

REGIONAL MANAGEMENT GROUP MEETING

Date: July 26, 2019

Time: 9:00 a.m.

Attendees: Daryl Washington (FFX CSB), Lisa Madron (PWC), Carol Layer (ALX CSB), Deborah Warren (ARL CSB), La Voyce Reid (ARL CSB), Betsy Strawderman (PWC CSB), Amy Smiley (NVMHI), Tara Belfast-Hurd (DBHDS), Jamie Elzie (DBHDS), Judith Korf (Parent), Jean Post (NVRPO), Randy Buckland (NVRPO), Wendy Rose (NVRPO), Robyn Fontaine (FFX Fiscal)

Recorder: Xiuping Cheung (NVRPO)

Call to Order: Daryl Washington (FFX CSB) called the meeting to order at 9:01 a.m. The group was welcomed, and introductions were made.

Handouts: Agenda, RMG meeting minutes (May 2019 & June 2019), Regional Budget, State Hospital Bed utilization handout, DBHDS outcomes Dashboard -Draft handout, DBHDS organization charts, Step VA – Peer & Family support services handouts, TDO Hospital use graphs, Regional Utilization Management Report

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
Introduction	<ul style="list-style-type: none"> Introductions were made, D. Washington welcomed the group. Minutes from May and June meetings were approved. 			
Regional budget	<ul style="list-style-type: none"> R. Fontaine shared Regional Office Budget with the group. Group discussed LIPOS funding: appreciation for increase in base funding and concerns about continued insufficiency of base funding despite this increase provided by DBHDS. Fairfax CSB will not be able to cover LIPOS costs for the region when funds are exhausted. Based on prior year spending trends, funds are projected to be exhausted in Feb of 2020. DBHDS has consistently provided the necessary funds to cover LIPOS shortages however these funds are seldom transferred in time for Fairfax Fiscal to establish the new funds in the system and pay vendors within the terms of the scope of the contract. D. Washington asked J. Post follow up with DBHDS and advocate for the projected LIPOS funds needed for FY20 prior to the October board budget adjustments. L. Reid requested that Behavior Specialist funding with tracking by CSB be share with ID/D focus group next month. 	Behavioral Specialist funding info	R. Buckland	8/23/19
State Hospital Bed Use	<ul style="list-style-type: none"> State hospital bed use handouts were shared C. Layer requested to add YOY per 100K graph D. Washington requested information on what basis the benchmark set as 8 state hospital beds per 100K is set. CSBs – Appreciation was expressed for discharge planners and others involved in diverting hospital admissions over 4th of July situation. Region 2 was able to meet the needs of the community 	How Benchmark is set?	T. Belfast-Hurt	

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	for Acute Care Services over the holiday weekend.			
Extraordinary Barriers List	<ul style="list-style-type: none"> W. Rose with the Regional Office shared Year End EBL report with the group NVMHI Barriers: <ul style="list-style-type: none"> Total 29 on EBL: 8 – no placement; 9 – pending discharge date; 2 – funding; 7 – Forensic; 2 – no bed available; 1 – medical issue. 18 out of 29 over 100 days; break down of total for each CSBs were shared. 13 need group home, 11 need an ID group home. J. Elzie shared that funding should not be a barrier to discharge, if funding is barrier, DBHDS needs to be notified. If providers are the barrier, J. Elzie suggested to look at other providers to discharge those individuals. Placement barrier could be due to providers with staffing challenges. PGH Barriers: <ul style="list-style-type: none"> Total 19 on EBL, CSB break downs were shared. 3 – no barriers; 4 – pending guardianship; 3 – NGRI/Contract issue/Guardian causing delay; 9 – no willing provider. FFX CSB has 5 over 100 days. Guardianship is the biggest barrier to discharge; Regional office has started a conversation with the department regarding Regional Guardianship program. Will reconvene with Older Adult Group and look at options. 	Add graph to show different barriers	W. Rose	
DBHDS Outcomes Dashboard	<ul style="list-style-type: none"> DBHDS outcomes dashboard handout were shared & reviewed. The group questioned the pulling of data and the validity of the data pulled. J. Post was asked to request that this be put on the agenda for the October VACSB ED Forum agenda. 	Request topic be added to ED Forum at VACSB	J. Post	
Discharge Planning at CSUs	<ul style="list-style-type: none"> CSUs utilization reports were shared on UM report page 39-40 J. Post and L. Madron reported that in a vendor operated CSU meeting addressing contracting, CSU vendors advocated for CSB discharge planning in CSUs. Currently, 4 out of 5 CSBs discharge planners are not involved with CSU discharge process. RMG will explore the impact of implementing this change within their individual CSBs and discuss further in the next RMG Monday Conference call. 	Follow up discussion on Monday RMG call	J. Post	
State Performance Contract	<ul style="list-style-type: none"> Group would like to know how SPQM data is used. CCS extracted admission rec'd 2 days ago; final dates were just shared. Commissioner hinted changes will come, but CSBs are not sure what 			

