



FAIRFAX - FALLS CHURCH

# Community Services Board

## FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

Suzette Kern, Chair  
Merrifield Center,  
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031  
Level 1 - Room 308 A/B  
Wednesday, February 27, 2019, 5:00 p.m.

- |  |                                       |           |
|--|---------------------------------------|-----------|
| 1. <b><i>Meeting Called to Order</i></b>   | Suzette Kern                          | 5:00 p.m. |
| 2. <b><i>Matters of the Public</i></b>   | Suzette Kern                          |           |
| 3. <b><i>Amendments to the Meeting Agenda</i></b>  | Suzette Kern                          |           |
| 4. <b><i>Approval of the January 23, 2019 CSB Board Meeting Draft Minutes</i></b>  | Suzette Kern                          |           |
| 5. <b><i>Staff Presentations</i></b>   |                                       |           |
| A. WIN Presentation  | Barbara Wadley-Young                  |           |
| B. Residential Services and Opioids  | Peggy Cook                            |           |
| 6. <b><i>Director's Report</i></b>   | Daryl Washington                      |           |
| 7. <b><i>Matters of the Board</i></b>  |                                       |           |
| 8. <b><i>Committee Reports</i></b>   |                                       |           |
| A. Behavioral Health Oversight Committee   | Gary Ambrose                          |           |
| B. Compliance Committee  | Suzette Kern                          |           |
| C. Developmental Disabilities Committee  | Sheila Jonas/Jane Woods               |           |
| D. Fiscal Oversight Committee  | Captain Basilio 'Sonny' Cachuela, Jr. |           |
| E. Other Reports   | Suzette Kern                          |           |
| • Testimony, HS Council, April 2019  | Suzette Kern                          |           |
| • Ad Hoc Partner Feedback Cmte   | Suzette Kern                          |           |
| 9. <b><i>Closed Session: Consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel, as permitted by Virginia Code Section 2.2-3711(A)(8).</i></b> |                                       |           |
| 10. <b><i>Adjournment</i></b>  |                                       |           |

# Fairfax-Falls Church Community Services Board

## January 23, 2019

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Daria Akers; Gary Ambrose; Thomas Burger; Basilio ‘Sonny’ Cachuela Jr; Ken Garnes; Rachna Sizemore Heizer; Sheila Coplan Jonas; Bettina Lawton; Edward Rose; Nancy Scott; and Diane Tuininga;

The following CSB Board members were absent: Adrienne Walters and Jane Woods

The following CSB staff was present: Daryl Washington; Georgia Bachman; Mike Goodrich; Evan Jones; Elizabeth McCartney; Victor Mealy; Sebastian Tezna; Lyn Tomlinson; and Barbara Wadley-Young

### Guests:

#### 1. Meeting Called to Order

Suzette Kern called the meeting to order at 5:00 p.m.

#### 2. Matters of the Public

None were presented.

#### 3. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Acknowledging no further revision recommendations, the agenda was accepted as revised.

#### 4. Approval of the Minutes

Draft minutes of the December 19, 2018 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Edward Rose made a motion for approval, which was seconded and passed.

#### 5. Director’s Report

Executive staff provided several agency updates, some highlights of which are listed below:

Mike Goodrich and Lyn Tomlinson provided updates to recent employment activities to include:

- Sebastian Tezna was welcomed as the new Business Operations Director.
- Eileen Bryceland, effective January 22, 2019, was promoted to Behavioral Health Outpatient Program Service Director.
- Michael T. Lane starts February 4 as Director, Individual & Family Affairs

Lyn Tomlinson provided several updates to clinical services, some highlights of which include:

- A reminder that ARTS (Addiction Recovery Treatment Services) is the Medicaid benefit for individuals with substance use disorder. The ARTS program launches this month and includes implementation of OBOT (Office Based Opioid Treatment) and IOP (Substance Abuse Intensive Outpatient). The related residential services are anticipated to launch in Spring 2019. It was further noted that some valuable technical assistance was provided by Medicaid.
- Additional projects include ongoing efforts to streamline clinical and business efficiencies to improve both the client and staff experience, including decreasing time to treatment wait times. Regular updates will be provided to the Board.

Daryl Washington provided an overview of recent activities to include:

- The Leadership Group of Executive Directors across VA are refining the STEP-VA definitions for the nine core services.
  - Services currently being implemented include Same-Day Access, Primary Health Care Screening and Metabolic Screening, and Outpatient Services.
  - Next to be addressed is Crisis Services.
  - Once finalized, the definitions will be shared with the Board.
- Providing an update to the impact of the Federal Shutdown, the Board was assured there was no immediate concern in Fairfax County. Should the shutdown become lengthy, it is anticipated that the Housing Choice Voucher (HCV) and the Temporary Aid for Needy Families (TANF) programs will be the most affected.
  - Evan Jones provided an update to the impact of the shutdown on Employment & Day Services reporting that approximately 75-80 persons are contracted to the Federal Government. Of these, 20 have been provided other employment, but the remaining furloughed employees do not qualify for back-pay. Most are still receiving health benefits, and those who can, are utilizing leave.
- Mr. Washington provided an update to the state budget, highlights of which include:
  - Budgetary increases and decreases together with new funding totaling \$30M for fiscal years 2019 and 2020 is intended to create 825 new waivers. It is anticipated that distribution of the new waivers will be announced in late summer or early fall.
  - The CSB was just informed of an award of approximately \$200K to serve individuals with opioid issues, noting that the funds will be primarily used to increase the number of Certified Peer Specialists and Peer Run Services.
  - The next meeting of the Diversion First Stakeholders Group is January 28 at 7:00 p.m. at the Government Center.
  - All eight police substations throughout Fairfax County now offer the Drug-Take-Back program.
  - A reminder was offered of the proposed regional concept for VA CSBs, introduced by the Commissioner of the Department of Behavioral Health and Developmental Services (DBHDS). The proposal includes this CSB assuming leadership for the Northern VA CSBs. Clarifying that the

Regional Advisory Group (RAC), of which Mr. Washington is a member, is lead in drafting service definitions for STEP-VA services, attention was directed to the Advisory Group (RAC) Charter, a copy of which was provided in the meeting materials. Mr. Washington noted some concerns with language related to the role of the regional lead CSB in the section titled *What are the Roles and Responsibilities of the Lead CSB (page 2)*. The Board will be kept apprised as development of the regional concept and the charter evolve.

- Included as well, in the meeting materials, is a letter from Jennifer Faison, Executive Director VACSB (Virginia Association of Community Services Board) detailing some ongoing communication concerns with DBHDS Commissioner Hughes. The reply from the commissioner was also provided for Board review. The Board will be kept informed of developments as they occur.
- Other information included in the meeting materials included:
  - A flyer describing the Countywide Strategic Plan, a copy of which will also be sent to the Behavioral Health Oversight and the Developmental Disabilities Committee Associate Members with encouragement to participate in the survey.
  - A handout on the Fairfax County Adult Detention Center's addiction treatment and recovery program.
  - A flyer announcing the opening of the Housing Waitlist.
- An update to the VACSB Legislative conference was provided, some highlighted requests include:
  - DMAS Rates need to align with Medicare rates anticipated to encourage private providers to enroll.
  - Increase the funding for Waiver slots
  - Increase Jail Based Behavioral Healthcare services
  - Increase the number of PACT (Program for Assertive Community Treatment) teams in Fairfax County
  - A request for increased funding to accelerate the implementation of outpatient services in STEP-VA.
- Ms. Kern referenced a letter sent some time ago from Senators Howell & Saslaw and Delegate Sickles, and the response received from DBHDS Commissioner Melton, noting concern with some discrepancies in the response letter. Mr. Washington agreed to provide talking points to clarify Commissioner Melton's response.
- Mr. Washington, providing an update to the search for a third-party billing company, reported a challenge related to technological communication between Credible, the CSB's EHR (Electronic Health Record), and the third-party biller. Some efforts to resolve these concerns include
  - investigation of possibly utilizing the Credible billing module,
  - communication with other third-party billing companies,

- investigation of retaining the CSB Revenue Billing Team (RBT), that may include hiring experienced, credentialed billers to the team.
- All efforts are being coordinated with the office of Procurement and Material Management (PMM).
- Recognizing that efforts to engage a third-party billing company were part of a multiple point response to a previous billing error, Mr. Washington will provide the Board with an overview of each point including a time-frame for implementation. Ms. Lawton asked that the board be provided with all remediation resulting from the resolution of the previous billing error issue.
- An update to Medicaid enrollment efforts included the following:
  - Completion of 368 Medicaid applications
  - The successful enrollment of 184 clients out of 600 clients current with the CSB prior to January 1, 2019.

## **6. Matters of the Board.**

Bettina Lawton announced that Hunter Mill District Supervisor, Cathy Hudgins, will not run for reelection this November. It was noted that the supervisors for the Braddock, Lee, and Providence District Supervisors, as well as Board of Supervisors Chair Sharon Bulova, have all also announced that they will not be running.

