1. **Meeting Called to Order**  
   Bettina Lawton  
   5:00 p.m.

2. **Matters of the Public**  
   Bettina Lawton

3. **Amendments to the Meeting Agenda**  
   Bettina Lawton

4. **County Budget Update**  
   Joe Mondoro

5. **Approval of the Feb. 13, 2019 CSB Board Special Meeting and the Feb. 27, 2019 CSB Board Meeting Draft Minutes**  
   Bettina Lawton

6. **Staff Presentations**  
   A. Emergency Services  
   Abbey May

7. **Director’s Report**  
   Lyn Tomlinson  
   Mike Goodrich

8. **Matters of the Board**

9. **Committee Reports**  
   A. Behavioral Health Oversight Committee  
   Gary Ambrose  
   Bettina Lawton  
   B. Compliance Committee  
   Bettina Lawton  
   C. Developmental Disabilities Committee  
   Sheila Jonas/Jane Woods  
   D. Fiscal Oversight Committee  
   Captain Basilio ‘Sonny’ Cachuela, Jr.  
   E. Other Reports  
   - Testimony, HS Council, April 2019  
   - Ad Hoc Partner Feedback Cmte  
   - 2019 Legislative Session Feedback  
   Ken Garnes

10. **Action Item**  
    A. Adult Drug Court Discretionary Grant Application Request (Veterans Treatment Court, Type A, Enhancement Grant)  
    Marissa Farina-Morse

11. **Closed Session: Consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel, as permitted by Virginia Code Section 2.2-3711(A)(8).**

12. **Adjournment**

Fairfax County is committed to a policy of nondiscrimination in all county programs, services and activities and will provide reasonable accommodations upon request. Call 703-324-7000 or TTY 711 to request special accommodations. Please allow seven working days in advance of the event to allow adequate time to make the necessary arrangements. These services are available at no charge to the individual.
The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Basilio ‘Sonny’ Cachuela, Jr.; Sheila Coplan Jonas; Bettina Lawton; Edward Rose; Nancy Scott; and Diane Tuininga.

The following CSB Board members were absent: Daria Akers; Gary Ambrose; Thomas Burger; Ken Garnes; Rachna Sizemore-Heizer; and Jane Woods

The following CSB staff was present: Daryl Washington; Georgia Bachman; Jessica Burris; Lucy Caldwell; Cynthia Evans; Mike Goodrich; Cynthia Tianti; and Lyn Tomlinson

Guests: Meeting Called to Order

Suzette Kern called the meeting to order at 5:01 p.m.

1. Matters of the Public
   None were presented.

2. Amendments to the Meeting Agenda
   The meeting agenda was provided for review. Acknowledging no further revision recommendations, the agenda was accepted as revised.

3. Approval of the Minutes
   Draft minutes of the January 23, 2019 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Diane Tuininga made a motion for approval, which was seconded and passed.

4. Staff Presentations
   A. Welcoming Inclusion Network (WIN) Presentation
      Barbara Wadley-Young provided a brief overview of the background of the WIN Initiative. In April 2018, the Board of Supervisors (BOS) directed WIN to identify specific service options to support equitable and sustainable employment and day services. The identified options included Retirement, Inclusive Hiring, Training, and Self-Directed Services (SDS) -Expanded and -Transfers, confirming that DMB (Department of Management and Budget) was regularly consulted to identify the costs associated with each option and tier. Daryl Washington confirmed that the cost savings listed in the materials, reflected a cost avoidance to the CSB, not to related programs. The recommended option/tier combinations presented to the BOS included 1) Retirement-Silver tier, 2) Training-Bronze tier, 3) SDS-Transfers, Silver tier, and 4) Inclusive Hiring, Silver tier. The plan for phased implementation considers cost,
savings, staffing needs, available resources, and other impactful concerns. Suzette Kern requested that the BOS be kept informed throughout and following implementation, further requesting that the updates include notice that savings for the retirement option are likely to be significantly less than what had been briefed to the Health and Human Services (HHS) Committee. Ms. Kern further requested that the briefings should be scheduled regularly to ensure that the BOS remains fully informed.

A brief overview of the Feb. 25, 2019 WIN meeting was provided, noting that a follow-up meeting is scheduled for March 18th. Subsequent to the March meeting, a survey will be sent out requesting input from the broader community. Ongoing updates will be provided to CSB Executive Staff and at the Developmental Disabilities Committee meetings. Board members and staff engaged in robust dialog.

B. Residential Services and Opioids

Peggy Cook provided an overview of the Power point presentation detailing the Residential Treatment and Detoxification services provided at each facility. Noting that each slide illustrates a location and the services provided, Ms. Cook provided some additional details.

- It was noted that the Fairfax Detoxification Center, A New Beginning, and Cornerstones are co-located at the Tim Harmon Complex.
- A New Direction provides services to individuals discharging from A New Beginning and transitioning into the community.
- Crossroads is the largest program, the Intensive Residential and the Supervised Residential Re-entry programs are located in the same facility. The typical length of stay for the Intensive Residential program is 4.5-6 months, based on progression. Individuals served in the Re-entry program are referred from the Crossroads Intensive Residential program. Outcome surveys are conducted post-discharge at 3 three months and one year.
- The majority of referrals to Cornerstones are received from hospitals and the jail, with the largest number of recent referrals from the Jail Diversion program. Peer Support services are integral to the success of treatment provided in this program. This program provides a very slow transition to the community, supported by Cornerstones Apartment housing and day program services. Further transition is typically into Permanent Supported Housing to provide significant long term supports.
- The Residential Admissions Unit has 3 full time staff that usually carry a caseload of 120-130 individuals.
- Tina Kavarligos, Program Manager for A New Beginning and Melissa Anderson, Program Director for Cornerstones provided some additional details of their respective programs.

Board members were encouraged to arrange a tour of the Tim Harmon Complex.

