

# Fairfax-Falls Church Community Services Board

## December 19, 2018

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Daria Akers; Gary Ambrose; Ken Garnes; Rachna Sizemore Heizer; Sheila Coplan Jonas; Bettina Lawton; Edward Rose; Nancy Scott; and Diane Tuininga; and Jane Woods

The following CSB Board members were absent: Thomas Burger; Basilio ‘Sonny’ Cachuela Jr; and Adrienne Walters

The following CSB staff was present: Daryl Washington; Georgia Bachman; Jessica Burris; Lucy Caldwell; Cynthia Evans; Mike Goodrich; Cynthia Tianti; and Lyn Tomlinson

Guests: Mark Blackwell

### 1. Meeting Called to Order

Suzette Kern called the meeting to order at 5:00 p.m.

### 2. Recognition

Suzette Kern, offering a reminder that Mark Blackwell had accepted a position as Recovery Director with the Department of Behavioral Health and Developmental Services (DBHDS), presented a certificate of recognition from the Board to Mr. Blackwell, adding her personal thanks for all of his efforts in the Office of Consumer and Family Affairs.

### 3. Matters of the Public

None were presented.

### 4. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Ms. Kern noted an Action Item had been added to the agenda, further noting that proposed revision to the CSB Bylaws would be put forth for approval to post for public comment. Acknowledging no further revision recommendations, the agenda was accepted as revised.

### 5. Approval of the Minutes

Draft minutes of the November 28, 2018 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Edward Rose made a motion for approval, which was seconded and passed.

### 6. Director’s Report

Executive staff provided several agency updates, some highlights of which are listed below:

Lyn Tomlinson provided updates to recent activities in clinical services to include:

- Confirming an anticipated launch in January 2019, ARTS (Addiction Recovery Treatment Services) continues to be a primary focus. Efforts include:

- Collaboration with DMAS (Department of Medical Assisted Services) for implementation in outpatient and residential services is ongoing. Recent efforts include work on several dependent infrastructure elements to include clinical programs, Informatics/form revision, and billing.
- Continuing efforts to update business efficiencies includes collaboration with direct services staff to address paperwork reduction.
- Interviews for the Behavioral Health Outpatient and the Office of Consumer and Family Affairs Service Directors are nearing conclusion.

Daryl Washington provided further updates, a summary of which is recorded below:

- Initial analysis of Medicaid Expansion eligibility of an estimated 600 current clients remains unchanged. Vigorous efforts to assist with and encourage enrollment are ongoing. These include:
  - Personal, on-site assistance.
  - Wide distribution of a telephone number and website address for assistance.
  - Additionally, a BAA (Business Associate Agreement) between CSB Informatics and Medicaid to allow sharing of enrollment and activation data has been signed.
- Drawing attention to the meeting materials, Mr. Washington referenced the *DBHDS Budget Package as Proposed in the Governor's Budget Bill*, highlights included:
  - STEP-VA funding of \$10.6M has been reduced by \$1.6M for Project REVIVE (kits) as the initial funding was insufficient to the program needs. Distribution decisions for the remaining \$9M to VA CSBs remains unknown.
  - The proposed \$7.3M for Community Behavioral Health includes funding for permanent supported housing and discharge assistance planning for individuals moving into the community from the state hospitals. At this time, distribution plans for these funds to each of the VA CSBs remains unknown.
  - Of particular note is the reservation of \$7M for unrealized CSB revenue if it is needed. Mr. Washington clarified that to qualify for this assistance, the CSB requesting assistance is required to demonstrate extreme efforts with Medicaid enrollment and billing compliance.
    - Members requested review of legislative testimony to determine if any revision is needed to address this state budget update.
  - Addressing a question related to additional funding for DD Waivers, an item not addressed in the documentation provided, Mr. Washington observed that this budget item is most likely included in the DMAS budget. This matter will be reviewed further with an update will be provided to the Board.
- Mr. Washington announced that during his holiday leave of two weeks, Mike Goodrich will be Acting Executive Director for the first week, Lyn Tomlinson will be Acting Executive Director for the second week. Mr. Washington further confirmed he will be available by phone for urgent communication.
- The results of a time analysis for site usage and staff hours, it has been decided to modify some of the hours at several CSB sites, to include:

- South County hours will extend to be open one hour later one evening each week.
- Chantilly hours will be modified to close at 8:00 p.m. instead of 9:00 p.m. on Tuesday and Thursday nights each week. Announcement of this change will be widely distributed before being implemented in February 2019.
- Reston/NorthWest Center hours will be modified to close at 8:30 p.m. instead of 9:00 p.m. Two nights each week.
- DBHDS Chief Clinical Officer Alexis Ablasca, MD was provided a tour of the Merrifield Center on Tuesday, December 17<sup>th</sup> paying particular attention to the BeWell program related to integration of primary and behavioral healthcare in the CSBs across the state. Confirming a six-month extension to funding of the BeWell program, CSB staff will confirm and provide the program funding expiration date to the Board. CBS Board Chair also requested that the board be briefed at the appropriate time as to if/how the BeWell program services will be continued after the grant funding expires.
- Mr. Washington provided a brief overview of the recent WIN presentation provided to the Human Services Council.
- Mr. Washington, noting some Board concerns related to the timing of CSB Board communications, requested clarification from County Executive, Bryan Hill and Deputy County Executive Tisha Deeghan. It was confirmed that the current procedure of initial notification to the BOS, who will then determine the method and timing of further notifications, will remain in place. Board members clarified that the Board's concerns over timely notification by staff are not limited to issues or program areas which involve notification of the BOS. Board members also reiterated the need for better communications so that the board can fulfill its statutory responsibilities as outlined in Virginia Code. Concern was specifically expressed that the Board's ability to comply with Va. Code §§ 37.2-504.A.1 and 504.A.5 was being compromised. Following this update, it was proposed that Mr. Hill and Ms. Deeghan be invited to attend a future CSB Board meeting.

