



### **Developmental Disabilities Committee**

The Merrifield Center

8221 Willow Oaks Corporate Drive, Level 3 Room 314, West

Fairfax, VA 22031

5:30 p.m. – 7:00 p.m.

# Wednesday, August 7, 2019

## <u>AGENDA</u>

1.	Meeting Called to Order	Chair	5:30 p.m.	
2.	Welcome and Introductions	Chair	5:30 p.m.	
3.	Approval of the Agenda	Chair & Members	5:35 p.m.	
4.	Approval of April & June 2019 Draft Minutes	Chair & Members	5:35 p.m.	
5.	Matters of the Public	Chair & Public	5:35 p.m.	
6.	Matters of the Committee	Chair & Members	5:45 p.m.	
7.	<ul> <li>Staff and Agency Updates</li> <li>Agency Updates</li> <li>CSB Legislative Activities</li> <li>Employment &amp; Day</li> <li>Northern Virginia Projects Office</li> <li>Residential</li> <li>Support Coordination</li> <li>WIN – Welcoming Inclusion Network</li> </ul>	CSB Staff	6:00 p.m.	
8.	Partner Presentation <ul> <li>Lance Elwood and Missy King Career Set</li> </ul>	upport	6:35 p.m.	
9.	Discussion of DD Committee meeting vision	Sheila Jonas, Nancy Scott, Partners		
10. Announcements				
11. Meeting Adjourned				

Next Meeting Date: Wednesday, October 2, 2019 at 5:30 P.M. at the Merrifield Center

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### Fairfax-Falls Church Community Services Board Developmental Disabilities Committee April 3, 2019

The Developmental Disabilities Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

<u>Committee Members in Attendance</u>: Sheila Coplan Jonas, Co-Chair; Jane Woods, Co-Chair; Daria Akers, Board Member; Thomas Burger, CSB Board Member; Nancy Scott, Board Member; and Rachna Sizemore-Heizer, Board Member

#### Committee Members absent:

<u>Associate Members in Attendance</u>: Joanne Orchant Aceto, MVLE; Bethany Barr, Melwood; Dennis Brown, ServiceSource; Julie Dwyer-Allen, CRi; Rikki Epstein, The Arc of Northern Virginia; Norma Israel, Resources for Independence of VA (RIVA); Susan Keenan, Community Living Alternatives (CLA); Bernice Meanchop, CRi; Andrew Miller, Lutheran Family Services; Zanelle Nichols, ECHO; Stephen Toth and Mary Ehlers, ServiceSource Families & Friends; Eleanor Vincent, Pathway Homes, Inc.; and Jakuta Williams, Community Concepts, Inc. (CCI)

<u>Staff in Attendance</u>: Barbara Wadley-Young; Randy Buckland; Evan Jones, Elizabeth McCartney; Victor Mealy, Jean Post; Joseph Rajnic, and Lyn Tomlinson

<u>Guests in Attendance</u>: Ashley Fisher, community member

1. <u>Meeting Called to Order</u>

Jane Woods convened the meeting at 5:32 p.m.

2. <u>Welcome and Introductions</u>

Ms. Woods announced that the next meeting of the DD committee was rescheduled to June 12<sup>th</sup> to be held in conjunction with the Behavioral Health Oversight Committee. The agenda for this meeting will include discussion of legislative priorities and activities. All attendees introduced themselves including name and agency affiliation.

#### 3. Approval of the Agenda and Minutes

As no changes to the April 3, 2019 agenda were recommended, the agenda was accepted as presented.

Draft minutes of the February 6, 2019 Developmental Disabilities Committee meeting were presented for Committee review. As no revisions were recommended, Nancy Scott made a motion to accept the notes as presented, which was seconded and passed.

4. Matters of the Public

None were presented.

