

OPEN HOUSE

Learn about our NEW Teen & Parent Recovery Groups

Monday, February 4, 2019

Merrifield Center, Room 3-207A
8221 Willow Oaks Corporate Dr,
Fairfax, VA 22031

2:00 PM - 3:00 PM

Teens between the ages of 14-17 who've struggled through emotional, mental health or substance use challenges are encouraged and welcome.

The focus of the group, Heads Up, is to help teens develop strategies and tools to manage stress and weather life's toughest moments. Together, with other young people, teens will learn how to collaborate, listen and learn from peers.

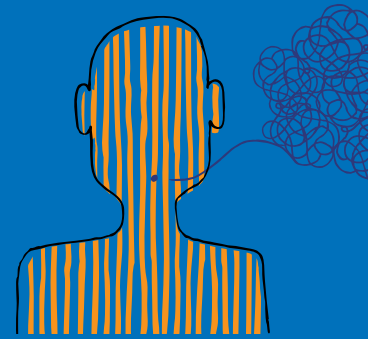
Parents are encouraged and welcome to join other parents for coffee, tea and connections with CSB Youth & Family staff in our concurrent Talk It Out session.

Register at

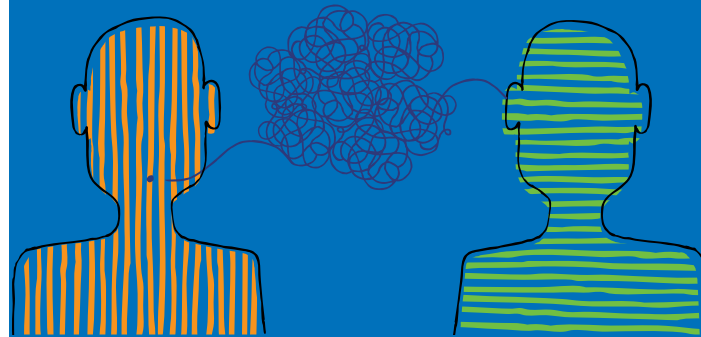
<http://bit.ly/HeadsUpOpenHouse>



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. Call 703-324-7000, TTY 711. Jan. 2019



HEADS UP & TALK IT OUT



Groups Start
Thursday,
February 7, 2019
6:00 PM

