

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD SERVICE DELIVERY OVERSIGHT COMMITTEE MEETING

Anne Whipple, Chair

Wednesday, December 6, 2023, 5:00 PM

Sharon Bulova Center for Community Health 8221 Willow Oaks Corporate Drive Level 3, Room 3-314, West Fairfax, VA 22031

MEETING AGENDA

1. **Meeting Called to Order Anne Whipple** 2. **Roll Call, Audibility and Preliminary Motions Anne Whipple Matters of the Public** 3. **Anne Whipple Amendments to the Meeting Agenda** 4. **Anne Whipple** 5. Approval of the October 11, 2023, Meeting Minutes **Anne Whipple** 6. **Legislative Update Elizabeth McCartney** 7. Associate Member Reports, Updates, and Concerns **Anne Whipple** 8. Staff Reports **Barbara Wadley-Young & Abbey May** 9. Adjournment **Anne Whipple**

Meeting materials are posted online at <u>Community Services Board | Community Services Board (fairfaxcounty.gov)</u> or may be requested by contacting Sameera Awan at <u>Sameera.Awan@fairfaxcounty.gov</u>

FAIRFAX FALLS-CHURCH COMMUNITY SERVICES BOARD SERVICE DELIVERY OVERSIGHT COMMITTEE VIRTUAL MEETING MINUTES OCTOBER 11, 2023

The Service Delivery Oversight Committee met in regular session at the Sharon Bulova Center, 8221 Willow Oaks Corporate Drive, Level 3, Room 3-314, West, Fairfax, VA 22031

1. Meeting Called to Order

Committee Chair Anne Whipple called the meeting to order at 5:01 PM.

2. Roll Call, Audibility and Preliminary Motions

PRESENT: BOARD MEMBERS: COMMITTEE CHAIR ANNE WHIPPLE; SRILEKHA

PALLE; SHEILA COPLAN JONAS; DARIA AKERS; EVAN JONES

ABSENT: BOARD MEMBERS: ROBERT BARTOLOTTA; CAPTAIN DANIEL

WILSON; GARRETT MCGUIRE; JIM GILLESPIE

Associate Members in Attendance: Kay Little, Service Source; Diane Monnig, The Arc of Northern Virginia; Joe Getch, Psychiatric Rehabilitation Services, Inc.; Brenda R Richardson, Service Source; and Tonya Henderson, Recovery Program Solutions of Virginia; Rebecca Kiessling, NAMI Northern Virginia; Heather Peck, Laurie Mitchell Empowerment and Career Center; Cynthia Koshatka, Northern Virginia Mental Health Foundation (NVMHF); Maureen Gum, Langley Residential Support Services; Sean McGinnis, Hartwood Foundation; Randy Shusman, Pathway Homes, Inc.; Theo Rucker-Abilla, Employment Advocates Group

<u>Staff in Attendance</u>: Deputy Director of Community Living Barbara Wadley-Young, Deputy Director of Administrative Operations Jean Post, Legislative and Grants Analyst Elizabeth McCartney, Director of Clinical Operations Abbey May, Division Director of Community Residential Services Liv O'Neil, Director of Individual and Family Affairs Michael T. Lane, Director of Project Management Christina Manning, Service Director Sierra Simmons, Division Director of BHOP Eileen Bryceland, and Board Clerk Sameera Awan.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was provided for review, no amendments were made.

5. Approval of Minutes

The August 9, 2023, Service Delivery Oversight Committee Meeting Minutes were provided for review; no amendments were made.

MOTION TO ADOPT AUGUST 9, 2023, MEETING MINUTES WAS MOVED BY COMMITTEE CHAIR ANNE WHIPPLE, SECONDED BY COMMITTEE MEMBER SHEILA JONAS.

MOTION TO ADOPT WAS APPROVED BY DARIA AKERS; SRILEKHA PALLE AND EVAN JONES.

6. One Fairfax Update: Overview and Implications for Community Partners

Director of Diversity, Equity & Inclusion Anika Harris provided information about the Diversity, Equity, Inclusion & Belonging (DEIMB). She expressed gratitude for the opportunity to share updates on the 1 Fairfax policy, outlining county-wide initiatives and those specific to the CSB. As the Diversity, Equity, and Inclusion Director for the CSB, Annika discussed the One Fairfax policy regarding training, collaboration, and strategy.

