

# JOIN US!

THURSDAY

OCTOBER 31, 2019

8 A.M. TO 2:30 P.M.

## KEYNOTE: KEVIN HINES



Kevin Hines is a best-selling author, global public speaker, and award-winning documentary filmmaker. In 2000, Kevin attempted to take his life by jumping off the Golden Gate Bridge. He now shares his story of hope, healing and recovery while teaching people the art of wellness & the ability to survive pain with true resilience.

# Tools and Techniques for Assisting Youth and Older Adults

# PROMOTING WELLNESS AND PREVENTING SUICIDE IN NORTHERN VIRGINIA

## REGIONAL SUICIDE PREVENTION FORUM

Register at: <http://bit.ly/span-2019>

# SPAN

SUICIDE PREVENTION  
ALLIANCE OF NORTHERN VIRGINIA

SUICIDEPREVENTIONNVA.ORG

Sponsored by the Suicide Prevention Alliance of Northern Virginia, a regional coalition of the Alexandria, Arlington, Fairfax-Falls Church, Loudoun, and Prince William Community Services Boards (CSBs) and other groups in Northern Virginia, all working together to raise awareness and share resources to prevent suicide.

## Inova Physicians Conference Center

Inova Fairfax Medical Campus  
3300 Gallows Road  
Falls Church, VA 22042



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Breakout sessions on adults...

- Factors that contribute to adult suicide: learn what they are and practice how to respond.
- Cultural and linguistic issues around suicidal risk among older adults.

Breakout sessions on youth...

- SOS (Signs of Suicide Prevention Program), Sources of Strength and Kognito
- Panel discussion with providers who work with diverse populations.

# BREAKOUTS