The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Daria Akers; Gary Ambrose; Thomas Burger; Basilio ‘Sonny’ Cachuela Jr.; Ken Garnes; Sheila Coplan Jonas; Bettina Lawton; Molly Long; Edward Rose; Nancy Scott; Diane Tuininga; Adrienne Walters; and Jane Woods

The following CSB members were absent: Paul Luisada

The following CSB staff was present: Daryl Washington; Michael Lane; Lara Larson; Victor Mealy; Lisa Potter; Lyn Tomlinson; and Laura Yager

1. Meeting Called to Order
   Suzette Kern called the meeting to order at 5:00 p.m.

2. Introduction
   CSB Board Chair Suzette Kern and Board members welcomed County Executive Bryan Hill to the meeting. Mr. Hill provided some brief background information, noting the primary focus of his first few months has been the FY 2019 Advertised Budget, offering a reminder that it is scheduled for approval May 1, 2018. Announcing that the FY 2019 Budget Markup Process and FY 2020 Budget Plan Recommendations was recently published on the county website, Mr. Hill encouraged all present to read the document, noting that it provides in-depth and concise guidance to the Advertised Budget. Acknowledging that FY 2020 is anticipated to provide substantial fiscal challenges, Mr. Hill noted a need to begin identifying fiscal efficiencies for the FY 2020 Advertised Budget. Mr. Hill also shared that the Board of Supervisors and County staff are beginning development of a county-wide strategic plan, further noting that this plan will provide a base for all county agency strategic plans, thereby supporting development of collaborative goals to benefit the citizens of Fairfax County.

3. Matters of the Public
   None were presented.

4. Amendments to the Meeting Agenda
   The agenda was provided for review and approved as presented.

5. Approval of the Minutes
   Draft minutes of the March 28, 2018 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Bettina Lawton made a motion for approval, which was seconded and passed.

6. Matters of the Board.
Suzette Kern offered a reminder that she, Bettina Lawton, and Jennifer Adeli testified before the Budget Public Hearings before the Fairfax County Board of Supervisors (BOS) on Wednesday, April 11, 2018.

Ms. Kern shared with the Board that Sunday, April 15, 2018, Gary Ambrose received the 2017 Fairfax County Citizen of the Year Award from the Fairfax County Federation of Citizens Association at the Sixty-Eighth Annual Awards Banquet.

7. **Committee Reports**

   A. **Behavioral Health Oversight Committee (BHOC):**

      Gary Ambrose provided details of the April meeting, including the following:

      - Offering a reminder of two proposals presented to Committee and Associate members at the March meeting, Mr. Ambrose reported the responses as noted:
        - Committee and Associate Members unanimously declined to change the meeting recurrence to bi-monthly,
        - Associate Members enthusiastically supported an offer to present an overview of their agency opportunities, challenges, strategic goals, and operations each month. Members were asked to contact Board Clerk Erin Bloom to schedule a meeting for their presentation.

      - Heather Peck with the Laurie Mitchell Empowerment and Career Center provided the initial Associate Member presentation, accompanied by three colleagues and an individual receiving services. These individuals included Mary Peterson, an individual receiving services, who testified to the impact on her life from receiving employment supports; Carlton Vanlowe, a peer employed at the Center, provided insight into the provision of pre- and post-employment services; Gauri Malaviya, who noted the value of her experience as an individual receiving services that led to her becoming a Peer Employment Specialist; and Hong Nguyen, a support staff member with a disability, who reported the impact of the services provided on both the service recipient and staff.

      - Members were encouraged to read the minutes of the April meeting to learn more about the informant provided.

      **The next BHOC meeting is scheduled Wednesday, May 9, 5:00 p.m. at the Merrifield Center, Level 1-Room 308A/B.**

   B. **Fiscal Oversight Committee:**

      Captain Basilio ‘Sonny’ Cachuela, Jr provided the update to the April meeting, some highlights of which included:

      - There is a projected Year End balance of $19M that includes one-time funding for Employment & Day, Opioids, and contractual obligations. It was further noted that the positive balance is anticipated to be beneficial in FY 2019.

      - One-time non-recurring requests include the Springfield transition, relocation, and configuration of space. Additional information related to the Springfield site closure will be provided by Michael Lane, scheduled later in the agenda.

      - Michael Lane reported preparation planning is underway for anticipated legislative approval of Medicaid Expansion.
• Michael Lane provided an update to MTM and the implementation of STEP-VA requirements same-day access and time-to-treatment, noting ongoing monthly meetings to identify efficiencies.

• The job advertisement for the Fiscal Manager was placed Saturday, April 21 and will remain open for three weeks. Captain Cachuela has agreed to participate in the second-round interview panel.

• As of April 14, 2018, there were 106 Vacant General Merit Positions, a continued decrease in vacancies. A reminder was offered that approval of the third quarter will provide 22 new positions in addition to the 19 positions included in the FY 2019 budget, impacting the number of Vacant General Merit positions.

