



# Community Services Board

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## Joint Meeting of the Developmental Disabilities and Behavioral Health Oversight Committees

Fairfax County Government Center, Conference Room 9 & 10  
12000 Government Center Parkway, Fairfax, VA 22035

**Wednesday, June 12, 2019, 5:30 p.m. – 7:30 p.m.**

### AGENDA

1. Meeting Called to Order, Introductions, and Announcements 5:30 p.m.
  - Gary Ambrose, Jane Woods, Sheila Coplan Jonas
2. Matters of the Public
3. Approval of Committee Meeting Minutes
  - A. April 3, 2019 Developmental Disabilities Cmte. Meeting
  - B. May 8, 2019 Behavioral Health Oversight Cmte. Meeting
4. Associate Membership Nominations to the Developmental Disabilities Committee
5. Associate Membership Nominations to the Behavioral Health Oversight Committee
6. Election of FY 2020 Developmental Disabilities Chair and Behavioral Health Oversight Committee Chair
  - Gary Ambrose, Jane Woods
7. Philosophy of “what we’re doing”
  - Lyn Tomlinson
8. Key Challenges for Behavioral Health and Developmental Disabilities Partners
  - Lyn Tomlinson
9. Discussion of how BHOC, DD, and Partners can work together to address key challenges with a goal of mutual success to include clients, families, partners, and the community
  - All present
10. Next Steps
11. Adjournment

Fairfax-Falls Church Community Services Board  
Developmental Disabilities Committee

April 3, 2019

The Developmental Disabilities Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

Committee Members in Attendance: Sheila Coplan Jonas, Co-Chair; Jane Woods, Co-Chair; Daria Akers, Board Member; Thomas Burger, CSB Board Member; Nancy Scott, Board Member; and Rachna Sizemore-Heizer, Board Member

Committee Members absent:

Associate Members in Attendance: Joanne Orchant Aceto, MVLE; Bethany Barr, Melwood; Dennis Brown, ServiceSource; Julie Dwyer-Allen, CRi; Rikki Epstein, The Arc of Northern Virginia; Norma Israel, Resources for Independence of VA (RIVA); Susan Keenan, Community Living Alternatives (CLA); Bernice Mean chop, CRi; Andrew Miller, Lutheran Family Services; Zanelle Nichols, ECHO; Stephen Toth and Mary Ehlers, ServiceSource Families & Friends; Eleanor Vincent, Pathway Homes, Inc.; and Jakuta Williams, Community Concepts, Inc. (CCI)

Staff in Attendance: Barbara Wadley-Young; Randy Buckland; Evan Jones, Elizabeth McCartney; Victor Mealy, Jean Post; Joseph Rajnic, and Lyn Tomlinson

Guests in Attendance: Ashley Fisher, community member

1. Meeting Called to Order

Jane Woods convened the meeting at 5:32 p.m.

2. Welcome and Introductions

Ms. Woods announced that the next meeting of the DD committee was rescheduled to June 12<sup>th</sup> to be held in conjunction with the Behavioral Health Oversight Committee. The agenda for this meeting will include discussion of legislative priorities and activities. All attendees introduced themselves including name and agency affiliation.

3. Approval of the Agenda and Minutes

As no changes to the April 3, 2019 agenda were recommended, the agenda was accepted as presented.

Draft minutes of the February 6, 2019 Developmental Disabilities Committee meeting were presented for Committee review. As no revisions were recommended, Nancy Scott made a motion to accept the notes as presented, which was seconded and passed.

4. Matters of the Public

None were presented.

## 5. Matters of the Committee

Offering clarification that this agenda item provided an opportunity for both Committee and Associate members to provide agency updates, Ms. Woods offered this opportunity to all present. Information provided included:

*Rachna Sizemore-Heizer*; provided several community event updates to include:

- Attendance was encouraged for the Community Sensory Day on Saturday, April 13, 2019, from 11:00 a.m. - 1:00 p.m. at the Public Safety Headquarters at the Fairfax County Government Center Complex. Ms. Heizer noted that this day is intended to increase familiarization between both the law enforcement and the developmental disabilities communities. A flyer for this event will be forwarded.
- Chairman Bulova's Office, The Arc of Northern Virginia, and the Welcoming Inclusion Network (WIN) group are collaborating on a community event, described as a Disability Inclusion Conference, scheduled for Saturday, June 29, 2019. Ms. Heizer clarified that this event is intended to increase safe living practices through familiarization in the community with the diverse behaviors of individuals with Mental Health and Developmental Disabilities. Further information will be provided as it becomes available. A Save the Date reminder for this event will be forwarded.
- Ms. Heizer further reported recent efforts to review CIT (Crisis Intervention Team) Training to ensure inclusion of behaviors of individuals with Developmental Disabilities. Further update will be provided.

*Dennis Brown*; offered a reminder of the February 2019 DBHDS (Department of Behavioral Health and Developmental Services) notification to all CSBs that 25% of all adult Waiver recipients, ages 18 – 65, must be employed. Mr. Brown clarified concerns with this requirement to include inconsistency with a person-centered system and direct conflict with the recent WIN recommendations, that were solicited from the community, for retirement and post-employment opportunities for individuals over 50 years of age. Staff and members engaged in vigorous discussion. *Committee members requested CSB Executive staff discuss and consider written communication to DBHDS from the CSB and/or the CSB Board expressing concerns related to this discussion, with an update provided at the June 12<sup>th</sup> joint meeting.*

Mr. Brown offered a reminder of the public comment period for the regulations related to all three Medicaid waivers noting that it will end April 5, 2019. Attendees were strongly encouraged to offer comments as early as possible noting the impending closure of the comment period.

*Rachna Sizemore-Heizer*; informed the committee of a State requirement that state funding for some services for individuals with developmental disabilities, including Self-Directed-Services and college assistance, e.g. aids, etc., may only be spent in Virginia. *Staff agreed to research this matter further and will provide clarification to the Committee.*

## 6. Staff and Agency Updates

*Lyn Tomlinson*:

- Offered a reminder and encouraged attendance at the CSB Spirit of Excellence Awards at the Government Center on April 4, 2019 beginning at 8:30 a.m. Barbara

Wadley-Young highlighted that staff receiving awards included Lucy Caldwell, and the WIN Leadership Team.

