

Fairfax-Falls Church Community Services Board

October 23, 2019

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Bettina Lawton Chair; Jennifer Adeli; Daria Akers; Basilio ‘Sonny’ Cachuela, Jr.; Ken Garnes; Sheila Coplan Jonas; Garrett McGuire; Edward Rose; Nancy Scott; and Diane Tuininga

The following CSB Board members were absent: Rachna Sizemore Heizer; Suzette Kern; and Evelyn Spain

The following CSB staff was present: Daryl Washington; Georgia Bachman; Eileen Bryceland; Bill Hanna; Evan Jones; Michael T. Lane; Bob MacMurdo; Victor Mealy; Linda Mount; Joe Rajnic; Sierra Simmons; Cynthia Tianti; Sebastian Tezna; Lyn Tomlinson; Barbara Wadley-Young; and Will Williams

Guests:

1. Meeting Called to Order

Bettina Lawton called the meeting to order at 5:00 p.m.

2. Recognition

Bettina Lawton presented Victor Mealy with a certificate offering gratitude for his many accomplishments and contributions during his tenure. Mr. Mealy, retiring after more than 33 years with the CSB, responded with appreciation for the people he had the opportunity to work with including staff, clients, and partners.

Bettina Lawton also recognized Will Williams who is retiring after more than 20 years with the CSB. Mr. Williams offered his thanks for the honor of working with the CSB, reporting that he will be launching a new program with Prince George’s County government, working with veteran’s involved in non-violent, drug-related crimes.

3. Matters of the Public

Barbara Kelly with the Bureau of the Census distributed literature with information on recruitment efforts for Census Takers for the 2020 Census, requesting that the information be distributed as broadly as possible to provide this employment opportunity to the largest group possible.

4. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Acknowledging no revision recommendations were forthcoming, the agenda was accepted as revised.

5. Approval of the Minutes

Draft minutes of the September 25, 2019 meeting of the Fairfax-Falls Church Community Services Board were presented for review. Acknowledging no suggestions

for revision were forthcoming, Diane Tuininga made a motion for approval, which was seconded and passed.

6. Staff Presentation

Eileen Bryceland, BHOP (Behavioral Health Outpatient Services) Service Director, provided some brief background information before presenting an overview of BHOP. Highlights of the presentation included:

- Staff includes 20 LPN (Licensed Practical Nurse) and RN (Registered Nurse) Case Managers. Reporting that 26 staff are eligible to retire within the next year, planning has begun in anticipation of expected vacancies.
- There is Spanish speaking staff at all four locations, as well as multiple languages spoken by staff at Merrifield. Further details for each of the locations was provided, some highlights of which included:
 - *Chantilly Center* is the only leased space; the other locations are in county-owned buildings. Services provided include Dialectic Behavior Therapy (DBT) and Trauma Recovery & Empowerment Model (TREM).
 - *Reston/NW Center* services include ICM (Intensive Case Management), Residential services, Youth services, Adult Partial Hospitalization (APH), and a drop-in center that is also used as a hypothermia center in the colder months.
 - *Gartlan Center* regularly interacts with the community with creative engagement activities. There are plans to open a third IOP (Intensive Outpatient) group.
 - *Merrifield Center* absorbed the services from the now-closed Springfield site creating eight multidisciplinary teams, one of which is the language access team that provides services in multiple languages to include Vietnamese, Spanish, Urdu, Farsi, and several others. Other available services include Jail Diversion, Youth, ICM, the Addiction Medication Clinic, Community Readiness & Support Program (CRSP), and Turning Point. A reminder was offered that the building is shared with Inova.
- BHOP staff is also deployed to two partner-operated Assisted Living Facilities
- Current initiatives include Collaborative Documentation, Engagement, Same Day Access, Direct Scheduling, Centralized Scheduling, ARTS billing launched in August 2019, and DLA-20 (a daily living assessment tool).