#### 5. Matters of the Committee

Offering clarification that this agenda item provided an opportunity for both Committee and Associate members to provide agency updates, Ms. Woods offered this opportunity to all present. Information provided included:

*Rachna Sizemore-Heizer*; provided several community event updates to include:

- Attendance was encouraged for the Community Sensory Day on Saturday, April 13, 2019, from 11:00 a.m. 1:00 p.m. at the Public Safety Headquarters at the Fairfax County Government Center Complex. Ms. Heizer noted that this day is intended to increase familiarization between both the law enforcement and the developmental disabilities communities. A flyer for this event will be forwarded.
- Chairman Bulova's Office, The Arc of Northern Virginia, and the Welcoming Inclusion Network (WIN) group are collaborating on a community event, described as a Disability Inclusion Conference, scheduled for Saturday, June 29, 2019. Ms. Heizer clarified that this event is intended to increase safe living practices through familiarization in the community with the diverse behaviors of individuals with Mental Health and Developmental Disabilities. Further information will be provided as it becomes available. A Save the Date reminder for this event will be forwarded.
- Ms. Heizer further reported recent efforts to review CIT (Crisis Intervention Team) Training to ensure inclusion of behaviors of individuals with Developmental Disabilities. Further update will be provided.

*Dennis Brown*; offered a reminder of the February 2019 DBHDS (Department of Behavioral Health and Developmental Services) notification to all CSBs that 25% of all adult Waiver recipients, ages 18 – 65, must be employed. Mr. Brown clarified concerns with this requirement to include inconsistency with a person-centered system and direct conflict with the recent WIN recommendations, that were solicited from the community, for retirement and post-employment opportunities for individuals over 50 years of age. Staff and members engaged in vigorous discussion. *Committee members requested CSB Executive staff discuss and consider written communication to DBHDS from the CSB and/or the CSB Board expressing concerns related to this discussion, with an update provided at the June 12<sup>th</sup> joint meeting.* 

Mr. Brown offered a reminder of the public comment period for the regulations related to all three Medicaid waivers noting that it will end April 5, 2019. Attendees were strongly encouraged to offer comments as early as possible noting the impending closure of the comment period.

*Rachna Sizemore-Heizer*; informed the committee of a State requirement that state funding for some services for individuals with developmental disabilities, including Self-Directed-Services and college assistance, e.g. aids, etc., may only be spent in Virginia. *Staff agreed to research this matter further and will provide clarification to the Committee*.

#### 6. <u>Staff and Agency Updates</u>

#### <u>Lyn Tomlinson:</u>

• Offered a reminder and encouraged attendance at the CSB Spirit of Excellence Awards at the Government Center on April 4, 2019 beginning at 8:30 a.m. Barbara Wadley-Young highlighted that staff receiving awards included Lucy Caldwell, and the WIN Leadership Team.

- Following a recent visit from DBHDS licensure, it was determined that further discussion related to regulations will be scheduled, with more information to follow as developments occur.
- The recent hiring of Donna Chittum as Recruiter was announced, reporting that Ms. Chittum will be initially focusing on Support Coordination.
- Also related to recruitment and retention, Executive staff has begun placing welcome calls to new staff within the first 30 days, noting that follow up calls will be placed as 60-90 days post-hire.
- A summary of the recent Ad Hoc Partner Feedback workgroup meetings was provided in a recent email to CSB Board and Associate Members. Some of the feedback topics included strengthening partnerships, increased involvement in strategic planning and in legislative efforts, and VACSB (Virginia Association of Community Services Boards) updates. Acknowledging that Associate Members are a critical component of planning related to workgroup feedback, Members were encouraged to provide further feedback as needed, confirming that initial feedback response efforts are underway, and further confirming that both BHOC and DD Committees will be updated regularly.

<u>Barbara Wadley-Young</u>: Lori Stillman will be advocating for the WIN recommendations before the Board of Supervisors (BOS) during the Budget Public Hearings on Wednesday, April 10, 2019.

Ms. Wadley-Young further reported that Evan Jones is a recipient of the Yvonne Johnson National Leadership Award from the National Rehabilitation Association for mentorship and commitment to development in the field.