Encouraging attendance, Daria Akers and Rachna Sizemore-Heizer reported on the Special Olympics Fan Quest at Robinson High Secondary School, Saturday, February 2<sup>nd</sup> with a scheduled tailgate event from 5:00 p.m. – 7:00 p.m.

Diane Tuininga announced that Fairfax City has hired a new Chief of Police, Erin Schaible, replacing Carl Pardiny who retired December 1, 2018.

Ms. Sizemore-Heizer advocated for pending legislation requiring Fairfax County schools to address the needs of Junior and Senior High School students with special needs in Family Life Education (FLE) classes.

Suzette Kern reported resumed efforts to schedule a REVIVE opioid training for the Lee district community.

## **7. Committee Reports**

### ***A. Behavioral Health Oversight Committee (BHOC)***

Gary Ambrose provided some highlights of the January meeting. Associate Member updates were followed by an outstanding Diversion First update provided by Lisa Potter, Abbey May, and Marissa Farina-Morse, noting a copy of the Diversion First summary handout was forwarded to the Board. The next Diversion First Stakeholders meeting is Monday, January 28<sup>th</sup> at the Government Center, Rooms 2 & 3.

**The next BHOC meeting is scheduled Wednesday, February 13, 2019, at 5:00 p.m. at the Merrifield Center, Level 1-Room 1-308 A/B, West.**

### ***B. Compliance Committee***

Suzette Kern provided an overview of the January meeting noting the primary topic of third-party billing was discussed earlier in the Director's Report. Additional topics included;

- CSB Board new member and annual training requirements. Required Annual Training includes VA-FOIA and Compliance. Erin will follow up with members still in need of training to bring all in compliance.
- The contract for compliance tracking software is now fully executed. Implementation, projected to last 90 – 120 days, has begun, with data entry anticipated to begin in April 2019.

**The next meeting is Wednesday, February 20 at 4:00 p.m. at the Merrifield Center, Level 1 - Room 308 A/B, West.**

**C. Developmental Disabilities (DD) Committee**

Noting the absence of co-chairs Sheila Jonas and Jane Woods, Suzette Kern, further noting no January meeting had been held, provided a brief update:

- The next Welcoming Inclusion Network (WIN) meeting is Monday, February 25th from 6:30 p.m. – 8:00 p.m. at the Government Center rooms 9 & 10, with a primary agenda item of Inclusive Hiring.
- A further reminder of the Housing Choice Voucher Waitlist open enrollment period was offered.

**The next meeting is Wednesday, February 6 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.**

**B. Fiscal Oversight Committee**

Captain Basilio ‘Sonny’ Cachuela, Jr., provided an overview of the January 18<sup>th</sup> meeting, some highlights of which included:

- A reported slight increase in payroll was primarily credited to holiday pay, i.e. staff working in 24/7 facilities/shift differential, and overtime.
- A minor shortfall in total revenue was attributed to a combination of back-billing and 35 vacant revenue-producing positions, further noting that filling these vacant position is projected to meet, if not exceed, projected total revenue.
- An increase in Operating funds was noted, due to the closure of the Springfield offices.

The Administrative Operations update provided timelines for the CSB Budget process and the FY 2020 County Budget process. Suzette Kern offered a reminder that three volunteer Board members typically provide testimony in April, during the budget season, noting that she will be unavailable.

- The Human Resources Update included:
  - As of January 5, 2019, there were 137 Vacant General Merit positions. It was noted that promotional hiring results in continued vacancies
  - Efforts to hire a Recruiter are ongoing, with second-round interviews being scheduled.
- Lyn Tomlinson provided the Clinical Operations report, noting the following:
  - A Behavioral Health Specialist is working as a bed-finder with plans to add two non-merit Behavioral Health Specialists in support positions.

It was noted that the Staff Presentations will continue through the year as a means of informing the Board of the services that are offered through the CSB in support of their statutory responsibilities.

Acknowledging a possible inconsistency in the Service Quality and Outcome data provided in this presentation and data provided to the Fiscal Oversight Committee related to Time to Treatment, Lyn Tomlinson will compare the data and follow up with the Board.

In follow up to a Board request, Lyn Tomlinson agreed to provide a breakdown of which services are assigned following assessment and screening.

## 9. Action Item

### *Approval to Revision of CSB Board Bylaws*

Proposed revisions to the CSB Board Bylaws included deleting the requirement to only nominate and approve prospective Associate Members in the months of June and January. The new language allowed for nomination and approval to occur the same month the nomination or approval was presented to the Board. Edward Rose, in final review of the proposed changes offered an additional revision, altering the requirement of ‘a majority vote of the full board’ for approval to ‘a majority vote of the Board members present and voting.’ Bettina Lawton, noting no further recommendations were forthcoming and no comments were received during the public comment period, made a motion to approve the CSB Board Bylaws as amended, which was seconded and passed.

Suzette Kern offered a reminder that the next step was to submit the proposed revisions to the Board of Supervisors as a Consideration Item.

## CLOSED SESSION

There were no issues raised or request for a closed session offered.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 6:58 p.m.

### Actions Taken--

- ◆ The December 19 CSB Board Meeting minutes were approved as presented.
- ◆ Daryl Washington will provide the Board with an overview of each point for resolution of third party billing contract problem including a time-frame for implementation.
- ◆ Daryl Washington agreed to extend a follow up invitation to County Executive Bryan Hill to meet with the full board within the next 30 days at a date of his convenience, following which he will communicate any reply to the Board.
- ◆ Lyn Tomlinson will provide clarification to wait time data provided in the Staff Presentation.
- ◆ Lyn Tomlinson will provide a breakdown of services assigned following assessment and screening.
- ◆ Revisions to the CSB Board Bylaws were approved.

- The CRT (Crisis Response Team) has expanded to hours one day each week to two days each week.
- The Time to Treatment update included a report of overall improvement in wait times, while highlighting that wait times remain higher than the goal of 10 days. Short term efforts include approval of overtime hours to interested staff, and solicitation of retired staff and soon-to-retire staff to accept exempt positions post-retirement. Development of long term solutions are ongoing.

**The next meeting is Friday, February 15 at 9:00 a.m. at the Pennino Building, Room 836A.**

D. *Other Reports*

Suzette Kern provided a legislative testimony update noting that Ms. Kern, Bettina Lawton, Edward Rose, and Diane Tuininga had testified in early January. Rachna Sizemore-Heizer noted some pending legislation related to autism insurance coverage. Ms. Sizemore-Heizer will forward the information to Erin Bloom for distribution to the Board.

The Ad Hoc Partner Feedback workgroups are scheduled for Thursday, February 7<sup>th</sup> and Wednesday, February 13<sup>th</sup>. The facilitator, Kimberly Gladis, will forward the results to the Board

A proposal to establish an Ad Hoc Committee to review and, if needed, revise the Priority Access to Services Guidelines, including the CSB Board Policy, #0030. Gary Ambrose graciously agreed to chair the committee, with Rachna Sizemore-Heizer and Nancy Scott also volunteering.

Suzette Kern offered a reminder of the invitation extended to County Executive Bryan Hill to attend a CSB Board meeting. Ms. Kern provided an update noting that a written invitation had been issued in response to a request from Mr. Hill. As Mr. Hill was unavailable to attend the January 23, 2019 CSB Board meeting, and following an engaged discussion, Daryl Washington agreed to extend a follow up invitation to Mr. Hill for a meeting with the full board within the next 30 days at a date of his convenience. Mr. Washington will communicate any reply to the Board.

8. Engagement, Assessment, and Referral Unit Overview

Louella Meachem, with Mike Suppa, provided a PowerPoint presentation. Ms. Meachem illustrated each step in the arrival to assessment to screening process. Mike Suppa provided clarification to the graph on the Wait Times for walk in slide, noting that each of the colored bars represent the average wait time spent in each ‘area’. It was further clarified that the ‘Detox Waiting’ title indicates someone in the Fairfax Detoxification Center and will be seen via televideo. Related to transportation concerns, it was confirmed that a vast majority of individuals are seen at Merrifield. However, some individuals are at an alternate site and are unable to get to Merrifield, in which case, staff may be sent to that location, or the individual may be seen via televideo. A reminder was offered that the assessment, intake process for Developmental Disabilities services is vastly different than the Behavioral Health/Substance Use Disorder services.

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Date

Staff to Board

DRAFT

# Welcoming Inclusion Network (WIN) When Inclusion Happens We All WIN

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WIN RECOMMENDATIONS:  
IMPLEMENTATION PLANNING OVERVIEW  
FEBRURARY 27, 2018

# WIN Service Options Proposed: Definitions

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## Retirement

Provides an option for individuals to voluntarily transition to community based older adult day services.



## Training

Provides tailored support and training to ensure success in competitive, individual, and group supported employment.



## Inclusive Hiring

Seeks to increase inclusive hiring in public/private sectors and grow individual and group supportive employment.



## Self-Directed Services

(Expanded and Transfers):  
Offers self-designed, customized services to individuals from a menu of options within a specified budget to meet unique needs and challenges.