- Following a recent visit from DBHDS licensure, it was determined that further discussion related to regulations will be scheduled, with more information to follow as developments occur.
- The recent hiring of Donna Chittum as Recruiter was announced, reporting that Ms. Chittum will be initially focusing on Support Coordination.
- Also related to recruitment and retention, Executive staff has begun placing welcome calls to new staff within the first 30 days, noting that follow up calls will be placed as 60-90 days post-hire.
- A summary of the recent Ad Hoc Partner Feedback workgroup meetings was provided in a recent email to CSB Board and Associate Members. Some of the feedback topics included strengthening partnerships, increased involvement in strategic planning and in legislative efforts, and VACSB (Virginia Association of Community Services Boards) updates. Acknowledging that Associate Members are a critical component of planning related to workgroup feedback, Members were encouraged to provide further feedback as needed, confirming that initial feedback response efforts are underway, and further confirming that both BHOC and DD Committees will be updated regularly.

Barbara Wadley-Young: Lori Stillman will be advocating for the WIN recommendations before the Board of Supervisors (BOS) during the Budget Public Hearings on Wednesday, April 10, 2019.

Ms. Wadley-Young further reported that Evan Jones is a recipient of the Yvonne Johnson National Leadership Award from the National Rehabilitation Association for mentorship and commitment to development in the field.

CSB Legislative: Elizabeth McCartney, provided an update to recent legislative activities, focusing primarily on the legislation related to Developmental Disabilities services, noting no significant changes during the amendment/veto period afforded the Governor. The CSB Board recently provided comments to the Human Services Council that highlighted funding for Employment & Day Services as well as for Special Education Graduates and the continued implementation of WIN recommendations funding. Three CSB Board members will be providing testimony before the BOS during the Budget Public Hearings on Thursday, April 11, 2019, beginning at 1:00 p.m. with assigned speaking slots of 9, 10, and 11; Developmental Disabilities services will be a focus in the first testimony provided (slot #9). Ms. McCartney confirmed her attendance at the June 2019 joint BHOC and DD Committee meeting.

Employment & Day: Evan Jones, provided an overview of recent Employment & Day services activities:

- Recent efforts to provide partners with new opportunities include 1) work with Christ Church to establish a Day Support Program and a Group Supported Employment Cafe, and 2) preliminary communications with a local hydroponics vegetable grower to hire individuals with disabilities to assist with efforts to deliver products to local restaurants.

- There are an estimated 140 Special Educations Graduates for 2019 with identified employment.
- Mr. Jones played a video for attendees that cleverly illustrated commercial efforts at disability inclusion, titled “*The Valuable 500 Diversish*”, the video is posted on YouTube at: <https://www.youtube.com/watch?v=HZyylZpRHNO>.

Northern Virginia Regional Projects Office (NVRPO): Jean Post and Randy Buckland provided two handouts, including copies of a presentation and the *NVRPO Fiscal Year 2019 Ending December 31, 2018 Regional Utilization Group Report for the Regional Management Group*. Ms. Post noted that the *Group Report* was provided for independent review as desired, further reporting that the quarterly report will be provided at the June 2019 meeting. Highlights of the presentation include:

- An overview of the regions served was provided, emphasizing that this information is identified by the delivery of Behavioral Health or Developmental Disabilities services.
- NVRPO has a team of seven staff with an operating budget of approximately \$27M
- A brief description of each of the seven primary regional programs was provided as:
  - DAP-Discharge Assistance Plan; serves individuals discharging from state hospitals in need of complex treatment and community resources.
  - LIPOS-Local Inpatient Purchase of Service; purchase of inpatient hospital beds for uninsured individuals.
  - CSU-Residential Based Crisis Stabilization; 4 locations in Fairfax, Alexandria, Prince William, and Arlington.
  - REACH-Regional Education Assessment Crisis Response System; provides a 24/7 hotline, mobile support & crisis intervention, and an adult crisis therapeutic home.
  - CR2-Children’s Regional Crisis Response; mobile crisis response for youth with behavioral health needs including crisis intervention and community-based services as an alternative to hospitalization.
  - RAFT-Older Adults Facilities Mental Health Support Program; staff works in Assisted Living Facilities and nursing homes providing services to older individuals discharged from state hospitals. Services provided include medication management, treatment planning, and increasing the skills of on-site staff to work with older individuals with behavioral health needs.
  - Short Term DS with behavioral challenge Psychiatric Clinic; located at Merrifield and in Prince William and Loudoun Counties. Serves individuals with complex needs, partners with the existing team to increase skill levels for working with these individuals.
- Program Development and Expansion includes a proposal to DBHDS for funding a new eight-bed Intensive Community Residential Treatment (ICRT) step-down program.
- Randy Buckland provided an overview of some efforts with four Developmental Disabilities projects including:

- REACH (Regional Education Assessment Crisis Services Habilitation) provides services in situations involving individuals with developmental disabilities including in the community and in the home, emphasizing a focus on avoiding hospitalization. Recent efforts include the construction of three new short-term Crisis Therapeutic Transitional Homes; two six-bed homes for adults and one six-bed home for youth. Pictures of the homes were provided.
- IDD Short-Term Clinic; this service is designed to enhance provider capacity of general psychiatric services to assist with individuals who have the specific needs and behaviors of individuals with developmental disabilities.
- Flexible Funding Program; available to the individual or the family.
- Behavioral Specialist Funding; this is a contracted service between the CSB and the vendor providing the BH services.