5. Director’s Report

Executive staff provided several agency updates, some highlights of which are listed below:

Mike Goodrich provided an overview of the advertised FY 2020 budget materials provided in the meeting. Directing attention to the Fund 40040 Fairfax-Falls Church Community
Mr. Goodrich highlighted the FY 2020 total expenditures and authorized positions. The contributions of the Cities of Fairfax and Falls Church were noted as well as the increase in County support of approximately $10.5M. Providing an overview of the details of the requested increase, it was clarified that the approximately $2.4M for the Special Educations Graduates is an increase to the fund base, not a one-time increase. Daryl Washington provided some additional details reporting that funds have been provided for Healthy Minds, for expansion of the Lewinsville Adult Day Health Care Center to provide additional staff, and in the CIP (Capital Improvement Program) earmarked for 2024 are funds to build an adult center in Springfield. Suzette Kern, noting that the CSB Board typically testifies during the Budget Public Hearings, asked that staff begin to develop talking points for the April Hearings.

Elizabeth McCartney provided an overview of the 2019 Virginia General Assembly Session Review confirming the information provided was updated to include changes that occurred between the initial release of the meeting materials and adjournment of the General Assembly. Highlighting the information related to DD Waivers/Services and the Miller House located in Falls Church, Daryl Washington provided some background noting that this decision supports a prior agreement for the CSB to give citizens of Falls Church priority status at this facility. It was noted that a large number of bills related to CSBs, behavioral health and jail services were included in this session and may be found in the tables on the remaining pages. Mr. Washington, referring to the $200K (added to the fund base) approved for the PACT Team program, attributed this to the tremendous support and advocacy of the CSB Board.

Daryl Washington provided further updates, a summary of which is recorded below:

- Related to a regional grant (Prevention) CSB awarded multiple anti-stigma mini grants to students at schools in Fairfax County and the Cities of Fairfax and Falls Church that address mental health awareness and suicide prevention.
- The CSB is working to launch a new pilot program that increases access to mental health services and provides training for pediatricians in mental health care and prescribing for youth including telephone consultation with Psychiatric Nurse Practitioners and Psychiatrists.
- Offering a reminder of the County Strategic Plan, BAC (Boards, Authorities, and Commissions) feedback meeting on March 7, 2019 at 7:00 p.m. attending members were solicited for volunteers to attend the meeting. Volunteer Board Members are Jennifer Adeli and Diane Tuininga. Prior CSB reporting documents will be forwarded to the volunteer members to assist with testimony. All Board members were encouraged to complete the County/Strategic Plan survey, if they had not already done so.
- Board members were further encouraged to attend the CSB Spirit of Excellence Awards, April 4, 2019 in the Government Center Auditorium at 9:00 a.m. preceded by a reception at 8:30 a.m. in the Atrium.
- The first Veteran’s Treatment Docket graduation ceremony is scheduled for Thursday, February 28, 2019 at 2:00 p.m. in Courtroom 1E.
- A Fairfax County budget update will be provided at the March 2019 CSB Board meeting by Fairfax County Chief Financial Officer, Joe Mondoro.
Referring to efforts to finalize third-party billing procedures, Mr. Washington provided an overview of efforts to date, confirming an addendum has been signed with Credible allowing for bi-directional information sharing, the one-time cost for which was $22,500. Offering a reminder of the options for communicating billing data, it was determined that the web solution offered a less complex and less timely implementation period. Mike Goodrich clarified that third-party billing is anticipated to begin in early May 2019, following an implementation and testing period. Suzette Kern requested regular and ongoing updates at the Compliance Committee, noting intense Board scrutiny.

Linda Mount provided an overview of the Heatmaps provided in the meeting materials, noting updated copies had been added to the packet. It was clarified that the data point for the number of individuals located in the upper right corner of each map indicates where the individual resides, not where the individual was served. The Second Quarter Status Report (Dashboard) was distributed and reviewed. It was clarified that Medicaid Expansion, effective January 1, 2019, will begin to impact the data in the 3rd Quarter of 2019. Mike Goodrich confirmed that 268 individuals are enrolled with a total of 501 applications processed as of the date of this meeting. Following the review, Suzette Kern requested some revisions to the Notes section asking to add Medicaid Expansion and to please note when a significant change in data occurs so that a verbal explanation is not required when sharing the Report.

Lyn Tomlinson provided clarification to information provided by Louella Meachem in a January service area presentation, noting that the percentage was an overall ratio of Time to Treatment wait times, it did not refer to the wait time of ‘within 10 days’ attributed to increased need for psychiatric services.

Michael T. Lane, new Director of Individual and Family Affairs was introduced and welcomed.

6. Matters of the Board.

Edward Rose and Diane Tuininga thanked Daryl Washington and CSB senior leadership staff who recently met with the City Councils for the cities of Falls Church and Fairfax.

Suzette Kern presented prepared remarks on behalf of the absent Daria Akers, regarding the Robinson Rams Special Olympics team participating in the half-time show at the GMU vs. Richmond game directly following this meeting, Wednesday February 27th at 7:00 pm!!! Noting it is a great example of support of inclusion by our local community.”

Ms. Kern provided an update to the recent discussions regarding information dissemination and statutory responsibilities. Reporting a meeting earlier today, attendants included CSB Board Vice Chair Bettina Lawton, BOS Chairman Sharon Bulova, Braddock District Supervisor John Cook, County Executive Bryan Hill, Deputy County Executive Tisha Deeghan, and County Attorney Beth Teare.

For operational issues, it is not critical for the Board of Supervisors to be briefed in advance of the CSB Board.
• For sensitive issues where the County Attorney has specifically deemed that the BOS must be briefed first, notification to the CSB Board should be made almost immediately afterwards or simultaneously if possible.
• The DCE will advise the CSB Executive Director that he should feel empowered to share all information, as described above, with the CSB Board.

