



**FAIRFAX-FALLS CHURCH CSB BOARD MEETING**

**Garrett McGuire, Chair**

**Sharon Bulova Center for Community Health**

**8221 Willow Oaks Corporate Drive, Level 3, Room 3-314, West**

**Fairfax, VA 22031**

**Wednesday, March 22, 2023, 5:00 PM**

**This meeting can also be attended via electronics access through Zoom**

**Dial by your location to access live audio of the meeting:**

+1 301 715 8592 US (Washington DC)

+1 669 900 9128 US (San Jose)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago)

+1 346 248 7799 US (Houston)

**Meeting ID: [822 9418 1053](#) Passcode: 007116**

**MEETING AGENDA**

- |  |                         |
|--|-------------------------|
| <b>1. Meeting Called to Order</b>                            | <b>Garrett McGuire</b>  |
| <b>2. Roll Call, Audibility and Preliminary Motions</b>      | <b>Garrett McGuire</b>  |
| <b>3. Matters of the Public</b>                              | <b>Garrett McGuire</b>  |
| <b>4. Amendments to the Meeting Agenda</b>                   | <b>Garrett McGuire</b>  |
| <b>5. Approval of the February 22, 2023, Meeting Minutes</b> | <b>Garrett McGuire</b>  |
| <b>6. Staff Presentation</b>                                 | <b>David Simmons</b>    |
| A. Residential Treatment Services                            |                         |
| <b>7. Director's Report</b>                                  | <b>Daryl Washington</b> |
| A. County, Regional, State and Cross Agency Initiatives      |                         |
| B. Covid Update  |                         |
| C. Electronic Health Record Update                           |                         |
| <b>8. Matters of the Board</b>                               | <b>Garrett McGuire</b>  |
| <b>9. Committee Reports</b>                                  | <b>Anne Whipple</b>     |
| A. Service Delivery Oversight Committee                      | <b>Garrett McGuire</b>  |
| B. Compliance Committee                                      | <b>Dan Sherrange</b>    |
| C. Fiscal Oversight Committee                                |                         |
| D. Other Reports   |                         |
| <b>10. Action Item</b>                                       | <b>Daryl Washington</b> |
| A. 2024 Congressionally Directed Spending from HRSA          | <b>Sebastian Tezna</b>  |
| B. FY 2024 Proposed Fee Schedule                             |                         |
| <b>11. Adjournment</b>                                       |                         |

Meeting materials are posted online at [Community Services Board | Community Services Board \(fairfaxcounty.gov\)](#) or may be requested by contacting Sameera Awan at [Sameera.Awan@fairfaxcounty.gov](mailto:Sameera.Awan@fairfaxcounty.gov)

**FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD**  
**MEETING MINUTES**  
**FEBRUARY 22, 2023**

The Fairfax-Falls Church Community Services Board met in regular session at the Sharon Bulova Center for Community Health, 8221 Willow Oaks Corporate Drive, Level 3, Room 3-314, West, Fairfax, VA 22031.

**1. Meeting Called to Order**

Board Chair Garrett McGuire called the meeting to order at 5:00 PM.

**2. Roll Call, Audibility, and Preliminary Motions**

**PRESENT:**      **BOARD MEMBERS:** BOARD CHAIR, GARRETT MCGUIRE; CAPTAIN DANIEL WILSON; DAN SHERRANGE; SANDRA SLAPPEY-BROWN; ANDREW SCALISE; BETTINA LAWTON; DARIA AKERS; SHEILA COPLAN JONAS; JENNIFER ADELI; ANNE WHIPPLE; ROBERT BARTOLOTTA; KAREN ABRAHAM; CLAUDIA VOLK; SRILEKHA PALLE (ALEXANDRIA, VA)

**ABSENT:**      **BOARD MEMBERS:** LARYSA KAUTZ

**Also present:** Executive Director Daryl Washington, Deputy Director of Clinical Operations Lyn Tomlinson, Deputy Director Barbara Wadley- Young, Division Director of BHOP Eileen Bryceland, Healthcare Systems Director Jennifer Aloï, and Board Clerk Sameera Awan.

**3. Matters of the Public**

None were presented.

**4. Amendments to the Meeting Agenda**

The meeting agenda was provided for review; no amendments were made.

**BOARD MEMBER CONSENSUS TO APPROVE AGENDA ITEM NO. 4**

**5. Approval of the Minutes**

The January 25, 2023, CSB Board Meeting Minutes were provided for review, no amendments were made.

**MOVED BY BOARD MEMBER DAN SHERRANGE, SECONDED BY BOARD MEMBER JENNIFER ADELI TO APPROVE AGENDA ITEM NO.5, ABSTAIN BY BOARD MEMBER SHEILA COPLAN JONAS.**

\*Board Member Sheila Coplan Jonas was absent during January 25, 2023, CSB Board Meeting.

**6. Opioid Overdose and Naloxone Education**

**Behavioral Health Specialist Anis Saccoh** provided the staff presentation regarding Opioid Overdose and Naloxone, explaining how to administer naloxone and what to do afterward.

## **7. Director's Report**

### **A. County, Regional, State and Cross Agency Initiatives**

**Executive Director Daryl Washington** shared that the governor provided \$35M in FY 2024 for crisis services, including support for expanding Crisis Intervention Team Assessment Centers or Crisis Stabilization Units into 23-hour crisis receiving or observation centers. To transform Virginia's behavioral health system, the House and the Senate propose funding an additional Medicaid Developmental Disability Waiver. The governor has proposed funding for another 500 DD waiver slots that the General Assembly already approved in the Budget for FY 2024. The County Executive presented his FY 2024 proposed Budget to the Board of Supervisors with an increase of \$5.9M in Personnel Services, including a \$2.7M for a 2% market rate adjustment (MRA) for all CSB employees and \$2.5M for performance-based and longevity increases. The remaining \$7.4K will support employee retention and recruitment efforts to reduce pay compression and align the County's pay structures with the market based on benchmark data. The CSB is eliminating three full-time positions currently identified as vacant and will not impact existing CSB staff. The COVID status moved from medium to low; staff continues to test positive weekly in the organization.

### **B. Electronic Healthcare Record Update**

**Healthcare Systems Director Jennifer Aloï** reported that the CSB had purchased infrastructure for the data warehouse, and we have successfully run the Data Export tool to export all our credible data.

## **8. Information Item**

**Director of Behavioral Health Operations Sebastian Tezna** shared that the proposed changes to the FY 2024 CSB Fee Schedule documents provide the CSB with uniform mechanisms to maximize revenues from clients, Medicaid, Medicare, and other health insurance plans. To ensure a consistent and reasonable set of fees as required by code and to develop a structured, streamlined process, the CSB Board has been asked to review the FY 2024 Fee Schedule changes and approve it during the March 22, 2023, CSB Board Meeting.

## **9. Matters of the Board**

**Board Chair Garrett McGuire** reminded everyone that the Governor had lifted COVID-19 restrictions in Virginia as of March 1, 2023. The CSB Committee and Board will be meeting in person.

