

Policy Number: 1200
Policy Title: Definition of Policy, Regulation and Procedure
Date Adopted: May 27, 2026

Purpose

To define CSB Board policies, related regulations, and procedures.

Policy

The CSB Board is empowered by State Code to, among other things, develop policies concerning the operation of services under its direction or supervision. Promulgation of regulations and operating procedures is delegated to the Executive Director, except when federal, state or local law requires that the CSB Board formulate and adopt specific types of regulations or when the CSB Board determines that a matter is of such importance that the CSB Board deems it necessary to promulgate and adopt a regulation.

1. Policy is defined as a definite course or method of action established in consideration of given conditions to guide and determine present and future decisions. Policies are adopted by the CSB Board.
2. Regulation is defined as a mandatory rule applied to the agency widely. Where applicable, regulations must be consistent with policies of the Board of Supervisors of Fairfax County, and the Department of Behavioral Health and Developmental Services (DBHDS). Unless otherwise directed by the CSB Board, all regulations are issued by the Executive Director.
3. Operating procedure is defined as a formally stated method of carrying out a policy, regulations, or program practice and usually refers to a specific program area. Procedures are issued at the discretion of Service Directors, the Medical Director, and other senior staff designated by the Executive Director.
4. The CSB Board may review, amend or revoke any policy.

DocuSigned by:

Approved _____
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Secretary

06/01/2026 | 06:44:01 PDT

Date

Reference: §37.2-504 of the Virginia Code

Policy Adopted: December 20, 1989

Revision Adopted: August 24, 1994

Revision Adopted: April 23, 1997

Revision Adopted: March 29, 2000

Revision Adopted: June 25, 2003

Revision Adopted: February 18, 2009

Policy Readopted: March 25, 2009

Revision Adopted: January 28, 2015

Revision Adopted: September 25, 2019

Policy Readopted: February 25, 2026

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