**WIN Cross-Comparison of All Options: \$\$\$ = Cost Avoidance    (\$\$\$) = Additional Cost to County**

 <b>1,484 People Served Annually</b>	<b>Bronze Tier</b> 	<b>Silver Tier</b> 	<b>Gold Tier</b> 
<b>Retirement</b>	Senior & ADH Center Drop-In <b>198 People May Transition/(40 per year)</b>	Senior & ADH Center with Volunteer Options <b>279 People May Transition/(56 per year)</b>	Silver + Center with Specialized Support <b>249 Silver + 30 People in Center</b>
	<b>\$2,164,158/(\$432,832 per year)</b>	<b>\$1,480,692/(\$296,138 per year)</b>	<b>\$840,983/(\$168,197 per year)</b>
<b>Inclusive Hiring</b>	Marketing to Employers <b>Increases Capacity</b>	Increase Group Employment & Pilot Small Groups <b>Higher Capacity + 30 People in Smaller Groups/(6 per year)</b>	Incentivized Growth and Entrepreneurial Incubator <b>Increases Capacity</b>
	<b>(\$100,000)</b>	<b>\$53,036/(\$10,607 per year)</b>	<b>(\$311,000)</b>
<b>Training</b>	6-Month Soft Skills Training Program	Targeted Vocational Training Pilot <b>48 People per Session</b>	Vocational Training Center <b>30 Person Capacity</b>
	<b>\$0</b>	<b>(\$575,030)</b>	<b>(\$116,100)</b>
<b>Self-Directed – Expanded</b> Can Eliminate Waitlist for Persons with No Waiver	Increase Capacity by 50 to 188 Persons	Increase Capacity by 100 to 238 Persons	Program Promotion and Enhanced Features
	<b>(\$903,300)</b>	<b>(\$1,836,121)</b>	<b>(\$1,947,121)</b>
<b>Self-Directed Services – Transfers</b> 138 Individuals Served	Increase Capacity by 50 to 188 People Transfers from Current Programs <b>50 People/(10 People per year)</b>	Increase Capacity by 100 to 238 People Transfers from Current Programs <b>100 People/(20 People per Year)</b>	Program Promotion and Enhanced Features Census Remains at 238 People Served
	<b>\$376,904/(\$75,381 per year)</b>	<b>\$753,808/(\$150,762 per year)</b>	<b>\$643,708/(\$128,742 per year)</b>

# What the CSB Will Do: One-Five Year Implementation & Review Plan



## Retirement

Silver Option - Increased Utilization of Community-based Older Adult Services. Further cross-agency planning to develop volunteer opportunities.



## Training

Bronze Option + Access and advance inclusive, adaptive services at existing vocational training centers.



## Self-Directed Services

Transferred - Silver Option - increased utilization of Self-Directed Services via individual transfers first and as needed to support increased community capacity.



## Inclusive Hiring

Silver Option – increased utilization of group supported employment opportunities.

## Cross-Agency Opportunities

- Conduct benchmarking with other jurisdictions and states regarding equitable options and efficiencies in employment and day services
- Solicit the Faith-based community for mission driven services and programming

# CSB Implementation Planning Process

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## Internal & External Planning & Communication Processes:

### ❖ ***CSB Planning Team meets bi-weekly:***

- ❖ Employment & Day, Support Coordination & Residential Services Staff
- ❖ Progress Updates are Provided in Executive Staff Meetings & DD Committee Meetings

### ❖ ***WIN Planning Team/Steering Committee meets as needed***

- ❖ Members: CSB Board, Family Member/Advocate, Fairfax County Office of Public Private Partnerships, Fairfax County Human Services Council/GMU Dept. Global & Community Health, Fairfax County Public Schools Department of Special Services & Davis Career Education Center; George Mason University Div. Special Education & disability Research
- ❖ Progress Updates and Coordination with Guidance from Braddock District Supervisor John C. Cook

### ❖ ***Cross-agency Planning Team meets monthly***

- ❖ CSB, Neighborhood & Community Services, Health Department, Fairfax County Public Library, Parks & Recreation (Therapeutic Recreation)

### ❖ ***WIN Stakeholders will meet as a full group semi-annually***

- ❖ CSB will facilitate a meeting and provide a status update on implementation of recommendations
- ❖ WIN groups will provide updates on interim activity of Employment/Day & Inclusion/Network Groups

# CSB Employment and Day Services

## A Life Like Yours & Mine

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Questions:



## WIN: Summary of Recommendations and Options

### With Financial Summary Detail

#### **Retirement – Transition to retirement programs and senior services is a natural progression for all older persons including persons with developmental disabilities (DD).**

- Offer to people age 50+ a transition to existing senior centers or adult day health centers (ADHC). Out of 279 persons, current capacity could facilitate 93 persons in senior centers, and 105 in ADHC. Offers a split day between current DD E&D programs, volunteering, senior centers and/or ADHC.

Split days for 32 people between day support and a senior program saving	<b>\$424,352</b>
Split days for 169 people between waiver day and a senior program saving	<b>\$822,523</b>
Split days for 1 person between sheltered emp. and a senior program saving	<b>\$10,393</b>
Split days for 40 people between group sup. emp. and a senior program saving	<b>\$412,600</b>
Split days for 37 people between waiver group sup. emp. and a senior prog. saving	<b>\$119,584</b>
Funds 279 people for related fees and copays to senior programs for split days	<b>(\$308,760)</b>
<b>Subtotal Silver Cost Avoidance (with no other county or community costs)</b>	<b>\$1,480,692</b>

#### **Training – Employment specific skills training to equip job seekers with marketable skills**

- Offer a 6 mo. program providing soft skills to improve success of maintaining or obtaining employment.

It is anticipated soft skills training could be accomplished with current contracts	<b>\$0</b>
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#### **Inclusive Hiring – Encourage and grow inclusive hiring among employers and increase group supported employment (GSE) opportunities**

- Establish a pilot grant (7 awards @ \$10,000 each) for development of 6-8 person GSE opportunities, and pilot 10 small GSEs opportunities (3 person groups with cost < \$135/day/person). 60% of small GSE group cost could be reimbursed by Medicaid Waiver (MW).

Estimated cost of 30 people @ \$135/day for 220 days (3 person groups)	<b>(\$891,000)</b>
M.W. reimbursement for a 3 person group for 20 persons moved from day sup.	<b>\$554,136</b>
Estimated day support cost saved by moving people from day to group	<b>\$459,900</b>
Pilot grants, 7 @ max \$10,000 each to develop 6-8 person groups	<b>(\$70,000)</b>
<b>Subtotal Silver Cost Avoidance</b>	<b>\$53,036</b>

#### **Increase Self-Directed Service (SDS) capacity. SDS is a program facilitating DD individuals establishing their own service package within defined parameters and budget.**

- Increase above SDS capacity further from 138 to 238 by adding two SDS staff position.

Cost savings from Bronze Plan	<b>\$376,904</b>
Move 42 additional people from day support to SDS, estimated cost savings	<b>\$448,392</b>
Move 8 additional people from sheltered emp. To SDS, estimated cost savings	<b>\$39,512</b>
Add a staff to SDS to manage 50 more people	<b>(\$111,000)</b>
<b>Subtotal Silver Cost Avoidance</b>	<b>\$753,808</b>



## 2019 Virginia General Assembly Session Review

The 2019 General Assembly session began on Wednesday, January 9, 2019. During the fall of 2018, board members from the Fairfax-Falls Church Community Services Board met with legislators to share CSB's 2019 priorities, which include restoration of Medicaid General Fund reduction to CSBs, STEP-VA funding, increased community resources (funding for an additional PACT team) to help alleviate hospital bed crisis, funding to combat the opioid epidemic and increased funding for DD waivers. These priorities were also shared with legislators at the House Appropriations and Senate Finance Committees hearing on January 3, 2019, and the Fairfax County Delegation hearing on January 5, 2019.

A final update will be provided after the GA adjourns. Adjournment is still anticipated for Saturday, February 23. The bill section will likely have minimal changes. The budget items section will need to be updated to reflect the conference report once it is finalized. As of February 22, budget conferees are still on pace to make the adjournment deadline. CSB will also share the comprehensive final report from the County's legislative staff once it is made available.

### Key budget items relating to CSB priorities:

#### Medicaid Expansion Revenue Shortfall

**Governor:** Addresses concerns raised by many local governments regarding the impact of Medicaid expansion on CSBs by requiring the DBHDS, in consultation with DMAS, to monitor the impact of Medicaid expansion on the CSBs. If the amount of new revenue generated as a result of expansion is at least ten percent less than the savings assumed in the 2018-2020 biennium budget passed by the 2018 GA, the Commissioner of DBHDS may allocate up to \$7 million in NGF to replace lost revenue.