• Daryl Washington provided a Diversion First update report, some highlights of which include:
  o Jail Based and Jail Diversion staff have 5 vacancies out of 40 positions, noting 15 hires have occurred in the last year.
  o Efforts are ongoing to arrange for individuals discharged from the ADC (Adult Detention Center) and in need of mental health services, to be transported to Northern Virginia Mental Hospital (NVMHI) rather than the much longer trip to Western State Hospital in southern Virginia.
  o A new lead CIT (Crisis Intervention Team) officer with the Fairfax County Police Department has just started in the MCRC (Merrifield Crisis Response Center).

• The Time to Treatment update included notice of an overall decrease in adult wait times at all listed locations except for Reston and an increase in youth wait times attributed to a need for a Spanish speaking therapist.

The next meeting is Friday, May 18, 9:00 a.m. at the Pennino Building, Room 836A.

C. Developmental Disabilities (DD) Committee:
Sheila Coplan Jonas provided highlights of the April meeting including:

• Agency representatives were encouraged to consider joining the committee as non-voting Associate Members.

• Attendees introduced themselves, including a brief synopsis of the services offered. Ms. Jonas noted the introductions highlighted the myriad services available to assist the needs of individuals in the DD population.

The next meeting is Wednesday, June 6 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B.

D. Other Matters
Ken Garnes, offering a reminder of a prior discussion proposing revision to preparations for the legislative session, noted that efforts are ongoing to identify the areas that are in need of revision and planning. Mr. Garnes further noted that CSB workforce planning includes communication staff to assist with CSB Board legislative preparations. More information will be provided as it becomes available.
8. Action Item
   A. CSB Officer Nominating Committee

   Suzette Kern, noting the CSB Bylaws require three board members serve on the
   officer nominating committee, proposed appointing the following board members to
   the FY 2019 CSB Officer Nominating Committee; Ken Garnes, Captain Basilio
   ‘Sonny’ Cachuela, Jr, and Gary Ambrose. A motion was offered, seconded, and
   passed.

   CSB Board members interested in serving as a CSB Board officer were asked to
   contact any of the three members appointed to the nomination committee prior to the
   May 24th CSB Board meeting. A reminder was offered that approval of new officers
   is offered for vote at the June board meeting.

9. Information Item
   A. FY 2019 – FY 2020 CSB Community Services Performance Contract

   Lisa Potter directed Board attention to the Action Item included in the Board
   materials and provided highlights of the FY 2019 – FY 2020 Biennial Community
   Services Performance Contract process. Ms. Potter further provided an overview of
   the estimated timeline, including projected due dates, highlighting the scheduling
   related to CSB Board meetings. Board members and staff discussed the required CSB
   Board and BOS procedures.

10. County Opioid Task Force / Opioid Services Update

    Lyn Tomlinson provided a PowerPoint presentation offering an overview of recent CSB
    efforts to combat the Opioid Epidemic. Noting a more in-depth update is planned to precede a
    future Board meeting, Ms. Tomlinson reported recent attendance at the National Council for
    Behavioral Health Natcon18 Conference, noting that the up-to-date data received at the
    conference impacted this presentation. Highlighted CSB efforts included

    • Most opioid overdoses occur in the home, prompting the Surgeon General to issue the
      first advisory in 10 years, emphasizing the importance of the overdone-reversing drug
      naloxone, knowing how to use it and keeping it at hand.

    • Overdose demographics have broadened to include more diverse racial groups and
      expanded to a wider range of ages. On a related note, HIV, Hepatitis C, and Substance
      Exposed infant births are increasing.

    • Some CSB efforts include expanded MAT (Medication Assisted Treatment).
      Additionally, an ITC (Infant and Toddler Connection) pediatrician sent a letter to area
      pediatricians with an alert to the increase of substance exposed infants, including
      signs of exposure and available resources.

    • Noting that Diversion efforts are also ongoing, it was reported that Detox Diversion
      staff go into the community between the hours of 3:00 p.m. and 1:00 a.m. and law
      enforcement can also drop off individuals at the Chantilly Detoxification Center, as is
      done at the MCRC (Merrifield Crisis Response Center).

    • A plan is being developed to include Narcan/naloxone administration training in
      Mental Health First Aid (MHFA) training, including the distribution of Narcan to
      successful participants. It was further reported that some pharmaceutical companies
will be donating Narcan to the National Council for distribution to their members, of which the CSB is one, for further distribution to their clients.

- It was noted the Opioid Task Force is comprised of CSB staff, Law Enforcement, other government agencies, private providers, schools, individuals in recovery, and family members who have lost someone to the epidemic.