Ms. Kern clarified that following this meeting, Mr. Hill’s attendance at a future CSB Board meeting would be re-considered.

7. Committee Reports
   A. Behavioral Health Oversight Committee (BHOC)
      Diane Tuininga, in the absence of Gary Ambrose, provided highlights of the February meeting, which includes:
      • James Campbell, Director of Community Systems, Inc., provided an agency presentation.
      • Gary Ambrose provided an overview of the Priority Access to CSB Services review process, noting an Ad Hoc Committee was established.
      • Staff updates were provided by Lyn Tomlinson and Mike Goodrich.
      The next BHOC meeting is Wednesday, March 13, 5:00 p.m. at the Merrifield Center, Level 1-Room 408/509, East.

   B. Compliance Committee
      Suzette Kern noted that due to inclement weather, there was no February meeting:
      The next meeting is Wednesday, March 20 at 4:00 p.m. at the Merrifield Center, Level 1 - Room 308 A/B, West.

   C. Developmental Disabilities (DD) Committee
      Sheila Jonas provided an update to the February meeting, some highlights of which included:
      • Three presentations from Associate Member agencies Melwood, Lutheran Family Services, and Work Opportunities Unlimited.
      • Tuesday, March 5, 2019 the Board of Supervisors will declare March 2019 as Developmental Disabilities Awareness month. The proclamation is preceded by a reception at 8:30 in the Government Center Atrium.
      The next meeting is Wednesday, April 3 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.

   B. Fiscal Oversight Committee
      Captain Basilio ‘Sonny’ Cachuela, Jr., provided highlights of the February meeting, some of which included:
      • The Financial Status Review included updates to the Third Quarter Review submission and the Modified Fund Statement.
      • The Human Resources Update included updates to Vacant General Merit positions and Critical Position recruitment and retention efforts.
Captain Cachuela also reported that the first graduation ceremony for the STAR (Striving to Achieve Recovery) program, an addiction recovery program launched in the Adult Detention Center (ADC) was Tuesday, February 19, 2019, reporting the ceremony was well attended. It was further noted that the program is scheduled to be expanded to females in the jail.

The next meeting is Friday, March 15 at 9:00 a.m. at the Pennino Building, Room 836A.

D. Other Reports

Suzette Kern the Human Services Council provided an opportunity for testimony on the Advertised County Budge. Noting this procedure differs from previous years when an opportunity was provided to present oral testimony, there is now a procedure for submitting written testimony. Ms. Kern recommended CSB staff and CSB Board members develop written testimony for submission.

Ms. Kern provided an update to the Ad Hoc Partner Feedback Committee workgroup meetings noting that the facilitator, Kim Gladis, prepared a summary of both meetings that were provided to the attending agencies as well as CSB Executive staff. Copies of the summary were also included in the meeting materials. Board members were encouraged to review the summary in preparation for developing an Ad Hoc Partner Feedback Committee. Volunteer CSB Board Members include Sheila Jonas, Gary Ambrose, Ken Garnes, Diane Tuininga, and Suzette Kern. It was requested to schedule the initial meeting prior to March 30, 2019.

CLOSED SESSION

At 7:22 p.m. a motion was offered, seconded and passed to meet in closed session for consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel on a reimbursement matter, as permitted by Virginia Code Section 2.2-3711(A)(8).

At 7:41 p.m. the Board reconvened the open session at which time a motion was offered, seconded and passed, certifying to the best of the Board's knowledge that only public business matters lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such public business matters identified in the motion to convene a closed meeting, were heard, discussed or considered by the Community Services Board in closed session.

Immediately following, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 7:42 p.m.

Actions Taken--

- The January 23, 2019 CSB Board Meeting minutes were approved as presented.
Fairfax-Falls Church Community Services Board  
February 13, 2019

The Board met in special session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Gary Ambrose; Basilio ‘Sonny’ Cachuela Jr.; Ken Garnes; Sheila Coplan Jonas; Bettina Lawton; and Edward Rose

The following CSB members were absent: Jennifer Adeli; Daria Akers; Thomas Burger; Rachna Sizemore Heizer; Nancy Scott; Diane Tuininga; and Jane Woods

The following CSB staff was present: Daryl Washington and County Attorneys Beth Teare and Cynthia Tianti

1. Meeting Called to Order
   Suzette Kern called the meeting to order at 4:00 p.m.

   Closed Session
   At 4:02 p.m. a motion was offered, seconded and passed to go into Closed Session for Consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel on certain resolutions and agreements and amendments thereto regarding the Fairfax Falls Church Community Services Board, as permitted by Virginia Code Section 2.2-3711(A)(8).

2. Reconvene Open Session
   At 4:45 p.m. the Board reconvened the open session at which time a motion was offered, seconded and passed, that in accordance with Virginia Code Section 2.2-3712, the CSB Board certify that, to the best of each member’s knowledge, only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the Closed Session was convened were heard, discussed, or considered in Closed Session.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 4:46 p.m.