<u>CSB Legislative</u>: Elizabeth McCartney, provided an update to recent legislative activities, focusing primarily on the legislation related to Developmental Disabilities services, noting no significant changes during the amendment/veto period afforded the Governor. The CSB Board recently provided comments to the Human Services Council that highlighted funding for Employment & Day Services as well as for Special Education Graduates and the continued implementation of WIN recommendations funding. Three CSB Board members will be providing testimony before the BOS during the Budget Public Hearings on Thursday, April 11, 2019, beginning at 1:00 p.m. with assigned speaking slots of 9, 10, and 11; Developmental Disabilities services will be a focus in the first testimony provided (slot #9). Ms. McCartney confirmed her attendance at the June 2019 joint BHOC and DD Committee meeting.

*Employment & Day*: Evan Jones, provided an overview of recent Employment & Day services activities:

 Recent efforts to provide partners with new opportunities include 1) work with Christ Church to establish a Day Support Program and a Group Supported Employment Cafe, and 2) preliminary communications with a local hydroponics vegetable grower to hire individuals with disabilities to assist with efforts to deliver products to local restaurants.

- There are an estimated 140 Special Educations Graduates for 2019 with identified employment.
- Mr. Jones played a video for attendees that cleverly illustrated commercial efforts at disability inclusion, titled "*The Valuable 500 Diversish*", the video is posted on YouTube at: https://www.youtube.com/watch?v=HZyylZpRHN0.

Northern Virginia Regional Projects Office (NVRPO): Jean Post and Randy Buckland provided two handouts, including copies of a presentation and the NVRPO Fiscal Year 2019 Ending December 31, 2018 Regional Utilization Group Report for the Regional Management Group. Ms. Post noted that the Group Report was provided for independent review as desired, further reporting that the quarterly report will be provided at the June 2019 meeting. Highlights of the presentation include:

- An overview of the regions served was provided, emphasizing that this information is identified by the delivery of Behavioral Health or Developmental Disabilities services.
- NVRPO has a team of seven staff with an operating budget of approximately \$27M
- A brief description of each of the seven primary regional programs was provided as:
  - DAP-Discharge Assistance Plan; serves individuals discharging from state hospitals in need of complex treatment and community resources.
  - LIPOS-Local Inpatient Purchase of Service; purchase of inpatient hospital beds for uninsured individuals.
  - CSU-Residential Based Crisis Stabilization; 4 locations in Fairfax, Alexandria, Prince William, and Arlington.
  - REACH-Regional Education Assessment Crisis Response System; provides a 24/7 hotline, mobile support & crisis intervention, and an adult crisis therapeutic home.
  - CR2-Children's Regional Crisis Response; mobile crisis response for youth with behavioral health needs including crisis intervention and community-based services as an alternative to hospitalization.
  - RAFT-Older Adults Facilities Mental Health Support Program; staff works in Assisted Living Facilities and nursing homes providing services to older individuals discharged from state hospitals. Services provided include medication management, treatment planning, and increasing the skills of onsite staff to work with older individuals with behavioral health needs.
  - Short Term DS with behavioral challenge Psychiatric Clinic; located at Merrifield and in Prince William and Loudoun Counties. Serves individuals with complex needs, partners with the existing team to increase skill levels for working with these individuals.
- Program Development and Expansion includes a proposal to DBHDS for funding a new eight-bed Intensive Community Residential Treatment (ICRT) step-down program.
- Randy Buckland provided an overview of some efforts with four Developmental Disabilities projects including:

- REACH (Regional Education Assessment Crisis Services Habilitation) provides services in situations involving individuals with developmental disabilities including in the community and in the home, emphasizing a focus on avoiding hospitalization. Recent efforts include the construction of three new shortterm Crisis Therapeutic Transitional Homes; two six-bed homes for adults and one six-bed home for youth. Pictures of the homes were provided.
- IDD Short-Term Clinic; this service is designed to enhance provider capacity of general psychiatric services to assist with individuals who have the specific needs and behaviors of individuals with developmental disabilities.
- $\circ$   $\;$  Flexible Funding Program; available to the individual or the family.
- Behavioral Specialist Funding; this is a contracted service between the CSB and the vendor providing the BH services.