## **10. Committee Reports**

### **A. Service Delivery Oversight Committee**

Committee Chair Anne Whipple shared that the Executive Director of the ARC of Northern Virginia, Melissa Heifetz, and the Director of Advocacy, Lucy Beadnell discussed the Advocacy Services for Individuals with Disabilities and the Arc of Northern Virginia's 2023 Legislative and Budget Priorities. There will be a CSB Board visit to the New Horizons Program on Thursday, March 2, 2023, at 1:00 pm. **The next Service Delivery Oversight Committee meeting is Wednesday, April 12, 2023, at 5:00 p.m., via Zoom Conference.**

**B. Compliance Committee**

Committee Chair Garrett McGuire mentioned there was no Compliance Committee meeting for January but a Compliance update in the Executive Committee meeting.

**C. Fiscal Oversight Committee**

Acting Committee Chair Jennifer Adeli shared some highlights from the Fiscal Oversight Committee. The staff vacancies were in a great position last month. **The next meeting of the Fiscal Oversight Committee is Thursday, March 16, 2022, at 4:00 p.m.**

**11. Action Item**

**A. Policy 1600 – Virtual Meetings and Board Member Electronic Participation in Meetings (2023)**

Committee Chair Garrett McGuire shared the CSB Board Policy regarding Virtual Meetings and Board Member Electronic Participation in Meetings. He reminded the Board to review Policy 1600; with COVID-19 restrictions being lifted in Virginia as of March 1, 2023, the CSB Board will be meeting in person with the exception of two virtual meetings a year.

**MOVED BY COMMITTEE MEMBER ANDREW SCALICE, SECONDED BY BOARD MEMBER JENNER ADELI TO APPROVE AGENDA ITEM NO. 11.**

**12. Adjournment**

Board Member Bettina Lawton adjourned the meeting at 6:47 PM.

\*Board Members also participated remotely via Zoom.

---

Date Approved

---

CSB Board Clerk



FAIRFAX - FALLS CHURCH

**Community  
Services Board**

# Residential Treatment Services

**David Simmons, CSB Service Director  
March 2023**

AGENDA ITEM  
#6A.1

# Residential Treatment FY22 Budget



FAIRFAX - FALLS CHURCH

**Community  
Services Board**

FY23 Total Budget: \$19,056,140

Salaries & Benefits: \$16,994,101

Operating: \$2,062,039

FY23 Mid Year Revenue: \$6,475,494

Top 2 Expenses in Fiscal Year 2022

\* Meals \$430,418

\* Rent of Real Estate \$319,053

# Residential Treatment Staffing=199 positions



FAIRFAX - FALLS CHURCH

**Community Services Board**

## Leadership Team

- 1 Director
- 7 Behavioral Health Managers
- 17 BH Supervisors
- 3 BHN Supervisors

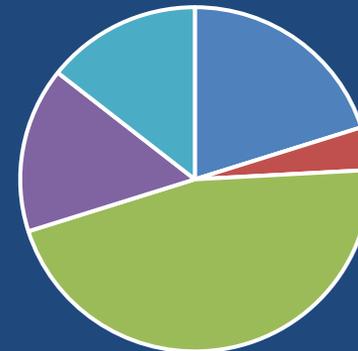
199 Positions (Full & Part Time)

34 Vacant Positions (18 Full Time Merit)

## Line Staff

- 94 BH1, BH2 , SAC & Aide positions
  - (Behavioral Health Clinicians, Substance Abuse Counselor)
- 7 Behavioral Health Senior Clinicians
- 30 staff are LPN, RN CM
- 2.5 Peer Support Specialist , 1 Rec Leader III

Position Overview



SD/MGT/SV/Nurse SV  
BH1/BH2/SAC  
Milue Support Staff

BH SC  
Nuse/BHNCM

# RESIDENTIAL TREATMENT LEVELS OF CARE



FAIRFAX - FALLS CHURCH

**Community  
Services Board**

- Programs are categorized using the American Society of Addiction Medicine (ASAM) levels of care
- ASAM 3.7: Detoxification (Medical and Non-Medical)
- ASAM 3.5 : A New Beginning, Crossroads, New Generations
- ASAM 3.3 Cornerstones, Special Population (High Acuity Mental Health and Substance Use)
- Residential Admission Unit

Community and office-based admission & care coordination

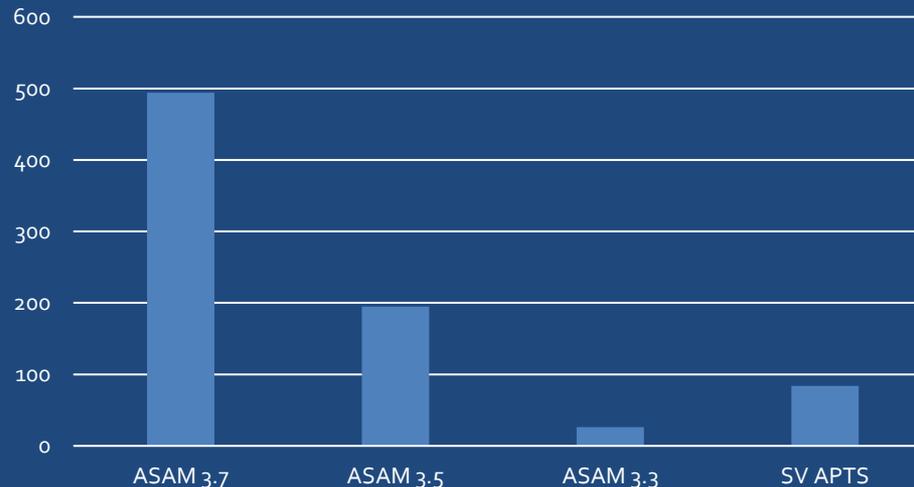
# RESIDENTIAL TREATMENT ASAM SERVICES FY2022



FAIRFAX - FALLS CHURCH  
**Community  
Services Board**

- Total Served is 494 individuals
- Detox Served 273 individuals for 1,146 bed days
  - 84 Medical & 193 Suboxone
- A New Beginning, Crossroads and New Generations served 195 individuals for 14,072 bed days
- Cornerstones served 26 individuals for 3,614 bed days
- Additionally, Supervised Apartment programs attached to the treatment centers (excluding Detox) served an additional 84 individuals

Total Served



# RESIDENTIAL TREATMENT SERVICE LOCATIONS



FAIRFAX - FALLS CHURCH  
**Community  
Services Board**

A New Beginning, Cornerstones & Detox are co-located one treatment campus in Chantilly

4211 & 4213 Walney Rd

Crossroads is in Kingstowne

6901 South Van Dorn St

New Generations is in Vienna

8422 Electric Ave

- Each program has a specific treatment focus offering evidenced based practices that encourage long term stabilization and recovery from substance use disorders.