---

Actions Taken--
- Board entered Closed Session
- Board reconvened Open Session

---

Date

Staff to Board as reported by County Attorney

CSB Board Special Meeting Minutes
Page 1 of 1
February 13, 2019

5B-1
BEHAVIORAL HEALTH REDESIGN STAKEHOLDER WORKGROUP MEETING

MARCH 11, 2019
Proposed Phased Implementation

Timeline

Phase 1
Summer 2020
- Partial Hospitalization Program
- Intensive Outpatient Program
- Program of Assertive Community Treatment
- Comprehensive Crisis Services
- Multisystemic Therapy
- Functional Family Therapy

Phase 2
Spring 2021
- Behavioral Therapy
- Home Visitation
- Comprehensive Family Programs
- High Fidelity Wraparound Case Management

Phase 3
Summer 2021
- School Based Behavioral Health Services
- Independent Living and Recovery/Resiliency Services
- Integrated Primary Care/Behavioral Health Outpatient Psychotherapy

Phase 4
Spring 2022
- Psychosocial Rehabilitation Services
- Intermediate Ancillary Home Based Services
- Intensive Community Treatment

Virginia's Medicaid Program
DMAS
Innovation = Quality = Value
Virginia Department of Behavioral Health & Developmental Services

6A-2
Phase 1 – Summer 2020

- High intensity services for both adult and child
- Services that have an short/medium term impact on the State Psychiatric Facilities census
- Considers services with existing framework that can be expanded in scope, workforce, or contribute to sustainability. For example:
  - PHP and IOP network and rates may model ARTS
  - PACT is not at every CSB and not fully covered by DMAS
  - MST and FFT providers:
    - Have been trained however only accessible for DJJ
    - Have been identified by the FFPSA team as an EBP
  - Considers including services that align with STEP-VA initiatives (outpatient, crisis services)

Partial Hospitalization Program
Intensive Outpatient Program
Program of Assertive Community Treatment
Comprehensive Crisis Services
Multisystemic Therapy
Functional Family Therapy
Phase 2 – Spring 2021

- Primarily targets children’s services
- Considers services that currently exist in the Commonwealth that can be expanded in scope or population served
- Considers ongoing alignment with the Families First Prevention Services Act
- Case Management redesign will be necessary to navigate the changing landscape of the planned behavioral health services and ensure transition planning

- Behavioral Therapy
- Home Visitation
- Comprehensive Family Programs
- High Fidelity Wraparound
- Case Management
Phase 3 – Summer 2021

• Considers services that need to be developed as the potential workforce may exist but the service definition and infrastructure need to be built
• Considers outpatient services (integrated physical health/behavioral health, routine outpatient psychotherapy) and alignment of evidence based practice models
• Considers including services that will require more long term stakeholder engagement and input as this is a proposed transition from existing current services. For example:
  ▪ Therapeutic Day Treatment to School Based Behavioral Health Services
  ▪ Mental Health Skill Building to Independent Living and Recovery/Resiliency Services

School Based Behavioral Health Services
Independent Living and Recovery/Resiliency Services
Integrated Primary Care/Behavioral Health Outpatient Psychotherapy
Phase 4 – Spring 2022

- Considers services that require minimal to moderate changes to existing service definition and builds on existing workforce. For example:
  - Psychosocial Rehabilitation certification and program requirements to be further defined
  - Current Intensive In Home Service Providers may be able to serve the individuals who are targeted to receive Intermediate/Ancillary Home Based Services
- Intensive Community Treatment programs will require:
  - Changes to service definition
  - Consideration of payment models
  - Additional workforce training
  - Expansion as very few providers of the proposed model exist in the Commonwealth

Psychosocial Rehabilitation Services
Intermediate Ancillary Home Based Services
Intensive Community Treatment
Joint agreement reached after February 27, 2019 meeting with Chairman Bulova, Braddock District Supervisor Cook, County Executive Hill, Deputy County Executive Deeghan, County Attorney Teare, CSB Board Chair Kern, CSB Board Vice-Chair Lawton.

Communications with the CSB Board

- For operational issues, it is not critical for the Board of Supervisors to be briefed in advance of the CSB Board.

- For sensitive issues where the County Attorney has specifically deemed that the BOS must be briefed first, notification to the CSB Board should be made at the earliest possible time after the BOS is briefed. The County Attorney agrees to work with the attorneys for the Cities of Fairfax and Falls Church to share sensitive attorney-client privileged information with them for ultimate distribution to their respective Mayors, as long as such communication can be accomplished without waiving the attorney-client privilege.

- The Executive Director of the CSB will be instructed regularly to share all pertinent information with the CSB Board. In regards to highly sensitive information, the Executive Director should use his best judgment regarding whether, when, and with whom to share information, and consult with the DCE as needed to make that determination.
Behavioral Health Oversight Committee Meeting Minutes

Date: February 13, 2019
Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; CSB Board Chair, Suzette Kern; and CSB Board Member Diane Tuininga

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Terry Atkinson, Gartlan Advisory Board; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Wendy Gradison, PRS, Inc.; Lisa Jackson-Wardlaw, CRI; Joe Pettit and Bill Taylor, Concerned Fairfax;

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, Director, Employment & Day Services; Michael Lane, Director, Office Individual & Family Affairs; Jean Post, NVRPO; Lyn Tomlinson, Deputy Dir. Clinical Services; Daryl Washington, Executive Director