**House:** No change.

**Senate:** Modifies language in the introduced budget to allow assistance to be provided as of April 15, 2019, instead of at the end of FY 2019, so that the provision of critical services is not disrupted. The amendment also clarifies that assistance may be provided to an individual CSB rather than requiring that Medicaid reimbursements to all CSBs fall short of GF reductions before assistance may be provided. The amendment requires the department to report to the Secretary of Finance and the Chairmen of the House Appropriations and Senate Finance Committees on how the expected GF savings compare to actual Medicaid payments for FY 2019 so that the expected GF savings in FY 2020 may be adjusted by the 2020 GA.

#### STEP-VA

**Governor:** Increases funding for crisis services for children and adults in FY 2020 - \$9.0 million

**House:** Provides funding for the acceleration of STEP-VA crisis services, originally slated for 2021 - \$8.8 million.

**Senate:** Provides less of an increase for crisis services. Of the \$9.0 million general fund allocated for Crisis funding in the Governor's Budget, designates \$3.0 million general fund for children's crisis programming, repurposes \$5.0 million general fund to support Outpatient Services, and eliminates the remaining \$1.0 million

**Senate:** Expansion of CSB outpatient services from the \$15 million the GA invested last year to the biennium budget. This brings to total to \$20 million per year.

## Community Behavioral Health/Hospital Bed Crisis

### **PACT Team**

**House:** Provides \$200,000 to the Fairfax-Falls Church CSB in funding for the Program of Assertive Community Treatment (PACT) Team. Also adds language directing DBHDS to report on the funding and cost effectiveness of the PACT program.

**House:** Requires DBHDS to report on the cost effectiveness of each PACT team.

### **Permanent Supportive Housing**

**Governor:** Increases funding for an additional 150 permanent supportive housing units for individuals with serious mental illness in FY 2020 - \$2.1 million

**House:** No change.

**Senate:** Further increases funding for additional permanent supportive housing units for individuals with serious mental illness in FY 2020 - \$3.1 million.

### **Hospital Census**

**Senate:** Directs DBHDS to prepare a plan to “right size” the state hospital system, including appropriate capacity and distribution of capacity, and the steps to transition from the current to the right-sized system. This is a recommendation of the Joint Subcommittee to Study Mental Health Services in the 21<sup>st</sup> Century.

### **Opioid Epidemic**

**Governor:** Provides \$3.2 million in funds for additional REVIVE! kits and naloxone spray used for the reversal of opioid overdose

**House:** No change.

**Senate:** Provides only funding for FY 2020 - \$1.6 million.

### **DD Waivers**

While there were numerous member amendments dealing with inadequate waiver rates, these amendments did not make it into the committee recommendations.

**Senate:** Provides \$375,000 general fund in FY 2020 to add 10 Developmental Disability reserve waiver slots.

**Senate:** Prohibits DBHDS and DMAS from requiring waiver providers or CSBs to use an individualized supports budget process for the Medicaid DD waiver program without explicit authorization from the General Assembly.

**Senate:** Directs DBHDS to prioritize five DD waiver slots in the Fairfax-Falls Church allocation of developmental disability slots for residents of Falls Church that may be placed in the Miller House that are on the Priority One wait-list.

**Senate:** Directs DBHDS to ensure that children on the DD waiting list whose parents serve in the military or Foreign Service and are deployed outside of Virginia and then return, to be placed on the waiting list consistent with their placement prior to leaving Virginia.

### **Other item of interest**

The CSB board requested that the County support the creation of the Virginia Mental Health Access Program during the 2019 Human Services Issue Paper process. This governor's budget request included \$1.23 million to begin the process of expanding VMAP state-wide. The House and Senate retained this request.

## **Key bills addressing CSB-related issues and/or activities:**

There were many bills pertaining to CSB-related issues introduced during this year's session. CSB staff analyzed nearly 180 bills (over 260 bill versions) to identify problematic and beneficial impacts for the County government affairs team as they work in Richmond during the GA session. Below are the bills that made the crossover deadline and related to CSB issues or individuals served by CSB. The bill status is as of the morning of Friday, February 22, 2019.

### **DMAS Waivers**

The Board of Supervisors took a position of support on SB 1135.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1135</a>	Favola, B	Community Living Waiver wait list; child identified as having a developmental disability.	Passed the Senate and House. Awaiting Governor's action.
<a href="#">HB 1812</a>	Hope, P	DMAS; waiver eligibility criteria, dependents of foreign service members.	Passed the House and Senate.

### **Opioid Crisis**

The Board of Supervisors took a position of support on HB 2158 and SB 1405.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">HB 2158</a>	Plum, K	Naloxone; expands list of individuals who may dispense to include emergency medical services personnel and health care providers providing services in hospital emergency departments	Passed the House and Senate. Awaiting Governors' action.
<a href="#">HB 1878</a>	Garrett, T	Naloxone; possession and administration by regional jail employees.	Passed the House and Senate. Awaiting Governors' action.
<a href="#">HB 2318</a>	McGuire, J	Naloxone; Possession and administration of naloxone; school nurses; local health department employees.	Passed the House and Senate. Awaiting Governors' action.
<a href="#">SB 1349</a>	McDougle, R	Safe reporting of overdoses.	Passed the House and Senate.
<a href="#">SB 1405</a>	Dance, R	Pharmacist; counseling for new prescriptions, disposal of medicine	Passed Senate and House. Awaiting Governors' action.
<a href="#">HB 2563</a>	Robinson, R	Drug paraphernalia and controlled paraphernalia; fentanyl testing products.	Passed the House and Senate. Awaiting Governors' action.
<a href="#">HB 2138</a>	Thomas, Jr., R	Fluorinated hydrocarbons or vapors; prohibited inhalants or other noxious chemical substances.	Passed the House and Senate. Approved by Governor.

There are a few bills CSB will continue to monitor because of their potential impact. SB 1167/HB 2558 do not have a direct impact on CSB, but the bills could reduce options for clients. The goal of these bills is to keep patients away from clinics that only accept cash for such drugs.

HB 2557 classifies gabapentin as a Schedule V controlled substance, which could impact CSB's MDs and NPs as there are clients who take Gabapentin and some MDs/NPs may likely choose to taper this medication once it is considered a Schedule V controlled substance.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1167</a> <a href="#">HB 2558</a>	Chafin, A Pillion, T	Medicaid recipients; treatment involving opioids or opioid replacements, coverage of health care.	SB 1167 passed the Senate and House; awaiting Governor's action. HB 2558 passed the House and Senate; awaiting Governor's action.
<a href="#">HB 2557</a>	Pillion, T	Drug Control Act; classifies gabapentin as a Schedule V controlled substance.	Passed the House and Senate. Awaiting Governor's action.

### **Behavioral Health**

CSB supports SJ 301, which continues the Joint Subcommittee to Study Mental Health Services in the Commonwealth in the Twenty-First Century for two additional years.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SJ 301</a>	Deeds, R	Joint Subcommittee to Study Mental Health Services in the Commonwealth in the Twenty-First Century	Passed the Senate and House.

### **Local and Regional Jails**

During the 2018 legislative session, bills were considered that would have required CSBs to provide behavioral health care and substance use disorder services in local and regional jails. While the 2018 legislation failed, the issue of improving care in jails was then examined by the Joint Commission on Health Care and the Joint Subcommittee to Study Mental Health Services in the Commonwealth in the 21<sup>st</sup> Century. Legislators on both study commissions endorsed the establishment of standards of care in local and regional jails, to include behavioral health care. The commissions did not specify who would be required to provide the services. During the 2019 session, a variety of bills were introduced to deal with this issue.

CSB has reviewed the bills introduced during this GA session relating to behavioral health care in local and regional jails. It is important that we monitor these bills as there could be resource implications for CSB. For example, HB 1942 creates new standards for mental health treatment in local and regional jails and also requires discharge planning and implementation for inmates with a serious mental illness. An amendment was added to the bill to create a workgroup to analyze the fiscal impact of new standards and requirements. This workgroup will provide a venue to have further discussions about resources necessary to enhance care in jails. This workgroup will include representatives from DBHDS, DMAS and CSBs, among others.

CSB is also monitoring HB 1918 and SB 1598 as they would direct the Board of Corrections to establish minimum standards for health care in local and regional jails. A rejected amended version of these bills would have expanded the

requirement for screening and assessment of individuals committed to the facility to include not just mental health needs, but also developmental and intellectual disability needs.

<b>Bill Number</b>	<b>Bill Sponsor</b>	<b>Bill Title</b>	<b>Bill Status</b>
<a href="#"><u>HB 1942</u></a>	Bell, R	Behavioral health services; exchange of medical and mental health information and records; correctional facilities	Passed the House and Senate.
<a href="#"><u>HB 1918</u></a> <a href="#"><u>SB 1598</u></a>	Stolle, C Dunnavant, S	Corrections, Board of; minimum standards for health care services in local correctional facilities.	Both bills passed the House and Senate.

HB 1933 and SB 1777 will also continue to be monitored by CSB as they may present resource challenges.

