

## REGIONAL MANAGEMENT GROUP MEETING

**Date:** November 22, 2019

**Time:** 9:00 a.m.

**Attendees:** Margret Graham (LDN CSB), Lisa Madron (PWC CSB), Daryl Washington (FFX CSB), Deborah Warren (ARL CSB), Carol Layer (ALX CSB), Betsy Strawderman (PWC CSB), Jean Post (NVRPO), Randy Buckland (NVRPO), Robyn Fontaine (FFX Fiscal), Heather Norton (DBHDS), Jamie Elzie (DBHDS), Monet Morrison (NVMHI), Judith Korf (Parent), La Voyce Reid (ARL CSB), Barbara Wadley-Young (FFX CSB), Evan Jones (FFX CSB), Sierra Simmons (FFX CSB), John Raijin (FFX CSB), Lisa Snider (LDN CSB), Jaqueline Jackson (LDN CSB), Joe Wickens (RAP Area CSB)

**Guests:** Zachary DeVore (dLCV), Dana Traynham (dLCV)

**Recorder:** Xiuping Cheung (NVRPO)

Call to Order: Margret Graham (LDN CSB) called the meeting to order at 9:05 a.m. The group was welcomed, and introductions were made.

Handouts: Agenda, RMG meeting minutes (September 2019), VACSB Budget priorities, Regional Budget, Regional Utilization Management Report

TOPIC	DISCUSSION	REC/ACTIONS	RESPON- SIBLE PARTY	F/U DATE
<b>Introduction</b>	<ul style="list-style-type: none"> <li>Introductions were made, M. Graham welcomed the group. Minutes from October meeting were reviewed and approved.</li> </ul>			
<b>Questions to DBHDS</b>	<p>DS Directors questions to Heather Norton to address in 11/22/19 ID/DD Focus RMG:</p> <ol style="list-style-type: none"> <li><b>Employment</b> <ol style="list-style-type: none"> <li><b>Please provide an update on the status of the community transportation (non-medical) to the workplace and other non-medical destinations? Specifically, please address any barriers to full implementation in Northern Virginia, Restrictions, if any, on family members as transportation providers, and what service providers (facilitators/brokers) have been identified by the Department for delivery of this service in Northern Virginia.</b></li> </ol> </li> </ol> <p>Residential services do not provide transportation for work. Biggest barrier is the liability around service. Family members can only transport school age adult child, which is age 18-22, this must be approved and allowed by Individualized Education Program. Drivers feel it is too restrictive not to be able to use Uber, Lyft, etc.</p>			

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	<p><b>b. How will Employment data metrics be used by the Department? How will data reflect context (i.e., choice, transportation barriers to employment, high school enrollment, retirement, community college, limited providers, etc.)</b></p> <p>The Department would like to align with the National average. Restructure employment to be cross disability. Currently there are 25% of individuals diagnosed with developmental disability who are working. Part of the negotiation is a balance between best practice and push to be better. The 25% figure does take into consideration those in school. Recommend doing a better job in meaningful conversations on employment, such as ask "what are the barriers?"</p> <p><b>c. What is the plan for FY20 and FY2021 employment metrics related to those in school or those who choose not to work?</b></p> <p>Employment metric for current Fiscal Year 2020 has not been established. H. Norton will do a comparison and review. The impact of school age individuals needs to be addressed. Long-term goal is everyone reach 25% or showing growth. 25% is the National average growth.</p> <p><b>2. New Quality measures/indicators:</b></p> <p><b>a. What is the basis of the quality measures?</b></p> <p>In April the Judge for the Department of Justice Settlement Agreement gave us until December to negotiate areas where the Commonwealth is not in compliance. We can not demonstrate compliance until are able to address and collect new measures.</p> <p><b>b. Please provide a status update to include summary of the proposed measures: are they all new, how many,</b></p>			



