

**FAIRFAX FALLS-CHURCH COMMUNITY SERVICES BOARD
EXECUTIVE COMMITTEE MEETING MINUTES
SEPTEMBER 18, 2024**

The CSB Executive Committee met in regular session at the Sharon Bulova Center, 8221 Willow Oaks Corporate Drive, Level 3, Room 3-314 West, Fairfax, VA 22031

1. Meeting Called to Order

Committee Chair Dan Sherrange called the meeting to order at 4:02 PM.

2. Roll Call, Audibility, and Preliminary Motions

PRESENT: **BOARD MEMBERS:** COMMITTEE CHAIR DAN SHERRANGE; EVAN JONES;
BETTINA LAWTON; ANDREW SCALISE

Also present: Executive Director Daryl Washington; Deputy Director of Clinical Operations Abbey May; Deputy Director of Clinical Operations Barbara Wadley-Young; Deputy Director of Administrative Operations Jean Post; Legislative and Grants Analyst Elizabeth McCartney; Director of Administration & Policy Shweta Adyanthaya; Director of Quality Improvement and Compliance Joan Rodgers and Board Clerk Sameera Awan.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was presented for review, and no amendments were made by the Consensus of the Committee. The meeting agenda was approved.

5. Approval of the Minutes

August 21, 2024, Executive Committee Meeting Minutes were provided for review; no amendments were made.

MOTION TO ADOPT AUGUST 21, 2024, MEETING MINUTES WAS MOVED BY COMMITTEE MEMBER BETTINA LAWTON, SECONDED BY COMMITTEE MEMBER EVAN JONES.

MOTION TO ADOPT WAS APPROVED BY EVAN JONES, DAN SHERRANGE AND BETTINA LAWTON. ANDREW SCALISE ABSTAINED.

6. Compliance Committee Update

Director of Quality Improvement and Compliance Joan Rodgers shared the CSB Board Audit and CAP Reports in reference to Agenda Item #6.1. She reported that seven internal audits for quality review were completed, which is part of the general auditing activities conducted in August.

These audits included 47 clinical records within the program period and a total review of 94 records for the fiscal year. The areas audited in August covered behavioral health outpatient adult services at both Merrifield and Gartland, emergency services at Merrifield, the Assertive Community Treatment (ACT) program at Heritage, residential treatment services at Regenerations, support coordination services at Chantilly, and records from the Assisted Community Residential Services Group home.

The audit findings continued to show a high rate of chart accuracy. Rodgers noted that the internal audits have helped programs meet compliance requirements, supported by custom-built audit tools tailored to the programs. She expressed excitement over how these internal audits contributed to the excellent results from the licensing reviews, particularly in substance use and mental health programming and the developmental disabilities program, which was reviewed by the state in January 2024.

Regarding external audits, Joan mentioned that CSB was randomly selected for the Independent Review Provider Quality Review as part of the settlement agreement. This review will include an assessment of the implementation of annual quality improvement plans and related quality service review findings. She emphasized the significant effort made by clinical and compliance staff in developing these quality improvement plans and expressed confidence in the upcoming review. Licensing also examines the same materials, and all necessary documents have been submitted for review.

Finally, Joan addressed the CAP report, which involved a late serious incident report from Assisted Community Residential Services. The issue was related to training, and CSB attempted to contest the report due to a discrepancy in the discovery time logged by a staff member. Despite these efforts, the state still issued the report.

7. Director's Report

A) County, Regional, State and Cross Agency Initiatives

Executive Director Daryl Washington provided updates regarding the situation at the state level, specifically discussing the proposed permanent injunction. He emphasized that the judge has not yet approved this proposal. Mr. Washington noted that there are plans to propose two additional rate studies, which will assess whether the Developmental Disabilities (DD) waiver services adequately cover the community's care costs. The focus will be on performance measures that the state needs help to consistently meet under the terms of the settlement agreement. In the proposed injunction, the state will pay less attention to the measures they have consistently met and will instead concentrate on those that have been challenging.

Mr. Washington shared a brief overview, indicating that the settlement agreement has been in place for about 12 years. At the time it was enacted, there were fewer than 9,000 waivers; by 2022, this number had nearly doubled to almost 17,000. Additionally, he highlighted the significant reduction in training centers, noting that there was once a total of five with over 1,000 residents, whereas currently, only one training center remains, housing 66 individuals. This

indicates a substantial shift in the availability of community waivers and the locations where individuals receive services and care across the Commonwealth, although challenges remain.

Virginia has consistently struggled to meet 27 specific areas, which will be the focus of ongoing efforts. Significant dates for follow-up discussions have yet to be established as negotiations are still underway. The remaining updates pertain to the 27 areas of concern, which span various services, including behavioral health care, medical services, and crisis services, indicating a broad range of challenges.

Concern was expressed about the state's ability to meet certain thresholds, particularly regarding having all individuals in group homes with four residents or fewer. It was noted that many group homes still have five or more residents, complicating the implementation of waiver rates that incentivize smaller group settings. In some localities, a lack of providers limits options for families, creating challenges when there are few available choices for housing.

At the state level, efforts continue to refine outcome measures as part of STEP-VA (System Transformation Excellence and Performance). Mr. Washington participates in a monthly committee that reviews these measures, and he mentioned that negotiations are ongoing regarding appropriate outcome measures for each step in the STEP-VA framework.