7. Director's Report

Executive staff provided some agency updates, the highlights of which are provided below:

Daryl Washington offered a brief overview of some recent agency communications and actions to include:

- There is some disagreement between the Commonwealth and the third-party, independent agency monitoring the implementation by the Commonwealth of the U.S. Department of Justice (DOJ) Settlement Agreement requirements. The

results of a federal court hearing in January 2020, will dictate next steps. The CSB will have a representative attend to witness the court proceedings

- Mr. Washington confirmed that there has been no change to the Acting Commissioner position with DBHDS (Department of Behavioral Health and Developmental Services).
- DBHDS recently acknowledged that Fairfax has been and will be awarded less funding for STEP-VA (System Transformation Excellence and Performance in Virginia) implementation due to the broad availability of County resources. This disparity in funding is expected to continue. It was further acknowledged that the CSB has received \$800K in STEP-VA funding to assist with implementation of Outpatient Services.
- The next step in STEP-VA implementation is Crisis Services. Mr. Washington confirmed this will be a contracted service for which Region II (Alexandria, Arlington, and Fairfax counties) has been awarded \$1.7M. Arlington is representing the region in the contract negotiations, noting expectation that the contract will be finalized in October or November 2019.
- Attention was directed to a document in the meeting materials that provided an update to STEP-VA implementation across the state
- The hospital bed crisis has worsened to a near constant lack of available beds, partially attributed to closer monitoring of census limits. Noting that CSB Emergency Services is managing the lack of available bed space, it was noted that hospital emergency rooms (ER) have been critically affected, with patients remaining in the ER for far longer than average until bed space is eventually located. There is a plan to open 28 new non-local beds in FY2020.
- Mr. Washington offered a reminder of the approximately \$7M that DBHDS set aside in FY 2019 for unrealized CSB revenue related to Medicaid Expansion. To date, the CSB has received \$1.1M, noting it is reflected in the FY 2020 budget.

Lyn Tomlinson

- Initial planning for a proposed renaming of the CSB to be more reflective of the services provided has begun. Reporting some vacancies in the Communication Department, there will be a delay in implementation until the vacancies are filled. It was confirmed that any change to the name will include a submission to the Fairfax County Board of Supervisors and the City Councils for the cities of Fairfax and Falls Church. Regular updates to this process will be provided.
- The Partner Performance Review Form was submitted at both the BHOC and the DD Committee meetings for partner review and feedback. The most often heard response was a request to redesign the form to facilitate open discussion, suggesting an agenda/discussion format including space for comments and follow up steps and responsibilities.

Bill Hanna provided an update to the VACSB Conference Fiscal meeting, highlighting the following:

- DBHDS acknowledged their awareness that Fairfax would not be able to recoup the \$4.4M decrease in state funding that had been identified using state. Monthly

billing reports submitted by the CSB to DBHDS are being used to help determine a funding increase request for the January 2020 General Assembly. Mr. Hanna further clarified that DBHDS has an expectation of improved CSB business practices to realize a statewide goal of increasing the Medicaid collection rate of billable services above the current average of 65%.

Linda Mount offered a reminder that the data provided was for the second half of the CSB Performance Measures for FY2019 Quarter 4 related to the Community Services Performance Contract (CSPC). It was clarified that no benchmarks are listed as none had been released when the report was developed. A reminder was offered that some data provided is marked as modified, noting that the CSB modified measure is provided for a more complete representation of the data. Highlights of the presentation included:

Measure 1; Individuals receiving one hour of service within the first 30 days since assessment, and three hours of service within the first 90 days following admission.

Measures 2-3; The Columbia Suicide Risk Assessment is utilized initially, at least annually, and as needed. Due to some incompatibility with the EHR (Electronic Health Record) a modified result was also provided.

Measures 4-5; as this is a much smaller group the data will be impacted from even slight changes. Additionally, there is a requirement that a Suicide Risk Assessment be performed the same day that a new diagnosis of Major Depression is assigned.

Measure 6; Individuals with serious mental illness (SMI) and receiving Case Management services who have had a complete medical examination within the past 12 months.