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	changes; group would like to know if the CSBs could be involved with changes and providing feedback before changes take place.			
Step VA STAC Updates	<ul style="list-style-type: none"> D. Washington reported that he had no additional information beyond what was reported on the Monday, July 22, RMG conference call. 			
Year End review of UM	<ul style="list-style-type: none"> Year End UM report was shared and reviewed: group requested revisions to the Adult and Child LIPOS report and Older Adult RAFT report. Clear labeling and definition of authorized and actual LIPOS data was requested as was added population numbers and percent of use of RAFT for both admissions and census, year over year admissions and referrals by CSB to RAFT, and relabeling of the RAFT wait list to Community Placement Waitlist: receiving RAFT services. Group expressed concern about the CTH CSB use not being representative of the population size of each CSB. D. Washington shared that he would like to work with J. Post to ensure that the UM report tells the right story. Group agreed. CCCA data was not available at the time of the printing of the End of Year UM Report. It will be shared at the 8/23/198 RMG meeting. 	UM Report revisions requested	J. Post	
Round Robin	<ul style="list-style-type: none"> A. Smiley: NVMHI census 85-87%, manageable. FFX jail transfer meeting went well, a lot of collaboration. C. Layer: Alexandria starting drug court D. Warren: Leslie Wiseman's retirement date is September 3rd; Retirement party is set for August 23rd, additional information will be share via email. R. Buckland: REACH 2 homes, pending occupancy certificate, currently only 50% staffed. L. Madron: PWC revamp organization chart, new positions starting August; Policy changes; Trauma training was a success. J. Elzie: DBHDS hired a new DAP specialist – Heather Rupe, started 7/25/19, attended the July RUG meeting. DAP audit will be coming to Region 2 soon, but no date is set. Piedmont – 2 over census; hiring a Social Work director. T. Belfast-Hurd: DBHDS new requirement is all consultants must take notes during meetings and report back directly to the department. HUD mainstream vouchers received; MH funding must be used by September; Project Link – if interested, let her know, total funding is \$100,000.00; Mike – touring of the region; provides technical assistant as needed on uploading documents to the BOX (new requirement from DBHDS for document sharing). 			

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	<ul style="list-style-type: none"> L. Reid: August meeting, mention to new DS commissioner; employment fair is being held; Metrix for ISPS into waiver system report out next month. D. Washington: all 3 treatment dockets are up and running. Crisis stab unit – take TDOs and co-licensed as CSU & detox timeline for TDOs is set for September, detox by December 31. B. Strawderman: Veteran docket has been submitted. 			

Adjournment: The meeting was adjourned at 12:35 a.m. The next meeting will be on August 23rd, 2019, at 9:00 a.m. at Government Center Room 4/5


 Recorder

8.23.19
 Date


 Chair

8/23/2019
 Date