The finance team made significant effort to conduct a rate study to evaluate the cost of care for STEP-VA services. All Community Services Boards (CSBs) in the state submitted their data for analysis, which has provided valuable insights into the costs associated with delivering behavioral health care.

Regarding housing initiatives and the availability of permanent supportive housing units. The Department of Housing recently released a notice of funding availability and held a Q&A session for interested parties. Mr. Washington explained that this funding includes specific allocations for Fairfax and a regional pot of \$6.5 million, with \$5.5 million designated for this notice. This represents the largest investment in permanent supportive housing units he has witnessed throughout his career, highlighting its significance.

Lastly, the youth survey data has been recently released to the Board of Supervisors. Encouragingly, most indicators are trending positively regarding substance abuse and mental health. However, the agency plans to investigate the reported sadness and hopelessness among sixth-grade students, notably higher than in older students. Mr. Washington mentioned that approximately 28,000 students participated in the survey, representing around 65% of the student population, indicating a good response rate and providing a reliable picture of mental health and substance use among school-age children.

B) Legislative Update

Committee Chair Dan Sherrange stated that he discussed adopting a new approach this year with Executive Director Daryl Washington and Legislative and Grants Analyst Elizabeth McCartney. They agreed to shift from the traditional method of meeting with the General

Assembly to focus on two key issues to present to the legislators. Instead of holding a large group meeting, they planned to approach legislators individually. A schedule will be arranged for briefings, with two board members accompanying Daryl Washington or one of his associates, forming a party of three.

The primary issue involved waiver slots, and the costs associated with executing them. Over the past 18 years, Fairfax County has covered the difference between what the state provides and what is necessary for effective operations. This pertains to Medicaid reimbursement rates, and they plan to create a chart illustrating the cost differential between current expenditures and the required funding, especially given the increasing number of waivers. More information will be provided as they work to finalize this.

The second issue is that case managers' compensation structure differs from case managers in other parts of the state. This discrepancy is important, as it impacts the general fund, with reimbursements dependent on what is received from Medicaid. He summarized that this is the essential understanding of the situation.

8. Review of the CSB Board September 25, 2024, Agenda

The CSB Annual Planning Calendar was reviewed, no recommendations were offered, and the calendar was accepted as presented.

9. CSB Board Annual Planning Calendar

The CSB Annual Planning Calendar was reviewed, and no recommendations were offered; the calendar was accepted as presented.

10. Matters of the Executive Committee

A. Service Delivery Oversight Committee:

SDOC Committee Chair Evan Jones reported on recent presentations. The meeting, which was the second part of the Integrated Healthcare presentation, was well received and provided substantial information. The programs discussed were described as impressive, with a notable impact on the Community and effective collaboration with the organization. Approximately 30 people attended the meeting. There are plans to focus on engaging associate members and ensuring that interested individuals are included. **The next Service Delivery Oversight Committee meeting is Wednesday, October 9, 2024, at 5:00 PM.**

B. Compliance Committee:

Compliance Committee Chair Dan Sherrange noted that Director of Quality Improvement Joan Rodgers presented the CSB Board Audit Report, the CSB Board CAP Report, and the CSB Board Annual Training Data. **The next meeting of the Compliance Committee will be held on Wednesday, October 16, 2024, in conjunction with the Executive Committee meeting starting at 4:00 PM.**

C. Fiscal Oversight Committee:

Acting Chair of the Fiscal Oversight Committee, Dan Sherrange, provided a brief update on the August meeting. The organization has achieved the lowest vacancy rates since December 2023, a significant accomplishment for everyone involved. The Time to Treatment numbers were impressively positive, showing better results than the previous year. Staffing levels appear strong, with ongoing hiring efforts yielding favorable outcomes. The turnover rate is improving, and exit surveys reflect positive feedback. However, the main concern that emerged was regarding budget reductions, which will be discussed further. There are also issues related to case managers and waiver concerns that need attention. **The next meeting of the Fiscal Oversight Committee is Thursday, October 17, 2024, at 4:00 p.m.**

11. Closed Session

Committee Chair Dan Sherrange requested a closed session with only Committee Members and CSB staff at 5:34 PM.

MOTION TO ENTER INTO CLOSED SESSION WAS MADE BY COMMITTEE CHAIR DAN SHERRANGE, SECONDED BY COMMITTEE MEMBER BETTINA LAWTON.

THIS MOTION WAS APPROVED BY ANDREW SCALISE, EVAN JONES AND BETTINA LAWTON.

**Committee Members participated in person.*

COMMITTEE CHAIR DAN SHERRANGE MOVED THAT THE COMMITTEE RETURN TO A PUBLIC, OPEN SESSION MEETING; THIS MOTION WAS SECONDED BY BOARD MEMBER BETTINA LAWTON.

At 6:34 PM, the Board reconvened the open session. At that time, a motion was offered, seconded, and passed with each member certifying, to the best of their knowledge, that only public business matters were lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such general business matters identified in the motion to convene a closed meeting, were heard, discussed, or considered by the Community Services Board in closed session.

12. Adjournment

A motion to adjourn the meeting was made by Committee Member Bettina Lawton and seconded by Committee Member Evan Jones. The motion was approved unanimously, and the meeting was adjourned at 6:35 PM.

Date Approved

Clerk to the Board