



FAIRFAX - FALLS CHURCH

## Community Services Board

# Medication-Assisted Treatment

*Helping you on the path to full recovery from substance use disorder*

Medications can help ease the discomfort you may experience when withdrawing from opioids or other substances. Medication-Assisted Treatment (MAT) through the Fairfax-Falls Church Community Services Board's Addiction Medicine Clinic at the Merrifield Center is provided to adults in an outpatient setting. Using the clinic's services allows you to remain in the community throughout detoxification and substance use disorder treatment, if appropriate. Counseling services and referrals for additional treatment are also provided to help you begin and sustain your recovery.

### Addiction Medicine Clinic

Merrifield Center  
8221 Willow Oaks Corporate Drive  
Suite 1 East  
Fairfax, Virginia 22031  
703-559-3188, TTY 711

#### ***What is Medication-Assisted Treatment?***

Medication-Assisted Treatment is the use of Food and Drug Administration-approved medications such as buprenorphine, naltrexone, Antabuse and Vivitrol in combination with counseling and behavioral therapies to treat substance use disorders and prevent opioid overdose. These prescribed medications help to normalize brain chemistry, to reduce the feelings of euphoria when using drugs, relieve physiological cravings, and stabilize your body without the negative effects of the abused drug.

MAT is medically based and treats addiction as a disease process. The primary medication used in MAT at the CSB for the treatment of opioid dependence is buprenorphine. Specialized training is required before a physician, nurse practitioner, or physician assistant can prescribe this medication.

Maintenance treatment like MAT helps to stabilize you in your recovery, allowing you to receive treatment for related medical, psychological and other issues so you can improve your quality of life.

#### ***Who can receive Medication-Assisted Treatment?***

To be eligible for services, you must:

- Be medically and psychiatrically stable.
- Have a safe and sober living environment.
- Be able to access outpatient services (you must be able to get to the Merrifield Center for your appointments).
- Have sober support.
- Be a resident of Fairfax County or the cities of Fairfax and Falls Church.

#### ***What's involved in medication-assisted treatment?***

Medication-Assisted Treatment at the AMC may include:

- Counseling
- Substance abuse education
- Medical and psychiatric evaluation
- Detoxification
- Medication
- Referrals for medical, psychological and substance use disorder services

The clinic also provides maintenance services for individuals who are engaged in or have completed another treatment program and would benefit from ongoing medication services.

## ***Who provides client care for Medication-Assisted Treatment?***

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The professional staff providing Medication-Assisted Treatment at the Addiction Medicine Clinic include:

- Medical prescribers (medical doctor, physician assistant and nurse practitioner)
- Nursing staff
- Counseling staff and
- A pharmacy representative.

## ***How can I access Medication-Assisted Treatment?***

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If you are currently taking Suboxone or Naltrexone/Vivitrol through a CSB program, talk with your counselor about getting a referral to the AMC.

Otherwise, call the [Fairfax Detoxification Center](#) at 703-502-7000 for a phone screening. Medical staff will review the results and determine if outpatient detoxification through the Addiction Medicine Clinic is appropriate.

Treatment providers can also make referrals to the program for individuals who are already engaged in treatment and who might benefit from medication services by calling Entry & Referral Services during normal business hours (Monday through Friday, 9 a.m. to 5 p.m.) at 703-383-8500, TTY 711.

Learn more about the CSB's [substance abuse services](#) and [walk-in screenings](#). Help is just a phone call away.

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[www.fairfaxcounty.gov/community-services-board](http://www.fairfaxcounty.gov/community-services-board)

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*Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. Call 703-324-7000, TTY 711.*