

THE LEARNING COMMUNITY WITH NVRPO

July 2026
Issue 26



Northern Virginia Regional Projects Office

Serving Alexandria, Arlington, Fairfax-Falls Church,
Loudoun, and Prince William Community Services Boards

EMAIL THE TRAINING TEAM

CSBNVRPOTraining@fairfaxcounty.gov

Betsy Strawderman

Lindsey Henderson

Featured in July

Virtual Opportunities in July

All opportunities will offer CEUs or contact hours (unless noted) for certain disciplines; check the training requirements and with the professional boards to ensure you receive credit for attending. **Click the training to learn more.**

Disability Pride Month

Minority Mental Health
Awareness Month

July 9, 1-2pm Change Management Is a Leadership Skill: Are You Pushing Staff or Pulling Them? (No CEUs)

July 10, 12:50-1:50pm Authenticity: An Ethical Core for Clinical Practice (CMEs, CEUS)

July 15, 12-1pm Presence without Proximity: Ethical Practice in Virtual Mental Health Care

July 15, 2-3pm Assessing and Treating Anger in the Context of Posttraumatic Stress Disorder

July 16, 1-2pm Contingency Management for SUDs (CMEs, CEUS)

July 16, 1-2pm Interdisciplinary Practice to Treat Opioid and Stimulant Use Disorder in Behavioral Health & Primary Care

July 17, 12:50-1:50 Links Between Childhood Trauma, Psychosis, the Bayesian Predictive Processing Model of Brain Function, Transference, and the Mind Conceived as a Self-Organizing System (CMEs)

July 17, 1-3pm Buprenorphine Prescribing 201: Advanced Topics through Case-Based Learning (CMEs)

July 20, 9-11pm Understanding Dissociation

July 22, 12-1 The 10 Warning Signs of Alzheimer's Disease (No CEUs)

July 22, 2-3pm Between the Leaves: Prevalence, Withdrawal and Approaches to Care for Kratom Use

July 23, 11-12:30pm Navigating Grief: Strategies for Service Providers After Client Loss

July 23, 1-2pm Co-Occurring Substance Use Disorders and Eating Disorders (No CEUs)

July 24, 12:50-1:50 pm Resolving Therapeutic Dilemmas in Suicidal Clients Using Principles of Dynamic Deconstructive Psychotherapy

July 28, 10-12pm Identifying and Responding to Suicide Risk in Substance Use Prevention PT 1

July 30, 10-12pm Identifying and Responding to Suicide Risk in Substance Use Prevention PT 2

Please note: registration and contact hour certificates can be acquired from the training provider and are not managed by NVRPO.

Supervisory Permission Required

Presented by
the NVRPO
Training Team

Virtual (MCR) Mobile Crisis Responder Training

Only open to those providing mobile crisis response.

Tuesdays and Thursdays
July 7, 9, 14, 16, 21, 23, 28, & 30

Time: 9AM-4PM

Preapproval from a supervisor is required for this opportunity. If interested, contact your supervisor or program manager.

Must join on a non-mobile device with camera and microphone to participate.

Have You Heard?

Your dedication is making a difference.

Opioid Overdose Fatalities Decline for Second Consecutive Year for Region 2 and Across Virginia.

Preliminary statewide data for 2025 (as of April 2026) indicate that Virginia recorded 1,196 drug overdose deaths, a 23% decrease from 2024 (1,548) and less than half the number reported in 2023 (2,463). While many factors have contributed to this encouraging trend, it is also a testament to the professionals across Virginia whose expertise, compassion, and commitment strengthen prevention, treatment, crisis response, and recovery efforts. Your dedication to the well-being of those you serve is making a difference in the lives of individuals, families, and communities across the Commonwealth.

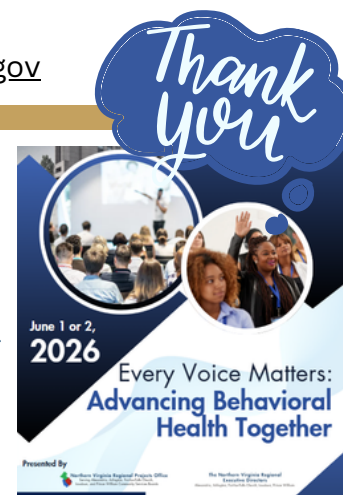
Virginia Department of Health Data Dashboard

For questions about drug overdose death data, email overdose@vdh.virginia.gov

The Power of Every Voice

This year's Regional Training and Development Conference was an overwhelming success. To every clinician, peer recovery specialist, case manager, community partner, support staff member, crisis responder, prevention specialist, and behavioral health professional who joined us, thank you. Your enthusiasm, engagement, and commitment to learning made this conference a truly meaningful experience.

Together, every voice truly does matter.



Featured On Demand Training: NCTSN Full Catalog

Continuing education credits are available for many courses in this expanding online catalog. Please review the courses carefully to ensure you receive proper credit.

NCTSN
The National Child
Traumatic Stress Network
LEARNING CENTER

Not Lost in Translation: The Clinician-Interpreter Dyad in the Mental Health Setting

Alternatives for Families: A Cognitive Behavioral Therapy (AF-CBT)

NVRPO is committed to making high-quality training opportunities accessible to Region 2 staff. Training opportunities include those provided by NVRPO's Training Team, regional trainings sponsored by NVRPO, and no-cost trainings available through various behavioral health entities. This effort seeks to provide training opportunities to enhance professional competencies, gain perspective, and support your success in a meaningful career.

For more on-demand opportunities visit the NVRPO website