Residential: Joe Rajnic, Acting Service Director, provided an update to ACRS (Assisted and Community Residential Services) noting the data includes directly operated and contracted services. Highlights include

- Assisted Living Facilities, 37 individuals served, no vacancies
- Intermediate Care Facilities, 34 individuals served with 3 vacancies
- Residential Group Homes (44 homes), 197 served with 12 vacancies
- Supervised Residential (44 apartments), 87 served with 7 vacancies
- Drop in and In Home, 76 individuals served
- Waiver and Non-Waiver
  - Group Homes:                      Waiver 162 (82%)              Non-Waiver 35 (18%)
  - Supervised Residential:      Waiver 38 (44%)              Non- Waiver (49 (56%)
  - Drop In:                              Waiver 9 (12%)                Non-Waiver 67 (88%)
  - **TOTAL:**                              **Waiver 201 (58%)              Non-Waiver 151 (42%)**

Support Coordination: Victor Mealy, provided an update to Support Coordination Services, reporting there are 202 slots, with 2,397 individuals on the wait list, including 620 Priority One, 1,255 Priority Two, and 522 Priority Three. Further highlights included:

- New Case managers hired on or after April 1, 2019 will be required to train on the recently released revised Case Manager Modules.
- An independent review of 10 CSB’s was just concluded, the results for which are pending.
- Dennis Brown added that a recent report indicated 43 individuals over the age of 70 are on the state wait list, only seven of whom are Priority One.

WIN – Welcoming Inclusion Network: Barbara Wadley-Young noted a WIN update had been provided earlier in the meeting.

## 7. Committee Chair Update

Jane Woods offered a reminder that the CSB Board Officer and Committee Chair nominations as well as Associate Member nominations take place in June each year. This

year, the nominations will be held at the June 2019 joint meeting of the Developmental Disabilities and Behavioral Health Oversight Committees.

Ms. Woods further announced that, unless notified differently, current Associate Members to the Developmental Disabilities Committee along with two new candidate agencies will be put forth for nomination at the June 2019 meeting.

There being no further business to come before the Committee, the meeting was adjourned at 7:06 p.m.

Actions Taken –

- The February 6, 2019 DD Committee meeting minutes were approved as presented.
- Announcement of the change to the June 2019 DD Meeting date and time.
- Information on two upcoming events, provided by member Rachna Sizemore-Heizer, will be forwarded to the DD Committee Outlook Distribution List.
- Committee members requested CSB Executive staff discuss and consider written communication to DBHDS from the CSB and/or the CSB Board expressing concerns related to employment requirements tied to Waivers.
- A reminder of the public comment period for the Community Services Performance contract on the June Agenda
- Staff will research the reported requirement that state funding awarded for some of the higher education services and programs for individuals with developmental disabilities is restricted to be spent only in Virginia.

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Date Approved

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Clerk to the Board

## ***Behavioral Health Oversight Committee Meeting Minutes***

**Date:** May 8, 2019

**Location:** Merrifield Center, First Floor, Room 1-308 A/B, West

**Committee Members Present:** Chair, Gary Ambrose; CSB Board Member Daria Akers; and CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr;

**CSB Board Members Absent:** and CSB Board Member Diane Tuininga

**Associate Members Present:** Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource (SvSc); Wendy Gradison, PRS, Inc.; Heather Peck, Marja-Lee Freeman, and Crystal Edmonds, Laurie Mitchell Empowerment & Career Center (LMECC); Shatara Robertson, Regional Program Services of VA (RPSVA); Eleanor Vincent and Sylisa Lambert-Woodard, Pathway Homes, Inc. (PHI)

**Staff:** Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Donna Chittum, Recruiter; Evan Jones, Director Employment & Day Services; Michael T Lane, Director Individual & Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services

**Guest(s):** Gordon Dean

<b>Topic</b>	<b>Action</b>	<b>Responsible Party</b>	<b>Due Date</b>
Meeting Call to Order	Meeting was called to order at 5:02 p.m.	Gary Ambrose	
Opening Remarks and Announcements	<p>Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.</p> <p>Copies of the recently published Diversion First 2018 Annual Report were distributed; attendees were strongly encouraged to review the report.</p> <p>Nominations of Associate Members will be offered at the June meeting. Agencies who have not yet replied to the ‘interest’ email were asked to please do so.</p> <p>Mr. Ambrose offered a reminder that he will be leaving the CSB Board and the Diversion First Stakeholders Group effective July 1, 2019.</p>		
Meeting Minutes	Draft minutes of the April 10, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Captain Basilio ‘Sonny’ Cachuela Jr made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and	<p>Gary Ambrose opened the floor to Associate Members, information provided included the following:</p> <ul style="list-style-type: none"> <li>• Wendy Gradison reported that PRS/CrisisLink had received a National Lifeline and SAMHSA (Substance Abuse and Mental Health Services Administration) award that provides funding for five</li> </ul>	Associate Members	

## Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party	Due Date
Concerns	<p>additional staff to respond to a vast backlog of calls. It is anticipated that most of the calls will be local.</p> <ul style="list-style-type: none"> <li>• Noting that May is Mental Health Awareness Month, Lauren Goldschmidt distributed a flyer publicizing an event at ServiceSource Oakton on Thursday, May 23<sup>rd</sup>, noting the focus will be on awareness, educations, &amp; conversation. Reporting that there will be a resource table, attendees were encouraged to bring literature for distribution.</li> <li>• Eleanor Vincent offered two announcements including:               <ul style="list-style-type: none"> <li>○ The Pathways Annual Breakfast will be Wednesday, May 22, 8:00 a.m. – 9:30 a.m. at the Waterford at Springfield, 6715 Commerce St Springfield, VA 22150</li> <li>○ Prince William County recently awarded Pathway Homes approximately \$2.4M to provide rental assistance to members of the community with intellectual and developmental disabilities. Clarifying that the support services will be provided by Prince William County CSB staff, this award will provide Permanent Supportive Housing for 14 individuals.</li> </ul> </li> </ul>		
Matters of the Public	None were presented		
<p>Associate Member Presentations:</p> <p>Laurie Mitchell Empowerment &amp; Career Center (LMECC)</p> <p>And</p>	<p>Heather Peck provided an overview of employment services provided by the Laurie Mitchell Empowerment and Career Center. Highlights of the presentation included:</p> <ul style="list-style-type: none"> <li>• Employment was defined as the number one intervention for achieving recovery and wellness from mental health, substance use, and justice system involvement.</li> <li>• Accomplishments include five job starts in the past month, 51 job/education/volunteer starts in this fiscal year, and approximately 90 educational starts across Virginia. Ms. Peck confirmed this was done with one full-time and one almost full-time staff.</li> <li>• Highlighting some literature distributed prior to the presentation, attendees were encouraged to review the literature at their leisure. Additional information of the IPS (Individual Placement and Support) Supported Employment Evidence-based training was provided, noting that training in both practitioner skills and supervisor skills are offered.</li> <li>• LMECC was recently awarded approximately \$100K to expand employment supports across the Commonwealth.</li> <li>• Marja-Lee Freeman and Crystal Edmonds offered testimonials illustrating the personal and agency</li> </ul>	<p>Heather Peck, Marja-Lee Freeman, and Crystal Edmonds</p> <p>And</p> <p>Eleanor Vincent</p>	