Annika highlighted One Fairfax's three primary training sessions: "Race: The Power of an Illusion," episodes two and three, and "Advancing Race: The Role of Government." Additionally, a new training on the biological construct of race was introduced. Annika also announced an inaugural training on implicit bias and structural racism in partnership with the Office of Alternative Dispute Resolution.

Regarding collaboration, Annika emphasized One Fairfax's efforts to ensure agencies work together. Equity impact plans are required for each agency, and a special project manager has been hired to oversee collaboration and identify partnership opportunities. The CSB has equity leads, ambassadors, and community of practice members, fostering collaboration both within the agency and county-wide.

In terms of strategy, Annika discussed how agencies are developing and reporting on equity impact plans, addressing racial disparities, improving female health, advancing workforce equity, and increasing services with a focus on language access.

Annika shared that One Fairfax has recognized the CSB's equity team for its structure and impact. The team has set four lofty goals, each overseen by Annika and the equity leads. The CSB's equity team is committed to meaningful work, and Annika emphasized that joining the team is not merely for resume enhancement.

The CSB's equity team has its own logo, and a new DEIMB website is set to launch soon. Annika showcased various initiatives and events the CSB's equity team organized, including a Juneteenth celebration, bilingual Appreciation Day, and plans for a Youth Mental Health Awareness and Inclusion Day.

In conclusion, Annika expressed the CSB's commitment to One Fairfax principles and welcomed suggestions and recommendations. She highlighted the passion and dedication of over 40 CSB's equity team members.

7. Associate Member Reports, Updates and Concerns

Sean McGinnis, the Executive Director of Hartwood Foundation, announced that there is one update to share. In the August meeting, the organization discussed the Transition to Independence Process (TIP) program currently being implemented. Sean introduced Beth Hall as the inaugural Director of Youth and Family Services as the foundation expands its staff. He invited her to update the program's current status briefly.

Beth Hall, the Director of Youth & Family Services at Psychiatric Rehabilitation Services, Inc. (PRS), informed the committee that the program is set to launch on Monday, October 16th, with a fully staffed team. Having completed the hiring process, Beth highlighted that the team is equipped to offer wrap-around support in a hybrid model, providing both telehealth and community-based support, surpassing the typical outpatient level.

Coming from the CSB youth and family side, Beth acknowledged the significant gaps between youth and family services and adult services within the CSB. She expressed concern about the youth who become ineligible for adult services after graduating high school, emphasizing the need to address this gap for individuals lacking continued support. The program aims to reach out to these individuals, focusing on equity of access to mental health services.

Beth outlined the team composition, which includes herself as the clinician, a case manager specializing in life skills, another specializing in supported education, and a new team member. With excitement from a clinical perspective, Beth emphasized the collaborative nature of the team, expressing eagerness to work with a diverse group of people. The program is aiming to manage approximately 30 cases simultaneously.

Beth shared the goal of activating the referral form on their website in the coming weeks, highlighting the urgency to address the community's great need for such services. She concluded by expressing enthusiasm about the opportunity to provide support and offered to answer any questions, noting that the information is evolving and becoming live day by day.

8. Legislative Update

Legislative and Grants Analyst Elizabeth McCartney provided updates on legislative matters. She informed the committee that, despite the upcoming elections, the CSB Board is determined to hold its October meeting to engage with the current General Assembly Delegation members. Acknowledging the imminent redistricting, Elizabeth emphasized the importance of presenting the CSB's issues to the current Delegates and Senators before the election, considering the limited time afterward.

Elizabeth discussed the strategic approach of involving candidates in outreach before the election to ensure familiarity with CSB issues among newly elected officials. CSB Board Members are currently reaching out to candidates, sharing a letter outlining an overview of the CSB and addressing various issues such as the behavioral health workforce crisis, expanding response to behavioral health crises, enhancing crisis services, the Developmental Disabilities Waiver waiting list, funding for core services, the Certified Community Behavioral Health Clinic (CCBHC) model transition, and the opioid epidemic in the Fairfax County Health District.

Two documents are being sent to candidates: one focused on CSB services, locations, and an overview of who they are, and another providing a higher-level overview of CSB services.

In the October board meeting, the current General Assembly members will receive more specific documents on legislative priorities, action-oriented asks, a CSB funding overview chart, the annual report, heat maps illustrating service locations, a Medicaid waiver slot one-pager, and a regional priorities document. The meeting will include a presentation on CSB service data, challenges, and opportunities leading into the 2024 General Assembly session.

