

How have you been feeling lately?

Mental health is a key part of your overall health. Brief screenings are the quickest way to find out if you or someone you care about should connect with a mental health professional.

Take a brief, anonymous, confidential online mental health or substance use disorder screening today if you are...

- Feeling sad, down, or empty
- Constantly worried or anxious
- Concerned about your teen's mood
- Experiencing mood swings from very high to very low
- Concerned about unusual experiences or behaviors in yourself or a loved one
- Worried about your drinking habits
- Troubled by traumatic events
- Afraid of gaining weight or concerned about your eating habits
- Having difficulty controlling your substance use

Immediately following the brief questionnaire, you will see your results, recommendations and key resources.

Take an online screening

www.fairfaxcounty.gov/community-services-board





FAIRFAX - FALLS CHURCH

Community Services Board

Get Help Now

If you or someone you know is experiencing a mental health or substance use crisis, help is just a phone call away, 24 hours a day. Call us.

CSB Emergency Services – 703-573-5679 TTY 711

Fairfax Detoxification Center – 703-502-7000 TTY 703-322-9080

Or come directly to the Merrifield Center.
24 hours / 7 days per week

8221 Willow Oaks Corporate Drive
Fairfax, Virginia 22031

If the situation is immediately life-threatening, call 911.

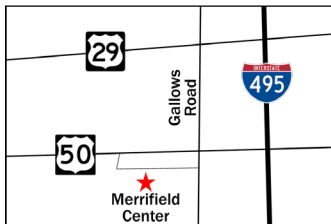
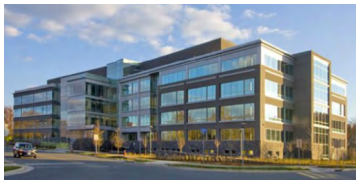
Ask for a crisis intervention team officer.

For other CSB services, call CSB Entry & Referral:

703-383-8500 TTY 711

Mon. – Fri., 9 a.m. to 5 p.m.

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Call 703-324-7000 to request this information in an alternate format.

Oct. 2018