

Fairfax-Falls Church Community Services Board

December 18, 2019

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Bettina Lawton Chair; Jennifer Adeli; Daria Akers; Basilio ‘Sonny’ Cachuela, Jr.; Ken Garnes; Sheila Coplan Jonas; Suzette Kern; Garrett McGuire; Edward Rose; Nancy Scott; Evelyn Spain; and Diane Tuininga

The following CSB Board members were absent: Rachna Sizemore Heizer

The following CSB staff was present: Daryl Washington; Eileen Bryceland; Lisa Flowers; Evan Jones; Michael T. Lane; Bob MacMurdo; Joe Rajnic; Cynthia Tianti; Lyn Tomlinson; and Barbara Wadley-Young

Guests: G. Michael Lane and Lori Stillman

1. Meeting Called to Order

Bettina Lawton called the meeting to order at 5:00 p.m.

2. Recognition

Bettina Lawton presented retiring CSB Board member Captain Basilio Cachuela, Jr. with a certificate honoring his numerous contributions during his time on the CSB Board. Captain Cachuela thanked the Members and the CSB for the opportunities and the knowledge and understanding gained during his time on the Board.

Retiring after seven years on the Board, Suzette Kern was also presented with a certificate commemorating her seven years on the CSB Board. Ms. Kern offered her thanks and greatest respect to the CSB Board members, staff and partners with whom she has worked during her tenure on the Board.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Acknowledging no recommendations were forthcoming, the agenda was accepted as presented.

5. Approval of the Minutes

Draft minutes of the November 20, 2019 meeting of the Fairfax-Falls Church Community Services Board were presented for review. Acknowledging no suggestions for revision were forthcoming, Diane Tuininga made a motion for approval, which was seconded and passed.

6. Staff Presentation

Bob MacMurdo, Service Director for Intensive Community Treatment (ICT), provided an overview of the ICT service areas the highlights of which include:

- Reviewing the varied positions that provide services in ICT, it was confirmed that the nursing staff works directly with individuals in the community including for

supervision or administration of injections, and monitoring medications and medication planners.

- *The Program for Assertive Community Treatment (PACT)*; the primary goals for this program are decreasing the use of Emergency Services, Crisis Care, hospitalization, and incarceration while increasing residential stability. More than 85% of the individuals receiving services have obtained and retained routine health care, obtained and maintained permanent housing, and obtained and retained financial resources. Nearly 30% participate in structured day activities. Medical services may be provided through home visits by psychiatrists to support collaboration between primary and behavioral health care.
- *Intensive Case Management (ICM)*; services are provided in three locations to include the Gartlan Center (South County), Heritage Building (Mid-County), and at the Reston NW Center (North County). This is a Medicaid billable service provided to individuals with SMI (Serious Mental Illness) and co-occurring disorders. The primary goals are to lower rates of incarceration, lower homelessness, and create successful links to behavioral health treatment and other resources.
- *Program for Assistance in Transition from Homelessness (PATH)*; provides community outreach to the homeless population. Many of the individuals who are participating in or have been offered this service have SMI that may be co-occurring with substance use and are usually very difficult to engage. Services are offered twice weekly at the Gartlan Drop-In center including meals, engagement in primary care and benefits enrollment, use of an address for mail delivery, showers, and laundry. It was confirmed that up to 2/3 of the homeless population have SMI and/or substance use involvement.
- *Discharge Planning*; CSB Discharge Planners work to locate and secure community residential resources, primarily for individuals discharging from the state hospitals and the Northern Virginia Mental Health Institute. It was noted that residents with convictions listed on the Extraordinary Barriers List (EBL) have significantly greater challenges including disallowance and/or potentially excessive residential costs. One funding option for this population includes Local Inpatient Purchase of Services (LIPOS) that is regional funding provided by the state.

7. Director's Report

Daryl Washington provided several agency updates, the highlights of which include:

- The newly hired CSB PIO (Public Information Officer), Lisa Flowers, was introduced.
- Second round interviews for the Deputy Director for Administrative Operations candidates are scheduled in January 2020.
- The report for CSB staff that are retirement eligible or are in DROP (Deferred Retirement Option Program) was recently reviewed, noting that as changes to this report occur slowly, the report will be reviewed every six months. Current results include 58 staff became retirement eligible in 2019, 47 will become eligible in

2020 and 48 are anticipated to be added in 2021, totaling 153 eligible or near-eligible staff. Additionally, there are 11 staff in DROP, for 2020 with an additional 20 staff becoming eligible in 2021.

