SLEEP

Its Impact On Your Food, Mood and Behavior

FAIRFAX - FALLS CHURCH Community Services Board

BeWell

Part 4 in a series of BeWell Community workshops exploring the connection between mind and body.

To attend this FREE seminar, get registered:

http://bit.ly/CSBSleep

Thurs, May 23, 2019
5:00 p.m. - 7:00 p.m.

Merrifield Center
Lower Level, Room 419
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call 703-324-7000, TTY 711. (April 2019)