- Psychiatric & Addiction Medicine are offered at each site.
- Detox offers on site medical assessment and prescriptions to aide in treatment stabilization.
- Programs partner with vocational services and other community partners for services that enhance recovery, employment training, and compliance with any court mandated services.
- Family visitation is offered across programming to aide in post treatment recovery goals.

# RESIDENTIAL TREATMENT COMMUNITY PARTNERS



FAIRFAX - FALLS CHURCH  
**Community  
Services Board**

- Bridging the Gaps ~ Clinically managed high intensity residential
- National Capital Treatment & Recovery ~ Intensive Residential
- Richmond Behavioral Health ~ Clinically managed high intensity residential & medically monitored inpatient
- Alexandria CSB ~ Medication Assisted Treatment / Opioid Treatment
- Fairfax Methadone Treatment Center~ Methadone services

# Residential Treatment Next Steps



## Capital Improvement Plans for Crossroads & Chantilly Campus Fiscal Year 2024/2025

Explore for review & develop options to increase the continuum of care, for outpatient based post treatment recovery services

Service Director & Manager transition planning  
Spring & Summer 2024, Three leadership roles will be exiting county employment within 4 months of each other.



## Questions?

David Simmons, CSB Division Director  
[David.Simmons@fairfaxcounty.gov](mailto:David.Simmons@fairfaxcounty.gov)



[www.fairfaxcounty.gov/csb](http://www.fairfaxcounty.gov/csb)

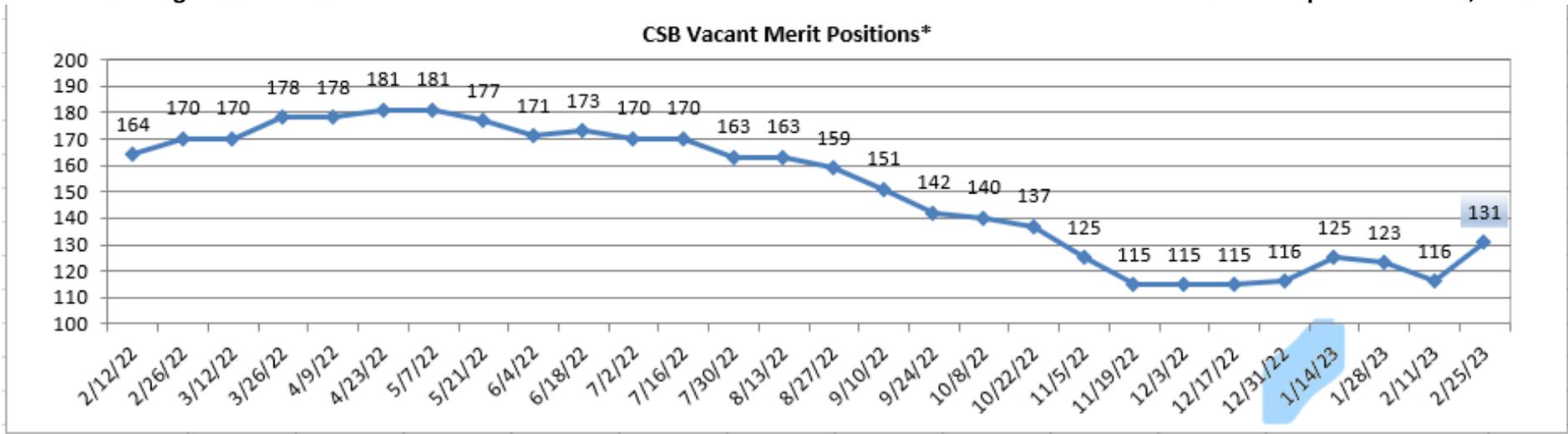


@FairfaxCSB



@FairfaxCSB

AGENDA ITEM  
#6A.9



\*Note: 1/14/2023 reflects a change in reporting to include vacancies in Funds 400 & 500. All data reported prior to 1/14/2023 represents only Fund 400

**Vacancies in critical areas\*** \*includes all merit positions (all funds – regular 400 and grant 500)

Service area	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	January		February	
Emergency Svcs/MCU	12	18	22	23	21	23	29	27	21	20	19	21	18 CIS	20	17 CIS
													2 Peer Supp Spec		2 Peer Supp Spec
													1 Human Srv Worker I		1 Human Srv Worker I
Behavioral Health – Outpatient Svcs	22	21	27	18	17	16	8.5	14.5	10.5	7	5	8	2 BHS II	8	2 BHS II
													3 BH Sr. Clin		3 BH Sr. Clin
													3 BH Supv		3 BH Supv
Youth & Family – Outpatient Svcs	11	11	12	13	11	9	7	5	4	3	3	2	2 BH Sr. Clin	3	3 BH Sr. Clin
Support Coordination	27	27	27	28	30	29	23	22	18	18	11	6	6 DDS II	7	7 DDS II
ADC/ Jail Diversion	12	8	11	8	8	8	9	8	9	14	15	11	1 BH Mgr	16	1 BH Mgr
													4 BHS II		6 BHS II
													1 BHS I		1 BHS I
													2 BH Supv		4 BH Supv
													3 BH Sr. Clin		4 BH Sr. Clin
EAR	5	3	4	4	3	3	2	1	1	1	1	2	1 BH Sr. Clin	2	1 LPN
1 BH Supv	1 BH Supv														

# 2023 CSB Board and Committee Meetings

## Fairfax-Falls Church Community Services Board

	Service Delivery Oversight Committee	Compliance Committee	Executive Committee	Fiscal Oversight Committee	CSB Board
2023 Meetings	2 <sup>nd</sup> Wednesday 5:00 PM	3 <sup>rd</sup> Wednesday 4:00 PM	3 <sup>rd</sup> Wednesday 4:30 PM	3 <sup>rd</sup> Thursday 4:00 PM	4 <sup>th</sup> Wednesday 5:00 PM
January	*	*	18	19	25
February	8	*	15	16	22
March	*	*	15	16	22
April	12	19	19	20	*
May	*	*	17	18	24
June	14	*	21	22	28
July	*	*	19	*	26
August	9	16	16	17	*
September	*	*	20	21	27
October	11	*	18	19	25
November	*	*	8**	9**	15**
December	6**	13**	13**	14**	*