<table>
<thead>
<tr>
<th>Topic</th>
<th>Action</th>
<th>Responsible Party</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meeting Call to Order</td>
<td>Meeting was called to order at 5:04 p.m.</td>
<td>Gary Ambrose</td>
<td></td>
</tr>
<tr>
<td>Opening Remarks, Introductions, Announcements</td>
<td>Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.</td>
<td>Committee Members</td>
<td></td>
</tr>
<tr>
<td>Meeting Minutes</td>
<td>Draft minutes of the January 9, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.</td>
<td>Committee Members</td>
<td></td>
</tr>
</tbody>
</table>
| Associate Member Reports, Updates, and Concerns | Gary Ambrose opened the floor to Associate Members, information provided included the following:  
  - Lauren Goldschmidt reported a recent expansion to the incentive program for individuals receiving or are eligible to receive TANF (Temporary Assistance for Needy Families). The goal is to locate permanent placement and work experience opportunities.  
  - Terry Atkinson announced retirement from the Gartlan Advisory Board, effective this month. The committee was assured a replacement representative would be identified. | Associate Members |          |
<p>| Matters of the Public                      | None were presented                                                    |                   |          |
| Associate Member Presentation:            | James Campbell, Director, provided an overview of the agency, several highlights of which include: | James Campbell    |          |</p>
<table>
<thead>
<tr>
<th>Topic</th>
<th>Action</th>
<th>Responsible Party</th>
<th>Due Date</th>
</tr>
</thead>
</table>
| Community Systems, Inc. (CSI) | • The population served at CSI are primarily highly complex and challenging, most often with a dual diagnosis. There are approximately 115 individuals being served. The primary funding stream is Medicaid.  
  • Individuals mostly reside in 4-person group homes, primarily in apartments.  
  • Ratio is no less than 2:4, increasing to 3:4 or 4:4 to provide weekend community activities. Some individuals live alone, acknowledging the challenge of placing some of the highly complex individuals in multiple resident homes.  
  • Additional services include the Shared Living program where the individual lives with a non-disabled person or family member who assumes responsibility for the individual.  
  • Supports are also provided to individuals with TBI (Traumatic Brain Injury) including individuals in the Wounded Warrior program. Supports include in-home services, Day Support Programming, Special Olympics, employment and volunteering.  
  • Referring to the Customized Rate application and renewal process, Mr. Campbell illustrated the difficulty in qualifying or renewing for this program.  
  • Plans include expansion into Prince William and Rappahannock. | | |
| Review of Priority Access to CSB Services | Gary Ambrose provided an overview of the annual process of reviewing the Priority Access to CSB Services policy and guidelines. In addition to establishing a CSB Ad Hoc Priority Populations Guidelines Review Committee, CSB staff internally review and collaborate with the CSB Ad Hoc Committee to apply revisions to the current policy and guidelines. Associate Members will also be offered an opportunity to provide feedback. The forms reviewed include the CSB Board Policy #0030, and the (separately developed) Guidelines for Access to CSB Services, electronic copies of which will be provided. | Gary Ambrose | |
| Staff Reports | Lyn Tomlinson provided an overview of recent activities, some highlights of which include:  
  • Michael T. Lane, new Office of Individual and Family Affairs Director was introduced following which Mr. Lane offered a brief background. An invitation to attend the Concerned Fairfax meeting on Monday, March 11, 2019 at Merrifield, Room 308C was offered by Bill Taylor.  
  • A reminder was offered that the CSB will be celebrating the 50th anniversary with various events throughout the (calendar) year. This includes Cake, (Crudité), & Conversation, an informal opportunity for staff to meet with senior staff preceding one of two monthly Senior Leadership Meetings, noting that a healthier option is also provided.  
  • Lucy Caldwell provided an overview of some of the events planned, including: | | February 13, 2019 |
## Behavioral Health Oversight Committee Meeting Minutes

<table>
<thead>
<tr>
<th>Topic</th>
<th>Action</th>
<th>Responsible Party</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>o May 7, 2019 the Board of Supervisors will recognize the anniversary. &lt;br&gt;o Currently in development is a series of videos highlighting long-time CSB staff.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• OBOT (Office Based Opioid Treatment) services, A Medication Assisted Treatment (MAT) program that is part of ARTS (Addiction Recovery Treatment Services) launched February 4th. Efforts to expand to residential services is ongoing.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Reporting that there is a program that offers free tax preparation, information will be forwarded to members for further distribution.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• It was reported that the DLA-20 will be launched March 1, 2019, acknowledging the hard work and commitment of the staff that made this possible.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Efforts are ongoing for streamlining business and clinical efficiencies, emphasizing current efforts to identify unnecessary and/or duplicative forms, noting that 1,000 have been identified for elimination.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Offering a reminder of the County Strategic Plan, members were encouraged to complete the survey to assist with identification of primary areas of interest. It was noted there ae some scheduled Community Conversations scheduled as well</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Evan Jones, offered a reminder of the Turning Point program and a grant that was awarded to expand the program to include girls, ages 14 to 25, that were at risk of a first psychotic event. Mr. Jones, noting a delay in implementation, reported that the first referrals were accepted this month.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**The next meeting is Wednesday, March 13, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West**

**Adjournment**<br>There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.  

---

March 13, 2019  
Date Approved  
Prepared by Erin Bloom  

---

Behavioral Health Oversight Committee  
Page 3 of 3  
February 13, 2019  

9A-3
The Compliance Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following Committee members were present: Suzette Kern, Board Chair; Gary Ambrose; Captain Basilio ‘Sonny’ Cachuela, Jr.; Ken Garnes; Sheila Coplan Jonas; Bettina Lawton; and Edward Rose.

The following Committee members were absent:

The following staff were present: Daryl Washington; Luann Healy; Mike Goodrich; Cindy Tianti; and Lyn Tomlinson.

- **Meeting Called to Order**
  The meeting was called to order at 4:00 p.m.

- **Review of Meeting Minutes**
  Meeting minutes of the December 12, 2018 Compliance Committee were provided for review and revision. Gary Ambrose made a motion to approve the minutes as presented, which was seconded and approved.

- **Follow up items from November Compliance Meeting**
  **Board Member Training Requirements**
  Mike Goodrich and Suzette Kern offered a reminder that per discussion at the December 2018 Compliance Committee, training in VA FOIA and Compliance would be annual requirements for all CSB Board members, noting that the other training topics listed in the CSB Board member handbook would be required by new members following orientation. Following a brief discussion this matter was unanimously agreed upon by all Committee members. It was noted that as the New CSB Board Member Handbook already lists the required training topics, there is no need for further Board action.

- **Updates**
  **Tracking Software**
  Mr. Goodrich and Cindy Tianti confirmed that the contract for ComplyTrack has been fully executed. Luann Healy and ComplyTrack staff are developing implementation plans, anticipated to take 90 – 120 days. Engaging in discussion regarding reporting to the Board, it was confirmed that implementation, training and data input updates will be provided at the CSB Board Compliance Committee meeting each month, noting that data entry will not begin prior to April 2019 to allow adequate time for training and implementation.