<u>Residential</u>: Joe Rajnic, Acting Service Director, provided an update to ACRS (Assisted and Community Residential Services) noting the data includes directly operated and contracted services. Highlights include

- Assisted Living Facilities, 37 individuals served, no vacancies
- Intermediate Care Facilities, 34 individuals served with 3 vacancies
- Residential Group Homes (44 homes), 197 served with 12 vacancies
- Supervised Residential (44 apartments), 87 served with 7 vacancies
- Drop in and In Home, 76 individuals served
- Waiver and Non-Waiver

0	Group Homes:	Waiver 162 (82%)	Non-Waiver 35 (18%)
0	Supervised Residential:	Waiver 38 (44%)	Non- Waiver (49 (56%)
0	Drop In:	Waiver 9 (12%)	Non-Waiver 67 (88%)
0	TOTAL:	Waiver 201 (58%)	Non-Waiver 151 (42%)

<u>Support Coordination</u>: Victor Mealy, provided an update to Support Coordination Services, reporting there are 202 slots, with 2,397 individuals on the wait list, including 620 Priority One, 1,255 Priority Two, and 522 Priority Three. Further highlights included:

- New Case managers hired on or after April 1, 2019 will be required to train on the recently released revised Case Manager Modules.
- An independent review of 10 CSB's was just concluded, the results for which are pending.
- Dennis Brown added that a recent report indicated 43 individuals over the age of 70 are on the state wait list, only seven of whom are Priority One.

<u>WIN – Welcoming Inclusion Network</u>: Barbara Wadley-Young noted a WIN update had been provided earlier in the meeting.

### 7. Committee Chair Update

Jane Woods offered a reminder that the CSB Board Officer and Committee Chair nominations as well as Associate Member nominations take place in June each year. This

year, the nominations will be held at the June 2019 joint meeting of the Developmental Disabilities and Behavioral Health Oversight Committees.

Ms. Woods further announced that, unless notified differently, current Associate Members to the Developmental Disabilities Committee along with two new candidate agencies will be put forth for nomination at the June 2019 meeting.

There being no further business to come before the Committee, the meeting was adjourned at 7:06 p.m.

#### <u> Actions Taken</u> –

- The February 6, 2019 DD Committee meeting minutes were approved as presented.
- Announcement of the change to the June 2019 DD Meeting date and time.
- Information on two upcoming events, provided by member Rachna Sizemore-Heizer, will be forwarded to the DD Committee Outlook Distribution List.
- Committee members requested CSB Executive staff discuss and consider written communication to DBHDS from the CSB and/or the CSB Board expressing concerns related to employment requirements tied to Waivers.
- A reminder of the public comment period for the Community Services Performance contract on the June Agenda
- Staff will research the reported requirement that state funding awarded for some of the higher education services and programs for individuals with developmental disabilities is restricted to be spent only in Virginia.

Date Approved

Clerk to the Board

## Fairfax-Falls Church Community Services Board Joint Meeting of the Developmental Disabilities Committee and the Behavioral Health Oversight Committee June 12, 2019

The Developmental Disabilities Committee and the Behavioral Health Oversight Committee of the Fairfax-Falls Church Community Services Board met in special joint session at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA.

<u>Committee Members in Attendance</u>: Gary Ambrose, BHOC Chair; Sheila Coplan Jonas, DD Cmte Co-Chair; Jane Woods, DD Cmte Co-Chair; Nancy Scott, DD Member; and Diane Tuininga, BHOC Member

<u>Committee Members Not in Attendance</u>: Daria Akers, DD/BHOC Cmte member; Thomas Burger, DD Cmte member; Captain Basilio 'Sonny' Cachuela, Jr, BHOC Member; Rachna Sizemore Heizer, DD Cmte member; Garrett McGuire, BHOC member

CSB Board Members in Attendance: Suzette Kern, CSB Board Chair

<u>Associate Members in Attendance</u>: Community Living Alternatives (CLA) Susan Keenan; Concerned Fairfax, Joe Pettit; ECHO, Ken Curry; Lutheran Family Services, Andrew Miller; MVLE, Latonia Adams; NAMI – Northern Virginia, Jeanne Comeau; No. VA Mental Health Foundation, Peter Clark; Pathway Homes, Anita Robinson; PRS, Inc., Gilliam Gmitter; Resources for Independence, VA (RIVA), Latoria Bethea and Norma Israel; Second Story, Cathy Benn; and ServiceSource, Dennis Brown, Ken Crum, and Lauren Goldschmidt

<u>Staff in Attendance</u>: Georgia Bachman, Donna Chittum, Evan Jones, Michael T. Lane, Elizabeth McCartney, Victor Mealy, Joseph Rajnic, and Lyn Tomlinson

Guests in Attendance: Gordon Dean

1. Meeting Called to Order

Gary Ambrose convened the meeting at 5:30 p.m.