## ***Behavioral Health Oversight Committee Meeting Minutes***

<b>Topic</b>	<b>Action</b>	<b>Responsible Party</b>	<b>Due Date</b>
Pathway Homes, Inc.	<p>impact of the services and training offered by LMECC, as well as the significant impact of LMECC services on individuals in the community.</p> <p>Eleanor Vincent distributed handouts noting the importance of publicizing your agency and the services you provide to the public and to other providers. Following a brief history of the agency, Ms. Vincent provided some additional information, to include:</p> <ul style="list-style-type: none"> <li>• Pathway Homes, Inc. has several offices in the Counties of Fairfax, Prince William, Loudoun and Arlington, as well as the city of Alexandria in Virginia. Additional offices are in Florida, in the counties of Orange, Osceola, and Seminole.</li> <li>• Varied services are provided including Housing, Supportive Services, Housing with Supportive Services, Outreach &amp; Engagement, Call-In (CI) services, Case Management, Skill Building, and, related to housing, Prevention of Homelessness.</li> <li>• Reporting 87 units are owned by Pathway Homes, these include single family homes, townhomes, with both single- and double-bed accommodations.</li> <li>• The core population served includes adults with co-morbid or tri-morbid diagnoses including mental illness, and/or substance use disorders, and/or intellectual disabilities, and further, may have medical needs. Additionally, it was reported that 60% of the individuals served have been homeless.</li> <li>• Referring to the handouts provided, Ms. Vincent highlighted the list of clinical staff employed by the agency, further noting that Pathway Homes was one of the first agencies to employ Peer Specialists.</li> </ul>		
Staff Reports	<p>Lyn Tomlinson provided an overview of recent activities, some highlights of which include:</p> <ul style="list-style-type: none"> <li>• The Board of Supervisors (BOS) proclaimed May 2019 as Children’s Mental Health Awareness Month) at the May 7th meeting. Attendees were encouraged to attend a related event on May 9th from 3:30 p.m. – 6:30 p.m. at the Merrifield Center. At the event will be representatives from Child Identify, a survivor of the Virginia Tech shooting, a parent from the Sandy Hook shooting who is involved in resiliency work and the DC Divas, a female professional football team.</li> <li>• In celebration of the 50<sup>th</sup> Anniversary of the CSB, attendees were invited to attend the BOS proclamation at the Government Center on Tuesday, May 21, 2019 that will be preceded by a light breakfast reception at 8:30 a.m.</li> <li>• A reminder was offered that the FY 2020 Budget was approved on May 7th. Highlights of the CSB related areas included an increase of approximately \$10M and 11 new full-time positions. The increase includes funding for a Market Rate Adjustment for staff, \$2.5M for the Special Education</li> </ul>		

## Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party	Due Date
	<p>Graduates in 2020 for individuals that are eligible for DD Employment &amp; Day services, \$2M to address the opioid epidemic, \$1.2M and six full time positions for Diversion First, \$0.8M for Contract Rate Adjustments (CRA) supporting CSB vendor partners, and some funding to continue to provide support coordination for individuals with the DC waiver.</p> <ul style="list-style-type: none"> <li>• Reporting development of a new campaign addressing the Opioid epidemic, #CouldBeYou, Erin Bloom, Clerk to the Board will forward materials to the Committee and Associate members.</li> <li>• Ms. Tomlinson reported a recent news story featuring diversion treatment efforts, for which Judge Tina Snee and CSB's Marissa Fariña-Morse were interviewed.</li> <li>• An update to activities at the recent VACSB (Virginia Association of Community Services Boards) was provided,               <ul style="list-style-type: none"> <li>○ A state Barrier Crime Workgroup is being developed, with previous CSB staff member Mark Blackwell leading. Lyn Tomlinson reported volunteering to be on the workgroup.</li> <li>○ Department of Behavioral Health and Developmental Services (DBHDS) and Department of Medical Assisted Services (DMAS) are making efforts to improve collaboration and communication.</li> <li>○ Some additional emergency regulations related to serious incident reporting are anticipated. Attendees were asked to watch for the public comment period in order to participate, noting that information on the public comment period will be forwarded as it becomes available.</li> <li>○ Ms. Tomlinson offered a reminder of the Partner Feedback meeting on Monday, May 13, 2019 encouraging participation.</li> <li>○ A reminder was offered that STEP-VA (System Transformation, Excellence and Performance) efforts are ongoing, noting substantial concerns related to capacity based on current definitions.</li> <li>○ Ms. Tomlinson reported a recent visit, accompanied by Michael T. Lane, to PRS, Inc, offering to visit more partner sites as invited.</li> </ul> </li> </ul> <p>Evan Jones reported that a solicitation for psychosocial rehabilitation services is posted on the Fairfax County Business Solicitation webpage, encouraging those interested to please respond, noting the solicitation is open through May 30, 2019.</p> <p>Donna Chittum, provided an update to recent recruitment efforts. These included attending four all-County</p>		