  **AdvantEdge**
  Jerome Newsome provided a slide presentation and overview of AdvantEdge, third party billing software.
  - All billing information related to insurance billing claims is provided to AdvantEdge. Reimbursement staff will continue to process self-pay, client statements. It was confirmed that Credible has an integrated billing product that presents some challenges with Credible and AdvantEdge communicating billing and revenue information.
Mr. Newsome provided an overview of the billing process to clarify the challenge in reconciling revenue.

- A unique ID is created and attached to each service/claim when billing information is prepared in Credible. When the billing information is forwarded and billed through AdvantEdge, a secondary claim/batch ID is attached. This creates a conflict in tracking payments for reconciliation as two separate and unrelated ID numbers for each claim/service have been created.

- Acknowledging the complex challenges unique to behavioral health services billing, Mr. Newsome confirmed the further complication related to ensuring AdvantEdge can appropriately bill for these services with Credible as a billing information source.

- Mr. Newsome further confirmed that the original go-live date of February 1, 2019 would not be met.

- Based on the issues raised, Daryl Washington stated that he was putting a “pause” on this process while he evaluated the options. Committee members requested that Mr. Washington provide additional information on the value of using either AdvantEdge or Credible for third party billing at the January 23, 2019 CSB Board meeting. Committee members pointed out that in an earlier Compliance Committee meeting, when they expressed concern over whether there would be problems with a Credible interface, they were assured that AdvantEdge had experience working with Credible. Committee members noted that, in fact, this turned out not to be true as AdvantEdge does not have experience with Credible.

- **CSB Moderate/High Risk Compliance and Risk Management Areas**
  
  Mike Goodrich provided highlights of the revisions to the CSB Compliance Program Tracking table some of which are:

  - Changes to the ranking (status colors) were highlighted, including clarification of the decision and notification process.
  
  - The definitions are provided on the back of the table.

Daryl Washington, referring to the Moderate – Contracted category, offered a reminder that one contracted vendor bills under CSB licensure. Mr. Washington recommended that this category be revised to and remain yellow indicating consistent monitoring. Following involved Committee discussion and feedback, it was decided that maintaining a yellow status was appropriate and should be employed until any licensure change may occur.

Suzette Kern inquired whether there was anything that needed to be discussed in closed session. No one raised any issues or need for a closed session.

There being no further business to come before the Committee, the meeting was adjourned at 5:16 p.m.

<table>
<thead>
<tr>
<th>Actions Taken</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Minutes of the Dec. 12, 2018 Compliance Committee meeting were reviewed and approved.</td>
</tr>
<tr>
<td>• <em>Daryl Washington will provide additional information related to Credible – AdvantEdge usage prior to any final contract decision with AdvantEdge.</em></td>
</tr>
</tbody>
</table>

March 20, 2019  
Date Approved  

Staff to the Board
# CSB Fiscal Oversight Committee Meeting Minutes

**Date:** February 15, 2019  
**Attending:** Chair, Basilio ‘Sonny’ Cachuela, Jr.; Jennifer Adeli; Ken Garnes; Suzette Kern; and Bettina Lawton  
**Absent:** Gary Ambrose and Edward Rose  
**Staff:** Mike Goodrich; Lyn Tomlinson; Daryl Washington; Jessica Burris; Marta Cruz; and Robyn Fontaine  

## Summary of Information Shared/Decisions:

Captain Basilio ‘Sonny’ Cachuela Jr. called the meeting to order at 9:00 a.m.

### Review of meeting minutes

The January 18, 2019 meeting minutes were presented for review. Recognizing no revisions were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.

### Financial Status

Robyn Fontaine provided an overview of the Pay Period Metrics Report for pay period #2, noting no significant change from last period.

Referring to the Modified Fund Statement and Fiscal Notes included in the materials, Ms. Fontaine provided a brief overview of the information, including:

- It was reported the 3rd Quarter Report had just been submitted, with approval will be in late April. Jessica Burris highlighted that the submission was consistent with discussion at prior meetings to include adjustments for back billing and Medicaid Expansion.

- Noting a projected $1.6M revenue shortfall, it was clarified that this is partially attributed to several factors including numerous vacant revenue-generating positions and Medicaid Expansion enrollment and billing/payment lag-time. It was further noted that approximately half of the projected 600 eligible current CSB clients still need to be enrolled.

### Administrative Operations Report

Mike Goodrich provided an update to the FY 2019 3rd Quarter Review Submission, some highlights of which are:

- An effort to spend the end of year fiscal balance includes a requested $600k for mold remediation at the Crossroads facility, a reorganization of office space in the Pennino building that includes the addition of 18 cubicles, a redesign of the reception space in Suite 836 to include ADA compliant improvements, and creation of an audio/visual presentation space on the third floor at Merrifield. Daryl Washington added that efforts at developing a redesign for additional space at Merrifield are ongoing, noting that focus is on administrative cubicle areas, and the impact of new or expanded programs including Diversion First and Same-Day Walk-In Access that require additional space needs. Noting the redesigned cubicles will be smaller, there is an emphasis on electronic storage, reducing the need for cabinet storage. Mr. Washington further noted that DFS (Department of Family Services), in response to Medicaid Expansion, has hired approximately 30 eligibility workers, some of which will be deployed to Merrifield in a collaborative effort with Medicaid enrollment. The cubicle realignment, scheduled to begin Feb. 25th, is scheduled for completion March 14th. Copies of the 3rd Quarter submission reports will be forwarded to the Committee.

- Providing an update to the FY 2020 Budget Mr. Goodrich confirmed the timeline remains the same with the advertised budget to be proposed February 19, with the proposed tax rate announcement scheduled for March 5th. The FY 2020 Budget Public Hearings are scheduled for April 9th – 11th.
Suzette Kern reported receiving notice of the Human Services Council (HSC) meeting on Feb. 26, 2019, offering a reminder that, historically a member of the CSB Board has testified before the Council. Noting that this process appears to be different from previous years, Ms. Kern reported that, according to the invitation, an opportunity would be provided to offer input at the meeting.