- 2. <u>Matters of the Public</u> None were presented.
- 3. Approval of the Agenda and Minutes

Approval of the draft minutes of the April 3, 2019 Developmental Disabilities Committee and the May 8, 2019 Behavioral Health Oversight Committee meeting was tabled until the next meeting of the committees due to the lack of a quorum.

4. Associate Membership Nominations to the Developmental Disabilities Committee

Referring to the nomination list for Associate Member agencies to the Developmental Disabilities Committee provided in the meeting materials, Jane Woods offered attendees an opportunity for removal, correction, or addition to the list. As no revision requests were forthcoming, the list was accepted as presented for submission to the full CSB Board at the June meeting for approval.

#### 5. Associate Membership Nominations to the Behavioral Health Oversight Committee

Referring to the nomination list for Associate Member agencies to the Behavioral Health Oversight Committee provided in the meeting materials, Gary Ambrose offered attendees an opportunity for removal, correction, or addition to the list. Jeanne Comeau offered a correction to the agency name as listed. As no further revision requests were forthcoming, the list was accepted as revised for submission to the full CSB Board at the June meeting for approval.

#### 6. Appointment of Developmental Disabilities Committee Co-Chairs

Jane Woods announced that the Committee would continue to be co-chaired. Sheila Jonas accepted a nomination to serve a second term alongside newly appointed Co-Chair Nancy Scott.

#### 7. Appointment of Behavioral Health Oversight Committee Chair

Gary Ambrose announced that Behavioral Health Oversight Committee Member Diane Tuininga had accepted the nomination to serve as Committee Chair.

- 8. <u>Purpose and Philosophy of Joint Committee meetings and Associate Member Collaboration</u> Gary Ambrose, noting this meeting was the culmination of the recent partner survey efforts, provided an overview of the goals and anticipated outcomes of participation in a joint meeting, further noting the value of increased collaboration with CSB Board Associate Member Partners. Directing attention to the handout provided in the meeting materials titled *Behavioral Health and Developmental Services Key Challenges*, Mr. Ambrose clarified that this meeting was designed to address the challenges identified in the handout. The meeting structure includes addressing the identified challenges in three ways 1) is there agreement or differentiation with agency strategic outlook, 2) where and how to address identified differences, 3) shape a proposed group approach to meet challenges. Further joint meetings are planned to address the challenges identified at this initial meeting.
- 9. <u>Purpose and Philosophy of Joint Committee meetings and Associate Member Collaboration</u> Lyn Tomlinson, offering thanks for tremendous participation in the feedback sessions, noted a key outcome was the opportunity for partners to become more involved in legislative activities in future DD and BHOC meetings, a topic that will be addressed in future independent and joint committee meetings.

Ms. Tomlinson emphasized the value in partner feedback, asking attendees to review the provided contact list for revision of the listed information where needed.

Noting that May was Autism Awareness Month, Ms. Tomlinson reported that the Board of Supervisors, in response from a request from CSB Partner ServiceSource, proclaimed May 2019 at the Autism Awareness Month. Ms. Tomlinson read aloud from the proclamation, following which the plaque was presented to Ken Crum with ServiceSource.

Ms. Tomlinson, provided an overview of the portion of the *Behavioral Health and Developmental Services Key Challenges* that impact tonight's meeting, the highlights of which are provided below.