## ***Behavioral Health Oversight Committee Meeting Minutes***

<b>Topic</b>	<b>Action</b>	<b>Responsible Party</b>	<b>Due Date</b>
	<p>job fairs, a redesigned recruitment card designed to familiarize attendees with the CSB and encourage them to visit the CSB Careers page, noting that the Career Page is undergoing some redesign. Further efforts include meeting with Service Directors to learn about the programs and staffing needs Ms. Chittum and Lyn Tomlinson confirmed the vacancy rate has been decreasing, offering a reminder that new positions noted earlier in the budget update will be added to the vacancy numbers as of July 1, 2019.</p> <p>Elizabeth McCartney provided an update to recent legislative activities, noting efforts are made to ensure staff is notified of any changes to legislation that may impact CSB programs and operations. One significant change was the Governor’s veto of House Bill 2528 that would allow charges of felony homicide for certain drug offenses. It was noted that Gov. Northam vetoed the bill following the legislature’s denial of proposed amendments to the bill.</p> <p>Additionally, Ms. McCartney offered a reminder that the annual review and revision of the Human Services Issues Paper will begin in June. Proposed behavioral health topics are likely to include STEP-VA, monitoring of treatment in jails, barrier crimes (noted earlier in the VACSB update), and funding resources for individuals discharging from the state hospitals to the community including affordable housing. Ms. McCartney offered a further reminder that, particularly during the legislative session and the Human Services Issues paper review, the CSB works closely with the County Legislative Team.</p>		
	<p>The next BHOC meeting is a joint meeting with the Developmental Disabilities Committee on Wednesday, June 12, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</p>		
Adjournment	<p>There being no further business to come before the Committee, the meeting was adjourned at 6:16 p.m.</p>	Gary Ambrose, Chair	

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Date Approved

Prepared by Erin Bloom

# Developmental Disabilities Committee

## FY 2020 Associate Members

1. Arc of Northern Virginia, The
2. Career Support Systems, Inc.
3. Chimes Virginia
4. Community Concepts, Inc.
5. Community Living Alternatives
6. Community Systems, Inc.-VA
7. CRi
8. ECHO
9. Langley Residential Support Svcs
10. Lutheran Family Services of Virginia, Inc.
11. Melwood (formerly Linden Resources)
12. MVLE
13. Resources for Independence of Virginia., Inc.
14. SD Carter Enterprises, LLC
15. ServiceSource
16. Thrive Health Care Services, LLC

# Behavioral Health Oversight Committee

## FY 2020 Associate Members

1. Advisory Board for the Joe and Fredona Gartlan Center
2. Brain Foundation, The
3. Chris Atwood Foundation, The
4. Concerned Fairfax
5. CRi
6. Dominion Hospital
7. INOVA Health System
8. Laurie Mitchell Empowerment & Career Center
9. Multicultural Clinical Center
10. National Counseling Group
11. NAMI
12. No. VA. Mental Health Foundation
13. NW Center for Community MH Adv. Bd.
14. Oxford House
15. Pathway Homes, Inc.
16. PRS, Inc.
17. RPSV – Recovery Program Solutions of Virginia, Inc.
  - a. Consumer Wellness Center
  - b. Merrifield Peer Resource Center
  - c. Reston Wellness Center
  - d. South County Recovery and Drop in Center
18. Second Story
19. ServiceSource, Inc.



**Virginia Department of  
Behavioral Health &  
Developmental Services**

# **Behavioral Health and Developmental Services Key Challenges**

**VACSB Conference  
May 2, 2019**

**S. Hughes Melton, MD, MBA**  
Commissioner  
Department of Behavioral Health and  
Developmental Services

# Implementation Update: STEP-VA Services

STEP-VA Service	Implementation Requirement	Status	Funds Allocated
Same Day Access	July 1, 2019	100% Implementation: March 2019	\$10.8M
Primary Care Screening	July 1, 2019	Launch: July 1, 2019	\$3.7M FY19 \$7.4M FY20
Crisis Services	July 1, 2021	Detox Services RFP issued to CSBs	\$2M FY20
		Crisis Services Launch: July 1, 2019	\$7.8M FY20 (proposed)
Outpatient Services	July 1, 2021	Launch: July 1, 2019	\$15M FY20
Psychiatric Rehabilitation	July 1, 2021	Planning Begins 4thQ FY19	–
Peer/Family Support Services	July 1, 2021	Planning Begins 4thQ FY19	–
Veterans Behavioral Health	July 1, 2021	Planning Begins 4thQ FY19	–
Care Coordination	July 1, 2021	Planning Begins 4thQ FY19	–
Targeted Case Management (Adults and Children)	July 1, 2021	Planning Begins 4thQ FY19	–

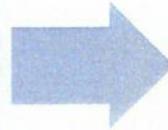
# STEP-VA Implementation Process

Formulation of STAC in 2018	Milestones to Date	Future Tasks
<ul style="list-style-type: none"> <li>• STAC = <u>STEP-VA Advisory Council</u> is 19 CSB EDs who are a representative cross section of the 40 CSBs.</li> <li>• Plan for and guide the implementation of STEP- VA</li> <li>• Monthly in-person meeting with work done between meetings.</li> </ul>	<ul style="list-style-type: none"> <li>• Final definitions for Primary Care Screening (PCS) and Outpatient Services</li> <li>• Regional submission of PCS plans and distribution of funds</li> <li>• Workgroups developing metrics for PCS and Outpatient Services</li> </ul>	<ul style="list-style-type: none"> <li>• Funding formula for Outpatient Services</li> <li>• Allocation &amp; Distribution of \$7.8M Mobile Crisis Funds</li> <li>• Remaining definitions and metrics</li> <li>• Implementation timeframe and estimated costs</li> </ul>

# Crisis Services in Virginia

## Current System

- Out of sync with national best practices
- Fragmented – by age and diagnosis
- MH emergency services and REACH (child & adult) programs operate in coordination, collaboration, but not integrated
- Access to mobile crisis 24/7 –dependent on where you live, age & disability
- Need for increased standardization, including assessments



## Future System

- Align w/ national best practices
- Reduce use of hospital EDs
- Dramatically reduce unnecessary bookings into jail
- Universal mental health crisis training to all responders
- Less trauma to individuals, incl. alternative transportation
- Fewer unnecessary hospitalizations
- Fewer people transferred from jail to state hospitals for emergency MH treatment
- Cost savings can be invested in community services

# Essential Key Elements

## Crisis Hotline

Call centers

## Mobile Crisis

Regionally  
deployed, 24/7  
basis

## Residential Crisis

Intervention and  
stabilization

*Funding, if approved by the Governor, will permit Virginia to initiate the first steps toward an all ages and all disability crisis service system*

GA Budget – Support Mobile Crisis Services	FY 2019 GF	FY 2020 GF
Crisis services at CSBs pursuant to the STEP-VA process	–	\$7.8 million

# One Example: Children's Comprehensive Crisis Essential Elements

## Single Point of Access

- No Wrong Door
- Crisis Hotline

## Triage

- Determine risk of harm, calibrate response to level of threat
- Includes a warm handoff between single point of access, parent/caregiver, and MRSS provider

## Mobile Response and Stabilization Services (MRSS)

- Assessment using standardized tool
- Crisis Intervention and Initial Individualized Crisis Plan
- Crisis Stabilization
- Residential Crisis Stabilization

## System Coordination and Community Collaboration

- Primary and psychiatric care providers, EDs
- Child welfare, law enforcement, juvenile justice and family courts
- Schools/education, community organizations

# Behavioral Health Redesign – Alignment

The redesign continuum is comprehensive and supports sustainability of STEP-VA services, including the crisis services workgroup.