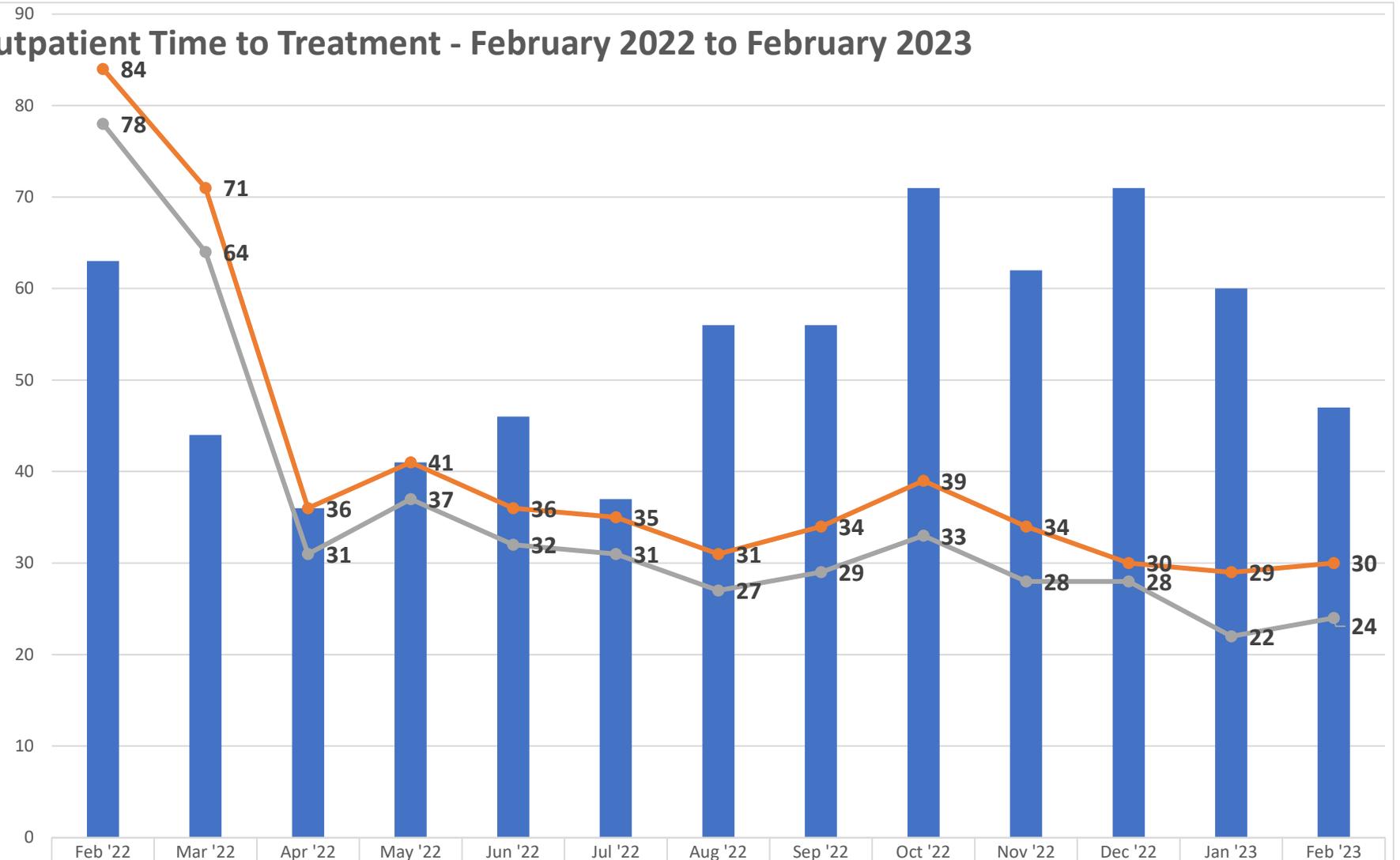
\*No Meeting

\*\* Meeting date changed to accommodate holiday schedule

Accommodate: Thanksgiving, Christmas Day, and New Year's Day Holidays

**Note:** All in person Committee and Board meetings are held at the Merrifield Center, Room 3-314, West

## Adult Outpatient Time to Treatment - February 2022 to February 2023



# Adults Who Attended 1st Treatment Appt	63	44	36	41	46	37	56	56	71	62	71	60	47
Average # Days from Assessment to Treatment	84	71	36	41	36	35	31	34	39	34	30	29	30
Average # Days from Assessment to 1st Available / Accepted Appt*	78	64	31	37	32	31	27	29	33	28	28	22	24

\*Average number of days from Assessment to Date of First Available Appointment (if known) OR from Assessment to Date of First Accepted Appointment

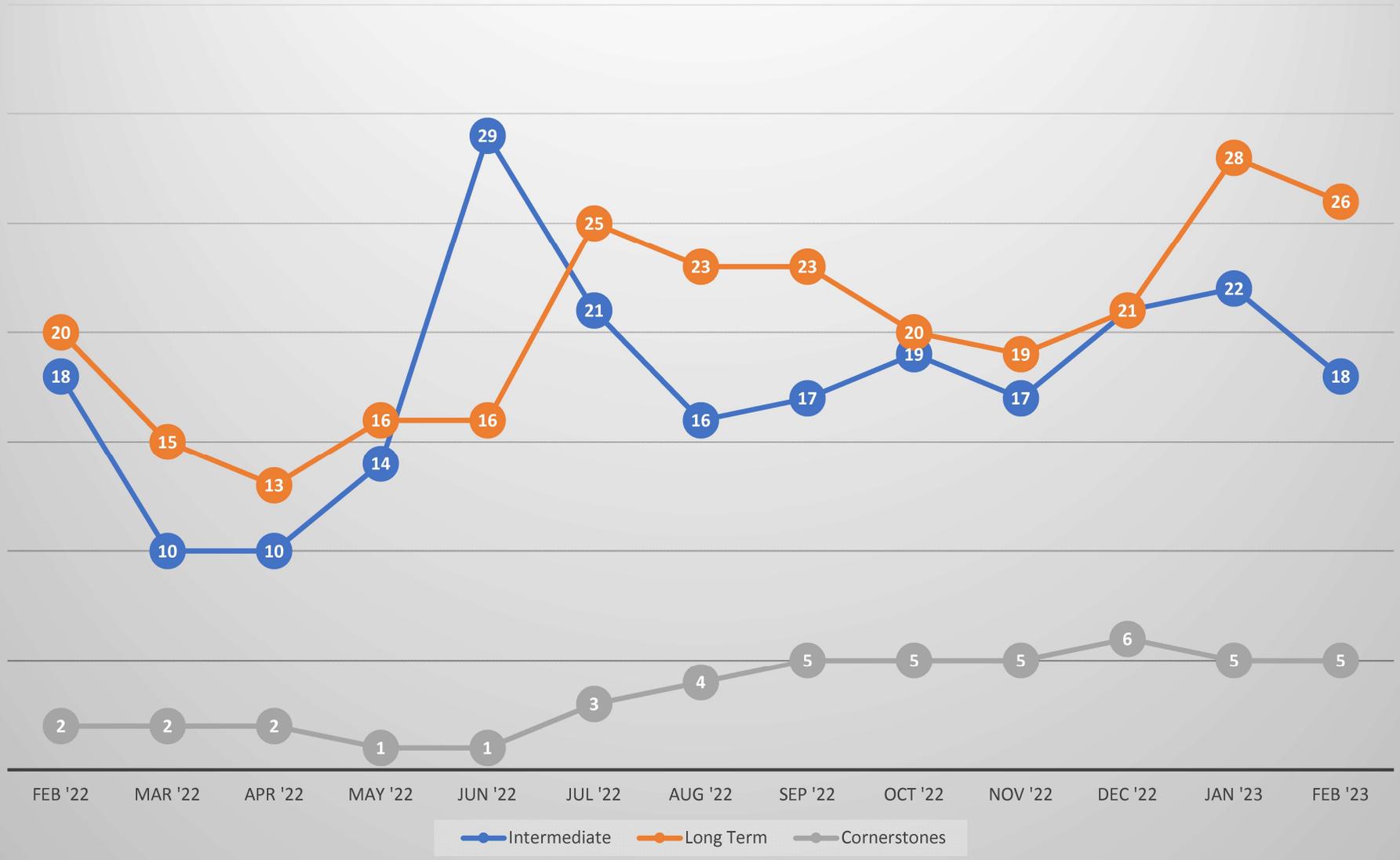
## Youth Outpatient Time to Treatment - February 2022 to February 2023



