

**FAIRFAX FALLS-CHURCH COMMUNITY SERVICES BOARD
EXECUTIVE COMMITTEE MEETING MINUTES
SEPTEMBER 20, 2023**

The CSB Executive Committee met in regular session at the Sharon Bulova Center, 8221 Willow Oaks Corporate Drive, Level 3, Room 3-314 West, Fairfax, VA 22031

1. Meeting Called to Order

Committee Chair Dan Sherrange called the meeting to order at 4:04 PM.

2. Roll Call, Audibility, and Preliminary Motions

PRESENT: **BOARD MEMBERS:** COMMITTEE CHAIR DAN SHERRANGE; CAPTAIN DANIEL WILSON; BETTINA LAWTON; CLAUDIA VOLK; ANDREW SCALISE

ABSENT: **BOARD MEMBERS:** ANNE WHIPPLE; GARRETT MCGUIRE

Also present: Executive Director Daryl Washington, Deputy Director of Community Living Barbara Wadley-Young, Deputy Director of Administrative Operations Jean Post, Chief Financial Officer Elif Ekingen, Director of Clinical Operations Abbey May, and Board Clerk Sameera Awan.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was presented for review, and no amendments were made by the Consensus of the Committee. The meeting agenda was approved.

5. Approval of the Minutes

The August 16, 2023, Executive Committee Meeting Minutes were provided for review; no amendments were made.

MOTION TO ADOPT AUGUST 16, 2023, MEETING MINUTES WAS MOVED BY COMMITTEE MEMBER BETTINA LAWTON, SECONDED BY COMMITTEE MEMBER ANDREW SCALISE.

MOTION TO ADOPT WAS APPROVED BY DAN SHERRANGE AND CLAUDIA VOLK. CAPTAIN DANIEL WILSON ABSTAINED.

6. Compliance Committee Update

Director of Quality Improvement Joan Rodgers provided information on the CSB Board Audit Report, the CSB Board CAP Report, and the CSB Annual Training Data.

7. Update on Fairfax County's Opioid Settlement Implementation

Opioid and Substance Use (OSU) Task Force Coordinator Ellen Volo provided a presentation on Fairfax County's Opioid Settlement Implementation. She coordinates the county's cross-systems opioid response effort. She briefly summarized the county's overall approach to the opioid epidemic. Fairfax County has been actively addressing the opioid epidemic for several years and operates under its third work plan. This plan includes approximately 40 programs and activities across six categories: Early Intervention and Treatment, Data Monitoring, Criminal Justice and Enforcement, Education and Prevention, Recovery, and Harm Reduction. The overarching strategy involves a multifaceted approach, ranging from preventing opioid misuse to harm reduction and recovery, with a significant focus on treatment. Public safety partnerships play a crucial role, and various strategies are in place to combat the opioid epidemic. Furthermore, this effort involves the participation of approximately 15 county agencies and the public school system. Ultimately, the goal is to reduce opioid-related deaths, enhance the quality of life, and base all actions on data-driven approaches.

8. Director's Report

Executive Director Daryl Washington presented three options for enhanced services that are set to be presented to the Board of Supervisors (BOS). The first option involves the Youth Medication Assisted Treatment (MAT) Service, which includes expanding the CSB's existing treatment program. Funding for this expansion will be secured by utilizing the local opioid abatement dollars, with the application already completed. The second option, the Youth Mental Health Outreach and Engagement and Intervention Program, will enable the CSB to provide various mental health services in multiple communities across the county, particularly in non-traditional settings and different geographical locations. It's worth noting that no new funding is associated with this option, as the Department of Management and Budget (DMB) has suggested using existing CSB budget flexibility for these services. The third option, the Youth Crisis Services and Re-entry Program, is the most comprehensive and expensive one. It entails establishing a youth crisis stabilization program, including a crisis receiving center, offering crisis stabilization, detox treatment, and aftercare. Mr. Washington's presentation will address the BOS's request for carryover funding for these initiatives and explore potential additional state funding opportunities. The ultimate goal is to enhance and expand Youth Behavioral Health Services to meet the community's needs better. Additionally, Mr. Washington mentioned ongoing efforts to locate a suitable facility for these programs and maintain communication with regional executives due to the multiple funding streams involved. The vision is to transform the focus from solely a residential program for youth with substance use issues to a comprehensive crisis facility that includes detox and behavioral health crisis stabilization units, all housed within the same building. This expansion would require multiple licenses from the Department of Behavioral Health.