**Human Resources (HR) Update**

Marta Cruz, noting the number of Vacant General Merit Positions was 121 as of February 2, 2019, following which, Ms. Cruz provided an overview of the Vacancies in Critical Areas table, including:

- **Support Coordination:** Eleven DD Specialist II’s have accepted offers for Support Coordination positions.
- **ADC/Jail Diversion:** One Behavioral Health Supervisor has been hired as the Drug Court Coordinator and several Behavioral Health Specialist II’s are in the hiring process.
- **Compliance & Risk Management:** One MA III has been hired to fill the Risk Manager position, and in an effort to broaden the pool of candidates for the Compliance Coordinator position, a request was made to DHR (Department of Human Resources) to reclassify the position allowing candidates to obtain a required compliance certification within a specified time post-hire.
- Additionally, it was reported that a Recruiter was hired and has a start date of March 4th, noting that primary efforts will be focused on Support Coordinators, Behavior Specialist IIs, and Senior Clinicians.

**Clinical Operations Report**

Lyn Tomlinson provided updates to Diversion First and Time to Treatment, highlights include:

- **Diversion First**
  - Related to Jail Diversion efforts, Dr. Hazel with George Mason University (GMU) approached the Fairfax County Sheriff’s Office and the CSB with a proposal for GMU to oversee a grant-funded program monitoring the use of technology by individuals with opioid use disorders. JJ Snyder and Jamie Popik with the Sheriff’s Office, Ms. Tomlinson and Marissa Farina-Morse with the CSB and Dr. Hazel agreed to collaboration, noting that new resources are critical to implementation.
  - It is anticipated that the medical clearance contract with Inova will be fully executed by the end of February, further reporting efforts by Inova that include medical clearance being integrated into the Inova EHR (Electronic Health Record), efforts to hire additional physicians, and Inova Information Technology (IT) working on infrastructure.
  - A reminder was offered that the Community Response Team (CRT) is an effort to work with and decrease the instances of contact with frequent utilizers of CSB services, noting the hours of operation have expanded to two days each week.
  - Employment efforts include filling the position of bed finder, hiring peers, and the recruitment of Crisis Intervention Specialists.

- **Time to Treatment**
  - Adult Time to Treatment: wait times show improvement. Additional information provided includes:
    - Confirmation that the cohort includes all adult individuals waiting for a first treatment appointment.
    - A report that the data includes some ‘outliers’ that, while small in number, have a tremendous impact on the data due to the substantial longevity of their wait time.
CSB Fiscal Oversight Committee Meeting Minutes

- Efforts to clean up the data include removing individuals with a history of ‘no-showing’ to appointments from the wait list in a much timelier manner,
- Recognizing staff shortages are a critical component of longer wait times, some efforts to address this include absorbing 27 individuals into treatment at Merrifield utilizing overtime hours. Additionally, there were four new hires at Gartlan.

- Youth Time to Treatment;
  - This data is consistent with decreased wait times. Noting a slight increase in some of the data, it appears that staff vacancies are the primary cause. It was further noted that this is the busiest time of the year for youth services requests. To illustrate the impact of staff shortages, it was clarified that one vacant clinical position is equal to 25 clients having a longer wait for treatment.

Open Discussion

- Acknowledging that the February 2019 Compliance and Executive Committee meeting packets will be posted later today, Suzette Kern requested feedback on any needed revisions to the agenda items including a closed session anticipated for the Executive Committee meeting.
- Bettina Lawton reported a phone conversation with Senator “Chap” Peterson related to class action suits seeking to recover the cost of opioid treatment from drug companies. Ms. Lawton, advising Senator Peterson that Cindy Tianti is the Deputy County Attorney assigned to the CSB, further advised Senator Peterson to contact Fairfax County Attorney Beth Teare regarding county involvement.
- Daryl Washington offered a reminder of the STAR program, an addiction recovery program launched in the Adult Detention Center (ADC) in November 2018. The first graduation ceremony is scheduled for Tuesday, February 19, 2019.

Noting no further discussion was forthcoming, the meeting was adjourned at 9:46 a.m.

Action Items/Responsible Party Required Prior to Next Meeting:

Issues to Communicate to CSB Board:

Agenda Items for Next Meeting:

Fiscal Oversight Committee meeting
Friday, March 15, 2019, 9:00 am. Pennino Building, 12011 Government Center Parkway, Suite 836A, Fairfax, VA

Date Approved

Staff to the Committee

March 15, 2019

9D-3
### Feedback on 2019 General Assembly Session Preparation and Engagement

#### Overall Experience
- It was the best year for me. Everything was done in a timely manner.
- Very positive experience this year thanks to the great staff work preparing our board members.
- This year was the best prep yet.
- The legislative information process went very smoothly.

#### Legislator Engagement
- As usual, our visit was well-received by our legislators.
- Legislators seemed to appreciate our updates and were conversant on human services issues.
- Very good meeting.
- The talking points were spot on and the FFX-CSB-specific folders (not the VACSB) were good. Being very specific with the ask and tying those to the budget with detailed backup was helpful.
- The packets were excellent; the information included in these packets addressed important legislative issues. It was easy for me to speak to these issues.
- This year's experience was successful because we were about to approach legislators with specific things they can do for us - rather than just the general "we need your support"....
- The legislative packets were great: just the right amount of info included for us and the legislators.