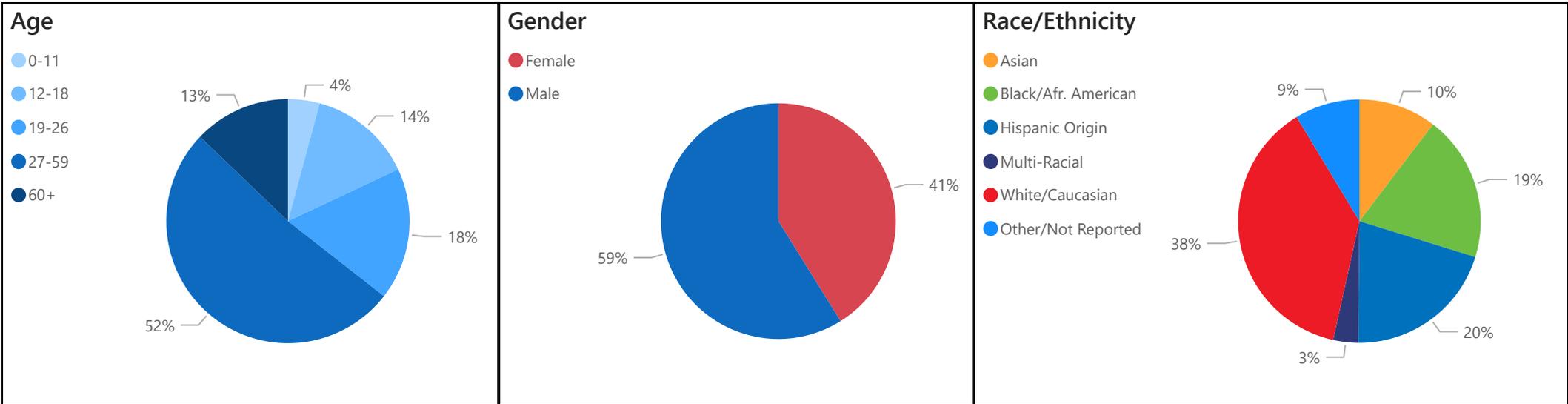
# Youth Who Attended 1st Treatment Appt	52	75	62	69	72	61	65	55	68	66	77	76	77
Average # Days from Assessment to Treatment	35	23	31	32	34	37	33	23	17	17	16	20	16
Average # Days from Assessment to 1st Available / Accepted Appt*	32	21	28	29	30	31	29	18	13	13	12	13	12

\*Average number of days from Assessment to Date of First Available Appointment (if known) OR from Assessment to Date of First Accepted Appointment