Mr. Washington shared updates from the recently expanded governor's budget. Firstly, there's \$58M earmarked to enhance and modernize the comprehensive crisis system, likely to be distributed among the five regions. Another \$10M is allocated for Global Crisis Services, primarily for establishing additional mobile crisis services in specific areas. However, in Mr. Washington's

assessment, it's expected that our region may receive minimal, if any, of this \$10M. The budget includes \$4.2M for expanding child psychiatry in children crisis response and \$4.5M for Chesapeake Regional Hospital. A significant allocation of \$30M is designated for permanent supportive housing, and Mr. Washington anticipates a substantial portion of this funding to be distributed among the five regions. Additionally, there is an allocation of \$7.5M for School-Based Mental Health and \$3.9M for the Virginia Mental Health Access Program, which provides support for training and technical assistance to primary care doctors prescribing psychiatric medications to both adults and children. The budget also encompasses funding for Revive Kits and an allocation of \$18M for staff compensation at the CSBs. There is a potential for the governor's upcoming two-year budget submission to double this amount to \$36M, but the CSB will need to await its confirmation. However, it is confirmed that the \$18M allocation is expected. Furthermore, an additional \$4.3M is designated for System Transformation Excellence and Performance (STEP VA).

Mr. Washington shared there has been a change in the reimbursement rate for the CSB. When the public health emergency concluded, some of the previously elevated rates due to the emergency reverted to their regular rates. This essentially made the elevated changes permanent. While this adjustment will positively impact revenue, it will return the CSB to the pre-emergency rates for various services, including psychosocial rehab, outpatient therapy, peer services, crisis stabilization services, crisis intervention, local crisis response, assertive community treatment, and intensive outpatient services. These services are expected to receive a 10% bonus starting January 1, 2024. It's worth noting that early intervention, which used to be part of CSB, has seen its rates increase for the first time in a decade. This pertains to the Infant and Toddler Program for children aged from birth to 3 years old. Additionally, funding has been allocated for off-duty law enforcement and out-of-area transportation, with \$5M earmarked for the latter.

In positive developments, the youth survey has been successfully conducted with 10th and 12th graders in the Fairfax County School system. The mental health indicators have shown improvement; likewise, the numbers related to substance abuse have also improved. These figures represent the lowest recorded since data collection began in 2015.

The final matter the Director addressed this evening was concerns about the county's ongoing workforce planning process and its impact on the CSB. Meetings are held twice a year with the budget and human resources offices. Throughout Mr. Washington's tenure, this process has consistently been characterized as slow and methodical. This protracted and systematic approach is expected to significantly impact the agency's ability to carry out its mission effectively. Some issues brought to light include the persistent delays in the process despite attempts to educate the human resources office about its consequences. Additionally, when providing the office with content expertise and examples of compensation practices in other organizations, Human Resources institutes its own analysis, further prolonging the process. Their resulting compensation analysis often needs more expediency.

B) Healthcare Record Update

Deputy Director of Community Living Barbara Wadley-Young delivered an update on the status of the data warehouse project. The data warehouse is now operating at full capacity. The team is scheduled to present at the Data Management Committee Interoperability Summit on Friday, September 22nd, specifically discussing the progress of the Data Warehouse build. Additionally, they have commenced running reports from the data warehouse.

9. CSB Board Annual Planning Calendars

Committee Chair Dan Sherrange requested to present the Year-End Fiscal Summary for FY 2023 to the board during the CSB Board meeting. The presentation consists of two straightforward slides, which Elif Ekingen prepared. These numbers represent the financial results from FY 2023.

10. Matters of the Executive Committee

A. Service Delivery Oversight Committee:

There was no meeting for September 2023. **The next Service Delivery Oversight Committee meeting is Wednesday, October 11, 2023, at 5:00 PM.**

B. Compliance Committee:

Compliance Committee Chair Dan Sherrange had no updates or information to share from the September 2023 meeting. **The next meeting of the Compliance Committee will be held on Wednesday, October 18, 2023, in conjunction with the Executive Committee meeting starting at 4:00 PM.**

C. Fiscal Oversight Committee:

Fiscal Oversight Committee Chair Claudia Volk provided a report on recent developments, indicating that CSB was requested to submit a 7% budget reduction proposal for Fiscal Year 2025 by the end of August 2023. This submission was submitted. Furthermore, Claudia mentioned a significant reduction in the vacancy rate, which decreased by 35% compared to the previous year. Emergency Service vacancies reached a 13-month low, with 27 offer letters and 3 hiring packages in progress as of mid-August. Lastly, the budget carryover is scheduled for presentation to the BOS on August 26th. **The following Fiscal Oversight Committee meeting is Thursday, September 21, 2023, at 4:00 PM.**

11. Adjournment

A motion to adjourn the meeting was made by Committee Member Claudia Volk and seconded by Committee Member Bettina Lawton. The motion was approved unanimously, and the meeting was adjourned at 6:08 PM.

October 18, 2023

Date Approved

DocuSigned by:

Sameera Awan

Clerk to the Board