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	<p><b>what is or will be the focus?</b></p> <p>There are 232 new measures from Department of Justice, some are extensions of the existing measures. The Department (DBHDS) has until December to review and agree to the changes, any new measures that are not agreed upon between the US DOJ and Commonwealth of VA , will be discussed in court, which is scheduled for January 2020.</p> <p><b>3. Please discuss approach and the DBHDS position regarding the upcoming January Department of Justice Settlement Agreement hearing.</b></p> <p>December 9<sup>th</sup>, the Department will share their approach with the judge on what is agreed upon. In January, there will be a court hearing to discuss the measures about which there is no agreement.</p> <p><b>4. Please discuss Department of Behavioral Health and Developmental Services (DBHDS) provider development efforts in the Northern Region?</b></p> <p>Department recognizes the needs; H. Norton has requested additional \$3 million to increase Provider development. The Department is also looking at restructuring Community Resources Consultants in the Region, align skills and talents to get a better result. Final review will be done on Monday, November 25, 2019.</p> <p><b>5. What kind of support can we anticipate from DBHDS in real time for crisis situations or emerging crisis situations, specifically as this pertains to individuals living in the family home and congregate residential settings?</b></p> <p>The Department is currently in review of job functions to create/reduce redundancy. Department's expectation is to have DBHDS staff responsive to all inquiries. If unable to reach Community Resources Consultants, then reach out to the Crisis Manager, Sharon Bonaventura. For Medical care, reach out to</p>	<p>Crisis Manager's Phone number</p>	<p>H. Norton</p>	

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	<p>Regional Medical Nurse. Office of Integrated Health's Director – Mary Irvin has retired; H. Norton will now oversee that department. If unable to reach any of the above department staff for support, contact H. Norton.</p> <p><b>6. DBHDS additional funds for complex residential treatment:</b></p> <p><b>a. When vendors receive additional program development funds under Department of Behavioral Health and Developmental Services (DBHDS) request for proposal (RFP) to serve those persons with more significant behavioral needs, how does Department of Behavioral Health and Developmental Services (DBHDS) monitor the providers and ensure effective service deliver?</b></p> <p>To ensure effective service is delivered, the Department will monitor and have conversations with the provider for clarification. If an individual doesn't meet requirements or is denied, the Department will conduct follow ups.</p> <p><b>b. What is the monitoring status of individuals accepted and individuals denied (turn-away)?</b></p> <p>H. Norton receives and reviews a monthly report on acceptances and denials.</p> <p><b>c. Is there data that Department of Behavioral Health and Developmental Services (DBHDS) can share for the Northern Region; such as, what is the volume served with these funds in Northern Region? Does the Department collect any outcome data for individuals supported under this special funding?</b></p> <p>Process for data tracking was revised 2 months ago, data will be available to share at a later date.</p> <p><b>7. Rate Review:</b></p> <p><b>a. Please provide update on Rate Review</b></p>			

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	<p>No update. Providers are encouraged to participate in the survey.</p> <p><b>b. Will Staff rate of pay be considered in the formula?</b></p> <p>Yes, Staff rate of pay will be considered in the formula and will also utilize Bureau of Labor Statistics information.</p> <p><b>c. For Congregate Living: Is there any consideration of a specialized rate for group homes that are less than 4 beds?</b></p> <p>Not to H. Norton's knowledge, but Providers should include that rate in their total.</p> <p><b>8. HCBS program compliance:</b></p> <p><b>a. Is Department of Behavioral Health and Developmental Services hiring a consultant to assist providers with HCBS program compliance?</b></p> <p>Yes, Department of Behavioral Health and Developmental Services is currently hiring a consultant. In the meantime, questions/concerns should go to Heather Norton.</p> <p><b>b. Does Home and Community Based Services compliance have more to do with service or facility?</b></p> <p>Home and Community Based Services compliance is for both service and facility.</p> <p><b>c. In evaluation of programs in rural communities, does DBHDS take into consideration values of these communities (land, space)? How does the Department consider or define isolation as it relates to this subject matter?</b></p> <p>Yes, evaluations are performed by Department of Behavioral Health and Developmental Services staff that's working in the current region.</p>			