Transitions from a crisis-driven system to services focused on prevention and early intervention, particularly through Trauma-Informed Care and Adverse Childhood Experiences (ACES).

Developing more comprehensive rates for services that are challenging to sustain (e.g. Multi-System Therapy, Family Focused Therapy, PACT, High Fidelity Wraparound, ICT).

Developing new licensing regulations (upon approval of the 2020 GA) to support realignment and ensure the licensing system supports evidence-based, trauma-informed, prevention-focused and cost-effective services for individuals served across the lifespan.

# General Fund Reduction

- \$11.1m and \$24.5m given to us. FY 2019 Allocation is complete.
- Worked closely with VACSB for additional Steps in FY 2020:

Allocation capped at 6% of total FY 2017 revenue (3% for bottom 10 in Health Opportunity Index (HOI). Amount Reallocated to 10 CSBs with the best HOI score. Reallocation amount was \$798,448.

Allocation capped at 60% of the MH unrestricted funds difference being allocated to the 10 CSBs with the best Health Opportunity Index (HOI) score Reallocation amount was \$1,046,694.

- There has been no change to the original FY 2020 allocation reported to CSBs last fall

# General Fund Reduction - Recent Developments

- Budget addressed potential Medicaid Revenue shortfall in FY 2019
  - Up to \$7,000,000 or 90% of actual shortfall distributed to CSBs at beginning of FY 2020
  - Requires Quarterly reporting to Secretary of HHR and Chairs of House Appropriations and Senate Finance
  - First Report Date May 15, 2019
  - Requires CSBs to report Medicaid Expansion Billing and Collection data to DBHDS – CSBs must be part of DMAS data exchange
  - The intent is use CSB data, validated by DMAS if possible, to inform FY 2020 budget process on distribution and degree of the GF reduction going forward.
- DBHDS is working with CSBs to allocate the FY 2020 GF replacement reduction of \$25.0 million through the warrant / letter notification process.
  - Reductions will occur with the first warrant here in July and spread equally over the 24 payments.
  - One change in unrestricted pool of funding to absorb reductions – Juvenile Detention is considered restricted for FY 2020. DBHDS Finance is working with those CSBs that cut their budgets in this program area for FY 2019.

# DOJ Settlement Agreement

- Virginia continues to make progress on the DOJ settlement agreement and we will exit by the planned June 2021 date.

## Ten-Year Settlement Agreement Implementation Progress:



- Several current areas of risk include:
  1. Community response to crisis for adults and children;
  2. Quality and risk management;
  3. Case management
- Partnership with public and private providers must continue to ensure that citizens with disabilities across the state receive the best services to meet their needs in the communities where they choose to live.

# Achieving Compliance with DOJ

All systems must be fully operational for one year to ensure we demonstrate compliance. Areas specific to CSBs include:

## Systems in place to mitigate risk

- Licensing
- Incident Data
- Mortality Review

## Systems in place to validate data around all areas identified in the SA

- CCS3 data quality does not meet standards of DOJ or Judge Gibney
- Must use other data sources:
  - WaMS and CHRIS
  - DMAS Data
  - Review Data