#### 6. Matters of the Board.

Daria Akers reported attending an Open House at PRS (Psychiatric Rehabilitation Services), noting an excellent tour was provided by a PRS client.

Diane Tuininga reported a meeting with Delegate 'Chap' Peterson, also attended by Nancy Scott, reporting the legislative documents designed to share at the legislative visits were very well received.

Rachna Sizemore Heizer reported attending a recent WIN meeting discussing inclusive employment workgroup. There was a discussion about designing a comprehensive website that would provide information in four primary pieces including 1) information for individuals with developmental and intellectual disabilities, 2) information for employers and community members, 3) information explaining the benefits of inclusion to the individual and the community, and 4) a social calendar for social opportunities with a suggestion to provide the ability to rate inclusion friendly businesses.

Ms. Sizemore Heizer also reported recently moderating a Juvenile Justice panel attended by several Virginia Legislators. Discussion topics included juvenile justice initiatives and mental health courts during which the Diversion First program was positively mentioned.

Nancy Scott, in her role as CSB Board representative to the Affordable Housing Advisory Committee reported a visit with Connie Price to discuss housing in Fairfax County.

Jane Woods, providing an update to her visit with Delegate David Bulova, forwarded a request from Del. Bulova asking that once the session has started, to please forward the VACSB list of positions on related amendments and bills, including the patrons' names, in order to sign-on and support the legislation. Ms. Woods further noted a new and decreased time-line for this process necessitates a timely notification of this information.

Ms. Wood further noted that SPAN (Suicide Prevention Alliance of Northern Virginia) is scheduling an outreach and educational seminar tentatively scheduled for October 2019. Current plans include two main topics including Older Adults and Youth, further noting the possibility of some additional outreach to youth in the LGBTQ community.

Gary Ambrose reported a meeting with Delegate Marcus Simon, also attended by Edward Rose and Nancy Scott. In addition to the budget letter sent to the DBHDS Commissioner, Delegate Simon reported that individuals relating their stories is the most powerful testimony. Mr. Ambrose recommended that the Board may want to consider including individuals when developing the January 2020 testimony.

Mr. Ambrose further reported that the Northern Virginia Mental Health Foundation is currently seeking volunteers for their Board.

## 7. Committee Reports

### A. *Behavioral Health Oversight Committee (BHOC)*

Gary Ambrose, provided highlights of the November meeting, some of which include:

- Mr. Ambrose reported that the DD Committee and Associate Members attended a joint 30-minute briefing with the BHOC members on the legislative priorities, noting some consideration into including Associate Members in the process of developing legislative talking points. Additionally, the chairs of the DD and BHOC Committees have discussed scheduling some joint meetings of the committees. Following this presentation, Suzette Kern provided an update to plans for the Partner Feedback Workgroup, Associate Members and Lyn Tomlinson provided agency updates.

**The next BHOC meeting is Wednesday, January 9, 5:00 p.m. at the Merrifield Center, Level 1-Room 408/509, East.**

### B. *Compliance Committee*

Suzette Kern provided highlights of the December meeting:

- Members are reviewing current CSB Board member training sessions to determine topics that should be covered at initial appointment and annually to develop a Board training procedure.

- Software updates included a proposed compliance tracking software program that is expected to be fully executed by January 2019 and a third-party billing software program, AdvantEdge, that is in the implementation phase and is anticipated to be launched in February or March. Jerome Newsome has been invited to attend the January meeting to provide details of the program and update progress of the implementation
- Efforts to finalize the identification of moderate and high risk areas and the Board notification process are ongoing, including the development of a Compliance Report Tracking Tool for review and feedback by the Committee.

**The next meeting is Wednesday, January 16, at 4:00 p.m. at the Merrifield Center, Level 1 - Room 308 A/B, West.**

*C. Developmental Disabilities (DD) Committee*

Sheila Jonas, encouraging review of the meeting minutes, provided an update to the December meeting, some highlights of which included:

- Staff updates were provided by Evan Jones and Joe Rajnic.
- Four Associate Member presentations were very well received. All of the Associate Members present encouraged visits to their service locations.
- Ms. Jonas, noting the impact of site visits and meeting the individuals receiving services, recommended investigation of inviting clients/individuals to speak at future meetings, perhaps at the conclusion of the Associate Member presentations. Rachna Sizemore-Heizer supported this recommendation.