## SUD Residential Waiting List Individuals Waiting by Program Type February 2022 - February 2023

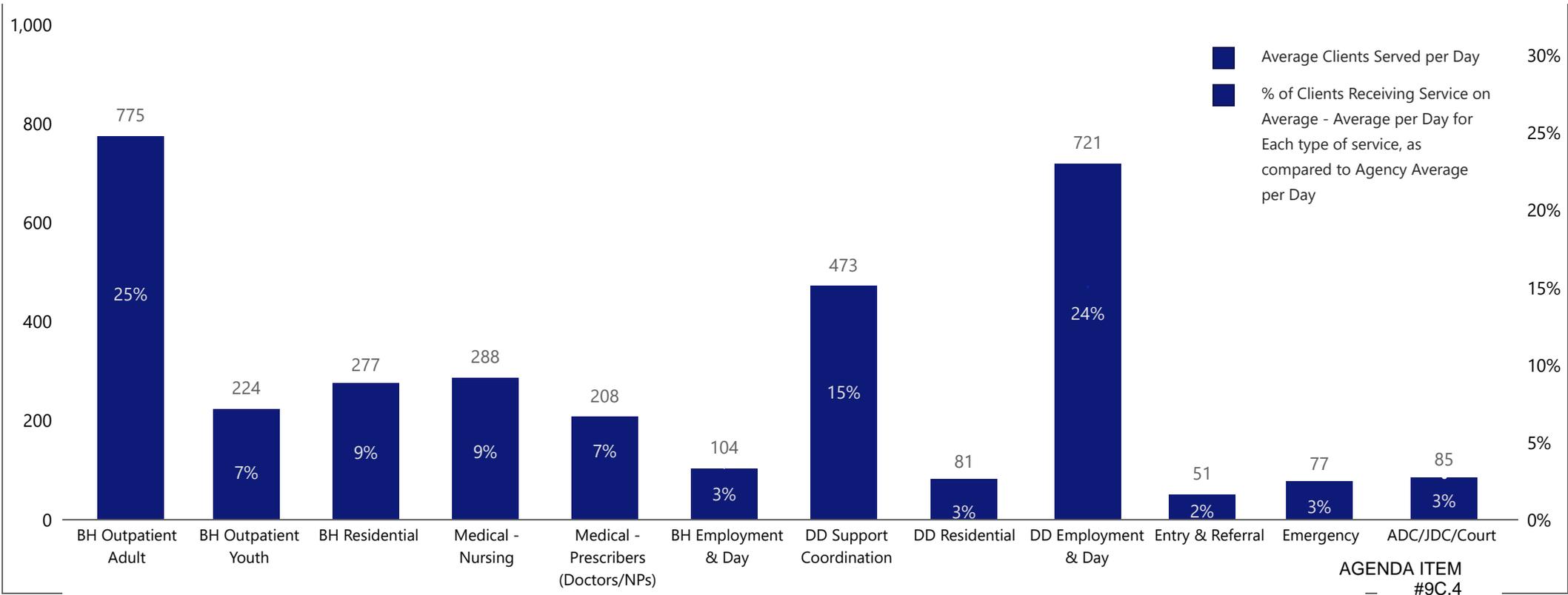


# CSB Status Report



## Average Clients Served per Day by Type of Service - January 2023

Agency Average Served per Day in January 2023 = 2,856





## Individuals Served by Month by Type of Service Jan'22 - Jan'23

Service Area	Jan'22	Feb'22	Mar'22	Apr'22	May'22	Jun'22	Jul'22	Aug'22	Sep'22	Oct'22	Nov'22	Dec'22	Jan'23	Monthly Variance	Yearly Variance	# Served Past 12 Months
All Individuals Served	8,930	8,854	9,416	9,052	9,162	9,169	8,806	9,137	9,184	9,079	9,234	9,048	9,524	▲ 5.3%	▲ 6.7%	21,090
BH Outpatient Adult	3,115	3,047	3,091	3,058	3,052	3,091	3,067	3,199	3,175	3,191	3,238	3,278	3,308	▲ 0.9%	▲ 6.2%	5,151
BH Outpatient Youth	903	911	951	969	1,001	1,020	955	918	894	928	946	964	992	▲ 2.9%	▲ 9.9%	1,988
BH Residential	436	415	463	458	430	428	422	428	433	442	441	433	435	▲ 0.5%	▼ -0.2%	1,352
Medical - Nursing	1,275	1,226	1,380	1,323	1,228	1,359	1,354	1,418	1,404	1,424	1,307	1,324	1,392	▲ 5.1%	▲ 9.2%	3,699
Medical - Prescribers	2,634	2,553	2,897	2,580	2,645	2,779	2,636	2,805	2,625	2,760	2,664	2,533	2,710	▲ 7.0%	▲ 2.9%	6,571
BH Employment & Day	363	361	379	378	350	351	346	346	355	337	310	307	322	▲ 4.9%	▼ -11.3%	633
DD Support Coordination	2,744	2,529	2,751	2,455	2,535	2,629	2,431	2,524	2,518	2,385	2,520	2,301	2,613	▲ 13.6%	▼ -4.8%	5,042
DD Residential	85	85	85	85	85	85	84	84	84	84	84	84	82	▼ -2.4%	▼ -3.5%	86
DD Employment & Day	917	919	1,024	1,038	1,063	982	976	1,109	1,124	1,145	1,148	1,166	1,151	▼ -1.3%	▲ 25.5%	1,333
Entry & Referral (EAR)	516	611	699	645	620	622	566	600	617	542	523	544	607	▲ 11.6%	▲ 17.6%	4,891
EAR Screenings	294	379	420	396	354	380	362	379	396	383	393	400	449	▲ 12.3%	▲ 52.7%	3,919
EAR Assessments	174	165	206	179	177	160	172	215	233	251	218	240	234	▼ -2.5%	▲ 34.5%	2,272
Emergency	785	841	993	880	935	852	808	915	869	876	869	858	976	▲ 13.8%	▲ 24.3%	6,693
ADC/JDC/ Court	460	488	559	546	540	574	557	609	639	663	628	645	654	▲ 1.4%	▲ 42.2%	2,722

\* Monthly variance compares current month to previous month; Yearly variance compares current month to the same month in previous calendar year (Ex: May 2021 compared to May 2020). Number Served Past 12 Months is an unduplicated count of clients served in each area in the 12 months prior to end of the reporting period (ex: June 2021 - May 2021).

## Service Definitions

All	Includes all individuals receiving services from the Community Services Board. Includes services for people of all ages who have mental illness, substance use disorders and/or developmental disabilities.
BH Outpatient Adult	Individuals receiving services from adult outpatient behavioral health programs. Includes the following service areas/programs: Behavioral Health Outpatient (BHOP) - MH Outpatient, MH Case Management, SUD Intensive Outpatient, Turning Point, Partial Hospitalization; Intensive Community Treatment - Intensive Case Management, PACT, Discharge Planning, PATH; Jail Diversion; Medication Assisted Treatment. Includes individuals receiving engagement, monitoring and treatment services.
BH Outpatient Youth	Individuals receiving services from youth behavioral health outpatient programs. Includes the following service areas/programs: Youth & Family Outpatient - MH Outpatient, MH Case Management, SUD Outpatient; Youth & Family Intensive - Wraparound Fairfax, Resource Program, Youth Discharge Planning. Includes individuals receiving assessment, monitoring, and treatment services.
BH Residential	Individuals receiving services from behavioral health residential programs. Includes the following service areas/programs: Supportive Community Residential - directly operated and contracted residential services; SUD Residential Treatment - Crossroads, Cornerstones, A New Beginning, New Generations; Youth Residential - Leland House; Wellness Circle Residential Crisis Stabilization, Fairfax Detoxification.
Medical - Nursing	Individuals receiving Nursing services in an outpatient setting.
Medical - Prescribers	Individuals receiving services from a prescriber (psychiatrist or nurse practitioner). Services are provided in a variety of treatment settings, including outpatient, residential, assessment, and emergency services.
BH Employment & Day	Individuals receiving behavioral health individual or group supported employment services.
DD Support Coordination	Individuals receiving developmental support coordination services. Includes individuals receiving targeted case management, monitoring, and assessment services.
DD Residential	Individuals receiving developmental disability residential services. Includes directly operated group homes and apartments, and locally funded contracted residential placements.
DD Employment & Day	Individuals receiving developmental day support services; individual, group, or sheltered employment services; and self-directed services. Includes both waiver and locally-funded services.
Entry & Referral (EAR)	Individuals receiving behavioral health entry and referral services. Includes Adult & Youth walk-in screening and assessment clinical services, case coordination, and call center referrals.
EAR Screenings	Individuals receiving behavioral health screening services at Entry & Referral.
EAR Assessments	Individuals receiving behavioral health assessment services at Entry & Referral.
ADC/JDC/Court	Individuals receiving CSB jail-based or court services. Includes CSB services provided at the Adult Detention Center, Juvenile Detention Center and adult participants in specialty court dockets (Veterans' Docket, Mental Health Docket, Drug Court).

### Notes:

#### Page 1:

- Demographics – Typically little change in demographics over time. Reflects demographic characteristics of all individuals served in the reporting month.
- Average Clients Served per Day by Type of Service – Compares average served per day in each service area to the agency-wide average number served. Individuals may receive more than one type of service per day and totals may be greater than 100%.