<b>Bill Number</b>	<b>Bill Sponsor</b>	<b>Bill Title</b>	<b>Bill Status</b>
<a href="#"><u>HB 1933</u></a>	Hope, P	Prisoners; medical and mental health treatment of those incapable of giving consent.	Passed the House and Senate. Awaiting Governor's action.
<a href="#"><u>SB 1777</u></a>	Saslaw, R	Restrictive housing; data collection by Department of Corrections.	Conference committee as of 02/21/2019.

There were also been positive bills that CSB supports relating to jails and corrections during this year's session (SB 1644; HB 1771; HB 2499).

<b>Bill Number</b>	<b>Bill Sponsor</b>	<b>Bill Title</b>	<b>Bill Status</b>
<a href="#"><u>SB 1644</u></a>	Boysko, J	Health information; sharing between community services boards and jails.	Passed the Senate and House.
<a href="#"><u>HB 1771</u></a>	Mullin, M	Virginia Juvenile Community Crime Control Act; prevention of juvenile crime prior to intake.	Passed the House and Senate. Approved by Governor – effective 07/01/2019.
<a href="#"><u>HB 2499</u></a>	Watts	Corrections, Department of; policies to improve exchange of offender medical information	Passed the House and Senate. Awaiting Governor's action.

### **Law Enforcement Training**

HB 2666 would have had a positive impact on CSB's relationship with law enforcement. CSB was monitoring this bill as there could have been a fiscal impact as a result of increased volume and staffing needs. As more law enforcement are trained about mental health, it is likely that more individuals will be brought into MCRC as this has been the result of Diversion First and CIT training.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">HB 2666</a>	Bell, R	Law enforcement; DCJS to establish training standards and model policies for law enforcement; persons experiencing behavioral health or substance abuse crises	Passed the House. Passed by indefinitely by Senate Courts of Justice.

### **Schools**

There were numerous bills introduced dealing with behavioral health in schools. While these bills do not have a direct impact on CSB as the programmatic and fiscal impact would fall on Fairfax County Public School, they are still of interest to CSB.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1195</a>	Dance, R	School-based health centers; Va's Children's Cabinet to establish joint task force.	Passed the Senate and House. Awaiting Governor's action.
<a href="#">HB 1735</a>	Robinson, R	Student Behavioral Health, Commission on; established, report.	Conference committee as of 02/21/2019.
<a href="#">SB 1608</a>	Dunnavant, S	Virginia Fusion Intelligence Center; school safety mobile application.	Passed the Senate. Left in House Committee on Appropriations.
<a href="#">SB 1258</a>	Dunnavant, S	School boards; personnel behavior analysts.	Passed the Senate. Left in House Committee on Appropriations.
<a href="#">HB 2623</a>	Ransone, M	Public schools; counseling services, parental rights.	Passed the House. Stricken at request of patron in Senate Education and Health.
<a href="#">SB 1440</a>	McClellan	instruction; mental health.	Passed the Senate. Left in House Committee on Appropriations.
<a href="#">SB 1130</a>	Locke, M	School resource officers; training and certification, memoranda of understanding.	Conference committee as of 02/21/2019.

## Courts

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1231</a>	Ebbin, A	Incompetent defendants; capital murder.	Passed the Senate and House.

## ***Specialty Dockets***

The Board of Supervisors took a position of monitor on both SB 1655 and HB 2665.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1655</a> <a href="#">HB 2665</a>	Cosgrove, J Stolle, C	Specialty dockets; report.	Both bills passed the House and Senate and were approved by the Governor.

## **Supportive Housing**

The Board of Supervisors took positions of support on HB 2017/SB 1286. The bills will allow individuals to select permanent supportive housing without first spending a year or more in an Assisted Living Facility. They also increase the number of supportive housing placements using Auxiliary Grants from 60 (approved in 2018) to 90 for the current biennium.

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1286</a> <a href="#">HB 2017</a>	Barker, G Peace, C	Persons with disabilities; auxiliary grants; supportive housing	SB 1286 passed out of Conference Committee with the 90 slots. HB 2017 passed out of Conference Committee with the 90 slots.

## **Hospital Census**

Bill Number	Bill Sponsor	Bill Title	Bill Status
<a href="#">SB 1488</a>	Hanger, Jr., E	State hospital for individuals w/ mental illness; SHHR to examine cause of high census at hospital.	Passed the Senate and House.

## **Other bills of interest**

*The General Assembly will adjourn Saturday, Feb. 23, 2019.*

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*Any revisions that occur prior to adjournment will be applied and an updated version provided at the board meeting*

<b>Bill Number</b>	<b>Bill Sponsor</b>	<b>Bill Title</b>	<b>Bill Status</b>
<a href="#"><u>SB 1693</u></a>	Vogel	Health insurance; coverage for autism spectrum disorder.	Passed the Senate and House.
<a href="#"><u>HB 2577</u></a>	Thomas, Jr., R	Health insurance; coverage for autism spectrum disorder.	Passed the House and Senate.
<a href="#"><u>SB 1485</u></a> <a href="#"><u>HB 2306</u></a>	Hanger, Jr., E Landes	Long-Term Employment Support Services and Extended Employment Services; referral.	SB 1485 passed the Senate and House. Awaiting Governor's action. HB2306 passed the House and Senate.
<a href="#"><u>SB 1595</u></a>	Dunnavant, S	Individualized education programs (IEPs); DOE shall establish guidelines.	Passed the Senate. Left in House Committee on Education.
<a href="#"><u>SB 1685</u></a>	Dunnavant, S	Health insurance; credentialing, mental health professionals.	Passed the Senate and House.
<a href="#"><u>SB 1395</u></a>	Howell, J	Assault and battery against a health care provider; enhanced penalty.	Passed the Senate and House.
<a href="#"><u>SB 1280</u></a>	Barker	Community health worker; VDH to approve one or more entities to certify workers in the Commonwealth.	Passed the Senate. Left in House Appropriations.
<a href="#"><u>SB 1221</u></a>	Chafin, A	Telemedicine services; coverage and practice.	Passed the Senate and House. Awaiting Governor's action.
<a href="#"><u>HB 1998</u></a>	Price, M	HIV or hepatitis B or C viruses; exposure to bodily fluids, infection, expedited testing.	Passed the House and Senate. Approved by Governor.
<a href="#"><u>HB 2560</u></a>	Pillion, T	Protective services; adult abuse, neglect, and exploitation; multidisciplinary teams.	Passed the House and Senate. Awaiting Governor's action.  <i>Fairfax BOS took a position of support.</i>
<a href="#"><u>SB 1224</u></a>	Chafin, A	Local multidisciplinary adult abuse, neglect & exploitation response teams; establishment of teams.	Passed the Senate and House.  <i>Fairfax BOS took a position of support.</i>
<a href="#"><u>HB 2282</u></a>	Filler-Corn, E	Issuance of temporary licenses; individuals engaged in counseling residency.	Passed the House and Senate.
<a href="#"><u>HB 2652</u></a>	Hope, P	Regulation of licensed providers; Bd. of BHDS to require disclosure of certain information.	Passed the House and Senate.
<a href="#"><u>HB 2693</u></a>	Price, M	Qualified mental health professionals; regulations for registration.	Passed the House and Senate. Awaiting Governor's action.
<a href="#"><u>SB 1124</u></a>	Favola, B	Telemedicine; physicians licensed in contiguous jurisdictions.	Incorporated into SB 1221 (Chafin).

<a href="#"><u>SB 1221</u></a>	Chafin, A	Telemedicine services; coverage and practice.	Passed the Senate and House. Awaiting Governor's action.
<a href="#"><u>HB 1970</u></a>	Kilgore, T	Telemedicine services; payment and coverage of services.	Passed the House and Senate. Awaiting Governor's action.
<a href="#"><u>HB 2521</u></a>	Rasoul	Assisted living facilities; staffing during overnight hours.	Passed the House and Senate. Awaiting Governor's action.
<a href="#"><u>HB 2035</u></a>	Price, M	Criminal history record information; screening individuals offered, or have accepted a position related to the provision of services to enrollees in the Medicaid Program or FAMIS Program, or any other program administered by DMAS.	Passed the House and Senate. Awaiting Governor's action.
<a href="#"><u>SB 1072</u></a>	Peake	Training center; definition.	Passed the Senate. Left in House Committee on Appropriations.
<a href="#"><u>SB 1126</u></a>	Lucas, L	Lottery Board; regulation of casino gaming; penalties. Establishes the Problem Gambling Treatment and Support Fund administered by the Commissioner of Behavioral Health and Developmental Services	Conference committee as of 02/13/2019.
<a href="#"><u>SB 1137</u></a>	Favola, B	Death penalty; severe mental illness.	Passed the Senate. Left in House Courts of Justice.
<a href="#"><u>SB 1004</u></a>	Chase, A	Health care services; payment estimates.	Conference committee as of 02/21/2019.
<a href="#"><u>HB 2528</u></a>	Hugo	Felony homicide; certain drug offenses; penalty.	Passed the House and Senate. <i>Fairfax BOS took a position of support.</i>
<a href="#"><u>SB 1129</u></a>	Locke, M	Food stamps and TANF; eligibility, drug-related felonies.	Passed the Senate. Left in House Courts of Justice. <i>Fairfax BOS took a position of support.</i>