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	<p><b>9. What is the status of Region 2 Community Services Board designations for Developmental Disability services?</b></p> <p>No update yet. The Department will meet in December with Region Representation. Funding will not be pulled from current year Regional funding. The realignment funds will be from the Department. The goal is to have this transition in April of 2020.</p>			
disAbility Law Center	<p>Dana Traynham and Zachary DeVore with disAbiltiy Law Center of Virginia shared how they utilize the reports provided by Department of Behavioral Health and Developmental Services (DBHDS).</p> <ul style="list-style-type: none"> <li>• Staff attorney has access to CHRIS/APS/PRS/Facilities from State Institution/Employee records. Main duty is to review, cross reference, look at trends and seek corrected action plans by providers when necessary. Law Center attorneys do not represent any individuals. When requested, they can assist in filing a complaint on behalf of an individual and provide resources to an individual. disAbility Law Center also provides recommendations to the providers for best practices and provide resources. They will also work with Licensing and Human Rights in the form of providing recommendations, Licensing and Human Rights have the authority to take additional actions if deem necessary.</li> <li>• disAbility Law Center has a ranking system for their reports, which will determine the severity of each case. Ranking 1 – Immediate review, alert Executive Director. Ranking 2 – Individual cases, staff abused clients, management needs to review, possible investigation needed. Ranking 3 – Internal review. Ranking 4 – most of the report doesn't required immediate attention nor investigation.</li> <li>• Last year, a Coalition group was established. Licensing joined the meeting. This group meets quarterly, currently seeking someone from Regional Education Assessment Crisis Services Habilitation (REACH) to join this coalition. The goal of the group is to develop an action plan to address trends. The group has developed a fact sheet for transportation safety for those who need training on correct gear on vans and how to secure wheelchairs.</li> <li>• disAbility Law Center in Virginia mirrors Tennessee (TN) Law Center, TN has a registry individuals found to have abused and/or neglected clients, VA does not currently have this registry but is exploring it as a future option.</li> </ul>			

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<b>Review Regional Budget &amp; UM report</b>	<ul style="list-style-type: none"> <li>Regional Budget was shared by R. Fontaine; highlights were shared.                             <ul style="list-style-type: none"> <li>SUD grant has been set up</li> <li>Step VA grant for training has been set up</li> </ul> </li> <li>FY20 UM report was shared with the group                             <ul style="list-style-type: none"> <li>Page 5 – State Funded hospital beds by CSB tracking is duplicating LIPOS to NVMHI total</li> <li>Page 6 – State Funded Hospital bed by Month tracking: add *Insure vs uninsured</li> <li>Page 37-38 – CR2, Tracking barrier: Tracking of 120+ minutes is not captured correctly, due to some guardians schedule conflicts</li> </ul> </li> </ul>			
<b>Round Robin</b>	<ul style="list-style-type: none"> <li>ALX: Anticipating a 25% CSB budget reduction for FY21; approved of 26 new HUD vouchers, needs to be used by January 2020.</li> <li>ARL: Community engagement supported the development of a Behavioral Health docket. 3<sup>rd</sup> public hearing occurred last night. Regional Juvenile detention center had a 16% decline in usage. A company was hired, through a request for proposal process, to do a cost benefit analysis of existing center operations and potential efficiencies with Regional Juvenile detention. One consideration is possibly closing the center and utilizing other Juvenile detention centers that are outside of their current residency, this has received push backs through the Community. Final analysis is expected by January 2020.</li> <li>FFX: Also experiencing a decrease in usage at Juvenile detention and will be closing Boy's Probation House. Fairfax will take over the building, revamping the building to relocate Woodburn Crisis Care.</li> <li>PWC: Received \$2.5 million to expand DD housing options, 5 new units have been identified. Flexible funding use will increase with these new unites.</li> <li>NVMHI: Social work Director has been hired – Katherine Beach, she will be starting on December 10<sup>th</sup>. Current census is at 122.</li> </ul>			

**Adjournment:** The meeting was adjourned at 11:55 a.m. The next meeting will be on December 20th, 2019, at 9:00 a.m. at Chantilly Training Room 240.

  
Recorder

1/24/2020  
Date

  
Chair

1/24/2020  
Date