1. *STEP-VA*; (System Transformation Excellence and Performance), a state program of mandated services, some of which are already provided or are in the implementation phase, including:

- a. *Same Day Access;* projected to be provided at an estimated annual cost of \$2M; the state awarded just \$270K to provide this service.
- b. Crisis Services: a reminder was offered of some material emailed earlier in the day that addressed current efforts to meet the requirements for expansion of these services. Efforts include the Department of Behavioral Health and Developmental Services (DBHDS) and the CSB sending staff to study models of crisis care services, including the Crisis Now model. The Crisis Now model serves individuals, both adult and youth, who have intellectual and developmental disabilities as well as behavioral health and substance use disorders. Reports of findings can be made available upon request. Attendees were encouraged to attend some public meetings, the details for which are included in the materials emailed prior to the meeting.
- 2. In response to the state hospital bed crisis, the CSB recently received some regional funding to begin providing detoxification services at their 16-bed crisis stabilization facility.
- 3. Reporting the tremendous amount of work being done on STEP-VA that includes identification of definitions and implementation, Ms. Tomlinson cautioned there have been some fluctuations in the information that is being released by the state, complicating implementation. To remain informed and updated on this and other STEP-VA efforts, CSB Executive Director, Daryl Washington serves on the STEP-VA Advisory Council (STAC). Ms. Tomlinson clarified that this CSB already provides the two services mandated for implementation on July 1, 2019 including Same Day Access and Primary Health Care Screening.
- 4. Information to participate in the VA Behavioral Health Redesign workgroup, developed to address redesigning the delivery of behavioral health services across the state, will be distributed to interested partners.
- 5. Approximately \$25M in state funding is being held in reserve in anticipation of increased funding needs related to Medicaid Expansion. This has resulted in a reduction of state financial support.
- 6. The Department of Justice (DOJ) Settlement is nearing the scheduled expiration date of June 30, 2021. A reminder was offered of this rapidly approaching implementation deadline emphasizing that the settlement requires that the mandated services are in place for no less than one year (June 30, 2020)
- 7. There was a revision to the procedure following report of in-program deaths to the state (DBHDS) Licensing. All deaths, regardless of type (natural, expected, unexpected, etc.) are now investigated by state licensing staff in addition to the internal investigation performed by Ms. Tomlinson or Medical Director Colton Hand. Additionally, a reminder was offered that there is a dual entry reporting procedure requiring entry into both into the Virginia Waiver Management System (WaMS) and into the Computerized Human Rights Information System (CHRIS).
- 8. Referring to the Vison Map (page 8-20) in the meeting materials, Ms. Tomlinson noted anticipated challenges in implementing the services as highlighted (varied

colors) without joint support and collaboration of partners. Efforts to increase collaboration are, and will continue to be, ongoing.

Ms. Tomlinson reported that these initial endeavors will be followed by continuing efforts to partner including additional joint meetings and sustained outreach efforts.

#### 10. Facilitated Session

Joan Rodgers, participating as facilitator of the meeting, provided an overview of the meeting design, noting attendees would be seated at multiple table groups to facilitate discussion, following which a synopsis of the individual discussions was offered to the group. Ms. Tomlinson provided some guidance focusing discussion on the following topics:

- 1. The deadline of the DOJ settlement (provided earlier);
- 2. The requirements of STEP-VA to include Same Day Access including the requirement that individuals are seen within 10 days, Primary Health Care Screening for all, and Expanded Crisis Services in the community including up to 30 days for services; and
- 3. Reduced Funding related to Medicaid Expansion.

Three questions, copied below, were presented to stimulate discussion and participation.

- 1. Do the Strategic Challenges align with your organization's strategic outlook?
- 2. Where does your strategic outlook differ?
- 3. How do we meet these challenges together as partners?

Robust discussion followed each (approximately 10 minute) period of table discussion. Ms. Rodgers, using the notes provided by each table and the post-meeting survey, will develop a report for distribution to the groups.

There being no further business to come before the Committee, the meeting was adjourned at 7:28 p.m.

#### <u>Actions Taken</u> –

- The April 3, 2019 DD Committee meeting minutes approval was tabled until the next meeting of the Committee.
- The May 8, 2019 BHOC meeting minutes approval was tabled until the next meeting of the Committee.
- Nomination of Associate Members to the Developmental Disabilities Committee as presented was accepted for submission to the full Board at the June CSB Board meeting.
- Nomination of Associate Members to the Behavioral Health Oversight Committee as presented was accepted for submission to the full Board at the June CSB Board meeting.
- Sheila Jonas (re-appointed) and Nancy Scott were reappointed as Co-Chairs of the Developmental Disabilities Committee.
- Diane Tuininga was appointed as Chair of the Behavioral Health Oversight Committee.