## **Behavioral Health Oversight Committee Meeting Minutes**

**Date:** January 9, 2019

**Location:** Merrifield Center, First Floor, Room 1-308 A/B, West

**Committee Members Present:** Chair, Gary Ambrose; CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr; CSB Board Chair, Suzette Kern and CSB Board Member Diane Tuininga

**CSB Board Members Absent:** CSB Board Member Daria Akers; and CSB Board Member Adrienne Walters

**Associate Members Present:** Terry Atkinson, Gartlan Advisory Board; Lauren Goldschmidt, ServiceSource; Lauren Padgett, PRS, Inc.; Joe Pettit and Bill Taylor, Concerned Fairfax; Lisa Jackson-Wardlaw, Community Residences

**Staff:** Lucy Caldwell, Communications Director; Marissa Farina-Morse, Service Director, Diversion First; Evan Jones, Director Employment and Day; Abbey May, Service Director Emergency and Acute Services; Jean Post, Northern Virginia Regional Projects Office; and Lyn Tomlinson, Deputy Dir. Clinical Services

**Guest(s):** Lisa Potter, Director Office of Strategy Management

<b>Topic</b>	<b>Action</b>	<b>Responsible Party</b>	<b>Due Date</b>
Meeting Call to Order	Meeting was called to order at 5:03 p.m.	Gary Ambrose	
Opening Remarks Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Meeting Minutes	Draft minutes of the December 5, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and Concerns	Gary Ambrose opened the floor to Associate Members, information provided included the following: <ul style="list-style-type: none"><li>• Bill Taylor reported recent collaborative efforts with the Affordable Housing Resources Panel confirming they have a goal of dramatically increasing available affordable housing over the next 10 years. The need to advocate for the housing needs of citizens receiving CSB services was highlighted, remarking that they are typically at the lowest end of the income scale.</li><li>• Lisa Jackson-Wardlaw reported recently visiting the Merrifield Crisis Response Center (MCRC) and Fairfax CSB Emergency Services to present information on their CARE Crisis Stabilization Unit programming, reporting that the program at Community Residences was currently full, confirming</li></ul>	Associate Members	

## ***Behavioral Health Oversight Committee Meeting Minutes***

Topic	Action	Responsible Party	Due Date
	<p>they are 95% staffed. It was further reported that they would be advertising for a peer support specialist within the next month.</p> <ul style="list-style-type: none"> <li>● Lauren Padgett reported two recent events at the Fairfax Recovery Academy including an Open House attended by CSB staff and directors as well as other referral sources where clients provided some personal testimony and provided a client-prepared dinner. The second event, Registration Week, and was attended by volunteers who presented recovery and social skills.</li> <li>● Lauren Goldschmidt, provided an update to recent ServiceSource activities including <ul style="list-style-type: none"> <li>○ ServiceSource, in partnership with Department of Rehabilitative Services, (DARS) is launching Day Support services in South Springfield in an effort to with centralize programs.</li> <li>○ Pre-Planned Transition Services “Finding Your Futures” is a program for High School students with disabilities in anticipation of graduation. Currently provided in Prince William, Fairfax, and Arlington Counties, as well as the City of Alexandria, expansion of the program is planned for February 2019 in Oakton, Herndon, and Alexandria. Additional programming anticipated to be available soon, is 1:1 on the job training for work-based learning experiences.</li> <li>○ A recently awarded Virginia Department of Social Services (VDSS) grant provides funding for individuals who have Temporary Assistance for Needy Families (TANF) or are TANF eligible. TANF is for families considered low income and have at least one dependent child, and provides employment and internship services. More information will be provided as it becomes available.</li> </ul> </li> </ul>		
Matters of the Public	None were presented		
Matters of the Committee	Suzette Kern provided a reminder of the planned CSB Board Ad Hoc Partner Feedback Committee, encouraging attendees to indicate preferred dates among those offered. Ms. Kern emphasized that no CSB staff or Board Members would attend, noting the session is planned for two hours and is preceded with a continental breakfast.		
Staff Presentation:	<p>Distributing an Annual Report summary, Lisa Potter, Abbey May, and Marissa Farina-Morse provided additional information, some highlights of which included:</p> <p>Lisa Potter provided a brief overview of the background of the Diversion First program</p>	Lisa Potter, Marissa Farina-Morse, and Abbey May	

## ***Behavioral Health Oversight Committee Meeting Minutes***

Topic	Action	Responsible Party	Due Date
Diversion First Update	<ul style="list-style-type: none"> <li>• Acknowledging the substantial increase in Stakeholder meeting attendance, Ms. Potter encouraged attendance at the next Diversion First Stakeholder's meeting on Monday, January 28 at 7:00 p.m. at the Government Center, Room 2 &amp; 3, highlighting the value of community and stakeholder input.</li> <li>• Recognizing the continued involvement of Fairfax County Judges in Diversion First efforts, it was emphasized that their involvement has proved key to the success of the program, emphasizing their contributions to the development of several specialty dockets, noting additional information will be provided later in the presentation.</li> <li>• Reporting that Fairfax follows the Sequential Intercept Model (SIM), Ms. Potter noted that the initial SIM map was developed in 2011. Acknowledging the tremendous changes since the initial map was developed, plans are underway to update the map to better reflect current efforts and accomplishments in Fairfax County.</li> <li>• Attendees were encouraged to view the Diversion First website, noting abundant information is available, including previous reports and meeting information.</li> </ul> <p>Abbey May provided an overview of Emergency Services and activities at the MCRC (Merrifield Crisis Response Center) over the past year, including:</p> <ul style="list-style-type: none"> <li>• Increased law enforcement coverage to 24/7 and the addition of more CIT (Crisis Intervention Team) training classes are credited as key to the increase in individuals served at the MCRC and in Emergency Custody Orders (ECOs) processed.</li> <li>• Two new initiatives have been launched: <ul style="list-style-type: none"> <li>○ A co-responder model pilot was launched in November 2018. The Crisis Response Team (CRT) is a partnership of multiple services including the CSB, Law Enforcement, and Fire &amp; Rescue that identify and address 'super-utilizers' of public safety services (911). Proactive outreach instead of crisis response is applied, with a goal of engaging the individual with services. Data is being collected and will be provided in future updates once available. Noting collaboration of services is key to the success of this model, recent efforts include outreach with Inova (emergency room) to identify super-utilizers who may be bypassing public safety contact, reaching out directly to the emergency room for services, resulting in an overlap of resources. Currently operating one-day per week, there is a goal of expanding operations to 5-days per week in Summer 2019.</li> <li>○ Efforts to implement Medical Clearance at the MCRC, alleviating the need to transport individuals eligible for Diversion First services to an alternate location, are ongoing. Recent</li> </ul> </li> </ul>		

## ***Behavioral Health Oversight Committee Meeting Minutes***

Topic	Action	Responsible Party	Due Date
	<p>collaborative efforts with Inova have slowed. However, it was noted that staffing efforts with Inova are continuing. It was further noted that this program may launch as early as Spring 2019.</p> <p>Marissa Farina-Morse reported on significant accomplishments with jail-based services.</p> <ul style="list-style-type: none"> <li>● Noting the active involvement of the CSB, Ms. Farina-Morse provided an update of several specialty courts, including: <ul style="list-style-type: none"> <li>○ <i>Drug Court</i>; launched in November 2018 in collaboration with the Circuit Court. Designed with an annual capacity of 25 individuals, eligible individuals have received a felony probation violation charge related to substance use and are required to sign a contract agreeing to participate in mandatory drug treatment as ordered by the court. Participants include CSB Drug Court Coordinator, Probation staff, Commonwealth Attorney, Public Defender, Judge.</li> <li>○ <i>Supervised Release Docket</i>, launched in August 2018, pre-trial services officers determine eligibility. CSB staff attend to offer timely treatment information and a clinical context to the proceedings as needed. Participants include CSB staff with Jail Based and Jail Diversion services including a Peer Support Specialist.</li> <li>○ <i>Mental Health Docket</i>; pending submission to the State Supreme Court. Individuals appearing on this docket will also be required to sign a contract agreeing to participate in court-identified treatment.</li> <li>○ <i>Veteran's Treatment Docket</i>; already established and currently serving 14 individuals with four pending, there is a capacity of 25. The Juvenile Domestic Relations Court recently submitted an application to participate with this docket that is anticipated to increase participation to capacity soon.</li> </ul> </li> <li>● Updates to the ADC (Adult Detention Center) included the following: <ul style="list-style-type: none"> <li>○ In partnership with the Sheriff's Office, the Addiction Recovery Unit was launched November 1, 2018. This is a peer-led therapeutic community model that is currently serving 10 males. Some drop-in clinical support is provided by CSB jail-based staff.</li> <li>○ GMU (George Mason University), District #29 Probation and Parole, and the CSB have entered the initial planning phases of a collaboration that will align a Peer Navigator to work with individuals on probation through linking them to community resources. George Mason has already begun this collaboration in Prince William County.</li> </ul> </li> </ul>		