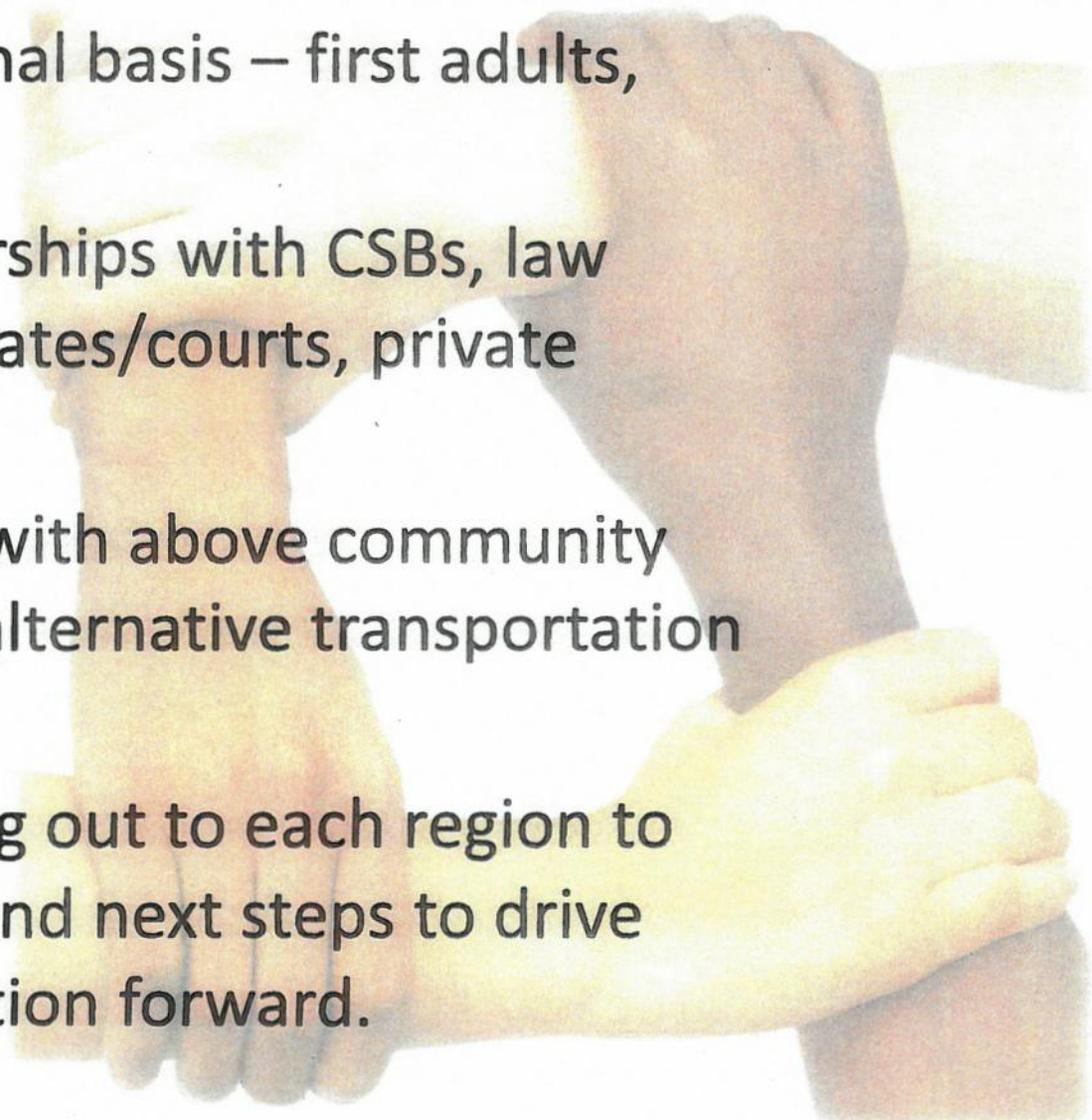
# Alternative Transportation

- Negotiating to secure a contractor for alternative transportation of people under a TDO and appropriate for such transportation.
- Building off of successful pilot in Southwest Virginia.
- Unarmed drivers wearing plain clothes in secure, unmarked vehicles and with specially trained drivers.
- No use of restraints during transportation.
- Available 24 hours a day, 365 days a year.
- Process to be rolled out statewide over the next two years.
- Expect 12,500 of the annual 25,000 TDOs to utilize.



# Alternative Transportation – Regional Partnerships

- Implement on a regional basis – first adults, then children.
- There must be partnerships with CSBs, law enforcement, magistrates/courts, private hospitals and others.
- Regional workgroups with above community partners will plan for alternative transportation in each region.
- DBHDS will be reaching out to each region to identify key partners and next steps to drive alternative transportation forward.



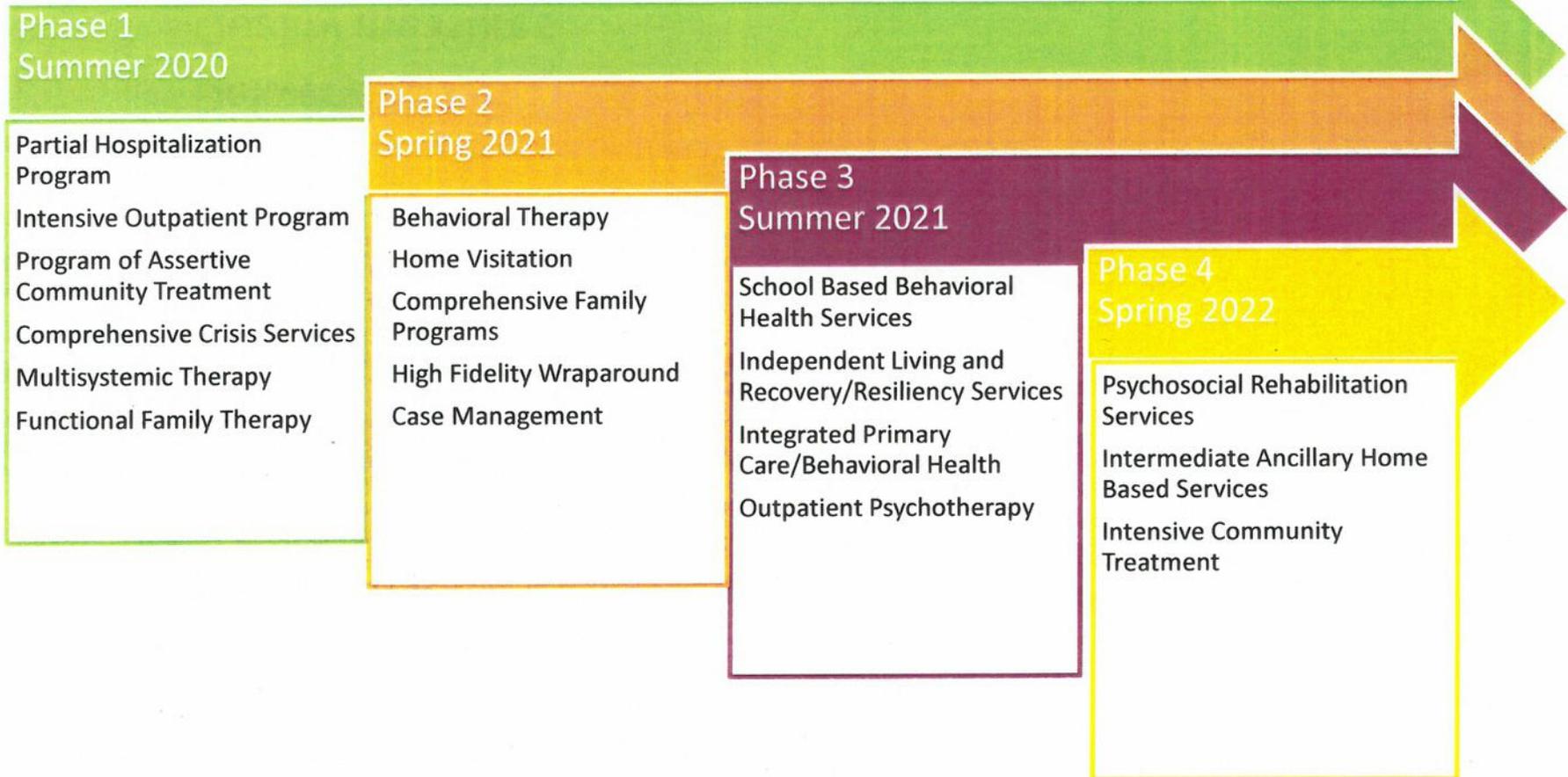
# Interagency Team Process

## Project Plan

- Modeled after other major agency project implementations
- Interagency Steering Committee
- Implementation Project Teams
  - Services & Licensing
  - Policy & Regulation
  - Financial
  - Delivery System (MCO-FFS)
  - Quality measures
  - Data Reporting / Dashboarding
  - Workforce Issues