#### Page 2:

- Numbers reported show the unduplicated number of clients served in each service area. Individuals may receive multiple services each month within a service area and may receive more than one type of service each month.
- The Monthly Variance compares the reporting month to the prior month. The Yearly Variance compares the reporting month to the same month in the previous calendar year.
- All Individuals Served - There was an increase in the overall numbers served compared to the prior month & year, which is partly due to increases in adult & youth behavioral health outpatient, jail-based, and developmental employment & day programs.
- BH Outpatient Adult – The number of individuals served is trending higher over the past few months due to increases in adult mental health outpatient & case management services in the Behavioral Health Outpatient (BHOP) program, medication assisted treatment, and homeless services.
- BH Outpatient Youth – This service area typically sees an increase in referrals and individuals served in the late fall that continues throughout the school year and drops off over the summer months. There is a 10% increase in the number served compared to January 2022.
- BH Residential – The number served is trending lower compared to the prior year due to reductions through attrition in the RIC programs and reductions in some contract placements.
- Medical – Nursing & Prescribers (Psychiatrists & Nurse Practitioners) serve individuals in a variety of treatment settings. There is regular fluctuation in the number of clients served based on the needs of the clients.
- BH Employment & Day – The number served is trending lower as compared to the prior year. The implementation of a new program model in the Supported Employment program requires reduced caseload sizes and it is anticipated that numbers may remain lower as compared to previous years.
- DD Support Coordination – There is typically monthly variation based on quarterly and annual review cycles.
- DD Residential – Includes all individuals served in directly operated residential programs and locally-funded contract placements. The number of individuals served each month is trending lower overall due to reductions in the directly operated group home census and locally funded contract placements through natural attrition. New residential placements through community partners are waiver funded.
- DD Employment & Day – There has been an upward trend in this service area with a 26% increase over the prior year. Developmental employment & day programs have been able to reopen from closures that were necessary during the pandemic, along with new graduate placements and people returning to service who had deferred during the pandemic. This service area experiences some reductions over the summer months due to the summer break for some self-directed services.
- Entry & Referral – The number of individuals served overall dipped in October primarily due to the Call Center transition to a phone tree system which allows callers to self-route to the appropriate CSB program staff. The number of clients receiving screening and assessments is trending higher, with significant increases in the number of screenings and assessments provided compared to the prior year.
- Emergency – There is some monthly fluctuation in the demand for Emergency services. All clients who present for services are evaluated by Emergency services staff.
- ADC/JDC/Court – The number of individuals served is trending higher compared to the previous year. The jail census was significantly reduced earlier in the pandemic due to health and safety issues. The number of individuals is also trending higher since August, primarily due to an increase in referrals, including substance use clients receiving medication assisted treatment.

Department of Health and Human Services – Health Resources and Services Administration Community Project Funding/Congressionally Directed Spending - FY 2024

Issue:

Board approval for the Fairfax-Falls Church Community Services Board to apply for and accept FY 2024 Congressionally Directed Spending from the Health Resources and Services Administration (HRSA) if funding is included in the final FY 2024 federal spending bill.

Recommended Motion:

I move that the Board approve acceptance of \$6,500,000 in FY 2024 Congressionally Directed Spending from HRSA.

Background:

Board authorization for the Fairfax-Falls Church Community Services Board (CSB) to apply for and accept, if funding is appropriated, approximately \$6,500,000 in FY 2024 Congressionally Directed Spending. Funding will support one CSB community project.

The process to receive Congressionally Directed Spending (CDS) is part of the annual federal appropriations process. During March 2023, CSB worked with the County's Government Relations Team to submit one community funding request to Senators Mark Warner and Tim Kaine. Senator Warner and/or Senator Kaine may choose to submit this request via the Senate Appropriations Committee process. The relevant spending account is not available as part of the FY 2024 House Appropriations Committee process.

If this project is included in the final FY 2024 federal spending bill, funding will be appropriated under the Departments of Labor, Health and Human Services, and Education, and Related Agencies bill under the Department of Health and Human Services – Health Resources and Services Administration account. HRSA will be responsible for administering this funding. CSB will work through the HRSA application process to receive the funding.

Timing:

Board action is requested on March 22, 2023. CSB has three years to spend funds for this construction project.

Fiscal Impact:

Federal Congressionally Directed Spending of \$6,500,000 will be used for one community projects. No Local Cash Match is required. This grant does not allow for the recovery of indirect costs. This action does not increase the expenditure level in the

Federal-State Grant Fund, as funds are held in reserve for unanticipated grant awards in FY 2024.

Enclosed Documents:

Attachment A: Grant Summary

Staff:

Daryl Washington, CSB Executive Director

Sebastian Tezna, Director of Behavioral Health Operation

**FY 2024 Congressionally Directed Spending for CSB****Summary of Projects**

<b>Grant Title:</b>	Community Project Funding/Congressionally Directed Spending FY 2024
<b>Funding Agency:</b>	Department of Health and Human Services – Health Resources and Services Administration (HRSA)
<b>Applicant:</b>	Fairfax-Falls Church Community Services Board (CSB)
<b>Funding Amount:</b>	Federal funding of \$6,500,000.
<b>Proposed Use of Funds:</b>	<p>Funding of approximately \$6,500,000 would be used for one CSB community project. The project will cover costs associated with the CSB’s Crossroads Capital Improvement Project is a renovation project. Funding for renovations of the Crossroads residential facility will complete required facility updates to address outdated equipment, HVAC, plumbing, electrical and mechanical systems. Changing care standards also demand the creation of flexible space for admissions, visitors, and therapeutic services. The Crossroads facility needs these upgrades to continue providing critical services to those in the Fairfax-Falls Church community. The facility will remain operational during construction. This critical project currently has funding from a \$21 million bond referendum and another \$3.5 million in local dollars from the Fairfax-Falls Church CSB budget. To get to the \$31 million budget for the project, this one-time assistance of \$6.5 million in federal funding is needed. The \$6.5 million will go toward the HVAC (\$2.5 million), electrical (\$3 million), and plumbing (\$1 million).</p> <p>The Crossroads Capital Improvement Project is part of Fairfax County’s Capital Improvement Program (CIP), which serves as the County’s five-year roadmap for creating, maintaining and funding present and future capital infrastructure requirements. The CIP serves as a planning instrument to identify needed capital projects and coordinate the financing and timing of improvements. The CIP provides the framework for the County Executive and the County Board of Supervisors with respect to managing bond sales, investment planning and project planning.</p>
<b>Grant Periods:</b>	If funding is appropriated, this grant period will be for three years upon issuance of funding from HRSA.

Request for Approval of FY 2024 Fee Schedule

Issue:

Updates to the Fee Schedule

Timing:

If approved by the CSB Board, the Fee Schedule is forwarded to the Board of Supervisors for their review. Following CSB Board approval the changes to the Fee Schedule will not become effective before July 1, 2023.

Recommended Motion:

*I move the Board approve the CSB Fee Schedule.*

Background:

At the CSB Board meeting on February 22, 2023, the CSB Board discussed the proposed changes.

The recommended changes include:

1. Updated to the fees based on current Medicare, Medicaid, or negotiated rates for CSB services provided and billed to clients

If approved by the CSB Board, the Fee Schedule will be submitted to the Board of Supervisors for review in May 2023. Following Board of Supervisors review, staff will inform clients, conduct staff training, and make adjustments in the Electronic Health Record, resulting in an effective date not sooner than July 1, 2023.

Fiscal Impact:

The fee related documents provide the CSB with uniform mechanisms to maximize revenues from clients, Medicaid, Medicare, and other health insurance plans. The FY 2023 current budget plan for the CSB includes \$21M in estimated fee revenues.

Board Members and Staff:

Staff: Sebastian Tezna, Director of Behavioral Health Operations

Michelle Gonsalves, Contracts and Credentialing Manager

Enclosed Documents:

CSB Fee Schedule – Eff. 7/1/2023

Summary of Changes to CSB 2023-2024 Fee Schedule

## Summary of Changes to CSB 2023-2024 Fee Schedule

### Fee Schedule

- The CSB has adopted the use of the national standard for rate development used by Medicare to determine reimbursement rates. The following structure has been adopted to allow for the Schedule to be updated annually with a standard methodology that can be validated with transparency.
  - First, use of CMS Medicare code/rate structure for Fairfax County
  - Second, if code/rate not available, use Virginia Department of Medical Assistance (DMAS) Fee Schedule
  - Third, if code/rate not available, use CSB negotiated rate with payers
- Added codes that were included in the VA DMAS service update.
- Removed codes no longer being billed to clients per the Revenue Management Team.