## ***Behavioral Health Oversight Committee Meeting Minutes***

Topic	Action	Responsible Party	Due Date
	<ul style="list-style-type: none"> <li>• The CSB and the Northern Virginia Mental Health Institute (NVMHI) entered into a pilot program in the Summer of 2018 providing psychiatric hospital beds to incarcerated individuals in an effort to avoid the very lengthy transport from the ADC to either Western or Central State Hospitals.</li> <li>• Monthly Mental Health First Aid training is now being offered to inmates at the ADC.</li> <li>• Super Utilizer Telephone Screening: <ul style="list-style-type: none"> <li>○ Super Utilizers of Jail Based services, Emergency Services, and ECOs/TDOs (Emergency Custody Orders/Temporary Detention Orders) are identified through data collection, following which, their Primary Case Manager is notified.</li> <li>○ Recognizing the challenge in attending face-to-face meetings in a large County, a Super Utilizer telephone staffing process was established in February 2018 to provide an alternate opportunity for staff in the involved areas to collaborate and develop ideas and solutions to assist the identified individuals.</li> </ul> </li> </ul> <p>Lisa Potter summarized the presentation noted the many initiatives and pilots implemented and developed since launching Diversion First. It was reported that a primary focus for Diversion First in 2019 will be on re-entry further noting the first step is the collaboration with GMU and Probation discussed earlier.</p>		
Staff Reports	<p>Lyn Tomlinson provided highlights of recent activities, including:</p> <ul style="list-style-type: none"> <li>• Significant hiring includes: <ul style="list-style-type: none"> <li>○ Eileen Bryceland; Director, Behavioral Health Outpatient</li> <li>○ Michael T. Lane; Director, Individual and Family Affairs, effective February 4, 2019</li> <li>○ Linda Mount; Director, Analytics and Evaluation</li> </ul> </li> <li>• Ms. Tomlinson provided an overview of the significant priorities for 2019. These include: <ul style="list-style-type: none"> <li>○ Recruitment and Retention; offering a reminder that this is a statewide concern, this will remain a primary focus. The Department of Behavioral Health and Developmental Services (DBHDS) is addressing this concern with the development of a statewide workgroup.</li> <li>○ Primary Healthcare Screening; recognizing the impact of co-occurring behavioral and primary health concerns, primary healthcare screening related to health integration will be an ongoing effort.</li> </ul> </li> <li>• Ms. Tomlinson acknowledged CSB Board members who provided testimony before the legislative session of the General Assembly, Suzette Kern, Bettina Lawton, Edward Rose, and Diane Tuininga.</li> </ul>		

## ***Behavioral Health Oversight Committee Meeting Minutes***

Topic	Action	Responsible Party	Due Date
	<ul style="list-style-type: none"> <li>• Steve Mutty, Director with Volunteer Fairfax attended a meeting with Ms. Tomlinson, Barbara Wadley-Young, and Georgia Bachman to discuss volunteer opportunities for clients receiving behavioral health and/or developmental disabilities services. Further updates will be provided as developments occur.</li> </ul> <p>Lucy Caldwell provided several updates including:</p> <ul style="list-style-type: none"> <li>○ The BeWell program is hosting a hands-on, free community workshop that will focus on how food, exercise, and sleep affect one's health, mood and behavior "Mood, food, and behavior" is Thursday, January 31 from 5:00 p.m. – 7:00 p.m. at the Merrifield Center.</li> <li>○ Lyn Tomlinson, acknowledging some additional funding had been awarded, confirmed that the funding grant for the BeWell program is expiring. Efforts to locate and develop continued funding for the program are ongoing.</li> <li>○ Evan Jones further noted that</li> </ul> <p>Gary Ambrose encouraged Associate Members to please contact Erin Bloom to reserve a presentation slot at future BHOC meetings.</p> <p><b>The next BHOC meeting is Wednesday, February 13, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</b></p>		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:08 p.m.	Gary Ambrose, Chair	

February 13, 2019

Date Approved

Prepared by Erin Bloom



Fairfax-Falls Church Community Services Board  
Developmental Disabilities Committee  
December 5, 2018

The Developmental Disabilities Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

Committee Members in Attendance: Sheila Coplan Jonas, Co-Chair; Thomas Burger, CSB Board Member; Rachna Sizemore Heizer, Board Member; Suzette Kern, CSB Board Chair; and Nancy Scott, Board Member

Committee Members absent: Daria Akers, Board Member; Jane Woods, Co-Chair

Associate Members in Attendance: The Arc of No. VA, Rikki Epstein; Community Concepts, Donald E. Jones and Jakuta Williams; Community Concepts, Inc. (CCI) Susan Keenan; Cri, Arthur M. Ginsburg and Julie Dwyer-Allen; Hartwood Foundation, Inc., Sean McGinnis; ECHO, Zanelle Nichols and Paul Donohue; Job Discovery, Inc., Pat Vinson; Lutheran Family Services, Andrew Miller; MVLE, April Pinch-Keeler, Kenan Aden, Joanne Orchant Aceto, and Ashley Welch; Pathway Homes, Anita Robinson; ServiceSource, Jan Williams;

Staff in Attendance: Evan Jones, Victor Mealy, Joseph Rajnic, Denise Sequeira, and Lyn Tomlinson

Guests in Attendance: Sharon Denisar, Fairfax County Public Schools (FCPS);

**1. Meeting Called to Order**

Sheila Jonas convened the meeting at 5:30 p.m. following the 30-minute legislative talking points briefing, provided at the beginning of the Behavioral Health Oversight Committee meeting.

**2. Approval of the Agenda and Minutes**

As no changes to the December 5, 2018 agenda were recommended, Sheila Jones made a motion to accept the agenda as presented, which was unanimously endorsed.

Draft minutes of the October 3<sup>rd</sup> Developmental Disabilities Committee meeting were presented for Committee review. As no revisions were recommended, Nancy Scott made a motion to accept the notes as presented, which seconded and passed.

**3. Matters of the Public**

None were presented.

**4. Matters of the Committee**

None were presented.

## 5. Staff and Agency Updates

Evan Jones, noting the absence of Barbara Wadley-Young, provided some highlights of recent activities, including:

- The Welcoming Inclusion Network (WIN) recommendations for future funding of Employment & Day Services are undergoing final refinements in preparation for presentation to the Human Services Committee Tuesday December 11, 2018 at 1:30 p.m. The meeting will be broadcast and archived on Fairfax County's public channel # 16.
- The Inclusion and the Communication subcommittees of the WIN Stakeholders Group, have scheduled a joint meeting for December 6, 2018 at 6:30 p.m. at the ServiceSource offices at 10467 White Granite Drive, Oakton, VA.
- The Disability Services Board awarded the Martha Glennon Disability Inclusion and Equality Award to April Pinch-Keeler with MVLE. The ceremony will be held December 10<sup>th</sup> in the Government Center.
- Celebrating the American with Disabilities Act in honor of President George H. W. Bush—Peggy Fox, reporter with channel 9 (WUSA) visited SPARC (Specially Adapted Resource Club) at the Mclean Firehouse. Among those interviewed were founders Katherine Montgomery and Donna Goldbranson, as well as Maureen Shields and other SPARC members. Those interested may view the video on the WUSA website
- Budget efforts, in collaboration with Department of Management and Budget (DMB), are ongoing.

Joe Rajnic, Acting Service Director, provided a great deal of data pertaining to the individual's currently receiving services in directly operated and contract residential locations including:

- *Assisted Living Facility*; Stevenson Place, **37 individuals**
- *Intermediate Care Facility*; Community Living Alternatives (CLA) and Cri (previously Community Residences), **35 individuals**
- *Group Homes*; Community Systems Inc. (CSI), Community Living Alternatives (CLA), Hartwood, Langley, and Gabriel House, **182, including 44 CSB Directly Operated**
- *Supervised Apartments*; Benedictine, CSI, Langley, Gabriel House, and Hartwood, **94 individuals served**
- *Waiver Status:*
  - Group Homes: Waiver 84% Non-Waiver 16%
  - Supervised Residential: Waiver 44% Non- Waiver 56%
  - Drop In: Waiver 35% Non-Waiver 65%
  - **TOTAL:** **Waiver 61% Non-Waiver 39%**

Victor Mealy provided an update to Support Coordination Services, including statistical data, some highlights of which included:

- *Fairfax Wait list numbers:*
  - Priority 1: 565

- Priority 2: 1,200
  - Priority 3: 521
- The *October 2018 state-wide Medicaid Waiver waitlist* included 12,994 individuals, including 2,292 *Fairfax County* residents.
- Fairfax received 77 FY slots, 18 Community Living, and 59 Family and Individual Supports
- There are 395 individuals in the eligibility/determination process.
- The Waiver Slot Assignment Committee (WSAC) met for six days in November and reviewed 221 referrals for slots, 90 slots were allocated. Staff has begun working with families to initiate services.
- After continued delays, Department of Behavioral Health and Developmental Services (DBHDS) has stated that all promised outstanding technical supports/guides for case management will be delivered by December 31, 2018. These documents are crucial in helping the CSB's meet the Department of Justice Settlement Agreement (DOJSA) requirements.