- Other efforts include a video recently published by Sharon Bulova highlighting the ways to get involved in combating the opioid epidemic throughout Fairfax County, and a panel of national experts, highlighting state-wide efforts to address the opioid epidemic, was convened by former Virginia Secretary of Health and Human Services William Hazel. Erin Bloom was asked to forward webpage links for both events to the Board.

11. Director’s Report

Daryl Washington provided several updates to recent and planned CSB activities including the following:

- Michael Lane provided a brief overview of the FY 2019 – FY 2020 budget noting the proposed tax rate was published as 2e instead of the 2.5e that was initially advertised. Two additional items of note included the Health and Human Services Innovation Fund, still in development, and the Welcoming Inclusion Network (WIN) and Employment & Day funding. Additional information on these items will be provided as it becomes available.

- Providing an update to the closure of the Springfield site including the relocation of services, Mr. Lane reported monthly meetings with Will Williams and Patrick McConnell for continued development of project plans, with a reminder that the lease expires December 31, 2018. Sites under consideration include Merrifield, South County, and Gartlan. Acknowledging that transportation and site preference are key factors, it was further acknowledged that anticipated facility revisions will need to be considered. Mr. Washington added an update noting the regular meetings being held with clients and family members, further noting there will be ongoing meetings to provide transparency into the progress and planning of the move. Board members and staff engaged in robust discussion. The board requested that Mr. Washington follow up with a written plan to the board on how and when clients will be involved in the process going forward.

- Providing an update to the Virginia state budget, Mr. Washington reported anticipation of approximately $270K to implement STEP-VA. It was also announced that the Department of Behavioral Health and Disability Services (DBHDS) has hired a new Commissioner, Dr. Hughes Melton, former Chief Deputy Commissioner with the VA Dept. of Health, anticipating an announcement soon.

- The CSB Spirit of Excellence Awards Ceremony is scheduled for April 26, 2018 at the Government Center Board Auditorium, preceded by a reception at 9:30 a.m.

- It was reported that Thursday, April 26 and Friday April 27, visitors from Illinois will be visiting to examine Diversion First practices and participate in discussion of diversion practices. Beginning with a tour of the Merrifield Center, the visit will conclude with a tour of the Adult Detention Center.
• There will be a Diversion First Stakeholders meeting on Monday, May 7th at the Government Center from 7:00 p.m. – 9:00 p.m. in rooms 4 & 5.

• Jean Hartman’s position has been advertised well in advance of her retirement date in recognition of the need for a well-planned transition.

• CSB staff accompanied by staff from the Sheriff’s office are scheduled to tour The Healing Place on May 14, 2018 to learn more about their diversion practices.

• The Director of Housing for Fairfax County will be providing an update to the Health and Human Services meeting on May 8th. The Housing Director has offered to provide an update to the Board upon request as well. Suzette Kern stated that an update to the board would be helpful and asked Mr. Washington to follow up.

• Referencing the Organizational Assessment, Year 2, that was completed by approximately 400 staff, Mr. Washington provided highlights of the results to include:
  
  o **Leadership:** areas of improvement include communication, transparency, and compliance and training.
  
  o **Staff Development:** requests for more time and opportunities for training, and more opportunities for cross-agency collaboration.
  
  o **Work Relationships:** reporting great team support and collaboration, greater support and guidance is requested from the leadership team.
  
  o Action steps for the leadership team include focused review of the feedback to develop a plan of tangible steps for improvement in the hope of a significant difference in the feedback received in year 3 of the survey.
  
  o A detailed discussion followed with questions from board members asking for clarification on the results presented.

12. Closed Session

At 6:32 p.m. a motion was offered, seconded, and passed to meet in closed session Regarding written advice of legal counsel to state, regional or local public bodies or the officers or employees of such public bodies, and any other information protected by the attorney-client privilege pursuant to Va. Code §2.2-3705.1(2), and discussion of information relating to the negotiation and award of a specific contract where competition or bargaining is involved and where the release of such information would adversely affect the bargaining position or negotiating strategy of the public body pursuant to Va. Code §2.2-3705.1(12).

The Board reconvened the open session at which time a motion was offered, seconded and passed, that in accordance with Virginia Code Section 2.2-3712, the CSB Board certify that, to the best of each member’s knowledge, only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the Closed Session was convened were heard, discussed, or considered in Closed Session.

13. Other Matters

Suzette Kern proposed the formation of an Ad Hoc Compliance Committee with a goal of establishing a Standing CSB Board Compliance Committee. A one-time meeting is planned for the Ad Hoc Committee, the purpose being, to review the previously drafted charter, define the scope and membership, and establish a timeline to quickly establish a standing
CSB Board Compliance Committee. Board members interested in serving on the Ad Hoc Committee were asked to please notify Board Clerk Erin Bloom.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 6:34 p.m.

Actions Taken--
- The March 28, 2018 CSB Board meeting minutes were approved.

May 23, 2018

Date

Erin Bloom

Staff to Board