#### Process/Timing
- Everything was done in a timely manner.
- Information was provided to the board when it was requested.
- Timing was sufficient, but it is always helpful to get as much lead time as possible.
- The timing was good; we should make sure it's never later than we were this year; the legislative organizing and filing deadlines have a much earlier time line than we might expect.
## Recommendations for 2020 General Assembly Session Preparation and Engagement

<table>
<thead>
<tr>
<th>Recommendations</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>Engage BHOC/DD associate members earlier in the process next year and get their feedback</td>
<td>Associate Member Engagement</td>
</tr>
<tr>
<td>A short primer on the State legislative process might be useful for the Board and the staff who support our prep.</td>
<td>Board Updates</td>
</tr>
<tr>
<td>My suggestion would be an earlier distribution of packets with a run-through presentation of packet information with the full board.</td>
<td>Board Updates</td>
</tr>
<tr>
<td>We could use some prep on what legislation might be on the horizon (maybe VACSB can help with this). Our delegates are always interested in our views on specific legislative items they'll be considering.</td>
<td>Legislator Engagement</td>
</tr>
<tr>
<td>We need to think about how we should approach legislators who are supportive our needs, but constituents live outside our board's catchment area. e.g. Senator Ebbin and Delegate Lopez.</td>
<td>Legislator Engagement</td>
</tr>
<tr>
<td>Practical data. For example, rather than telling them $207,000 isn't sufficient to cover same day access, we should be able to estimate the actual annual cost and the impact of our CSB covering the difference.</td>
<td>Legislator Engagement</td>
</tr>
<tr>
<td>Feedback from the legislators and/or their LA’s would be a positive step forward in our process.</td>
<td>Legislator Engagement</td>
</tr>
<tr>
<td>Start earlier, so we can engage our legislators before their busy season and while legislation is being drafted.</td>
<td>Process/Timing</td>
</tr>
</tbody>
</table>
Adult Drug Court Discretionary Grant Application Request (Veterans Treatment Court, Type A, Enhancement Grant)

Issue:
Board approval for the Fairfax-Falls Church Community Services Board to apply for and accept funding from the Department of Justice, Office of Justice Program, Bureau of Justice Assistance for an Adult Drug Court Discretionary Grant.

Recommended Motion:
I move that the Board approve applying for and accepting, if awarded, funds totaling $500,000 for the Adult Drug Court Discretionary Grant. (Veterans Treatment Court, Type A, Enhancement Grant)

Background:
Board authorization for the Fairfax-Falls Church Community Services Board (CSB) to apply for and accept $500,000 if awarded a grant, from the Department of Justice (DOJ), Office of Justice Program Bureau of Justice Assistance to fund the Adult Drug Court Discretionary Grant. A local match of 25% is required. The total requested budget is $500,000 with a minimum 25% in-kind match. There is an existing Adult Drug Court Grant that supports the Veterans Treatment Docket, that funding will expire as of September 29, 2019, if awarded, this funding will sustain existing efforts.

The Adult Drug Court Discretionary Grant Program provides financial and technical assistance to states, state courts, local courts, units of local government, and federally recognized Indian tribal governments to develop and implement drug courts and veterans treatment courts. BJA is accepting applications for FY 2019 grants to either establish new drug courts or enhance existing drug court programs using evidence-based principles and practices. BJA also supports courts that integrate the National Association of Drug Court Professionals (NADCP) Adult Drug Court Best Practice Standards (drug court standards) into existing drug court services.

Funding will support 1/1.0 FTE Behavioral Health Specialist III position to continue to operate and enhance the Fairfax County Veterans Treatment Docket, a Drug Court, and coordinate recovery support services, supervision and data collection/evaluation.

Grant funding in the amount of $500,000 is being requested from the Department of Justice, Office of Justice Programs, Bureau of Justice Assistance to fund the Drug Court Discretionary Grant Program. A required local match of 25 percent will be met with in-kind resources. This grant does not allow for the recovery of indirect costs and it will not be requested. This action does not increase the expenditure level in the Federal-State Grant Fund, as funds are held in reserve for unanticipated grant awards.
Timing:
Board action is requested on March 27, 2019. The proposal is due April 16, 2019. This grant project, if awarded, will begin on October 1, 2019 through January 1, 2020.

Enclosed Documents:
Attachment A: Grant Summary

Staff:
Daryl Washington, CSB Executive Director
Marissa Farina-Morse, CSB Service Director Diversion First
Adult Drug Court Discretionary Grant
Summary of Grant Proposal

Please note: the actual grant application is not yet complete; therefore, this summary has been provided detailing the specifics of this application.

**Grant Title:** Adult Drug Court Discretionary Grant

**Funding Agency:** U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance

**Applicant:** Fairfax-Falls Church Community Services Board (CSB)

**Funding Amount:** Federal funding of $500,000; a required local match of 25 percent will be met with in-kind resources.

**Proposed Use of Funds:** This grant project will support the enhancement of an Adult Drug Court (Veterans Treatment Court, Type A, Enhancement Grant) in Fairfax County General District Court, Circuit Court and Juvenile and Domestic Relations Court. It will support the use of evidence-based principles and practices by a multidisciplinary team responding the offenses and treatment needs of program participants diagnosed with substance use disorder. The grant will support collaboration between law enforcement, justice and CSB systems in increasing diversion opportunities. A 1/1.0 FTE Behavioral Health Supervisor grant position will be funded to continue managing the cross-system policy and practice efforts including recovery support services, supervision and data collection/evaluation. There is an existing Adult Drug Court Grant that supports the Veterans Treatment Docket, that funding will expire as of September 29, 2019, if awarded, this funding will sustain existing efforts.

**Performance Measures:**
- Establish a drug court in Fairfax County.
- Fund 1, S-26 Behavioral Health Supervisor to support operations and clinical practices in the court.
- Serve a total of 25 individuals annually in the drug court program.
- Enhance required evidenced-based practices developed by the National Association of Drug Court Professionals (NADCP).
- Develop and track outcomes aligned with best practices for drug courts and in collaboration with the Virginia Supreme Court.

**Grant Period:** October 1, 2019-January 1, 2020