## **6. Associate Member Presentations**

Sheila Jonas introduced the assigned speakers:

1. *Community Concepts, Inc.*; Donald E. Jones and Jakuta Williams, provided an overview of the services provided including day programs in the home and community, 24-hour Crisis Support, Crisis Stabilization, Behavioral support and Skilled Nursing. It was highlighted that some of the individuals served participate in Charming Concepts, an artistic community that provides an opportunity for the individuals to engage in jewelry making that may be sold in the on-site retail store.
2. *Cri*; Julie Dwyer-Allen and Arthur Ginsburg provided details of the services and amenities provided including Supported In-Home, Skilled Nursing, intermediate Care Facilities (five in Fairfax County), Newbrook Day and Newbrook Integrated Community Support, Behavioral Health Modification, and several transitional apartments. Additionally, Cri is opening four group homes to serve individuals discharging from state hospitals and training centers who have significant behavioral health and developmental disabilities challenges. The first home is anticipated to open in Spring 2019.
3. *ECHO*; Zanelle Nichols and Paul Donohue provided an overview of the support services provided to adults with disabilities. Services include training in life and vocational skills, job placement, day support and transportation. Highlighting varied partnerships, Group supported Employment is also provided. ECHO hosts two annual events for fundraising including a Tennis classic, typically in May or June, and the Tour de ECHO, typically in September.
4. *MVLE*; April Pinch-Keeler, Kenan Aden, Ashley Welch, and Joanne Orchant Aceto provided agency history and details of services offered, including: Supported and Individual Supported Employment (ISE), employment skills, and development of innovative programs to broaden employment options. It was further reported that MVLE has partnered with the Fedcap Group; described as a non-profit international

organization that develops innovative solutions, creating opportunities for people with barriers to economic well-being through partnerships.

All presenters enthusiastically confirmed scheduling tours of their facilities and programs for interested CSB Board members.

There being no further business to come before the Committee, the meeting was adjourned at 6:49 p.m.

Actions Taken –

- The October 3, 2018 DD Committee meeting minutes were approved as presented.

February 6, 2019

Date Approved



Lois Beaman  
Clerk to the Board

# CSB Fiscal Committee Meeting Minutes

**Date:** January 18, 2019

**Attending:** Chair, Basilio 'Sonny' Cachuela, Jr.; Jennifer Adeli; Ken Garnes; Suzette Kern, Bettina Lawton, and Edward Rose

**Absent:** Gary Ambrose;

**Staff:** Mike Goodrich; Lyn Tomlinson; Daryl Washington; Jessica Burris; Marta Cruz; and Robyn Fontaine

## **Summary of Information Shared/Decisions:**

Captain Basilio 'Sonny' Cachuela Jr. called the meeting to order at 9:00 a.m.

### Review of meeting minutes

The December 14, 2018 meeting minutes were presented for review. Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.

### Financial Status

Robyn Fontaine provided an overview of the Pay Period Metrics Report for pay period #26. Ms. Fontaine highlighted an approximate \$100K payroll increase, primarily attributed to holiday pay, i.e. staff working in 24/7 facilities/shift differential, and overtime, noting this was impacted by an increase in vacant positions.

Ms. Fontaine, reviewing the FY 2019 Fiscal Notes provided an overview of the procedures used in revising the projections. Additionally, Ms. Fontaine highlighted that net changes are identified by the Quarter in which the change occurred.

Referring to the Modified Fund Statement included in the materials, an overview of the data was provided, some highlights of which are:

- Compensation and Fringe Benefits projections for the remainder of FY 2019 are reduced by approximately \$100K, some factors of which are the Fringe Benefits rate changes effective January 1<sup>st</sup> and current position vacancy status.
- A reminder was offered that projected revenue is impacted by back billing from FY 2018, with ongoing efforts to identify and track revenue related to this back billing, and separately, for Medicaid Expansion.
- The increase to the Operating projection is attributed to the closure of the Springfield location and some increased grant funding.
- Daryl Washington reported receiving recent clarification related to state funding for primary care screening, reporting the award for FY 2019 is a prorated amount of \$200k; the full \$400K will be awarded in FY 2020.
- Following discussion of how positive and negative balances in expenses and revenue will be formatted it was decided to place a permanent footnote on the Modified Fund Statement that clarifies this data.
- Noting an approximately \$1.5M shortfall in Total Revenue, Mr. Washington clarified that this is primarily attributed to 35 revenue producing vacancies that, once full, will meet and possibly exceed projected Total Revenue.

### Administrative Operations Report

Mike Goodrich provided an overview of Administrative Operations, including the following:

- *FY 2019 Third Quarter Review Submission*; a timeline for the budget process was provided, confirming that the Mid-year review is scheduled for mid-February, followed by the 3<sup>rd</sup> Quarter

# CSB Fiscal Committee Meeting Minutes

Review in early March. Presentation for approval to the Board of Supervisors is at the end of March, noting that any adjustment to the appropriation levels will occur following BOS approval. Mr. Goodrich confirmed that further updates will be provided as information becomes available.

- *FY 2020 Budget Update*; also provided was the timeline for the FY 2020 Proposed Budget:
  - February 19, 2019; the County Executive will present the proposed FY 2020 Budget to the BOS,
  - March 5, 2019; the proposed tax rate will be advertised,
  - April 9 – 11, 2019; the Public Budget Hearings, including CSB Board member testimony, and
  - May 7, 2019 the FY 2020 budget will be adopted.

## Human Resources (HR) Update

Marta Cruz, reported that as of January 5, 2019, there were 137 Vacant General Merit Positions. Referring to the Vacancies in Critical Areas table, some recruitment details were provided, including:

- Support Coordination: Within the last week, eleven offers had been made and accepted.
- Compliance and Risk Management: two offers had been made and declined, due to salary. These positions are being re-posted.
- Efforts to hire a Recruiter are ongoing, noting that second-round interviews are being scheduled.
- Noting the similar and ongoing numbers of vacant positions in some areas, as reminder was offered that filling positions through promotional hiring results in continued vacancies of similar numbers. It was further noted that hiring typically slows in December and January due to the holidays.

## Clinical Operations Report

Lyn Tomlinson provided updates to Diversion First and Time to Treatment, highlights include:

- Diversion First
  - There are now five Crisis Intervention Specialists.
  - A Behavioral Health Counselor is working as a bed-finder, noting there are plans to add two, non-merit, Behavioral Health Specialists I to assist in this capacity.
  - The Crisis Response Team (CRT) has expanded days of operation to twice weekly, up from one-day initially. Data collection related to the impact to public safety and CSB services has been initiated and is ongoing.
  - Inova recently shared that they have completed edits to the medical clearance contract, further noting that they have placed recruitment ads.
  - CIT (Crisis Intervention Team) training has expanded from eight classes to 10. There is interest in further expansion, noting adequate resources remain a challenge.
  - Offering a reminder that Michael T. Lane starts February 4<sup>th</sup> as Director of Individual and Family Affairs, and reporting a gap in peer supported youth services, Ms. Tomlinson noted initial efforts will include resumption of a peer-supported Youth Recovery group.
  - Referring to the HR Update provided earlier in the meeting, it was confirmed that there are no vacancies in Jail Diversion staff. However, there are still vacancies in Jail-Based staff.
  - Members were encouraged to attend the next Diversion First Stakeholders meeting that is scheduled for Monday, January 28, 2019.
- Time to Treatment

# CSB Fiscal Committee Meeting Minutes

Reporting overall improvement in wait times, concern remains high at the continuing wait of more than 10 days. Efforts to address this concern include:

- Approval of overtime hours to interested staff,
- Solicitation of retired staff and soon-to-retire staff to accept exempt positions post-retirement. This is done in coordination with Dr. Hand as medication services are a factor.
- Acknowledging these are short-term, unsustainable solutions, development of long-term solutions will be included with streamlining clinical and business efficiencies.

Daryl Washington reported that Jerome Newsome and Linda Mount serve on the Data Management Committee, a monthly meeting of CSB representatives and the Department of Behavioral Health and Developmental Services (DBHDS) collaborating on data collection from each CSB that is then provided to DBHDS.

Members and staff engaged in very robust discussion. Mr. Washington emphasized that the longer wait times are greatly impacted by staff vacancies.

Noting no further discussion was forthcoming, the meeting was adjourned at 10:00 a.m.

## Action Items/Responsible Party Required Prior to Next Meeting:

## Issues to Communicate to CSB Board:

## Agenda Items for Next Meeting:

### Fiscal Oversight Committee meeting

Friday, February 15, 2019, 9:00 am.  
Pennino Building,  
12011 Government Center Parkway, Suite 836A,  
Fairfax, VA

February 15, 2019

Date Approved



Staff to the Board