- Directing attention to several handouts in the meeting materials, a review of each document was provided, to include:
 - A revised Executive Organizational Chart was reviewed. Highlighted changes included 1) reassignment of the Communications Director and the Legislative Affairs position to the Executive Director; 2) creation of a Chief Information Officer (CIO) to oversee Analytics & Evaluation and Informatics for closer monitoring of these critical functions; 3) and Business Operations will now include Facilities Management.
 - Referring to the legislative talking point that highlights the need for funding to support residential needs of individuals discharging from the state hospitals to the community, a list of Gateway Homes, Inc. locations was provided. The map provides an overview of the locations with a 24-hour transitional residential service provided across the Commonwealth.
 - Directing attention to the flyer detailing state funding to support STEP-VA (System Transformation Excellence and Performance) implementation, Mr. Washington clarified that the table illustrated the current and projected funding. It was further clarified that the funding added to the right of the table and totaled below (Baseline Funding) represents the Fairfax-Falls-Church CSB funding.
 - Noting release of the Governors Proposed Budget the previous day, Mr. Washington reviewed each section of the handout clarifying that this is a biennial (two-year) budget. It was emphasized that there was no funding to offset the Medicaid Expansion projected shortfall in the proposed budget.
- Mr. Washington announced an award from the state for one-time funds of approximately \$453K to implement medical clearance at the Merrifield Center. Additionally, the state awarded ongoing funds of approximately \$258K to the CSB baseline budget.

8. Matters of the Board.

Bettina Lawton reported on the December 4th Open House noting it was well attended, including three of the four newly elected Board of Supervisors members as well as Senator Dick Saslaw and Delegates Kerrie Delaney and Mark Sickles.

9. Committee Reports

A. *Joint meeting of the Developmental Disabilities and Behavioral Health Oversight Committees (BHOC)*

Diane Tuininga, Sheila Jonas and Nancy Scott provided highlights of the December joint meeting, including:

- Lyn Tomlinson provided several staff updates, following which Elizabeth McCartney offered a legislative update.
- Associate and Committee member attendees broke into four workgroups to discuss and offer solutions for provided scenarios. Each group offered the

identified solutions and recommended services, followed by input from all workgroups.

- Attendees provided information for each represented agency with a goal of developing a service map intended to identify gaps and overlap in services.
- Responding to a request for agenda item recommendations for future joint meetings, attendees submitted topics that will be compiled for consideration.

The next BHOC meeting is Wednesday, January 8 at 5:00 p.m. at the Merrifield Center, Level 3-Room 314, West.

The next Developmental Disabilities Committee meeting is Wednesday, February 5 at 5:00 p.m. at the Merrifield Center, Level 3-Room 314, West.

B. *Compliance Committee*

Bettina Lawton provided highlights of the December meeting noting that Luann Healy provided ComplyTrack reports containing live data and Mr. Washington provided an update to Credible operations.

The next meeting is Wednesday, January 15 at 4:00 p.m. at the Merrifield Center, Level 3-Room 314, West.

C. *Fiscal Oversight Committee*

Jennifer Adeli, noting the committee met the previous Friday, provided some highlights of the meeting:

- An update of efforts to fill the vacant Deputy Director Administrative Operations was provided.
- The VBP (Vacancy Breakeven Point) was reduced from 100 to 75 to better reflect the recent number of staff vacancies. This is being closely monitored to balance budget projections with staff vacancies, including resignations, retirements and hiring.
- A review of the critical vacancies was focused on challenges in hiring in Emergency Services, with Jail-Based and -Diversion positions, and in Support Coordination.
- The latest Time to Treatment charts were presented for review. Noting a high wait time in Youth Services at two locations, it was clarified that this impact was attributed to one family at each location, further noting that the smaller sites can be exceptionally impacted by small population changes.
- Revenue maximization efforts have resulted in further decreases to services previously considered non-billable, acknowledging that some services will continue to be provided although they will remain non-billable due to Medicaid and insurance requirements.

The next meeting is Friday January 17, at 9:30 a.m. at the Pennino Building, Room 836A.

D. *Other Reports*

Ken Garnes and Daryl Washington reported that Elizabeth McCartney, CSB Legislative Liaison, would be meeting with county legislative staff to discuss Governor Northam's proposed budget and how it may impact the county and CSB legislative focus and talking points.

Bettina Lawton reported that draft testimony had been emailed to the Board members who volunteered to provide legislative testimony at the public hearing in January 2020. The volunteer members were encouraged to review and provide feedback to the talking points and to practice delivery as speaking time is strictly limited to three minutes.

10. Information Item

A. *CSB Board Policy Review*

Sheila Jonas directed members to review the CSB Board policy #2500 for reinstatement. A reminder was offered that the policy was revoked earlier in the year, but new information indicated the policy should remain active. A copy of the proposed revisions was provided in the meeting materials with a request to submit recommendations to CSB Board Clerk, Erin Bloom. The policy will be submitted for further action at the January 22, 2020 CSB Board meeting.

CLOSED SESSION

At 6:25 p.m. a motion was offered, seconded and passed to meet in closed session for consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel on a reimbursement matter, as permitted by Virginia Code Section 2.2-3711(A)(8).

At 6:39 p.m. the Board reconvened the open session at which time a motion was offered, seconded and passed, certifying to the best of the Board's knowledge that only public business matters lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such public business matters identified in the motion to convene a closed meeting, were heard, discussed or considered by the Community Services Board in closed session.

There being no further business to come before the Executive Committee, the meeting was adjourned at 6:40 p.m.

Actions Taken -

- ◆ The November 20, 2019 CSB Board Meeting minutes were approved as presented.

January 22, 2020

Date Approved



Staff to the Board