Date Approved

Clerk to the Board

Joint DD and BHOC Meeting Minutes

# **Developmental Disabilities and Behavioral Health Oversight Committees Facilitated Meeting with Partners**

### June 12, 2019

#### **Overview**

The Developmental Disabilities and Behavioral Health Oversight Committees held a joint meeting on June 12, 2019. They invited Partners of the Fairfax-Falls Church Community Services Board to join in a conversation from each organization's perspective about Key Challenges for Behavioral Health and Developmental Disabilities. The referenced 'Key Challenges' presentation was delivered to the VACSB Conference on May 2, 2019 by S. Hughes Melton, MD, MBA, Commissioner, Department of Behavioral Health and Developmental Services.

Meeting attendance included six Committee members, fifteen Partners, eight CSB staff, and one interested guest.

Partners, members from the Behavioral Health Oversight and the Developmental Disabilities Committees, and CSB staff members (in a facilitator role) were invited to join each other for a multi-table small group exercise to discuss the following questions:

- 1. Do the Strategic Challenges align with your organization's strategic outlook?
- 2. For those that don't align, what do we need to discuss as partners?
- 3. How do we meet these challenges together as partners?

A representative from each of the five tables was asked to report out an overview of the discussion after each question. At the end of the session, the larger group was asked for feedback on how to move forward together. Finally, a brief questionnaire for feedback on the group process was disseminated to the participants. The feedback was overwhelmingly positive and noted the value in the opportunity to engage in meaningful dialogue about the challenges that all organizations face moving forward.

#### Themes

The following provides a summary of feedback from the facilitated table exercise.

Question 1: Do the Strategic Challenges align with your organization's strategic outlook?

- a. Funding and resources for services are challenging in a community with a high cost of living, inconsistencies with payor sources and payments, limitations on blending disability funding, and inadequate rates for services.
- b. Regulations need to be reformed and the focus on compliance clarified, streamlined, automated, and more efficient.
- c. There is a need for clarity on data collection and outcome measures.
- d. Crisis prevention is an important area to consider.
- e. Providers need help eliminating the Wait List and serving those over 70 years of age and/or with developmental, acquired, and/or co-occurring mental health issues.
- f. MCOs have different rules and some referred to MCOs don't meet the criteria.

June 12, 2019

Question 2: For those that don't align, what do we need to discuss as partners?

- a. Staff recruitment and retention is an issue.
- b. Services are siloed.
  - i. There is a need for cross-training with Developmental and Behavioral Health staff.
  - ii. There are overlaps in the needs of people with developmental disabilities, mental health and substance use disorders.
  - iii. Service accessibility should be based on need, not diagnosis.
- c. It is important to reach youth to identify and provide supports to them before they are at a crisis level, which would reduce the need for more intensive services.
- d. Focus on meaningful activities and employment is important to prevent crises.
- e. Resources are limited in the areas of transportation, housing, under-served areas and people, and for people without waivers.

Question 3: How do we meet these challenges together as partners?

- a. Continue the important communication and collaboration between the CSB and Partners.
- b. Work together to identify educational issues for DBHDS and the Virginia General Assembly about the challenges that face the organizations.
- c. Review business practices to understand how each organization functions and address service gaps to meet the needs of individuals.

#### Feedback on how to move forward together in the future

- 1. Accelerate education and advocacy activities throughout the summer, to include CSB Board members meeting with and inviting political candidates to meetings.
- 2. Partners, BHOC, and DD Committees should work together on the development of legislative and DBHDS funding packages.
- 3. Use Committee meetings as a venue for meetings with Partners to continue the conversation.
- 4. The development of a system map would be helpful as a visual aid to enhance communication.
- 5. The development of a one-page information sheet would be helpful about who we serve, wait lists, and payor sources.
- 6. Use technology as a tool to know the availability of beds, slots, and openings.
- 7. As a step forward, propose a small pilot related to the creative use of funding streams.