FY24 Proposed Fee Schedule

Service	Service Code	Revenue Code (Facility Billing Only)	Subject to Ability to Pay Scale	Previous Rate	New Rate	Unit	Change
Initial Evaluation/Assessment	90791		Yes	\$197.19	\$191.78	per event	(\$5.41)
Psychiatric Evaluation, Medical Services	90792		Yes	\$221.80	\$216.44	per event	(\$5.36)
Individual Therapy/Counseling (16 to 37 minutes)	90832		Yes	\$85.67	\$82.66	per event	(\$3.01)
Individual Therapy/Counseling (38 to 52 minutes)	90834		Yes	\$113.11	\$109.40	per event	(\$3.71)
Individual Therapy/Counseling (53 minutes or greater)	90837		Yes	\$165.87	\$160.87	per event	(\$5.00)
Crisis Intervention - non-Medicaid	90839		Yes	\$158.89	\$154.85	per hour	(\$4.04)
Crisis Intervention - Addl 30 Min	90840		Yes	\$79.74	\$77.17	each add't 30 min	(\$2.57)
Family Therapy w/out client (50 minutes)	90846		Yes	\$106.54	\$103.20	per event	(\$3.34)
Family Therapy w/ client (50 minutes)	90847		Yes	\$110.19	\$107.60	per event	(\$2.59)
Group Therapy/Counseling (per group, per person)	90853		Yes	\$30.12	\$29.35	per event	(\$0.77)
Injection Procedure	96372		Yes	\$16.91	\$16.37	per event	(\$0.54)
Urine Collection & Drug Screen- Retests Only (Specimen Handling)	99000		Yes	\$3.68	\$3.68	per event	\$0.00
Nursing Subsequent Care - Established Patient	99211		Yes	\$27.97	\$27.43	per event	(\$0.54)
Office Outpatient Established 10-19 Min	99212		Yes	\$66.74	\$65.40	per event	(\$1.34)
Psychiatric Evaluation & Management Low Complexity - Established Patient 20-29 Min	99213		Yes	\$105.79	\$103.35	per event	(\$2.44)
Psychiatric Evaluation & Management Moderate Complexity - Established Patient 30-39 Min	99214		Yes	\$148.55	\$145.72	per event	(\$2.83)
Office Outpatient Established High 40-54 min	99215		Yes	\$209.06	\$203.57	per event	(\$5.49)
Case Management - SA	H0006		Yes	\$273.38	\$243.00	per month	(\$30.38)
Residential Treatment	H0010 - HB	Revenue Code(s) 1002, and DRG(s) 894-897	Yes	\$423.32	\$376.46	per day	(\$46.86)
Intensive Outpatient - SA	H0015	Revenue Code 905 or 906	Yes	\$281.25	\$250.00	per day	(\$31.25)
Behavioral Health Outreach Service (Case Management - MH)	H0023		Yes	\$367.31	\$367.31	per month	\$0.00
ACT - Base Large Team	H0040		Yes	\$172.13	\$178.76	per diem	\$6.63
ACT - Base Medium Team	H0040 - U1		Yes	New	\$190.50	per diem	\$190.50
ACT - Base Small Team	H0040 - U2		Yes	New	\$219.60	per diem	\$219.60
ACT - High Fidelity Large Team	H0040 - U3		Yes	New	\$213.84	per diem	\$213.84
ACT - High Fidelity Medium Team	H0040 - U4		Yes	New	\$232.47	per diem	\$232.47
ACT - High Fidelity Small Team	H0040 - U5		Yes	New	\$275.95	per diem	\$275.95
Mobile Crisis (1:1 Licensed)/(1:1 Prescreener)/(Non-Emergency 1:1 Prescreener Licensed)	H2011 - HO/32/HK		Yes	\$31.06	\$71.08	per 15 min	\$40.02
Mobile Crisis (2:1 MA/PEER)	H2011 - HT, HM		Yes	New	\$113.85	per 15 min	\$113.85
Mobile Crisis (2:1 Licensed/PEER)	H2011 - HT, HO		Yes	New	\$121.51	per 15 min	\$121.51
Mobile Crisis (2:1 MA/MA)	H2011 - HT, HN		Yes	New	\$124.27	per 15 min	\$124.27
Mobile Crisis (2:1 Licensed, MA)	H2011 - HT		Yes	New	\$131.93	per 15 min	\$131.93
Therapeutic Behavioral Services	H2018		Yes	\$100.13	\$100.13	per 15 min	\$0.00
Crisis Stabilization - Adult Residential (Therapeutic Behavioral Services)	H2018	Revenue Code(s) 1001, and DRG(s) 876, 880-887	Yes	\$583 (Facility only)	\$583 (Facility only)	per day	None
Detoxification, Medical, Residential-setting	H2036 - HB	Revenue Code(s) 1002, and DRG(s) 894-897	Yes	\$423.32	\$518.86	per day	\$95.54
Detoxification, Social, Residential-setting	H2036 - HB	Revenue Code(s) 1002, and DRG(s) 894-897	Yes	\$423.32	\$518.86	per day	\$95.54
Drop-In Support Services, ID	None		Yes	Rate set by vendor(s) but no less than \$2 per hour and for those with incomes above 150% of FPL, apply 20% liability (based on ATP Scale) of the CSB contracted negotiated rate. If below 150% of FPL, charge \$2 per hour.	Rate set by vendor(s) but no less than \$2 per hour and for those with incomes above 150% of FPL, apply 20% liability (based on ATP Scale) of the CSB contracted negotiated rate. If below 150% of FPL, charge \$2 per hour.	per hour	None
Late Cancellation or No Show (commercial insurance coverage only)	None		Yes	\$25.00	\$25.00	per appointment	\$0.00
Residential Fee ID Community Living Services	None		No	75%	75%	of monthly gross income	0%
Residential Fee MH/SA Community Living Services	None		No	30%	30%	of monthly gross income	0%
Returned Check (due to insufficient funds or closed account)	None		No	\$50.00	\$50.00	per check	\$0.00
Transportation	None		No	\$100.00	\$100.00	per month	\$0.00
23-Hour Crisis Stabilization	S9485 - 32/HK		Yes	New	\$920.06	per diem	\$920.06
Release of Information: Research	S9981		No	\$10.00	\$10.00	per event	\$0.00
Release of Information: Per Page	S9982		No	\$ .37 per pg up to 50 pgs; \$ .18 per pg > = 51 pgs; \$6.00 per CD	\$ .37 per pg up to 50 pgs; \$ .18 per pg > = 51 pgs; \$6.00 per CD	per pages/CD	Varies