Elizabeth mentioned ongoing efforts to coordinate RSVPs for the meeting, expressing the need for outreach, especially considering retirements and individuals not running for re-election. Despite these challenges, the goal is to have a valuable discussion with at least six or seven members, similar to the previous year. Following the meeting, there will be follow-up discussions with the full delegation and newly elected members to prioritize CSB and region two issues.

Committee Chair Anne Whipple inquired if information is available on the recent budget approval and the additional funding.

Legislative and Grants Analyst Elizabeth McCartney responded, stating that she didn't have all the details in front of her. However, she mentioned that the governor had signed the budget, which was eventually passed. A significant portion of the funding was allocated for community-based crisis services, which was seen as a positive development. Additionally, there was anticipation regarding funding for Developmental Disabilities (DD) waiver slots, and it was confirmed that there would be an additional 1100 new waiver slots for the fiscal year 2024, bringing the total to 1100. Elizabeth highlighted these as the major funding components. She noted that there were also allocations for opioid programs and similar initiatives. The governor's focus on crisis funding was emphasized, and Elizabeth mentioned the need to observe the impact on the region as the funds are distributed.

9. Staff Reports

Deputy Director of Community Living Barbara Wadley-Young presented a concise overview of a structural change implemented at the CSB a year and a half ago. The transformation involved moving from a structure comprising a deputy of clinical and administrative services and two assistant deputy directors to the current arrangement featuring two deputies of clinical services. This restructuring was deemed necessary due to the intricacies of the service system. Dr. Wadley-Young and Deputy Director of Clinical Operations Abbey May share responsibilities,

including administrative tasks. While acknowledging that this arrangement might be a bit confusing for some in terms of contact points, Dr. Wadley-Young clarified that if someone contacts her regarding a matter falling within Abbey's realm of responsibility, she will either redirect the query to Abbey or promptly respond if it's a straightforward matter. The same approach applies to Abbey. For clarification, Dr. Wadley-Young oversees all Developmental Disability (DD) services, behavioral health, employment, day services, and psychosocial rehabilitation services within the CSB.

Deputy Director of Clinical Operations Abbey May shared insights into the areas under her supervision, primarily focusing on front-door services that involve entry and referrals for individuals seeking access to CSB services. Her portfolio includes the Behavioral Health Call Center and the Wellness, Health, and Provision Program oversight. In addition, Abbey retains responsibility for Emergency Services, the Wellness Center, Crisis Stabilization Unit, all youth and family outpatient programs, Healthy Minds Fairfax, jail-based teams operating at correctional facilities, jail diversion programs, peer recovery services embedded across various CSB programs, and all detox and substance use programs. Abbey reminded the committee of the Board of Supervisors (BOS) requests to prioritize Youth Behavioral Health carryover funding. Executive Director Daryl Washington is scheduled to present to the BOS on October 17, 2023, proposing three potential actions for their consideration. The first option involves expanding the CSB's limited treatment program through the Youth Medicated Assistant Treatment (MAT) Service. The second option is the Youth Mental Health Outreach and Engagement and Intervention Program, enabling the CSB to provide mental health services in communities across the county, especially in non-traditional settings and various geographical locations, such as north, central, and south county areas. The third option, the Youth Crisis Services, and Re-entry Programs entails establishing a youth crisis stabilization program, including a crisis receiving center and is considered the most expensive option. Mr. Washington's presentation will address the BOS's request for carryover funding for these initiatives and explore potential additional state funding opportunities. The goal is to enhance and expand Youth Behavioral Health Services to meet the community's needs better.

Committee Chair Anne Whipple informed the committee that they had requested members to participate in a survey and have ongoing discussions about the future direction of the committee. She mentioned that the committee is undergoing a restructuring process for its operation in the coming year. The upcoming bimonthly meeting on December 6th will serve as an opportunity to share more comprehensive details about their plans for the next year. Anne highlighted the challenge of low meeting attendance, even though they consistently feature valuable content. She expressed a desire to bring more people back to the meetings, encourage cross-cooperation, and make the sessions more meaningful for everyone. The committee is exploring ways to achieve this, considering the limitations of virtual meetings due to statutory requirements. Anne emphasized that although virtual meetings were well-attended, they cannot be sustained all the time, as in-person attendance is mandated for most meetings. The committee aims to discuss and finalize their plans in December.

10. Adjournment

A motion to adjourn the meeting was made by Committee Member Daria Akers and seconded by Committee Member Sheila Coplan Jonas. The motion was approved unanimously, and the meeting was adjourned at 6:19 PM.