# Proposed Phased Implementation

## Timeline



# Phase 1 – Summer 2020

- High intensity services for both adult and child
- Services that have an short/medium term impact on the State Psychiatric Facilities census
- Considers services with existing framework that can be expanded in scope, workforce, or contribute to sustainability. For example:
  - PHP and IOP network and rates may model ARTS
  - PACT is not at every CSB and not fully covered by DMAS
  - MST and FFT providers:
    - Have been trained however only accessible for DJJ
    - Have been identified by the FFPSA team as an EBP
  - Considers including services that align with STEP-VA initiatives (outpatient, crisis services)

Partial Hospitalization Program

Intensive Outpatient Program

Program of Assertive Community Treatment

Comprehensive Crisis Services

Multisystemic Therapy

Functional Family Therapy

# Phase 2 – Spring 2021

- Primarily targets children's services
- Considers services that currently exist in the Commonwealth that can be expanded in scope or population served
- Considers ongoing alignment with the Families First Prevention Services Act
- Case Management redesign will be necessary to navigate the changing landscape of the planned behavioral health services and ensure transition planning

Behavioral Therapy

Home Visitation

Comprehensive Family Programs

High Fidelity Wraparound

Case Management

# Phase 3 – Summer 2021

- Considers services that need to be developed as the potential workforce may exist but the service definition and infrastructure need to be built
- Considers outpatient services (integrated physical health/behavioral health, routine outpatient psychotherapy) and alignment of evidence based practice models
- Considers including services that will require more long term stakeholder engagement and input as this is a proposed transition from existing current services. For example:
  - Therapeutic Day Treatment to School Based Behavioral Health Services
  - Mental Health Skill Building to Independent Living and Recovery/Resiliency Services

School Based Behavioral Health Services

Independent Living and Recovery/Resiliency Services

Integrated Primary Care/Behavioral Health

Outpatient Psychotherapy

# Phase 4 – Spring 2022

- Considers services that require minimal to moderate changes to existing to service definition and builds on existing workforce. For example:
  - Psychosocial Rehabilitation certification and program requirements to be further defined
  - Current Intensive In Home Service Providers may be able to serve the individuals who are targeted to receive Intermediate/Ancillary Home Based Services
- Intensive Community Treatment programs will require:
  - Changes to service definition
  - Consideration of payment models
  - Additional workforce training
  - Expansion as very few providers of the proposed model exist in the Commonwealth

Psychosocial  
Rehabilitation Services  
Intermediate Ancillary  
Home Based Services  
Intensive Community  
Treatment

# STEP VA | Vision Map

\*Dates are subject to change  
 +Subsequent planning for implementation will follow, plans of implementation are subject to change

	FY 19 Jan19, Feb19, Mar19	FY 19 Apr19, May19, Jun19	FY 20 Jul19, Aug19, Sep19	FY 20 Oct19, Nov19, Dec19	FY 20 Jan20, Feb20, Mar20	FY 20 Apr20, May20, Jun20	FY 21 Jul20, Aug20, Sep20	FY 21 Oct20, Nov20, Dec20	FY 21 Jan21, Feb21, Mar21	FY 21 Apr21, May21, Jun21	FY 22 Jul21, Aug21, Sep21	FY 22 Oct21, Nov21, Dec21	FY 22 Jan22, Feb22, Mar22	FY 22 Apr22, May22, Jun22	FY 23 Jul22, Aug22, Sep22	FY 23 Oct22, Nov22, Dec22	FY 23 Jan23, Feb23, Mar23	FY 23 Apr23, May23, Jun23	FY 24 Jul23, Aug23, Sep23	FY 24 Oct23, Nov23, Dec23	FY 24 Jan24, Feb24, Mar24	FY 24 Apr24, May24, Jun24
<b>STEP ONE:</b> Same Day Access	Phase 1: Planning & Preliminary Implementation						Phase 2: Program Implementation & Data Monitoring						Phase 3: Validating Performance Outcomes									
<b>STEP TWO:</b> Primary Care Screening & Monitoring	Phase 1: Planning & Preliminary Implementation		Phase 2: Program Implementation & Data Monitoring						Phase 3: Validating Performance Outcomes													
<b>STEP THREE:</b> Outpatient Services MH & SUD Services	Start-up ends	Phase 1: Planning & Preliminary Implementation				Phase 2: Program Implementation & Data Monitoring				Phase 3: Validating Performance Outcomes												
<b>STEP FOUR:</b> Emergency Services/Crisis Services for MH & SUD	Start-up ends			Phase 1: Planning & Preliminary Implementation				Phase 2: Program Implementation & Data Monitoring				Phase 3: Validating Performance Outcomes										
<b>STEP FIVE:</b> Peer Support & Family Support	Phase 1: Planning & Preliminary Implementation						Phase 2: Program Implementation & Data Monitoring						Phase 3: Validating Performance Outcomes									
<b>STEP SIX:</b> Psychiatric Rehabilitation Services	Start-up ends			Phase 1: Planning & Preliminary Implementation				Phase 2: Program Implementation & Data Monitoring				Phase 3: Validating Performance Outcomes										
<b>STEP SEVEN:</b> MH Service for Military Service Members, Veterans and Family	Start-up ends			Phase 1: Planning & Preliminary Implementation				Phase 2: Program Implementation & Data Monitoring				Phase 3: Validating Performance Outcomes										
<b>STEP EIGHT:</b> Case Management	Start-up ends		Phase 1: Planning & Preliminary Implementation				Phase 2: Program Implementation & Data Monitoring						Phase 3: Validating Performance Outcomes									
<b>STEP NINE:</b> Care Coordination	Start-up ends		Phase 1: Planning & Preliminary Implementation				Phase 2: Program Implementation & Data Monitoring						Phase 3: Validating Performance Outcomes									

Last updated 3/20/2019

DBHDS - Office of Management Services

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