Director with Community Systems, Inc.-VA. provided an overview of the agency, noting CSI provides services in four states including Connecticut, Delaware, Massachusetts, and Virginia. In VA, approximately 117 persons are served in primarily apartment settings of 1-2 persons per home. Noting some changes in state regulations, Mr. Campbell reported adding some staff resources in the areas of quality management, nursing, and program directors as well as a recognized need for staff who specialize in customized rate application. Addressing some challenges related to recruitment and hiring in VA, Mr. Campbell noted a primary challenge is the lack of a statewide workforce development plan for people providing services to individual with developmental disabilities, particularly at the Direct Support Professional (DSP) level.
- 3. Dennis Brown with ServiceSource provided some agency background information, noting they serve an estimated 16,000 individuals nationally in Delaware, Florida, North Carolina, and Virginia. Highlighting community partnerships, Mr. Brown noted the individuals served have a variety of disabilities, including behavioral health and developmental disabilities, further noting services provided to seniors in 14 County Senior Centers. Additional funding sources include Medicaid, Ability One, DARS (Department of Aging and Rehabilitative Services) and grant funding emphasizing the savings to the county through these efforts.
- 4. Norma Israel with Resources for Independence of Virginia (RIVA) provided an overview of agency services to include seven group homes serving approximately 37 individuals, approximately 18 individuals are receiving sponsored residential services, and an estimated 50-60 individuals are provided in-home supports. Additionally, RIVA recently expanded services to provide Independent Living for approximately seven individuals. Further noted was a small day program that serves approximately 14 individuals. There are plans to continue to expand services.
- 5. Steven Carter of SD Carter Enterprises, LLC reported they currently have four homes providing independent living and in-home supports, with plans to open a day program in

Chantilly in November. In addition to in-home supports, there are 36 individuals being served through the BI (Building Independence) Waiver that promotes independent living. Mr. Carter, reporting on the success of the program, partially attributed it to an extensive training program for DSP's that provides 95% tuition reimbursement for clinical education specific to the services provided and received through Community College. Among the challenges identified was locating appropriate and affordable housing in Fairfax County.

#### 8. Announcements

Jane Woods, Sheila Jonas

- Acknowledging that there are two agencies present who have asked for Associate Membership, Compassionate Care and SD Carter Enterprises, LLC, nominations were tabled until the CSB Bylaws can be modified to include Associate Membership nominations in months other than June.
- Ms. Wadley-Young, referring to a set of handouts provided at the meeting, highlighted each event, encouraging attendance or involvement as desired.
- Ms. Jonas read aloud from a farewell/thank you note received from Jean Hartman, former Asst. Deputy, following her retirement in August.
- Jane Woods directed attention to a handout included in the meeting packet, encouraging Associate Membership in this worthwhile group. N4A is designed for those who serve or seek to serve older Virginians.

There being no further business to come before the Committee, the meeting was adjourned at 7:12 p.m.

## Actions Taken -

- The June 6, 2018 DD Committee meeting notes were accepted as presented.
- The August 1, 2018 DD Committee meeting notes were accepted as presented.
- Nominations for Associate Membership were tabled to address procedure as recorded in the CSB Bylaws.

Clerk to the Board	
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