

WE PROVIDE

- Information on I/DD mental health issues
- Clinical consultations
- Brief Psychiatric Treatment (six months to one year)
- Integrated care programing
- Quality of Care/Standard of Care Consultations
- Presentations and trainings
- Internship opportunities

Services are provided at Community Services Board (CSB) and community sites throughout Northern Virginia.



Northern Virginia Regional Intellectual/Developmental Disability Psychiatry Program

Merrifield Center
8221 Willow Oaks
Corporate Drive
Fairfax, Virginia 22031

Phone: 703-207-7799

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www.fairfaxcounty.gov/csb/region



To request this information in an alternate format, call 703-207-7799, TTY 711.

NORTHERN VIRGINIA REGIONAL INTELLECTUAL/ DEVELOPMENTAL DISABILITY (I/DD) PSYCHIATRY PROGRAM



*Serving Alexandria, Arlington, Fairfax-Falls
Church, Loudoun, and Prince William
Community Services Boards*

PURPOSE

To provide and promote treatment for individuals with Intellectual/Developmental Disabilities (I/DD) and Mental Health challenges.

BACKGROUND

In Virginia and elsewhere, care for individuals with I/DD has pivoted from institutional care to community living. Many more individuals with I/DD now live and work in communities of their choice. Northern Virginia Community Services Board (CSB) behavioral health services have responded to changing needs, with an increased and expanded scope of services for individuals with I/DD.

Since 2007, the Regional I/DD Psychiatry Program has provided educational, consultative, and treatment services. Our Program reflects CSB commitment to provide comprehensive and integrated care for individuals with I/DD.

INDIVIDUALS SEEN

We participate in the care of CSB clients who are at risk for psychiatric hospitalization/re-hospitalization, loss of residential, vocational or school placements, or those with longstanding difficulties in obtaining appropriate placements.

CSB colleagues also consider our services in matters related to:

- Appropriate clinical diagnoses
- Behavioral phenotypes of developmental syndromes
- Complex pharmacotherapy
- Co-occurring neurological and/or medical disorders
- Co-occurring substance use disorders
- Co-occurring operant learning and psychopathology
- Forensic diversion or other law enforcement involvement
- Data-based treatment monitoring
- Treatment-resistance disorders



REFERRAL AND EVALUATION

- The I/DD Psychiatry Program Nurse (703 207-7799) can provide more detailed information/referral forms for our services.
- Referrals are made by case managers and support coordinators from Alexandria, Arlington, Fairfax-Falls Church, Loudoun and Prince William CSBs. Prior review/approval of the referral by the Medical Director or I/DD Service Director is appreciated.
- Individuals/authorized representatives are seen for program registration and health insurance review.
- One to four meetings are held with the individual and with his/her Interdisciplinary Team (IDT). Meetings are typically scheduled at CSB locations in Fairfax, Loudoun and Prince William Counties. We provide a written evaluation report.
- Recommendations are reviewed, and the role of our program in ongoing care is determined.