Measure 7-9; this measure includes individuals receiving mental health medical services who have had their BMI (Body Mass Index) calculated, individuals with BMI results outside of the normal range, and individuals with a follow up plan, typically as part of the individual's service plan. It was noted that some education for correctly recording results in the EHR is ongoing. It is anticipated that there will be an increase in this data with the implementation of Primary Healthcare Screening, a STEP-VA initiative.

Measures 10-12; Individuals beginning Substance Uses Disorder (SUD) services within 14 days of diagnosis. This also includes the same individuals receiving a minimum of two services within 30 days of admission and the same individuals receiving a minimum of two services each month within the first 90 days. It was clarified that individuals starting SUD services on day 15 or later are not included in this data. Additionally, as detox services are short term this will skew the data. Efforts to develop modified measures are underway.

A report on the FY2020 first quarter data will be provided at the November 2019 CSB Board meeting.

8. Matters of the Board.

Diane Tuininga provided an update to the 2019 Wellness and Recovery Conference that was held the previous Friday, noting it was very well received. In attendance were CSB Board members Nancy Scott and Daria Akers with her husband, as well as CSB staff Daryl Washington and Lyn Tomlinson.

Garrett McGuire shared details of a recent tour of the Mason and Partners (MAP) Clinic located in the Population Health Center, Health and Human Services building at George Mason University in Fairfax.

Bettina Lawton highlighted the Operation Medicine Cabinet Cleanout event on Saturday, October 26, 2019, encouraging participation in the event. Medication may be taken to any of several Fairfax County District Police Stations that accept medications for disposal.

9. Committee Reports

A. *Behavioral Health Oversight Committee (BHOC)*

Diane Tuininga provided highlights of the October meeting, including:

- Associate member updates included Bill Taylor and Joe Petit with an overview of the Osher Lifelong Learning Institute, Wendy Gradison reporting on the recent celebration of the 50th anniversary of Crisislink, and Eleanor Vincent providing an update to the State Workforce Workgroup.
- Lauren Goldschmidt provided the first of the monthly challenge questions, the topic for which is Recruitment and Retention of clinical staff.
- Georgia Bachman provided an overview My Strength a new digital behavioral health resource available to residents of Fairfax County and the cities of Fairfax and Falls Church.
- Feedback for revisions to the Partner Feedback form was provided, noting this is an ongoing and collaborative process.
- Lyn Tomlinson provided an update to Diversion First activities.

The next BHOC meeting is Wednesday, November 6, at 5:00 p.m. at the Merrifield Center, Level 3-Room 314, West. This is one week earlier to accommodate the holidays.

B. *Compliance Committee*

Bettina Lawton provided highlights of the October meeting noting that discussion topics included 1) a discussion of contracts and monitoring responsibilities of the CSB Board, 2) ComplyTrack report terminology definitions were provided and an updated organizational chart with details of position responsibilities was requested, and 3) a Credible update that included details of efforts with DIT (Department of Information Technology) to develop a data pull to safely store CSB data in the event of another operational failure.

The next meeting is Wednesday, November 13 at 4:00 p.m. at the Merrifield Center, Level 3-Room 314, West. This is one week earlier to accommodate the holidays.

C. *Developmental Disabilities (DD) Committee*

Sheila Jonas and Nancy Scott provided highlights of the October meeting that included staff updates from Evan Jones and Victor Mealy, an Associate Member presentation from Hartwood Foundation, Inc., and an announcement that the December 4th meeting would be a joint meeting with the Behavioral Health Oversight Committee.

The next meeting is Wednesday, December 4 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.

D. *Fiscal Oversight Committee*

Jennifer Adeli, noting the committee met the previous Friday, provided some highlights of the meeting:

- The overage for non-merit positions was attributed to the exempt psychiatrist positions, noting a request added to the FY2021 budget requests. There was an additional request to add some recurring one-time expenses to the base budget in an effort to limit the end of year balance.
- Reduction Efforts to reduce non-billable services are ongoing.
- There continues to be a significant need for support coordination.
- There was a new Time to Treatment chart format. Further revisions were requested including minimum, maximum, and average wait times.