**The next meeting is Wednesday, February 6 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.**

*B. Fiscal Oversight Committee*

Ken Garnes, noting the absence of Captain Basilio ‘Sonny’ Cachuela, Jr., provided highlights of the December meeting, some of which included:

- No significant change in financial status was reported. Mr. Garnes clarified a \$200K increase in Compensation and Fringe Benefits, noting it is related to holiday pay and increased hiring.
- It was noted that the current financial status does not reflect any impact from Medicaid Expansion. It is anticipated that the impact will be reflected in third quarter reports.
- There was a one-time transfer of \$5M for CIP (Capital Improvement Plan) to address immediate CSB facility needs. The funds were transferred from the FY 2018 fund balance.
- Mike Goodrich provided an overview of the CIP Process, noting it is undergoing a transformation with the establishment of the County Office of Strategy Management and of the FY 2020 Budget Forecast, reporting the revised FY 2020 Budget Deficit is approximately \$79M, distributed at \$54.33M for the County and \$15.6M for Fairfax County Public Schools (FCPS).

- The Human Resources Update included the following highlights:
  - Marta Cruz reported no significant change in the report, further noting the number of vacant General Merit Positions remained at 141.
  - An ad has been placed to hire a full-time recruiter who can help with recruitment of hard-to-fill positions.
  - Daryl Washington is working with the Volunteer Manager to improve networking and increase pathways to employment.
  - There is a survey out to Hiring Managers seeking feedback to hiring challenges, including reasons for declining job offers. Staff and members engaged in a robust discussion.
- Lyn Tomlinson provided the Clinical Operations report, noting the following:
  - The co-responder model, christened the Community Response Team (CRT) has been established. Law Enforcement and MCU (Mobile Crisis Unit) staff respond together.
  - Efforts for partnership with Inova for Medical Clearance continue, it was clarified that should there be no resolution by the end of January, alternate solutions will be pursued.
  - Adult Time to Treatment: acknowledging some concern over the increase in wait times for October 2018, Senior staff are working to develop some immediate short-term and some sustainable long-term solutions.
  - Youth Time to Treatment; this data shows improvement.

**The next meeting is Friday, January 18 at 9:00 a.m. at the Pennino Building, Room 836A.**

#### D. *Other Reports*

Suzette Kern provided an update to the legislative testimony being offered in January, requesting that staff review the testimony for any required changes following the release of the *DBHDS Budget Package as Proposed in the Governor's Budget Bill* discussed earlier in the meeting. The volunteer speakers and testimony dates were confirmed as follows:

Ms. Kern will speak before the Virginia House Appropriations and Senate Finance Committee and Thursday, January 3, 2019.

Bettina Lawton, Edward Rose, and Diane Tuininga will provide testimony before the Northern Virginia (Fairfax County) Delegation on Saturday, January 5, 2019.

Ms. Kern further provided an update to the Ad Hoc Partner Feedback Committee:

- Due to the number of vendors that met the criteria for outreach there will be two workgroups scheduled, including 1) Employment and Day, and 2) remaining vendors who meet the criteria.
- Invitations will be sent, offering several dates in February. Sessions are planned for two hours, and a continental breakfast will be provided. Ms. Kern confirmed only vendors will attend the facilitated sessions, with anonymous group recommendations presented to the Board and CSB staff for review and action.

Ms. Kern requested the addition of an Action Item to the meeting agenda to approve posting of the CSB Board Bylaws following review and revision to address the requirements for nomination and approval of Associate Members to CSB Board Committees. Jane Woods proposed some revision to Article X. Cindy Tianti agreed to provide appropriate language to address the amendment process detailed in Article X, following which the Bylaws with the proposed revisions may be posted for public comment.

8. Information Item

A. *CIP (Capital Improvement Program) Update*

Noting this information was provided in the Fiscal Committee Update, Mr. Goodrich and Mr. Washington clarified future CIP plans include the Reston/North West Center in relation to planned improvements in Reston. Planning is anticipated to begin in Spring 2019.

9. Action Item

A. *Sub-Award Grant Funding from George Mason University through University of Baltimore Combating Opioid Overdose through Community-Level Intervention*

Lyn Tomlinson offered a reminder that details of this grant request had been discussed at a previous Board meeting. Ms. Tomlinson confirmed that this is a sub-award, but due to the amount requested, CSB Board approval is requested. Jane Woods made a motion for approval that was seconded and unanimously approved.

CLOSED SESSION

There were no issues raised or request for a closed session.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 6:20 p.m.

Actions Taken--

- ◆ The November 28, CSB Board Meeting minutes were approved as presented.
- ◆ Staff will review and revise the January 2019 legislative testimony for any revisions that may be needed following the release of the *DBHDS Budget Package as Proposed in the Governor's Budget Bill*.
- ◆ Acknowledgement of the *Sub-Award Grant Funding from George Mason University through University of Baltimore Combating Opioid Overdose through Community-Level Intervention* and approval, if awarded, to participate in the grant.

January 23, 2019

Date



Staff to Board