The next meeting is Friday November 15, at 9:30 a.m. at the Pennino Building, Room 836A.

E. *Other Reports*

Bettina Lawton directed attention to the CSB Board Retreat documents included in the meeting materials highlighting some of the outcomes including:

- Successful implementation of the email Subject Line notification, offering a reminder to use [ACTION (due date)] or [INFORMATION] as needed.
- Members were asked to review and become familiar with the CSB Board Team priorities and mission for future discussion.

Ken Garnes referred to the legislative folders provided to each member with a brief overview of the documents and some additional handouts provided for Board member use. Members were advised to schedule visits with their assigned General Assembly (GA) members and to please work with jointly assigned members to coordinate visits where two members were assigned to the same GA member. Once bill numbers have been assigned, that information will be conveyed.

Offering a reminder that Board members typically provide testimony before the Northern Virginia Delegation at the Public Hearings in January, members were encouraged to volunteer. Testimony will be provided once topics are identified. Diane Tuininga was the first member to volunteer to provide testimony

10. Information Item

A. *CSB Board Policy Review*

Sheila Jonas directed members to review the CSB Board policies #2300 and #2600, copies of which were provided, asking that recommendations be submitted to Erin Bloom. The policies will be submitted for approval at the November 20, 2019 CSB Board meeting.

B. *Associate Member Nomination for Behavioral Health Oversight Committee*

Diane Tuininga nominated Neighborhood Health as an Associate Member to the Behavioral Health Oversight Committee, noting that the appointment would be put forth for approval at the November 2019 CSB Board meeting.

11. Action Item

A. *CSB Board Policy Revisions*

Ms. Jonas moved that two of the three proposed CSB Policies, #2500 – *Human Research Review and Approval* and #4201 – *Procurement* be revoked as presented and the third CSB Board Policy #2120 – *Reimbursement for Services* be approved as presented. The motion was seconded and passed.

B. Approval to Post Fee Schedule for Public Comment

Sebastian Tezna provided background to the annual process for review and revision of the Fee Schedule, noting revisions to align with the Medicaid rates and to reflect the newly implemented ARTS (Addiction Recovery Treatment Service) billing. Nancy Scott, Chair of the CSB Board Ad Hoc Fee Policy Committee offered a motion requesting approval to post the Fee Schedule for public comment, which was seconded and approved.

C. DBHDS SOR (State Opioid Response) Grant Renewal

Michael T. Lane, provided an overview of the grant that, if awarded, will provide funding for two peer support specialist positions working with justice-involved individuals in the drug courts and at the adult detention center. Jennifer Adeli made a motion that the Board approve submitting for and, if awarded, accepting new funds in the amount of \$150,000 for second-year funding and carry-over funding of \$72,302.60 from first-to-second year, which was seconded and approved

CLOSED SESSION

At 6:43 p.m. a motion was offered, seconded and passed to meet in closed session for consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel on a reimbursement matter, as permitted by Virginia Code Section 2.2-3711(A)(8).

At 6:53 p.m. the Board reconvened the open session at which time a motion was offered, seconded and passed, certifying to the best of the Board's knowledge that only public business matters lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such public business matters identified in the motion to convene a closed meeting, were heard, discussed or considered by the Community Services Board in closed session.

There being no further business to come before the Executive Committee, the meeting was adjourned at 6:55 p.m.

Actions Taken:

- ◆ The September 25, 2019 CSB Board Meeting minutes were approved as presented.
- ◆ Two CSB Board policies were revoked and one policy was approved as presented.
- ◆ The FY 2021 draft Fee Schedule was approved to post for public comment.
- ◆ Approval was given to submit and, if awarded, accept funding for the DBHDS SOR Grant renewal

November 20, 2019

Date Approved



Staff to the Board